

SPEAKOUT INTERMEDIATE WORDLIST

Unit	Page	Exercise	Headword	Part of speech	Notes on homographs	Definition	Example Sentence	Greek Translation
Lead-in	6	1	coincidence	n		when two things happen together, in a surprising way	It was pure coincidence that we were on the same train.	σύμπτωση
Lead-in	6	1	throughout	adv		in every part of a place	Thanksgiving is celebrated throughout the US.	παντού
Lead-in	6	1	amazingly	adv		very surprising	He made me an amazingly generous offer.	αναπάντεχα, απίστευτα
Lead-in	6	1	athletics	n		sports such as running and jumping	My favourite part of the Olympics is the athletics.	στίβος
Lead-in	6	1	anarchist	n		someone who believes that governments, laws, etc. are not necessary	Punk music is very popular with anarchists.	αναρχικός
1	7	Heading	identity	n		who someone is	The identity of the killer is still unknown.	ταυτότητα
1.1	8	2A Vocabulary	ancestor	n		a member of your family who lived a long time ago, before your grandparents	His ancestors came from Italy.	πρόγονος
1.1	8	2A Vocabulary	background	n	family background	someone's education, family, and experience	All the kids here come from very different backgrounds.	υπόβαθρο
1.1	8	2A Vocabulary	celebrity	n		a famous living person	Anyone can become a celebrity nowadays.	διασημότητα
1.1	8	2A Vocabulary	extended family	adj	extended family	a family group that consists of parents, children, and also of grandparents, aunts, uncles, etc.	My girlfriend has a very large extended family.	ευρεία οικογένεια
1.1	8	2A Vocabulary	family history	n phr		the past events and information of someone's family	Mary has a very interesting family history.	οικογενειακό ιστορικό
1.1	8	2A Vocabulary	great-grandparent	n		the mother or father of someone's grandparent	My great-grandparents moved from Scotland to Canada.	προπάππους και προγιαγιά
1.1	8	2A Vocabulary	immediate family	n phr		people who are very closely related to you, such as your parents, children, brothers, and sisters	I'm only inviting my immediate family to my wedding this summer.	στενή οικογένεια
1.1	8	2A Vocabulary	inherit	v		to receive money or property from someone when they die	He inherited £10,000 from his aunt.	κληρονομώ
1.1	8	2A Vocabulary	related to	adj		to be from the same family as someone	Danny is related to a very famous professional footballer!	συγγενής με
1.1	8	2A Vocabulary	relative	n	family relatives	a member of your family	He's staying with relatives.	συγγενής
1.1	8	2A Vocabulary	side of the family	n phr		the blood relatives of either your mother or father	My mother's side of the family originally comes from France.	πλευρά της οικογένειας
1.1	8	2A Vocabulary	take after	phr v		to have the same abilities as an older family member	She's very good at art - she takes after her father.	μοιάζω
1.1	8	3C Reading	royal	adj		belonging to or connected with a king or queen	The head of the British royal family is Queen Elizabeth II.	βασιλικός
1.1	8	3C Reading	roots	n	family roots	the origins of your family	My family's roots are in Wales.	ρίζες
1.1	8	3C Reading	include	v		to make someone or something part of a larger group or set	The price of the holiday includes flights.	περιλαμβάνω
1.1	8	3C Reading	genius	n		someone who has an unusually high level of intelligence, ability, or skill in a particular subject	Newton was a mathematical genius.	ιδιοφυΐα
1.1	8	3C Reading	fortune	n	make a fortune	a very large amount of money	He made a fortune buying and selling property.	περιουσία
1.1	8	3C Reading	medallist	n		someone who has won a medal in a competition	His uncle was an Olympic silver medallist in rowing.	κάτοχος μεταλλίου
1.1	8	3C Reading	sub-Saharan	adj		coming from a country to the south of the Sahara desert in Africa	Cameroon is a sub-Saharan country.	υποσαχάριος
1.1	8	3D reading	arrangement	n		plans and preparations that you must make so that something can happen in the future	Lee's making arrangements for his wedding.	ετοιμασία
1.1	8	3D reading	punishment	n		something that is done to punish someone	The punishment for murder is life in prison.	τιμωρία
1.1	9	3C Reading	abandon	v	abandoned his family	to leave a person or thing, especially one that you are responsible for, and not go back for them	The baby was abandoned outside a hospital.	εγκαταλείτω
1.1	9	3C Reading	sentence	v	sentenced to prison	when a judge sentences someone, he or she gives them a punishment for a crime	The criminal was sentenced to six years in prison.	ποινή
1.1	9	3C Reading	end up	phr v	ended up in London	to finally be in a particular place, situation, or state without intending to	I fell asleep on the train and ended up in Edinburgh!	καταλήγω
1.1	10	10 Writing	aim	v	aim for your audience	to try or intend to achieve something	We aim to finish the project by Friday.	σκοπεύω
1.1	10	10 Writing	audience	n		the people who watch or listen to a performance	When the play finished, the audience clapped and cheered.	κούο
1.1	10	10 Writing	draft	n	make a draft first	a piece of writing or a drawing that is not yet in its finished form	I can't go out until I finish the first draft of my CV.	προσχέδιο
1.1	10	10 Writing	version	n	write a first version and then rewrite	one form of something that is slightly different from all other forms	This is the old version of my CV - it doesn't include my current job.	εκδόση
1.1	10	12 Writing	publishing	adj	publishing company	the business of producing books, magazines, etc. and offering them for sale	Tony wants to get a job in publishing.	εκδόσεις
1.1	10	9A Writing	apply	v	apply for a job	to make a formal request, usually in writing, for something such as a job, a university place, or permission to do something	Rob has applied for a job in Canada.	υποβάλλω αίτηση
1.1	10	9A Writing	course	n	apply for a course	a series of lessons or a period of study in a particular subject	Andy's doing a computer course.	σειρά μαθημάτων
1.1	10	9B Writing	colleague	n		someone you work with	I play football with some of my colleagues every Wednesday.	συνάδελφος
1.1	10	9B Writing	specialisation	n		an activity or subject that you know a lot about	My specialisation is in zoology.	ειδικότητα
1.1	10	9B Writing	field	n	specialise in a field of science	a subject that people study or an area of activity that they are involved in as part of their work	What field of research do you work in?	πεδίο
1.2	11	1B Speaking	genetic	adj		relating to genes or genetics	Jeff's aunt works in genetic research.	γενετικός
1.2	11	1B Speaking	multi-tasking	adj		being able to do more than one thing at a time	They say women are better at multi-tasking than men, but I disagree!	ικανός να κάνει πολλά πράγματα ταυτόχρονα
1.2	11	1B Speaking	gene	n		a part of a cell in a living thing that controls how it develops. Parents pass genes on to their children.	Scientists can learn a lot from studying human genes.	γονίδιο
1.2	11	1B Speaking	stuff	n	things	a substance or material of any sort	I can't believe how much stuff you have in your bag!	πράγμα
1.2	11	1B Speaking	impress	v		to make someone feel admiration and respect for you	He was trying to impress me.	εντυπωσιάζω
1.2	11	1B Speaking	ability	n		the state of being able to do something, or your level of skill at doing something	A manager must have the ability to communicate well.	ικανότητα

1.2	11	1B Speaking	be in charge	v phr		to have control over or responsibility for something or someone	My dad's in charge of the TV remote in our house!	υπεύθυνος
1.2	11	1B Speaking	refuse	v		to say firmly that you will not do or accept something	I asked her to marry me, but she refused.	αρνούμαι
1.2	11	1B Speaking	bark	v	dogs bark	when a dog barks, it makes a short loud sound	The dog always barks at strangers.	γαβγίζω
1.2	11	1B Speaking	outfit	n	change outfits three times a day	a set of clothes that you wear together	She was wearing her usual outfit of white blouse and black skirt.	ντύσιμο
1.2	12	4A Listening	documentary	n		a film or television programme that gives information about a subject	They are making a documentary about volcanoes.	ντοκιμαντέρ
1.2	12	4A Listening	male	adj	male brain vs. female brain	belonging to the sex that cannot have babies	Male lions are bigger than female lions.	αρσενικός
1.2	12	4A Listening	female	adj	male brain vs. female brain	belonging to the sex that can have babies or produce eggs	Is your dog male or female?	θηλυκός
1.2	12	4D Listening	chain	n	bicycle chain	a line of metal rings connected together	Do you know what to do if your bike chain breaks?	αλυσίδα
1.2	12	4D Listening	pedal	n	bicycle pedals	the part of a bicycle that you push round with your foot to make it move forward	I need to buy some new pedals for my bike.	πετάλι
1.2	12	4D Listening	handlebars	n		the bars above the front wheel of a bicycle or motorcycle, that you turn to control the direction you go in	I broke my arm when I crashed my bike and went over the handlebars.	τιμόνι
1.2	12	4D Listening	accurate	adj		exact and correct	Patients should be given accurate information about their treatment.	ακριβής
1.2	12	6A Vocabulary	boss	n		the person who employs you or who is in charge of you at work	She asked her boss for the day off.	αφεντικό
1.2	12	6A Vocabulary	classmate	n		someone who is in the same class as you at school or college	I haven't seen any of my old classmates for years!	συμμαθητής
1.2	12	6A Vocabulary	employee	n		someone who receives a salary (= payment) to work for an organisation, person, or company	The company I work for has over 10,000 employees worldwide.	υπάλληλος
1.2	12	6A Vocabulary	fiancé	n		the man whom a woman is going to marry	I don't like Sally's fiancé - he's really rude!	αρραβωνιαστικός
1.2	12	6A Vocabulary	fiancée	n		the woman whom a man is going to marry	Phil's fiancée is very pretty.	αρραβωνιαστικιά
1.2	12	6A Vocabulary	godfather	n		a man who promises at a baptism ceremony to help a child, and to teach him or her Christian values	Bella went to live with her godfather after her parents died.	νονός
1.2	12	6A Vocabulary	godmother	n		a woman who promises at a baptism ceremony to help a child, and to teach him or her Christian values	Nigel went to live with his godmother after his parents died.	νονά
1.2	12	6A Vocabulary	member	n	member in a club	someone who belongs to a group or organisation	He's a member of the tennis club.	μέλος
1.2	12	6A Vocabulary	mentor	n		someone who advises and helps a less experienced person	I'm going to be a mentor for a new employee in my office.	σύμβουλος, μέντορας
1.2	12	6A Vocabulary	partner	n	business partner	the person that you are married to, or that you live with as if you were married	She lives with her partner Tom.	σύτροφος
1.2	12	6A Vocabulary	pupil	n		a child in a school	My primary school only had about 150 pupils.	μαθητής
1.2	12	6A Vocabulary	team-mate	n		someone who belongs to the same team as you	I'm good friends with all my team-mates.	συμπαικτης / συνάδελφος
1.2	13	8A Vocabulary Plus	commission	v	commission somebody to do something	to ask someone to do a particular piece of work for you	The government commissioned the report last year.	αναθέτω
1.2	13	8A Vocabulary Plus	respond	v	answer a quiz	to do something because of something that has happened	How will the government respond to this latest development?	απαντώ, αντιδρώ
1.2	13	8A Vocabulary Plus	challenge	n	the biggest challenge for women today	something that tests your skill or ability, especially in a way that is interesting	The race is a tough challenge for any athlete.	πρόκληση
1.2	13	8A Vocabulary Plus	balance	v	balancing career and family	to be in a steady position, without falling, or to put something in this position	Can you balance on one leg?	ισορροπώ
1.2	13	8A Vocabulary Plus	according to	prep		as shown by something or said by someone	According to the weather forecast, it's going to rain tomorrow.	σύμφωνα με
1.3	13	Vocabulary Plus 9B	do exercise	v phr		to do physical activity to become healthier	My doctor told me to do more exercise.	ασκούμαι
1.3	13	Vocabulary Plus 9B	housework	n		work that you do to look after a house, for example cleaning and washing	I spent all morning doing the housework.	νοικοκυριό
1.3	13	Vocabulary Plus 9B	research	n		serious and detailed study of a subject in order to find out new information	My father is doing scientific research into heart disease.	έρευνα
1.3	13	Vocabulary Plus 9B	do someone a favour	v phr		to do something for someone to help them or be kind	Can you do me a favour and take the dog for a walk, please?	κάνω σε κάποιον μια χάρη
1.3	13	Vocabulary Plus 9B	degree	n		a course of study at a university or college, or the qualification that is given to you when you have successfully completed the course	My cousin's doing a degree in marine biology.	πτυχίο
1.3	13	Vocabulary Plus 9B	get on with someone	phr v		to have a good relationship with someone	I get on really well with my boss.	τα πηγαίνω καλά με κάποιον
1.3	13	Vocabulary Plus 9B	go grey	v phr		when someone's hair changes from its natural colour to grey, usually because of age	My father started going grey when he was in his 20s.	γκρίζω
1.3	13	Vocabulary Plus 9B	go off something	phr v		to stop liking something	I've gone off eating meat since I saw that TV programme about farming.	δε μου αρέσει κάτι πλέον
1.3	13	Vocabulary Plus 9B	go on a diet	v phr		to change what you eat in order to lose weight or become healthier	Trisha goes on a diet every summer before she goes on holiday.	αρχίζω διαίτα
1.3	13	Vocabulary Plus 9B	take part in	v phr		to participate	This weekend I'm taking part in a bicycle race with my brother.	συμμετέχω
1.3	13	Vocabulary Plus 9B	take responsibility for	v phr		to agree to be in charge of something or someone	I'm taking responsibility for organising my office Christmas party this year.	αναλαμβάνω την ευθύνη για
1.3	14	1A Speaking	inquiry	n	police inquiry	a question you ask in order to get information	We're getting a lot of inquiries about our new bus service.	ερώτηση

1.3	14	1A Speaking	placement	n	placement test	a job that is found for someone, especially to give them experience of work	When I was at university, I did a work experience placement in Madrid.	πρακτική
1.3	14	2A Vocabulary	appropriately	adv		suitable for a particular time, situation, or purpose	The teacher told the girl she wasn't dressed appropriately.	κατάλληλα
1.3	14	2A Vocabulary	avoid	v		to prevent something bad from happening	I left my house early this morning to avoid the traffic.	αποφεύγω
1.3	14	2A Vocabulary	briefly	adv		continuing for only a short time	I worked as a waiter briefly when I was at university.	σύντομα
1.3	14	2A Vocabulary	enthusiasm	n		a strong feeling of interest and enjoyment	She shares your enthusiasm for jazz.	ενθουσιασμός
1.3	14	2A Vocabulary	eye contact	n phr		when two people look at each other's eyes	The boy avoided making eye contact with me and I knew he was lying.	οπτική επαφή
1.3	14	2A Vocabulary	firmly	adv		not gently, using quite a lot of strength	When you have a job interview, you should always shake hands firmly with the interviewer.	σταθερά, γερά
1.3	14	2A Vocabulary	potential	adj	potential customers	likely to become a particular type of person or thing in the future	The salesmen wanted to impress potential customers.	πιθανός
1.3	14	2A Vocabulary	reference	n	work references	part of something you say or write in which you mention a person or thing	Her writings contain references to members of her family.	αναφορά
1.3	14	2A Vocabulary	shake hands	v phr		a way of greeting someone when you meet them	My grandmother was very excited when she shook hands with the Queen.	χαϊρετώ δια χειραψίας
1.3	14	2A Vocabulary	smartly	adv		in a formal way	You don't have to dress smartly for all job interviews.	κομψά
1.3	14	4B Function	summer camp	n		a place where children in the US can stay during the summer, and take part in various activities	Did you go to summer camp as a child?	θερινή κατασκήνωση
1.3	14	4B Function	online	adj	online course	connected to or using a computer or network of computers	I'm doing all my Christmas shopping online this year.	συνδεδεμένος ή διαθέσιμος στο διαδίκτυο
1.3	14	4B Function	face-to-face	adj	face-to-face course	a face-to-face meeting, conversation, etc. is one where you are with another person	Do you prefer telephone or face-to-face interviews?	πρόσωπο με πρόσωπο
1.3	15	5A Function	tutor	n		someone who teaches one person or a small group of people	My brother has a private tutor to help him improve his maths.	δάσκαλος
1.3	15	5A Function	query	n		a question asking for more information	Staff are always available to answer your queries.	ερώτημα
1.3	15	5B Function	aspect	n		one part of a situation, plan, or subject	What's the most interesting aspect of your work?	πλευρά, όψη
1.4	16	1A DVD preview	alter	v		to change, or to make something or someone change	Would you like to alter anything about your appearance?	αλλάζω
1.4	16	1A DVD preview	pick	v	choose	to choose something or someone	Students have to pick three subjects to study at college.	διαλέγω
1.4	16	1A DVD preview	socialise	v		to spend time with other people in a friendly way	Do you socialise much with your colleagues?	συναναστρέφομαι
1.4	16	1A DVD preview	resident	n		someone who lives in a house, apartment, area, etc.	Do you get on well with the other residents in your building?	κότοικος
1.4	16	1A DVD preview	currency	n	money	the type of money that a country uses	What's the currency of Poland?	νόμισμα
1.4	16	3A DVD view	avatar	n	create an avatar	a virtual personality which represents a real person in an online community	In some online communities, you can customise the appearance of your avatar.	εικονικό είδωλο, άβαταρ
1.4	16	3A DVD view	turn out	phr v		to happen in a particular way or to be found to be something	Joanna wished things had turned out differently.	καταλήγω
1.4	16	3A DVD view	go up to	phr v	go up to anyone and chat	to move towards a person and start speaking	I went up to her and asked her to dance.	πλησιάζω
1.4	16	3A DVD view	chat	v	talk	to talk in a friendly informal way, especially about unimportant things	Jo was chatting to Sam.	κουβεντιάζω
1.4	16	3C DVD preview	investigate	v		to try to find out about something, especially a crime or accident	The cause of the fire is being investigated.	ερευνώ
1.4	16	3C DVD preview	virtual	adj	virtual reality	simulated, not real	Second Life is a huge virtual world.	εικονικός
1.4	16	3C DVD preview	community	n		a group of people who have the same interests, religion, race, etc.	Are you a member of any online communities?	κοινότητα
1.4	16	4 DVD view	get addicted to	v phr		to become unable to live without something	Magda's addicted to chocolate!	εθίζομαι σε
1.4	17	5B Speakout	reinvent	v	reinvented herself	to completely change your appearance and image	Pop stars constantly need to reinvent themselves.	επαναστροδιορίζω,
1.4	17	5B Speakout	image	n	a new image of herself	the way that people consider someone or something to be when something is created using an existing thing for inspiration	The political party is trying to improve its image.	εικόνα
1.4	17	5B Speakout	be based on	v		when something is created using an existing thing for inspiration	The film is based on a Charles Dickens novel.	βασίζομαι σε
1.5	18	3	band	n	music band	a group of musicians who play popular music together	Her boyfriend was in a band.	μουσικό συγκρότημα
1.5	18	3	lifestyle	n		the way that someone lives, including their work and activities, and what things they own	Regular exercise is part of a healthy lifestyle.	τρόπος ζωής
1.5	18	3	caravan	n	live in a caravan	a vehicle that can be pulled by a car, and that people can live and sleep in	I loved going on caravan holidays when I was a child.	τροχόσπιτο
1.5	18	1A	cousin	n		a child of your aunt or uncle	Jane and I are cousins.	ζάδελφος
1.5	18	1A	nephew	n		the son of your brother or sister, or the son of your husband's or wife's brother or sister	I've got one nephew.	ανηψιός
1.5	18	2A	awake	adj		not sleeping	Are you awake? I can't sleep!	ξύπνιος
1.5	18	5A	court	n	tennis courts	an area made for playing games such as tennis	Her new house has two tennis courts!	γήπεδο
1.5	18	5A	qualified	adj	qualified for a job	having suitable knowledge, experience, or skills, especially for a particular job	Sandra is highly qualified for the job.	κατάλληλος
1.5	18	5A	employ	v		to pay someone to do a job	The factory employs 2,000 people.	απασχολώ
1.5	18	5A	set	v	where is the film set?	to base a film, book, etc. in a particular time or place	The film is set in ancient Egypt.	σκηικό
1.5	18	5C	podcast	n	video podcast	a radio programme that can be downloaded from the Internet	Do you prefer listening to podcasts or normal radio?	ψηφιακό αρχείο διαθέσιμο μέσω διαδικτύου
2	19	Heading	tale	n		a story about things that happened long ago, or things that may not have really happened	I bought my nephew a book of fairy tales for his birthday.	ιστορία

2.1	20	2A Speaking	inaccurate	adj		not correct	The architect's drawings were totally inaccurate.	ανακριβής
2.1	20	2A Speaking	captain	n		an army officer more important than a lieutenant, but less important than a major	My brother was promoted to captain when he returned from the war.	λοχαγός
2.1	20	2A Speaking	samurai	n		a member of a powerful military class in Japan in the past	There are no more samurai in Japan.	σαμουράι
2.1	20	2A Speaking	warrior	n		a soldier or fighter who is brave and experienced & usually used about people in the past	Warriors were well-respected in all societies.	πολεμιστής
2.1	20	2A Speaking	inspire	v	is inspired by the view	to encourage someone and make them want to do something	She inspired many young people to take up the sport.	εμπνέω
2.1	20	2A Speaking	real-life	adj		actually happening in life, not invented in a book	The film tells the story of a real-life drama.	πραγματική ζωή
2.1	20	2A Speaking	scene	n	scene in a film	a short part of a play or film, when the events happen in one place	The opening scene of the film has spectacular special effects.	σκηνή
2.1	20	2A Speaking	emperor	n		a man who rules an empire	Julius Caesar is probably the most famous Roman emperor.	αυτοκράτορας
2.1	20	2A Speaking	at the hands of	prep phr		done by a person	Julius Caesar died at the hands of his son Brutus.	από τα χέρια κάποιου
2.1	20	2A Speaking	gladiator	n		a man who had to fight other men or animals as entertainment in ancient Rome	Sportsmen are modern-day gladiators.	μονομάχος
2.1	20	2A Speaking	lead	v	leading an army of people	to take someone to a place by going with them or in front of them	The captain lead his warriors into battle.	οδηγώ
2.1	20	3A Vocabulary	action	n	action film	a type of film or story in which heroes chase and fight	My favourite action film is "The Bourne Identity".	δράση
2.1	20	3A Vocabulary	battle	v	characters battle with their minds	to try or fight very hard to achieve something difficult	She battled bravely against cancer.	μάχομαι, πολεμώ
2.1	20	3A Vocabulary	biopic	n		a film that tells the story of someone's life	Have you seen the new biopic about that New York mafia boss?	βιογραφική ταινία
2.1	20	3A Vocabulary	by mistake	prep phr		without intending to do something	I deleted all my computer files by mistake.	κατά λάθος
2.1	20	3A Vocabulary	character	n	characters in a film	a person in a film, story, book, etc.	Who's your favourite character in The Wizard of Oz?	ήρωας
2.1	20	3A Vocabulary	chase	n	heroes chase and fight	an act of following someone or something quickly to catch them	That new action film is full of car chases!	καταδίωξη
2.1	20	3A Vocabulary	costume	n	dressed up in period costume	a set of clothes worn by an actor, or to make someone look like a particular type of person, animal, etc.	I've thought of a brilliant costume for Halloween this year.	στολή
2.1	20	3A Vocabulary	crime	n	crime film	illegal activities in general	There was very little crime when we moved here.	έγκλημα
2.1	20	3A Vocabulary	criminal	n		someone who has done something wrong or illegal	Police have described the man as a violent and dangerous criminal.	εγκληματίας
2.1	20	3A Vocabulary	disaster	n		an event such as an accident, flood, or storm that causes a lot of harm or suffering	Last night there was an air disaster in which 329 people died.	καταστροφή
2.1	20	3A Vocabulary	docudrama	n		a television programme or film which shows real events in the form of a story	Tonight on TV there's a docudrama about the life of Queen Victoria.	δραματοποιημένο ντοκιμαντέρ
2.1	20	3A Vocabulary	dress up	phr v	dressed up in period costume	to wear special clothes for fun	I went to the party dressed up as a gorilla.	μεταμφέζομαι
2.1	20	3A Vocabulary	fantasy	adj		a type of film in which strange things happen in the future or in imaginary worlds	I don't really like fantasy films - I prefer period dramas.	φαντασία
2.1	20	3A Vocabulary	hero	n		a man who is admired for doing something very brave or good	In this book, the hero is a police detective.	ήρωας
2.1	20	3A Vocabulary	imaginary	adj		not real, but imagined	Children love drawing imaginary animals and places.	φανταστικός
2.1	20	3A Vocabulary	mystery	adj	mystery film	a type of story in which something that is difficult to explain or understand	I love reading mystery novels!	μυστήριο
2.1	20	3A Vocabulary	period drama	n		a type of film or television programme in which people dress up in old-fashioned costumes	My mum's favourite period drama is Pride and Prejudice.	δράμα εποχής
2.1	20	3A Vocabulary	psychological thriller	n		a type of film or television programme in which characters battle with their minds	I watched a psychological thriller on TV last night and it gave me nightmares!	ψυχολογικό θρίλερ
2.1	20	3A Vocabulary	romantic comedy	n		a film which is intended to make people laugh and which involves a love story	My girlfriend loves romantic comedies.	ρομαντική κωμωδία
2.1	20	3A Vocabulary	science fiction	n		books and stories about the future, for example about travelling in time and space	I don't like science fiction films - I think they're silly.	επιστημονική φαντασία
2.1	20	4A Listening	accent	n	has a Scottish accent	a way of pronouncing words that someone has because of where they were born or live	He's got a strong northern accent.	προφορά
2.1	20	4A Listening	recent	adj	recent years	having happened or been done only a short time ago	This is a recent photo of the criminal.	πρόσφατος
2.1	20	4A Listening	recognise	v		to know who someone is or what something is, because you have seen, heard, experienced, or learned about them in the past	I didn't recognise you in your uniform.	αναγνωρίζω
2.1	21	10A Speaking	embarrassing	adj		if something is embarrassing, it makes you feel uncomfortable	It was so embarrassing when my mum showed my new boyfriend my baby photos.	αμήχανος, σε δύσκολη θέση
2.1	21	10A Speaking	in public	prep phr		if you do something in public, you do it where other people can see you	I hate speaking in public.	δημόσια
2.1	21	10A Speaking	poem	n		a piece of writing that is written in short lines, especially using words that rhyme (have similar sounds at the end)	"Daffodils" is a famous poem by Wordsworth.	ποίημα
2.1	21	7B Grammar	specify	v	isn't specified	to give information or instructions in an exact and detailed way	The rules specify that competitors must be under 18 years of age.	καθορίζω, αναφέρω λεπτομερώς
2.1	21	9 Grammar	millionaire	n		someone who is very rich and has at least one million dollars or pounds	His uncle was a millionaire who made his money in oil.	εκατομμυριούχος
2.1	21	9 Grammar	at one stage	prep phr		at a particular point in time	At one stage, the British Empire was the most powerful in the world.	σε κάποια φάση

2.1	21	9 Grammar	stockbroker	n		someone whose job is to buy and sell shares, stocks, and bonds for other people	She's a stockbroker who works on Wall Street in New York.	χρηματιστής
2.1	21	9 Grammar	successful	adj		having the result or effect that you intended	Who's the most successful person you know?	επιτυχημένος
2.1	21	9 Grammar	homeless	adj		without a place to live	Thousands of people were made homeless.	άστεγος
2.1	22	Vocabulary Plus 14	survive	v		to continue to live after an accident, war, illness, etc.	She was the only person in her family who survived the disaster.	επιζώ, επιβιώνω
2.1	22	Vocabulary Plus 14	by chance	prep phr		in an unexpected way	We met by chance on a train. Six months later, we were married!	τυχαία
2.1	22	Vocabulary Plus 14	by hand	prep phr		using your hands, not a machine	She writes all her university work by hand.	ίδιοχειρώς, με το χέρι
2.1	22	Vocabulary Plus 14	in a hurry	prep phr		more quickly than usual	Sorry, I can't stop to talk, I'm in a hurry.	βιαστικά
2.1	22	Vocabulary Plus 14	in a moment	prep phr		in a very short time	I'll be there in a moment, I'm just brushing my teeth.	σε λίγο, αμέσως
2.1	22	Vocabulary Plus 14	in the end	prep phr		finally	What did you decide to do in the end?	τελικά
2.1	22	Vocabulary Plus 14	on business	prep phr		not on holiday, but for work	I'm going to Greece on business next week.	για δουλειά
2.1	22	Vocabulary Plus 14	on your own	prep phr		alone, not with other people	I'm spending Christmas on my own this year.	μόνος μου
2.1	22	Vocabulary Plus 14	on purpose	prep phr		deliberately, not a mistake	I'm sorry. I didn't hurt you on purpose.	επίτηδες, σκόπιμα
2.1	22	Vocabulary Plus 14	on time	prep phr		at the correct time or the time that was arranged	You must get to work on time.	εγκαιρώς, στην ώρα μου
2.2	23	3B Reading	conspiracy	n		a secret plan made by two or more people to do something bad or illegal	There was a conspiracy to take the Prime Minister hostage.	συνωμοσία
2.2	23	3B Reading	theory	n		an idea that tries to explain something	Many people believe in Darwin's theory of evolution.	θεωρία
2.2	23	3B Reading	claim	n	there are claims that people haven't been to the moon	a statement that something is true, even though it might not be	There have been claims that the competition was unfair.	ισχυρισμός
2.2	23	3B Reading	giant	adj		much bigger than usual	Mike's got a giant TV in his sitting room - it must be at least 60 inches!	γιγάντιος
2.2	23	3B Reading	leap	n	a giant leap for mankind	a big development	The new discovery is a leap in scientific research.	άλμα
2.2	23	3B Reading	mankind	n		all humans, considered as a group	The evolution of mankind will never stop.	ανθρώπινο είδος, ανθρωπότητα
2.2	23	3B Reading	doubt	n		a feeling that you have when you are not certain whether something is true or possible	I have doubts about his ability to do the job.	αμφιβολία
2.2	23	3B Reading	surface	n		the outside or top layer of something	Road surfaces can be very dangerous in cold weather.	επιφάνεια
2.2	23	3B Reading	shadow	n	the shadows were long	a dark shape on a surface, caused by a person or object being between the light and the surface	Your shadow is always longer at the end of the day.	σκιά
2.2	23	3B Reading	visible	adj		something that is visible can be seen or noticed	There has been a visible increase in the number of unemployed people this year.	ορατός
2.2	23	3B Reading	wave	v	the flag was waving	to move from side to side	The flag was waving gently in the breeze.	κυματίζω
2.2	23	3B Reading	lighting	adj	the lighting conditions	the lights in a place, or the quality of the light	Better street lighting could help prevent crime.	φωτισμός
2.2	23	3B Reading	complicated	adj		having a lot of different parts or being difficult to understand or deal with	The instructions are much too complicated.	περίπλοκος
2.2	23	3B Reading	flutter	v	the flag was fluttering	to wave or move gently in the air	Flags fluttered in the wind.	κυματίζω, ανεμίζω
2.2	23	3B Reading	affair	n	here it's a play of words as it suggests both having an affair and a strange affair	public or political events and activities	I'm very interested in current affairs.	υπόθεση, ζήτημα
2.2	23	3B Reading	conclude	v		to decide something after considering all the information you have	The report concluded that the criminal was guilty.	συμπεραίνω
2.2	23	3B Reading	evidence	n	there was no evidence of foul play	facts or signs that show that something is true or that something exists	There was not enough evidence to send the man to prison.	στοιχείο, ένδειξη
2.2	23	3B Reading	pregnant	adj		when a female human or animal has an unborn baby growing in her body	Have you heard the news? I'm pregnant!	έγκυος
2.2	23	3B Reading	assassination	n		the murder of an important person	Can you think of any celebrities who have survived an assassination attempt?	δολοφονία
2.2	23	3B Reading	gunman	n		a criminal who uses a gun	The gunman was instantly arrested by the police.	ένοπλος κακοποιός
2.2	23	3B Reading	investigation	n		an official attempt to find out about something, especially a crime or accident	Have you been following the murder investigation on the news?	έρευνα
2.2	23	3B Reading	criticise	v	his methods were criticised	to express your disapproval of someone or something, or to talk about their faults	Ron does nothing but criticize and complain all the time.	επικρίνω
2.2	24	6 Grammar	parade	n		a public celebration when musical bands, decorated vehicles, etc. move down the street	I'm going to Rio to see the carnival and the street parades.	παρέλαση
2.2	24	6 Grammar	solidarity	n		support and agreement among people who share the same aim or opinions	We are striking to show solidarity with the nurses.	αλληλεγγύη
2.2	24	6 Grammar	cheer	n	there was a huge cheer when they saw the politician	a shout of approval, happiness, or encouragement	A great cheer went up from the crowd.	ζητωκραυγή, επευφημία
2.2	24	6 Grammar	branch	n	branches of a tree	the part of a tree from which leaves grow	Look at the monkey sitting on that branch!	κλαδί
2.2	24	6 Grammar	shot	n	gun shots	when someone fires a gun, or the sound that this makes	The gunman fired three shots.	πυροβολισμός
2.2	24	7A Vocabulary	affect	v		to cause a change in someone or something, or to change the situation they are in	Everyone was affected by the news.	επιρραάω
2.2	24	7A Vocabulary	arrest	v	fugitive arrested	when someone is taken away by the police because they think the person has done something illegal	The police arrested Eric for shoplifting.	συλλαμβάνω
2.2	24	7A Vocabulary	attack	v	terrorists attacked the	to use violence to try to hurt or kill someone, or to cause damage to a place	She was attacked as she walked home from school.	επιτίθεμαι

2.2	24	7A Vocabulary	collapse	n	businesses hit by collapse of banks	the sudden failure of a business, system, or plan	Many banks closed because of the recent economic collapse.	κατάρρευση
2.2	24	7A Vocabulary	commit	v	commit a crime	to do something wrong or illegal	They say that the crime was committed by a young woman.	διαπράττω
2.2	24	7A Vocabulary	crash	n	car crash	an accident in which a vehicle hits something else	Six vehicles were involved in the crash.	σύγκρουση, τρακάρισμα
2.2	24	7A Vocabulary	crop	n	wheat crop	plants such as wheat, fruit, vegetables, etc. that farmers grow and sell	Our main crops are rice and oats.	σοδεία
2.2	24	7A Vocabulary	damage	v	damage a building	to cause physical harm to something	The house has been badly damaged by fire.	προξενώ ζημιά
2.2	24	7A Vocabulary	demonstration	n	student demonstration turns violent	an occasion when a large group of people meet to show that they disagree with or support something	There was a student demonstration against the government in London last week.	διαδήλωση
2.2	24	7A Vocabulary	destroy	v		to damage something very badly, so that it no longer exists, or cannot be repaired	The building was completely destroyed by floods.	καταστρέφω
2.2	24	7A Vocabulary	earthquake	n		a sudden shaking of the earth's surface that often causes a lot of damage	Japan suffers from a lot of earthquakes.	σεισμός
2.2	24	7A Vocabulary	economic crisis	n phr		a very serious situation in which a country loses a lot of money and a lot of people lose their jobs	Spain has been very badly affected by the current economic crisis.	οικονομική κρίση
2.2	24	7A Vocabulary	farmland	n		land used for farming	We don't have any neighbours - our house is surrounded by farmland.	χωράφι
2.2	24	7A Vocabulary	flood	n		a very large amount of water that covers an area that is usually dry	Their homes were washed away by floods.	πλημμύρα
2.2	24	7A Vocabulary	fugitive	n		someone who is trying to avoid being caught by the police	The fugitive escaped from prison three weeks ago.	φυγάς
2.2	24	7A Vocabulary	hostage	n	hostages released	someone who is kept as a prisoner by an enemy, and may be hurt or killed in order to force other people to do something	The group are holding two western tourists hostage.	όμηρος
2.2	24	7A Vocabulary	legend	n	music legend shot	an extremely famous and popular person	Bob Marley, Elvis Presley and Jimi Hendrix are all music legends.	θρύλος
2.2	24	7A Vocabulary	massive	adj		very big	My neighbour has a massive dog - I think it's a Saint Bernard.	ογκώδης
2.2	24	7A Vocabulary	Prime Minister	n		the leader of the government in some countries with a parliament	The British Prime Minister is travelling to Brussels this week.	Πρωθυπουργός
2.2	24	7A Vocabulary	prisoner	n		someone who is kept in a prison as a punishment	Last night, three prisoners escaped from a maximum-security jail in the US.	κρατούμενος, φυλακισμένος
2.2	24	7A Vocabulary	protest	v	people are protesting against the law	to show publicly that you think something is wrong	The teachers are protesting against changes to the education system.	διαμαρτύρομαι
2.2	24	7A Vocabulary	rebel	n	talks with rebels	someone who opposes or fights against people in authority	The rebels have taken the President hostage.	επαναστάτης
2.2	24	7A Vocabulary	release	v	hostages released	to allow someone to be free after you have kept them somewhere	The hostages were released this morning.	απελευθερώνω
2.2	24	7A Vocabulary	shoot	v	he was shot outside his house	to fire a gun at someone, or kill or injure someone with a gun	She pulled out a gun and shot him.	πυροβολώ
2.2	24	7A Vocabulary	strike	n	go on a strike	when a group of workers stop working for a period of time because they want better pay or better working conditions	The workers have been on strike for two months.	απεργία
2.2	24	7A Vocabulary	suspect	v		to think that someone may be guilty of a crime	She is suspected of murder.	υποπτεύομαι
2.2	24	7A Vocabulary	threaten	v		to tell someone that you will hurt them or cause serious problems for them if they do not do what you want	The rebels threatened to shoot him.	απειλώ
2.2	24	7A Vocabulary	violent	adj		using force to hurt or kill people	There has been an increase in violent crime recently.	βίαιος
2.2	25	10A Learn to	as soon as	conj		immediately after something has happened	I came as soon as I heard the news.	αμέσως μόλις
2.2	25	10A Learn to	during	conj		through all of a period of time	During the summer she worked as a waitress.	κατά τη διάρκεια
2.2	25	10A Learn to	by the time	conj		when	By the time the police arrived, the criminals had escaped.	ώσπου
2.2	25	9A Writing	fraud	n		the crime of deceiving people in order to get money	She was found guilty of fraud.	απάτη
2.2	25	9A Writing	trap	n	police trap	a plan or piece of equipment used to trap people or animals	You should set a trap to catch mice.	παγίδα
2.2	25	9A Writing	reveal	v		to tell people something that was secret	The information was first revealed in a Sunday newspaper.	αποκαλύπτω
2.2	25	9A Writing	falsely	adv		wrongly	I was falsely accused of stealing a car.	ψευδώς, αναληθώς
2.2	25	9A Writing	obtain	v		to get something	Maps can be obtained from the tourist office.	αποκτώ
2.2	25	9A Writing	credit	n	falsely obtained credit from the bank	a way of buying goods in which you arrange to pay for them later	The TV and the washing machine were bought on credit.	με πίστωση
2.2	25	9A Writing	escape	v		to leave a place or dangerous situation when someone is trying to catch you or stop you	He escaped from prison.	δραπετεύω
2.2	25	9A Writing	buddy	n	me and my buddies	a friend	Bill and I are good buddies.	φίλαράκι
2.2	25	9A Writing	attorney	n		a lawyer	Sophy's training to be an attorney.	δικηγόρος
2.2	25	9A Writing	definitely	adv		without any doubt	That's definitely true.	αναμφίβολα, σίγουρα
2.2	25	9A Writing	befriend	v		to become someone's friend, especially someone who needs your help	They befriended me when I first arrived in London as a student.	βοηθώ, υποστηρίζω
2.2	25	9A Writing	former	adj	former official	happening, existing, or true in the past, but not now	That man over there is my former employer.	πρώην
2.2	25	9A Writing	justice department	n		a department of the government that deals with legal issues	He's hoping to get a job in the justice department.	Υπουργείο Δικαιοσύνης
2.2	25	9A Writing	official	n	a former justice department official	someone who has a position of authority in an organisation, especially a government	US Administration officials are visiting London this week.	αξιωματούχος
2.2	25	9A Writing	social networking site	adj	a networking site	a website through which you can share personal information and pictures with people and make new friends	Facebook is the most well-known social networking site.	ιστοσελίδα κοινωνικής δικτύωσης
2.2	25	9A Writing	authorities, the	n	the Mexican authorities	the people or organisations that are in charge of a particular country or area	The trap for the criminals was set by the local authorities.	οι αρχές
2.2	25	9A Writing	currently	adv		happening, existing, or being used now	The criminals are currently being interviewed by police.	αυτή τη στιγμή

2.2	25	9A Writing	in custody	prep phr		when someone is kept in prison until they go to court, because the police think they have committed a crime	The man is currently in police custody.	υπό κράτηση
2.3	26	1A Vocabulary	body language	n		movements you make without thinking, that show what you are feeling or thinking	I could tell from his body language that he was nervous.	γλώσσα του σώματος
2.3	26	1A Vocabulary	tell a lie	v phr		to say something that is not true	Have you ever told a lie to make someone feel better?	λέω ψέματα
2.3	26	1A Vocabulary	tell a story	v phr		to talk about an interesting, funny or sad chain of events that happened	Yesterday, my boss told us a really funny story about something that happened to her on holiday last year.	λέω μια ιστορία
2.3	26	1A Vocabulary	tell the truth	v phr		to say what really happened	It's always better to tell the truth.	λέω την αλήθεια
2.3	26	1A Vocabulary	white lie	n phr		a lie that you tell someone in order to protect them or avoid hurting their feelings	Sometimes it's better to tell a white lie than to tell the truth.	αθώο ψέμα
2.3	27	6A Learn to	joke	v	you're joking!	to say things that are funny or that you do not really mean	The guys laughed and joked about it later.	αστειεύομαι
2.3	27	6A Learn to	kid	v	you're kidding!	to make a joke, especially by saying something that is not true	Don't worry, I was just kidding.	πειράζω, κοροιδεύω
2.3	27	6A Learn to	tube	n	tube station	the informal name for the London Underground train	I get the tube to work every day	υπόγειος σιδηρόδρομος
2.3	27	6A Learn to	at the top of your voice	phr		as loudly as you can	She shouted "Help!" at the top of her voice.	όσο πιο δυνατά μπορώ
2.3	27	6A Learn to	pack	v	the bus was packed with people	to put things into cases, bags, etc. ready for a journey	Have you finished packing up yet?	πακετάρω
2.3	27	6A Learn to	swell up	phr v		to become larger and rounder than normal ☐ used especially about parts of the body	I can't walk very fast - my ankle is all swollen up!	πρήζομαι
2.3	27	6A Learn to	blotch	n	swollen up covered in blotches and spots	a pink or red mark on your skin or a coloured mark on something	If I eat nuts, my face gets covered in blotches.	κηλίδα
2.3	27	6A Learn to	spot	n	swollen up covered in blotches and spots	a small round red area on someone's skin that shows that they are ill	The poor girl was covered in spots!	λεκέές, κηλίδα
2.3	27	6A Learn to	allergic	adj		if you are allergic to something, you become ill if you eat, touch, or breathe it	He's allergic to cats.	αλλεργικός
2.3	27	6A Learn to	allergic reaction	n	allergic reaction	the way your body responds to something you are allergic to	Please excuse my sneezing - it's an allergic reaction to dust!	αλλεργική αντίδραση
2.3	27	7A Speaking	get stuck	v phr	got stuck in the lift	to be trapped or unable to move	Have you ever got stuck in a lift?	κολλάω
2.3	27	7A Speaking	boutique hotel	n	boutique hotel	a small, luxury hotel with very individual decoration	Have you ever stayed in a boutique hotel?	μικρό ξενοδοχείο με ιδιαίτερη διακόσμηση
2.4	28	1 DVD preview	fictional	adj		fictional people or events are from a book or story and are not real	Her story was completely fictional.	φανταστικός
2.4	28	1 DVD preview	investigator	n		someone who investigates things, especially crimes	Police investigators are working on the crime.	αστυνομικός
2.4	28	1 DVD preview	involve	v	programmes involving criminals	to include	The job involves a lot of travelling.	περιλαμβάνω
2.4	28	1 DVD preview	feature	n	the features of a good detective drama	an important, interesting, or typical part of something	An important feature of his paintings is their colours.	χαρακτηριστικό
2.4	28	2 DVD preview	illegal	adj		not allowed by law	It's illegal to park here.	παράνομος
2.4	28	2 DVD preview	dishonest	adj		someone who is dishonest deceives people, for example by lying, stealing, or cheating	The newspapers are calling him a dishonest politician.	ανεπίτητος
2.4	28	2 DVD preview	burglar	n		someone who goes into buildings in order to steal things	The burglar was caught by police.	διαρρηκτής
2.4	28	2 DVD preview	customs	n	go through Customs at the airport	the place where your bags are checked for illegal goods when you enter a country	All baggage must go through customs.	τελωνείο
2.4	28	2 DVD preview	valuable	adj		worth a lot of money	She was wearing a very valuable ring.	πολύτιμος
2.4	28	3A DVD view	loaded	adj	loaded weapon	(of a gun) containing bullets	Luckily, the gun wasn't loaded.	γεμάτος
2.4	28	3A DVD view	weapon	n		something that is used to attack or fight against people	They were armed with knives and other weapons.	όπλο
2.4	28	4A DVD view	ground	n	the grounds of the mansion	the surface of the earth	She was lying asleep on the ground.	έδαφος
2.4	28	4A DVD view	mansion	n		a very large house	They live in a beautiful country mansion.	έπαυλη
2.4	28	4A DVD view	break into	phr v	break into a house	to enter a place or object forcefully and without permission	My car was broken into last night.	κάνω διάρρηξη, εισέρχομαι με τη βία
2.4	28	4A DVD view	set off	phr v	sets off the alarm	to make something start happening, especially when you do not intend to do so	The burglar broke into the mansion and set off the alarm.	βάζω σε λειτουργία
2.4	28	4A DVD view	alarm	n	sets off the alarm	a piece of equipment that makes a noise to warn people of danger	The burglar broke into the mansion and set off the alarm.	συναγερμός
2.4	28	Heading	hustle	v		to sell or obtain things or money in an illegal or dishonest way	Thieves are hustling stolen goods on the street.	διακινώ παράνομα, "σπρώχνω"
2.4	29	5B Speakout	locker	n	baggage lockers at the train station	a small cupboard that locks, used to store books, clothes, etc. safely in a building such as a college, gym or airport	You have to pay £5 a month for a locker at my gym.	ντουλάπι
2.4	29	5B Speakout	dodgy	adj	dodgy art dealer	seeming to be false, dishonest, or not to be trusted	One girl thought the men looked dodgy.	κατεργάρης, πονηρός
2.4	29	5B Speakout	reward	n	reward for the arrest of the criminal	something, especially money, that is given to someone to thank them for doing something	She offered a £20 reward to anyone who could find her cat.	αμοιβή
2.4	29	5B Speakout	one-way	adj	one-way ticket	a one-way street is one on which cars can travel in only one direction	Everybody hates the new one-way system in the town centre.	μονόδρομος
2.4	29	5B Speakout	under arrest	prep phr		when the police take someone away and guard them because they may have done something illegal	The girl is under arrest on suspicion of shoplifting.	υπό κράτηση
2.5	30	1A	star	v	starring Julia Roberts	if a film, play, etc. stars someone, or if someone stars in a film, play, etc., they have one of the main parts in it	I love any film starring Arnold Schwarzenegger!	πρωταγωνιστώ
2.5		4A	slipper	n	at home I wear slippers	a light, soft shoe that you wear indoors	I've trained my dog to bring me my slippers.	παντόφλα
3	31	Heading	contact	n		communication with a person, organisation, or country	There is little contact between the two tribes.	επαφή

3.1	32	2A Reading cope with	cope with	phr v		to succeed in dealing with a difficult problem or situation	She found it hard to cope with the death of her father.	αντιμετωπίζω, τα βγάζω πέρα
3.1	32	2A Reading cope with	eager	adj	like an eager reporter	wanting to do something very much, or waiting with excitement for something to happen	Rosie was eager to leave work as early as possible last Friday.	πρόθυμος, ενθουσιωδής
3.1	32	2A Reading cope with	nosy	adj	ask a lot of questions	always trying to find out private information about someone	Our neighbours are really nosy.	αδιάκριτος
3.1	32	2A Reading cope with	rough	adj	have a rough idea	approximate	I've got a rough idea of how much I want to spend on a new car.	πρόχειρος, κατά προσέγγιση
3.1	32	2A Reading cope with	logic	n	the logic behind all the questions is...	a sensible reason or way of thinking	There is no logic in releasing criminals just because prisons are crowded.	λογική
3.1	32	2A Reading cope with	wheel	n	the wheels of a bus	one of the round things under a car, bus, bicycle, etc. that turns when it moves	Where is the spare wheel in your car?	τροχός
3.1	32	2A Reading cope with	attempt	n	in an attempt to	when you try to do something	All attempts to resolve the problem have failed.	απόπειρα, προσπάθεια
3.1	32	2A Reading cope with	flexible	adj	flexible timetable	able to change easily	I'm lucky that I have flexible working hours in my job.	ευέλικτος
3.1	32	2A Reading cope with	eldest	adj	eldest son	the oldest	He is the eldest of six children.	ο μεγαλύτερος
3.1	32	2B Reading	communicate	v		if people communicate with each other, they give each other information by speaking, writing letters, etc.	We communicate by email.	επικοινωνώ
3.1	32	2C Reading	tend to	v		if something tends to happen, it happens often and is likely to happen again	People tend to need less sleep as they get older.	έχω την τάση να
3.1	32	2C Reading	behaviour	n		the things that a person or animal does	I'm not very pleased with your behaviour.	συμπεριφορά
3.1	33	2A Reading cope with	keep up with	phr v		to follow something that is moving or changing quickly	I find it hard to keep up with the latest music these days.	συμβαδίζω με
3.1	33	2A Reading cope with	instant	adj		happening immediately	The band became an instant success.	στιγμιαίος
3.1	33	2A Reading cope with	object	v	object to this idea	to say that you do not like or approve of something	If no one objects, I would like to be present.	αντιτίθεμαι, εκφράζω αντίρρηση
3.1	33	2A Reading cope with	series	n	series of questions	several events or actions of the same kind that happen one after the other	His parents asked him a series of questions about why he arrived home so late.	σειρά
3.1	33	2A Reading cope with	freedom	n		when you are allowed to do what you want without being stopped or controlled by anyone	Kids have too much freedom nowadays.	ελευθερία
3.1	33	2A Reading cope with	beat	v	if you can't beat them join them	to get more points, votes, etc. than other people in a game or competition	Spain beat the Netherlands 1-0 in the 2010 World Cup final.	νικώ
3.1	33	2A Reading cope with	follow someone's lead	phr v	follow your lead	to copy what another person is doing	Follow my lead and you'll learn the dance in no time!	ακολουθώ το παράδειγμα κάποιου
3.1	33	2A Reading cope with	turn up	phr v	turn up at the meeting	to arrive	What time did your parents turn up in the end?	εμφανίζομαι
3.1	33	6 Grammar	come over	phr v	come over to my house	to visit you at your house	Can I come over to your place tonight?	παρουσιάζομαι
3.1	33	6 Grammar	bring round	phr v		to take something somewhere	If you bring your homework round to my house later, I'll help you with it.	έρχομαι, περνάω φέρνω κάτι κάπου
3.1	33	6 Grammar	equipment	n		the things that you need to do a job, sport or hobby	I'd really like some new photography equipment for my birthday.	εξοπλισμός
3.1	33	6 Grammar	make it	phr v	do you think you can make it tomorrow?	to succeed in arriving somewhere	We made it to the station just in time.	προλαβαίνω, τα καταφέρνω
3.1	34	10 Writing	asap	conj	as soon as possible	the abbreviation of as soon as possible	I need that work finished asap.	το συντομότερο δυνατόν
3.1	34	11B	book	v	book a room	to arrange to have or do something at a particular time in the future	Have you booked a holiday this year?	κλείνω, κάνω κράτηση
3.1	34	12 Writing	flatmate	n		someone who shares a flat with other people	Do you get on well with your flatmates?	συγκάτοικος
3.1	34	8A Vocabulary	apologise	v		to tell someone that you are sorry that you have done something wrong	I'm so sorry, I do apologise.	απολογούμαι, ζητώ συγνώμη
3.1	34	8A Vocabulary	argue	v	have a fight	to shout and say angry things to someone because you disagree with them	We could hear the neighbours arguing.	λογομαχώ, καβγαδίζω
3.1	34	8A Vocabulary	boast	v		to talk too much about your own abilities and achievements in a way that annoys other people	He's always boasting about how much money he has.	καυχώμαι
3.1	34	8A Vocabulary	compliment	n		something nice that you say about someone or something, in order to praise them	I was trying to pay her a compliment.	φιλοφρόνηση
3.1	34	8A Vocabulary	gossip	n		informal talk about other people's behaviour and private lives	She told me all the latest gossip.	κουτσομπολιό
3.1	34	8A Vocabulary	moan	v		to complain	She's always moaning that she doesn't have any money.	γκρινιάζω
3.1	34	8A Vocabulary	warn	v		to tell someone that something bad or dangerous may happen, so that they can avoid it or prevent it	We tried to warn her, but she wouldn't listen.	προειδοποιώ
3.1	34	8A Vocabulary	rugby	n		a sport in which two teams carry, kick, or throw an oval ball in an attempt to score points	Rugby is more popular than football in Wales.	ράγκμπι
3.1	34	8A Vocabulary	borrow	v		to use something that belongs to someone else and give it back to them later	Can I borrow the car tonight, dad?	δανειζομαι
3.1	34	8A Vocabulary	top	n	I bought 3 t-shirts and 4 tops	a piece of clothing that you wear on the upper part of your body	Nice top - where did you buy it?	μπλουζάκι
3.2	35	2B Listening	translate	v		to change written or spoken words from one language to another	I am translating the book into English.	μεταφράζω
3.2	35	2B Listening	digital	adj		digital equipment, such as cameras or televisions, uses a system in which pictures and sound are recorded, stored, or sent out in the form of numbers	Do you have a digital or an analogue camera?	ψηφιακός

3.2	35	2B Listening	signature	n		your name written the way you usually write it, for example at the end of a letter or on a cheque	Put your signature here, then print your name underneath.	υπογραφή
3.2	35	2B Listening	scan	n		a digital image produced by a scanner to identify someone	They use a scan of your eye as a digital signature.	σάρωση, σκανάρισμα
3.2	35	3 Listening	intermediary	n		someone who tries to help two people or groups to agree with each other	Jackson acted as an intermediary between the two parties.	ενδιάμεσος, μεσάζων
3.2	35	3 Listening	barrier	n		something that prevents people from doing something	The most difficult thing about moving to a foreign country is the language barrier.	εμπόδιο
3.2	35	3 Listening	retina scan	n phr		a scan of your eye which acts as personal identification	To get into the building you have to pass through a retina scan.	σάρωση του αμφιβληστροειδούς
3.2	35	3 Listening	straightforward	adj	straightforward way to do something	simple to do or easy to understand	The directions you gave me were very straightforward, thank you.	απλός
3.2	35	3 Listening	on demand	prep phr		whenever someone wants something	Do you feed your baby on demand?	όταν ζητηθεί
3.2	35	3 Listening	delivery	n	method of delivery	when something is taken to a place, or the things that are taken	There's free delivery on orders over £25.	παράδοση
3.2	35	4A Vocabulary	in the long term	prep phr		used to talk about events or results of actions a long time into the future	In the long term, I think the government's changes will have a positive effect on the country.	μακροπρόθεσμα
3.2	35	4A Vocabulary	in the near future	prep phr		soon	The school hopes to open in the near future.	στο κοντινό μέλλον
3.2	35	4A Vocabulary	in the short term	prep phr		used to talk about events or results of actions that will happen soon	I think there will be a lot of benefits in the short term.	βραχυπρόθεσμα
3.2	35	4A Vocabulary	shortly	adv		soon	The report will be published shortly.	σύντομα
3.2	35	4C Vocabulary	project	n	work on a project	a piece of work that is carefully planned and done over a period of time	The project to build the new opera house will take three years.	σχέδιο, πρόγραμμα
3.2	36	5A Grammar	physicist	n		a scientist who specialises in physics	When he graduates from university, he wants to become a physicist.	φυσικός
3.2	36	5A Grammar	futurist	n	a physicist and futurist predicts trends for the next 50 years	a scientist who tries to predict the future	George Orwell was a writer and a futurist.	μελλοντολόγος
3.2	36	5A Grammar	explore	v		to investigate a thing or a travel around a place to see what it is like	When I went to Costa Rica, we went exploring in the rainforest.	εξερευνώ
3.2	36	5A Grammar	passive	adj	passive observer	someone who is passive accepts what happens or what people say without trying to change or influence it	Passive smoking is very bad for your health.	παθητικός
3.2	36	5A Grammar	observer	n		someone who regularly watches or pays attention to particular things, events, situations, etc.	Political observers are watching the situation with interest.	παρατηρητής
3.2	36	5A Grammar	designer	n	designers of the future	someone whose job is to design new styles of clothes, cars, etc.	Dave wants to move to Milan and become a fashion designer.	σχεδιαστής
3.2	36	5B Grammar	artificial intelligence	n		the science of how to make computers do things that people can do, such as make decisions and understand language	More and more technology uses artificial intelligence.	τεχνητή νοημοσύνη
3.2	36	5B Grammar	revolutionise	v		to completely change the way people do something or think about something	New technology is going to revolutionise everything we do.	φέρνω επανάσταση
3.2	36	5B Grammar	repair	v	repair the car	to make something that is broken or damaged satisfactory again	How much will it cost to repair the car?	επισκευάζω
3.2	36	5B Grammar	transition	n	transition from the dark ages to the age of	when something changes from one form or state to another	The transition from work to retirement is not always easy.	μετάβαση
3.2	36	5B Grammar	genetics	n		the study of how genes affect the development of living things	She's going to university to study genetics.	Γενετική
3.2	36	5B Grammar	biotechnology	n		the use of living things such as cells and bacteria to make drugs, destroy waste matter, etc.	Biotechnology is a huge global industry.	Βιοτεχνολογία
3.2	36	6A Grammar	virtual reality	n		when a computer makes you feel as though you are in a real situation by showing images and sounds	Have you ever tried one of those virtual reality simulators?	εικονική πραγματικότητα
3.2	36	6A Grammar	remote controlled	adj		operated from a distance using electronic or radio signals	We bought our son a remote controlled racing car for his birthday.	τηλεκατευθυνόμενος
3.2	36	6A Grammar	microchip	n		a very small piece of silicon containing electronic parts, used in computers and other machines	How many things in your house have microchips?	μικροσίπ
3.2	36	6A Grammar	popularity	n		when someone or something is liked by a lot of people	The popularity of the Internet has grown dramatically.	δημοτικότητα
3.2	37	10 Vocabulary	competitive	adj		determined to be more successful than other people	Boys are more competitive than girls.	ανταγωνιστικός
3.2	37	8A Vocabulary	issue	n	an issue that bothers me	a subject or problem that people discuss	This is a very important political issue.	θέμα, ζήτημα
3.2	37	Vocabulary 10	keep an eye on	idiom		to watch something or someone carefully	Can you keep an eye on my bike while I go into the shop, please?	προσέχω
3.2	37	Vocabulary 10	put your foot in it	idiom		to accidentally say something that embarrasses or upsets someone	I think I may have put my foot in it - I asked her how her dog was and she told me that he died yesterday!	λέω κάτι ενοχλητικό κατά λάθος
3.2	37	Vocabulary 10	run out of time	idiom		to have no more time to complete an action	I didn't answer all the questions in the exam because I ran out of time!	δεν προλαβαίνω, δε μου φτάνει ο χρόνος
3.2	37	Vocabulary 10	be on someone's mind	idiom		someone is thinking about something (usually bad) a lot	What's wrong? Tell me what's on your mind.	έχω στο μυαλό μου, με απασχολεί
3.2	37	Vocabulary 10	work against the clock	idiom		to have a limited time to complete something	We're working against the clock to get the project finished on time.	έχω περιορισμένο χρόνο για να ολοκληρώσω κάτι, παλεύω με το χρόνο
3.2	37	Vocabulary Plus 8A	be in hot water	idiom		to be in trouble or difficulty	If my husband hasn't cleaned the house when I get home, he'll be in hot water!	έχω μετελάδες
3.2	37	Vocabulary Plus 8A	a piece of cake	idiom		very easy	That maths exam was a piece of cake!	πανεύκολος

3.2	37	Vocabulary Plus 8A	a dark horse	idiom		a person who has a lot of secrets	I didn't know you were so good at football - you're a dark horse, aren't you?!	μυστικοπαθής
3.2	37	Vocabulary Plus 8A	not be someone's cup of tea	idiom		someone doesn't like something	Cricket's not really my cup of tea!	δε μου αρέσει κάτι
3.2	37	Vocabulary Plus 9B	close to someone's heart	idiom		something is important to someone	Animal welfare is an issue that's very close to my heart.	κάτι είναι σημαντικό για εμένα
3.2	37	Vocabulary Plus 9B	get out of the rat race	idiom		to escape (boring) everyday life	Pete and I want to escape the rat race and move to Hawaii!	ξεφεύγω από τη ρουτίνα
3.2	37	Vocabulary Plus 9B	give someone a hand	idiom		to help someone	Can you give me a hand with the housework, please?	βοηθώ
3.3	38	1 Speaking	nominate	v	nominated for an award	to officially suggest that someone or something should be given an important position or prize	The film was nominated for an award.	ανακηρύσσω υποψήφιο
3.3	38	1 Speaking	award	n		a prize that someone gets for something that they have achieved	She won an award for her book.	βραβείο
3.3	38	1 Speaking	host	n	a talk show host	the person at a party, meal, etc. who organised it and invited the guests	Our host greeted us at the door.	οικοδεσπότης
3.3	38	3A Function	reservation	n	hotel reservation	an arrangement you make so that a place in a hotel, on a plane, etc. is kept for you to use	Have you made reservations at the restaurant yet?	κράτηση
3.3	38	3A Function	rent	v	rent a flat	if you rent a house, flat, etc., you pay money regularly to the owner so that you can live there	I rented a room from friends while I looked for work.	νοικιάζω
3.3	38	3C Function	catch	v	dealing with misunderstandings	to hear or understand	I'm sorry, I didn't catch any of that. Could you say it again, please?	"πίανω", καταλαβαίνω
3.3	38	3C Function	lose someone	phr	dealing with misunderstandings	to confuse someone	You've lost me. Can you explain that again?	μπερδέυω κάποιον
3.3	38	3C Function	get what someone is saying	phr	dealing with misunderstandings	to understand what someone is saying	Do you get what I'm saying? It's really not that complicated!	καταλαβαίνω τι εννοεί κάποιος
3.3	39	5A Learn to	fully booked	phr	we are fully booked tonight	when a restaurant or hotel has no more available tables or rooms	We tried to book a table at Casa Puga but it was fully booked!	πλήρης, γεμάτος
3.3	39	6A Speaking	reception	n	hotel reception	the desk or office where visitors arriving in a hotel or large organisation go first	You can book a taxi from the hotel reception.	γραφείο υποδοχής, ρεσεψιόν
3.3	39	6A Speaking	misunderstanding	n		a problem caused by someone not understanding a question, situation, or instruction correctly	In the end we solved the problem - it was all a misunderstanding.	παρατήρηση
3.4	40	2A DVD Preview	create	v		to make something new exist or happen	The new factory should create 450 jobs.	δημιουργώ
3.4	40	2A DVD Preview	wealth	n		a large amount of money or property that a rich person has	She enjoyed sharing her wealth with her friends.	πλούτος
3.4	40	2A DVD Preview	authority	n	challenge authority	the power that a leader, government, etc. has	Which country has authority over these islands?	εξουσία
3.4	40	2A DVD Preview	spy	v	allows the authorities to spy and censor	to get information for a government or organisation secretly	My boss asked me to spy on Terry to see if he was stealing company money.	κατασκοπεύω
3.4	40	2A DVD Preview	censor	v		to examine books, films, etc. and remove anything that is offensive, politically dangerous, etc.	Songs containing bad language must be censored on the radio.	λογοκρίνω
3.4	40	2A DVD Preview	generation	n	a generation of web addicts	all the people in a society or family who are about the same age	Three generations of the Lambe family have lived here.	γενιά
3.4	40	2A DVD Preview	addict	n		someone who is unable to stop doing or using something	Another word for a chocolate addict is a 'chocoholic'.	εθισμένος
3.4	40	2A DVD Preview	open up	phr v		to become available or possible, or to make something available or possible	New business opportunities are opening up all the time.	ανοίγω
3.4	40	2A DVD Preview	realm	n		an area of knowledge, interest, or thought	This year, there have been many new discoveries in the realm of science.	τομέας
3.4	40	2A DVD Preview	knowledge	n		the information, skills, and understanding that you have got through learning or experience	You don't need to have any special knowledge to do this job.	γνώση
3.4	40	2A DVD Preview	pioneer	n		one of the first people to do something, whose work or ideas are later developed by other people	Alexander Fleming was a pioneer of modern medicine.	πρωτοπόρος
3.4	40	2A DVD Preview	key player	n	key players in the field to become powerful	an important person in a team, group or industry	Bill Gates is a key player in the computer industry.	βασιικός παράγοντας
3.4	40	2A DVD Preview	powerful	adj		able to control and influence people and events	That director is the most powerful man in Hollywood.	ισχυρός
3.4	40	2A DVD Preview	e-shopping	n		buying things on the internet	This Christmas, I'm buying all my presents through e-shopping.	αγορά μέσω διαδικτύου
3.4	40	3 DVD Preview	revolution	n	the virtual revolution	a complete change in the way people think or do something	We are in the middle of a social networking revolution.	επανάσταση
3.4	40	3 DVD Preview	revolutionary	adj		completely new and different	She's the designer of a revolutionary new product.	επαναστατικός
3.4	40	3 DVD Preview	impact	n	the impact on society	the effect or influence that something or someone has	Recycling has a huge positive impact on the environment.the environmental impact of car use	αντίκτυπος
3.4	40	3 DVD Preview	innovation	n		a new idea, method, or invention	This is the latest innovation in personal computing.	καινοτομία
3.4	40	3 DVD Preview	commentary	n	commentary on how Internet has influenced	a spoken description on the television or radio of an event while it is happening	One of my favourite things about watching sport on TV is the commentary.	σχολιασμός
3.4	40	4 DVD view	blog	n		a web page containing information or opinions from a particular person or about a particular subject, to which new information is added regularly	My friend has a blog about surfing in Bali.	ιστολόγιο, μπλογκ
3.4	40	4 DVD view	billion	number		the number 1,000,000,000	Scientists believe the Earth to be about 4.5 billion years old.	δισεκατομμύριο
3.4	40	4 DVD view	censorship	n		to examine books, films, etc. and remove anything that is offensive, politically dangerous, etc.	People will always disagree about how much censorship there should be in the media.	λογοκρισία
3.4	40	5A DVD View	shake apart	phr v		to completely change or disrupt something	The internet has completely shaken our world apart in the last ten years.	ταρακουνώ

3.4	40	5A DVD View	empower	v		to give someone confidence or skills so that they have more control over their life	Education can empower you.	δίνω εξουσία, εξουσιοδοτώ
3.4	40	5A DVD View	tool	n		something that you use to help you do something	The internet is a fantastic tool for learning.	εργαλείο
3.4	40	5A DVD View	potential	n	this tool has more potential than any other humankind has created	the possibility that something will develop in a particular way, or have a particular effect	His football coach says he has the potential to become a professional player.	δυνατότητα
3.4	40	5A DVD View	astounding	adj		extremely surprising	The popularity of Facebook is astounding.	εκπληκτικός
3.4	41	6B Speakout	circumstance	n		the conditions that affect a situation, action, event, etc.	I can't imagine a circumstance in which I would steal.	περίσταση, συνθήκη
3.4	41	6B Speakout	convenient	adj		useful to you because it saves you time, or does not spoil your plans or cause you problems	Would 10:30 be a convenient time to meet?	βολικός
3.4	41	6B Speakout	appreciate	v	people appreciate this gesture	to understand how good or useful someone or something is	People really appreciate it when you say 'please' and 'thank you'.	εκτιμώ
3.4	41	7A Writeback	internal	adj	no internal emails within the company	inside something such as your body or a country or organisation	Have you received the internal email about our meeting next week?	εσωτερικός
3.4	41	7A Writeback	memo	n		a short official note to someone in the same company	Did you get the memo from the manager?	υπόμνημα
3.4	41	7A Writeback	external	adj		relating to the outside of a thing or person's body	How many external emails do you send every day?	εξωτερικός
3.4	41	7A Writeback	reduce	v	reduce time spent on	to make the price, amount, or size of something less or smaller	They're trying to reduce the number of students in the college.	μειώνω
3.4	41	7A Writeback	additional	adj		more than you already have, or more than was agreed or expected	Additional information can be obtained from the centre.	πρόσθετος, επιπλέον
3.4	41	7A Writeback	questionnaire	n		a set of written questions that you answer in order to give information about something	Students were asked to fill out a questionnaire.	ερωτηματολόγιο
3.4	41	7A Writeback	initiative	n		an important new plan or process to achieve a particular aim or to solve a particular problem	There's a new government initiative to promote public transport.	πρωτοβουλία
3.5	42	3A	retired	adj	I hope to be retired in 5 years time	to have stopped working because you are too old, too ill or have made enough money to live on for the rest of your life	Are your parents retired?	συνταξιούχος
3.5	42	3A	autobiography	n		a book that someone writes about their own life	Do you like reading autobiographies?	αυτοβιογραφία
3.5	42	4A	reunification	n	reunification of Germany	when different parts of a country are joined together again and become one nation	The reunification of Germany was a huge political event.	επανενώση
3.5	42	4A	democracy	n		the political system in which everyone can vote to choose the government, or a country that has this system	The country wants to become a democracy in the long term.	δημοκρατία
3.5	42	4A	power	n	electrical, nuclear power	energy that can be used to make a machine work or to make electricity	Many people are opposed to the use of nuclear power.	ενέργεια, ισχύς
3.5	42	4A	atomic	adj	atomic power	relating to atoms and the energy produced by splitting them	Nuclear power' is another term for atomic power.	ατομικός
3.5	42	4A	solar	adj	solar power	relating to the sun and its energy	In the future, everyone will drive solar-powered cars.	ηλιακός
3.5	42	4A	industry	n	the Japanese car industry	the production of goods	Most of these men work in the construction industry.	βιομηχανία
3.5	42	4A	the general public	n phr		the ordinary people in a country, rather than people belonging to a particular group	Members of the general public have been invited to ask the Prime Minister questions.	το ευρύ κοινό
3.5	42	5A	take over	phr v	take over the business	to take control of something	His son will take over the business.	παιρνω τον έλεγχο, αναλαμβάνω
4.1	44	1A Vocabulary	can't afford	v		to not have enough money to pay for or buy something	I love those shoes, but I just can't afford them!	δεν διαθέτω χρήματα για
4.1	44	1A Vocabulary	creative	adj		a creative person is good at thinking of new ideas	She's one of Japan's most talented and creative film directors.	δημιουργικός
4.1	44	1A Vocabulary	good communicator	n		someone who is able to express ideas or their feelings clearly to other people	One of the reasons she got the job is that she's a good communicator.	επικοινωνιακός
4.1	44	1A Vocabulary	good leader	n		someone who has all the qualities needed to be a leader	People listen to him because he's a good leader.	καλός ηγέτης
4.1	44	1A Vocabulary	hard-working	adj		working with a lot of effort	Zoe is a very hard-working student.	εργατικός
4.1	44	1A Vocabulary	indecisive	adj		unable to make decisions	My biggest problem is that I'm so indecisive.	αναποφάσιστος
4.1	44	1A Vocabulary	motivated	adj		wanting to do something for a particular reason	Many people are motivated by money.	υποκινούμενος
4.1	44	1A Vocabulary	resource	n	we don't have many resources at school	something that a country, organisation, person, etc. has that they can use	This school has very few teaching resources.	πόρος
4.1	44	1A Vocabulary	risk taker	n		someone who will do risky or dangerous things in order to achieve something	He became a billionaire because he's a risk taker.	ριψοκίνδυνος
4.1	44	1A Vocabulary	think outside the box	v phr		to think of new, different, or unusual ways of doing something, especially in business	If we want to solve this problem, we have to think outside the box.	σκέφτομαι δημιουργικά και αντισυμβατικά
4.1	44	2A Reading	marriage	n		a relationship between two people who are married, or the state of being married	They have a very happy marriage.	γάμος
4.1	44	2A Reading	designer goods	n		expensive shoes, clothes and clothing accessories made by famous fashion designers	She spends most of her money on designer goods.	επώνυμα προϊόντα
4.1	44	2A Reading	to have what it takes	phr		to have the qualities or abilities that are needed for success	Sarah has what it takes to become a great athlete.	έχω ό, τι χρειάζεται
4.1	44	2A Reading	survey	n	they did a survey to find	a set of questions that you ask a lot of people in order to find out about their opinions or behaviour	We conducted a survey of people's eating habits.	έρευνα
4.1	44	2A Reading	self-made	adj		a self-made man or woman has become rich and successful by working hard	Richard Branson is a self-made billionaire.	αυτοδημιούργητος
4.1	44	2A Reading	surprisingly	adv		unexpectedly or unusually	The test was surprisingly easy.	αναπάντεχα
4.1	44	2A Reading	invest	v	invest money	to buy shares, goods, or property because you hope you can make a profit	He made a lot of money investing in property.	επενδύω

4.1	45	2A Reading	percent	adv		an amount equal to five, ten, etc. parts out of a total of a hundred parts	35% of British people own a dog.	τοις εκατό
4.1	45	2A Reading	switch off	phr v		to forget about work and relax	When I'm on holiday, I find it difficult to switch off.	κλείνω διακόπτες (μεταφορικά), χαλαρώνω
4.1	45	2A Reading	moderately	adv		not very big or very small, very hot or very cold, very fast or very slow, etc.	a moderately successful film	μέτρια
4.1	45	2A Reading	put in the hours	v phr	you have to put in the hours to be successful	to work hard to achieve an objective	If you want to become good at something, you have to put in the hours.	αφιερώνω χρόνο για να πετύχω κάτι
4.1	45	2A Reading	aggressive	adj		very determined to succeed or get what you want	A successful businessman has to be aggressive.	επιθετικός
4.1	45	2A Reading	self-confident	adj		feeling sure that you can do things successfully	Successful businesspeople are always self-confident.	που έχει αυτοπεποίθηση
4.1	45	2A Reading	rule	n		an official instruction about what is allowed, especially in a game, organisation, or job	Are there any rules that you don't like in your office?	κανόνες
4.1	45	2A Reading	break the law	v phr		to do something illegal	The criminal was sent to prison for breaking the law.	παραβαίνω το νόμο
4.1	45	2A Reading	bargain	n	find a bargain	something you buy cheaply or for less than its usual price	Our new dining table was a real bargain.	ευκαιρία
4.1	45	2A Reading	the high street	n phr		used to talk about shops and the money people spend in them	The January sales are a great time to find a bargain on the high street.	ο κύριος εμπορικός δρόμος
4.1	45	6A Grammar	patient	adj		able to stay calm and not become angry when you are waiting for something or doing something difficult	Nurses should be kind and patient.	υπόμονη/επίμονη
4.1	45	6A Grammar	politician	n		someone who works in politics, especially someone who is elected	Do you trust your local politician.	πολιτικός
4.1	45	6A Grammar	train	v	doctors train for many years	to learn the skills needed in a particular job	She trained as a nurse for four years.	εκπαιδεύω
4.1	46	7A Speaking	specific	adj	specific skills	a specific thing or person is one particular thing or person	You need a specific type of flour to bake bread.	συγκεκριμένος
4.1	46	7A Speaking	skill	n		an ability to do something well, especially because you have learned and practised it	Reading and writing are two different skills.	ικανότητα, δεξιότητα
4.1	46	7A Speaking	resolve	v	you resolve to get it	to find a way of dealing with a problem or of ending a disagreement	What do you think is the best way to resolve problems between employees?	επιλύω
4.1	46	7A Speaking	focus on	v		to give special attention to one particular person or thing	When you are in a job interview, you have to focus on the things you can do, not the things you can't.	εστιάζω, επικεντρώνω
4.1	46	7A Speaking	ignore	v		to deliberately not pay attention to someone or something	They can't ignore the fact that he's here.	αγνώω
4.1	46	7A Speaking	reject	v		to not accept something or someone	Your application has been rejected.	απορρίπτω
4.1	46	7A Speaking	client	n		someone who pays a person or organisation for a service	I have a meeting with an important client this afternoon.	πελάτης
4.1	46	7A Speaking	work-related	adj		referring to work	How many work-related emails do you send a day?	σχετικός με την εργασία
4.1	46	7A Speaking	finance	n	have the finance to start your own business	the control of how money should be spent, especially in a company or government	My girlfriend works in the finance department.	οικονομικά
4.1	46	7A Speaking	miserable	adj		making you feel very unhappy, uncomfortable, etc.	I've got a miserable cold at the moment.	άθλιω
4.1	46	7A Speaking	help out	phr v		to help someone because they are busy or have problems	Do you need anyone to help out in the shop?	βοηθώ
4.1	46	7A Speaking	rush in	phr v		to enter somewhere quickly or in a hurry	As soon as the shop doors opened, hundreds of people rushed in looking for bargains.	μπαίνω βιαστικά
4.1	46	7A Speaking	shut up	phr v	tell her you're closing and shut up shop	to close	What time do you shut up shop on Sundays?	κλείνω
4.1	46	7A Speaking	in stock	prep phr	have some clothes in stock	available	Do you have any of those new shoes in stock?	σε απόθεμα, διαθέσιμος
4.1	46	9A Vocabulary Plus	remind	v	remind somebody to do something	if you remind someone about something, you make them remember it or remember to do it	Will you remind me to go to the bank later?	υπενθυμίζω
4.2	47	2C Listening	work long hours	v phr	works very long hours	to work for a long time or longer than usual	My wife's been working very long hours recently.	εργάζομαι πολλές ώρες
4.2	47	2C Listening	give up	phr v	gave up their dream job	to stop doing something, especially something that you do regularly	I gave up my job as an accountant and retrained as a teacher.	εγκαταλείπω, αφήνω
4.2	47	2C Listening	science	n		knowledge about the physical world based on testing and proving facts, or work that results in this knowledge	My favourite subject in school was science.	επιστήμη
4.2	47	3 Vocabulary	enormous	adj		very big in size, amount, or degree	It cost an enormous amount of money.	τεράστιος
4.2	47	3 Vocabulary	tiny	adj		extremely small	I'm not going back to that restaurant ☹ the portions were tiny!	μικροσκοπικός
4.2	47	3 Vocabulary	boiling	adj		extremely hot	Can I open a window? It's boiling in here!	βραστός, πολύ καυτός
4.2	48	5A Grammar	rocket ship	n		a vehicle for carrying people into space	When I was young, I dreamed of having my own rocket ship.	πύραυλος, διαστημόπλοιο
4.2	48	5A Grammar	join	v	join a band	to become a member of an organisation, society, or group	Trevor joined the BBC in 1969.	γίνομαι μέλος, προσχωρώ
4.2	48	5A Grammar	crew	n		all the people that work together on a ship, plane, etc.	He joined the crew of a large fishing boat.	πλήρωμα
4.2	48	5A Grammar	lie	v		to be in a position in which your body is flat on the floor, on a bed, etc.	If you don't feel well, you should lie down.	ξαπλώνω
4.2	48	5A Grammar	countdown	n		when numbers are counted backwards to zero before something happens	The most exciting part of New Year's Eve is the countdown.	αντίστροφη μέτρηση
4.2	48	5A Grammar	blast off	phr v	blast off into space	if a spacecraft blasts off, it leaves the ground	What time did the space shuttle blast off?	εκτοξεύομαι
4.2	48	5A Grammar	sort of	quantifier	that was sort of the beginning	used when what you are saying or describing is not very definite or exact	I've sort of finished the report; I just need to print it out, then I'm done.	περίπου, κατά κάποιον τρόπο
4.2	48	5A Grammar	fascinated	adj		extremely interested	I am fascinated by space travel.	γοητευμένος
4.2	48	5A Grammar	insect	n		any small creature that has six legs, for example a fly	Are you afraid of insects?	έντομα
4.2	48	5A Grammar	field	n	run in the fields all day	an area of land in the country, where crops are grown or animals feed on grass	I live next door to a farmer's field.	χωράφι
4.2	48	5A Grammar	butterfly	n		an insect with large coloured wings	Look at this beautiful butterfly.	πεταλούδα

4.2	48	5A Grammar	fly away	phr v		when an insect or bird leaves a place by flying	When we walked too close, the bird flew away.	πετάω μακριά
4.2	48	6A Grammar	speech	n	give a speech	a formal talk to a group of people, especially at an official meeting or ceremony	The President will give a speech to Congress later today.	λόγος, ομιλία
4.2	48	6A Grammar	instead	adv		used to say that something is done, used, etc. when something else is not done or used	If Jane can't go, I'll go instead.	αντί για, στη θέση
4.2	48	6A Grammar	go crazy	v phr		to become very excited	England scored a goal and the fans went crazy.	τρελαίνομαι
4.2	48	7 Speaking	achieve	v	achieve your dreams	to succeed in getting a good result or in doing something you want	Most of our students achieve excellent exam results.	επιτυγχάνω
4.2	49	10 Learn to	recipient	n		someone who receives something	Who was the recipient of the Nobel Peace Prize this year?	παραλήπτης
4.2	49	8 Writing	caretaker	n	estate caretaker to look after mansion	someone whose job is to look after a building, especially a school	He used to be the school caretaker before he retired.	επιστάτης
4.2	49	8 Writing	qualification	n		if you have a qualification, you have passed an examination or course to show you have a particular level of skill or knowledge in a subject	He left school without any qualifications.	πρόσόν
4.2	49	8 Writing	candidate	n		someone who is being considered for a job or is competing in an election	She's a likely candidate for the job.	υποψήφιος
4.2	49	8 Writing	snorkel	v		to swim with your head underwater, using a long tube to breathe through	Have you ever snorkelled before?	κολυμπώ με αναπνευστήρα
4.2	49	8 Writing	sail	v	swim, snorkel and sail	to travel across water in a boat or ship	We sailed along the coast of Alaska.	πλέω
4.2	49	8 Writing	applicant	n		someone who has formally asked, usually in writing, for a job, university place, etc.	He was one of 30 applicants for the manager's job.	υποψήφιος, αιτών
4.2	49	8 Writing	rent-free	adj		without having to pay to live in a house, flat, etc. that is not yours	The prize of the competition is to live in a luxury apartment, rent-free, for a year!	χωρίς ενοίκιο
4.2	49	8 Writing	villa	n		a house with a garden in the countryside or near the sea, used especially for holidays	My parents want to buy a villa on the Algarve in Portugal.	επαύλη, βίλα
4.2	49	8 Writing	recruit	n	the new recruit will work for	someone who has recently joined a company or an organisation	The army is always looking for new recruits.	νεοσυλλεκτός
4.2	49	8 Writing	duty	n	duties include feeding the ducks	something that you should do because it is right	What do the duties of the job include?	καθήκον
4.2	49	8 Writing	species	n	animal species	a group of animals or plants of the same kind	There are millions of different species of insects in the world.	είδος
4.2	49	8 Writing	mail	n	collect the mail	the letters and packages that are delivered to you	What time does the mail come?	ταχυδρομείο
4.2	49	8 Writing	update	n	prepare video updates	the most recent information about a news story	Can you send us regular progress updates while you're away?	ενήμερωση
4.2	49	9A Writing	regarding	prep		a word used especially in business letters to introduce the subject you are writing about	I am writing to you regarding a problem I have with paying my rent.	σχετικά με
4.2	49	9A Writing	submit	v	submit an application	to give a plan or piece of writing to someone in authority so that they can consider it	I would like to submit an application for the job you are advertising.	υποβάλλω
4.2	49	9A Writing	application	n	an application for the post	a formal request, usually in writing, for something such as a job, a university place, or permission to do something	I submitted my application yesterday.	αίτηση
4.2	49	9A Writing	post	n	an application for the post	the official system for sending letters, packages, etc.	The letter's in the post.	ταχυδρομείο
4.2	49	9A Writing	attach	v	find my CV attached	to fasten or join one thing to another	Please attach a photograph to your application.	επισυνάπτω
4.2	49	9A Writing	meet the requirements	v phr		to have or do what is necessary	Does my application meet the requirements of the job?	πληρώ τις προϋποθέσεις
4.2	49	9A Writing	broad	adj	broad knowledge	wide	He has very broad shoulders.	φαρδύς
4.2	49	9A Writing	IT	n	information technology	(information technology) the study or use of computers to store and manage information	My brother works in IT.	πληροφορική
4.2	49	9A Writing	journal	n	keep a journal	a serious magazine about a particular subject	I buy this scientific journal every month.	εφημερίδα, περιοδικό
4.2	49	9A Writing	weblog	n		a website that is owned by a particular person or group of people rather than by an organisation or company, and that has information about one or more subjects	Do you know anyone who writes a blog?	ιστολόγιο, μπλογκ
4.2	49	9A Writing	up-to-date	adj	have hands-on experience	up-to-date information includes the most recent facts available	Is all your computer software up-to-date?	ενημερωμένος
4.2	49	9A Writing	conservation	n	conservation of species	the protection of natural things such as animals, plants, forests, etc.	I'm very interested in nature conservation.	προστασία / διατήρηση
4.2	49	9A Writing	hands-on	adj	have hands-on experience	doing something yourself rather than just talking about it or telling other people to do it	How can I get some hands-on experience of the job?	πρακτικός
4.2	49	9A Writing	proven	adj	proven ability	shown to be good or true	I have proven ability in project management.	αποδεδειγμένος
4.2	49	9A Writing	project management	n		organisation and control of time, cost, etc. of a project	A large part of my job is project management in publishing.	διαχείριση έργου
4.2	49	9A Writing	require	v	require information	to need something	Pets require a lot of care.	απατώ
4.2	49	9A Writing	convenience	n	at your earliest convenience	the quality of being suitable or useful for a particular purpose	Most people like the convenience of using credit cards.	εύκολία, άνεση
4.3	50	1A Vocabulary	apprentice	n		someone who works for an employer for a fixed amount of time in order to learn a skill	She works in the hairdresser's as an apprentice.	μαθητευόμενος
4.3	50	1A Vocabulary	compete	v	compete for a job	to try to win something or to be more successful than someone else	Ten runners are competing in the race.	διαγωνίζομαι
4.3	50	1A Vocabulary	contestant	n		someone who competes in a competition	There are three contestants, all competing to win £10,000.	διαγωνιζόμενος
4.3	50	1A Vocabulary	empire	n	a vast business empire	a group of countries or organisations that are all controlled by one person, government, etc.	How big was the Roman Empire, exactly?	αυτοκρατορία
4.3	50	1A Vocabulary	get fired	v	gets fired	to lose your job for doing something wrong	When his boss discovered he was selling company secrets, he got fired instantly.	απολύομαι
4.3	50	1A Vocabulary	greet	v		to say hello to someone or welcome them	The most popular way to greet someone is with a handshake.	χαίρω

4.3	50	1A Vocabulary	interview	n		a meeting in which someone asks you questions, especially to find out if you are suitable for a job	She had an interview for a teaching job.	συνέντευξη
4.3	50	1A Vocabulary	luxury	n		great comfort and pleasure, especially from beautiful or expensive things	They lived a life of luxury.	πολυτέλεια
4.3	50	1A Vocabulary	prize	n		something that is given to someone who is successful in a competition, race, etc.	He won a prize of £3,000.	βραβείο
4.3	50	1A Vocabulary	salary	n		money that you receive every month as payment from the organisation you work for	The average salary is \$39,000 a year.	μισθός
4.3	50	1A Vocabulary	figure	adj	a six-figure salary	a number representing an amount, especially an official number	The latest unemployment figures are extremely worrying.	αριθμός
4.3	50	1A Vocabulary	task	n	sets the team a task	a piece of work you must do	My first task was to paint the whole house.	εργασία
4.3	50	1A Vocabulary	team	n		a group of people who play a sport or game against another group, or a group of people who work together	How many people work in the sales and marketing team?	ομάδα
4.3	50	1A Vocabulary	treat	n	luxury treat	something special that you give someone or do for them	Stephen took his son to Disneyland as a treat.	επιλήρη / κέρασμα
4.3	50	1A Vocabulary	vast	adj		extremely large	The Amazon rainforest is absolutely vast.	απέραντος, αχανής
4.3	50	2A Function	set up	phr v	set up a company	to start a company or organisation	She left the company to set up her own business.	ιδρύω, δημιουργώ
4.3	50	2A Function	catering	adj	a catering company	the job of providing and serving food and drinks at parties, meetings, etc.	Sally works in the catering industry.	τροφοδοσία
4.3	50	2A Function	Mediterranean	adj		relating to the area of southern Europe that surrounds the Mediterranean Sea	The Mediterranean diet is very healthy.	μεσογειακός
4.3	50	2B Function	fine by me	phr		used when saying that you do not mind about something	If you want to leave a bit later, that's fine by me.	δε με πειράζει, είναι εντάξει
4.3	51	5A Learn to	theme	n	find a theme for our food	the main subject or idea in a book, film, discussion, etc.	Love is the main theme of the book.	θέμα
4.3	51	5A Learn to	recap	v	let's recap	to repeat the main points of something that has just been said	Let me just recap what's been discussed so far.	ανακεφαλαίωνω
4.3	51	5A Learn to	specialise	v		to limit all or most of your study, business, etc. to a particular subject or activity	Our restaurant specialises in American-style food.	ειδικεύομαι
4.3	51	6 Learn to	review	v	review our policy	to examine something carefully in order to see if changes are necessary	The school is reviewing its policy on homework.	επιανεξετάω
4.3	51	7A Speaking	location	n	location of the company	a particular place or position	The most important thing when buying a house is location.	τοποθεσία
4.3	51	7A Speaking	tour	n	organise themed tours	a journey for pleasure in which you visit several different towns, areas, etc.	We went on a 14-day tour of Egypt.	εξδρομή, περιήγηση
4.3	51	7A Speaking	promote	v	promote tourism in the area	to help something happen or be successful	Have you seen those adverts on TV promoting drinking milk?	προωθώ
4.4	52	1A DVD preview	welcome pack	n	give all clients a welcome pack	a number of items given to someone joining a new company, club, etc.	All the information you need is in your welcome pack.	πακέτο καλωσορίσματος
4.4	52	1A DVD preview	motto	n		a short statement that expresses someone's aims or principles	"Be prepared" is the motto of the Boy Scouts.	ρητό, νωμακό
4.4	52	1A DVD preview	parcel	n		something that has been packed in a box or wrapped in paper, and then sent by mail or delivered	The parcel was delivered last week.	δέμα
4.4	52	1A DVD preview	disturb	v		to interrupt someone so that they cannot continue what they are doing	Sorry to disturb you, but it's urgent.	ενοχλώ
4.4	52	1B DVD preview	long-distance	adj		involving places that are a long distance apart	Some people say that long-distance relationships don't work.	εξ αποστάσεως
4.4	52	1B DVD preview	conduct	v	a relationship conducted over the phone	to do or organise something	The pupils are conducting an experiment with two magnets.	διεξάγω
4.4	52	1B DVD preview	eventually	adv		after a long time	Eventually he got a job.	τελικά
4.4	52	3 DVD view	assistant	n		someone whose job is to help someone more important	Meet Jane, my new assistant.	βοηθός
4.4	52	3 DVD view	embarrass	v		to make someone feel ashamed, stupid, or uncomfortable	My parents always embarrass me.	φέρνω σε αμηχανία, ενοχλώ
4.4	53	6A Writeback	gym instructor	n		someone who works in a gym whose job it is to tell you how to do exercises	Michaela's fallen in love with a gym instructor.	γυμναστής
4.4	53	6A Writeback	function	v	I can't function without coffee	to work in the correct or intended way	I can't function in the morning until I've had a cup of tea!	λειτουργώ
4.4	53	6A Writeback	machine	n	show the clients how to use the machines in the gym	a piece of equipment that uses power, usually from electricity, to do a job	When I go to the gym, I spend most of my time on the weights machines.	μηχανή
4.4	53	6A Writeback	membership	n	membership card	when someone is a member of a group or organisation	Greece applied for membership of the EU in 1975.	ένταξη
4.5	54	6	limit	n		the greatest or least amount, number, etc. that is allowed or possible	There is a limit on the time you have to take the test.	όριο
4.5	54	6	minimum wage	n		the lowest amount of money that an employer can legally pay to a worker	Most of the junior office staff are on the minimum wage.	ελάχιστος μισθός
4.5	54	6	stay off	phr v	stay off work after having children	to not go somewhere or do something	Last week, I stayed off work because I was ill.	απέχω, αποφεύγω
4.5	54	2A	waste time	v phr	waste my time	to use time in a way that is not effective or sensible	I waste so much time using the internet!	χάνω χρόνο
4.5	54	3A	furious	adj		extremely angry	When he saw what his dog had done, he was furious.	εξαλλος
4.5	54	3A	exhausted	adj		extremely tired	After working all week I'm always exhausted.	εξαντλημένος
4.5	54	3A	astronomy	n		the scientific study of the stars and planets	I've bought my mother-in-law a book on astronomy for Christmas.	αστρονομία
4.5	54	4A	dish	n	wash the dishes	a round container with low sides, used for holding food	Can you pass a dish for the potatoes, please?	πιάτο
4.5	54	5A	ban	v	should be banned from city centres	to officially say that people must not do something	Smoking is banned inside the building.	απαγορεύω
4.5	54	5A	immigration	n		when people come to a country in order to live there	How strict are the immigration laws in your country?	μετανάστευση

5.1	56	1B Vocabulary	commercial aeroplane	n		a flying vehicle used to transport paying passengers	Commercial aeroplanes are very different from military ones.	εμπορικό αεροπλάνο
5.1	56	1B Vocabulary	communication satellite	n		a machine that has been sent into space and goes around the Earth used for radio, television, and other electronic communication	Some communications satellites are owned by mobile phone companies.	δορυφόρος επικοινωνίας
5.1	56	1B Vocabulary	computer network	n		a set of computers that are connected to each other so that they can share information	Do you have a computer network where you work?	δίκτυο ηλεκτρονικών υπολογιστών
5.1	56	1B Vocabulary	energy	n		power from oil, coal, sun, wind, etc. that produces heat, movement, etc.	Switch off lights to save energy.	ενέργεια
5.1	56	1B Vocabulary	genetic engineering	n		the science of changing the genes of a living thing	Not everyone agrees with genetic engineering.	γενετική μηχανική
5.1	56	1B Vocabulary	medicine	n		a substance for treating an illness, especially one that you drink	Have you taken your medicine?	φάρμακο
5.1	56	1B Vocabulary	motorbike	n		an informal word for a motorcycle	How fast can your motorbike go?	μοτοσυκλέτα, μηχανή
5.1	56	1B Vocabulary	nuclear power	n		energy from atomic reactions used to create electricity	Some people think nuclear power is very dangerous.	πυρηνική ενέργεια
5.1	56	1B Vocabulary	solar power	n		energy from the Sun used to create electricity	Some people think that solar power is the future.	ηλιακή ενέργεια
5.1	56	1B Vocabulary	space travel	n		moving through the area beyond the Earth where the stars and planets are	As a child I always dreamed of space travel in my rocket ship.	διαστημικό ταξίδι
5.1	56	1B Vocabulary	vaccination	n		when someone is given a vaccine or injection to protect them from a disease	You need lots of vaccinations to visit tropical countries.	εμβολιασμός
5.1	56	1B Vocabulary	vacuum cleaner	n		a machine that cleans floors by sucking up the dirt from them	I need a new vacuum cleaner - this one's terrible!	ηλεκτρική σκούπα
5.1	56	1B Vocabulary	washing machine	n		a machine that washes clothes	Do you know how to use your washing machine?	πλυντήριο
5.1	56	2 Reading	century	n		a period of 100 years	The church was built in the thirteenth century.	αιώνας
5.1	56	2 Reading	influential	adj		able to influence what happens or what people think	He has some very influential friends.	ισχυρός, με επιρροή
5.1	56	2 Reading	advance	n	influential advances in the 20th century	a change, discovery, or invention that brings progress	What do you think was the most important medical advance of the twentieth century?	πρόοδος
5.1	56	2 Reading	military	adj		used by or relating to the army, navy, or air force	My grandfather was a military commander in World War II.	στρατιωτικός
5.1	56	2 Reading	affordable	adj		to have enough money to pay for something	There is no affordable housing in the village where I grew up.	οικονομικά προσιτός
5.1	56	2 Reading	shrink	v	the world shrank	if something shrinks, or if you shrink it, it becomes smaller	Families have been shrinking since the 1970s.	συρρικνώνομαι
5.1	56	2 Reading	via	adv		travelling through a place when you are going to another place	We're flying to Denver via Chicago.	μέσω
5.1	56	2 Reading	high-rise	adj	high-rise buildings	high-rise buildings are very tall	They live in a high rise block of flats on the East Side.	πολύώροφος
5.1	56	2 Reading	urban	adj		in or relating to a town or city	What are the biggest problems in urban areas?	αστικός
5.1	56	2 Reading	head for	phr v		to travel towards a particular destination	Head for the town centre and take the last turning on the right.	κατευθύνομαι προς
5.1	56	2 Reading	power	v	to power the machine	to supply power to a machine	The camera is powered by a small battery.	παρέχω ενέργεια
5.1	56	2 Reading	fabric	n	fabrics in fantastic colours	cloth used for making clothes, curtains, etc.	Your curtains are made of a beautiful fabric.	ύφασμα
5.1	56	2 Reading	invention	n		a machine, tool, system, etc. that someone has invented	The computer was one of the most important inventions of the twentieth century.	εφεύρεση
5.1	56	2 Reading	material	n	materials like nylon	cloth used to make clothes, curtains, etc.	She was wearing a dress made of light cotton material.	υλικό
5.1	56	2 Reading	nylon	n		a strong artificial material used for making clothes, plastic, rope, etc.	Are your tights made of wool or nylon?	νάιλον
5.1	56	2 Reading	transport	n		a system or method for carrying passengers or goods from one place to another	We need better rail transport in the UK.	μεταφορά
5.1	56	2 Reading	electric guitar	n		an electronic musical instrument with six strings that you play by pulling the strings with your fingers or with a plectrum	He plays the electric guitar in a rock band.	ηλεκτρική κιθάρα
5.1	56	2 Reading	symbol	n		someone or something that represents a particular quality or idea	Jimi Hendrix is a symbol of rock music.	σύμβολο
5.1	56	2 Reading	amplifier	n		a piece of electronic equipment used to make music and other sounds louder	I need to buy a new amplifier because my last one exploded!	ενισχυτής
5.1	57	5A Grammar	healthy	adj		if you are healthy, your body is in good condition and you do not feel ill or weak	I always try to eat healthy food, even at weekends.	υγιεινός
5.1	57	5A Grammar	record	v	record the written word	to write down information or store it in a computer so that it can be looked at in the future	All the events were recorded in a diary.	καταγράψω
5.1	57	6A Speaking	speed	n		how fast something moves	He was driving along at a speed of 60 mph.	ταχύτητα
5.1	57	6A Speaking	consume	v	consumes 13 gallons of petrol	to use energy, goods, time, etc.	Only 27% of the paper we consume is recycled.	καταναλώνω
5.1	58	7B Writing	advantage	n		something that helps you to be better or more successful than other people	He has the advantage of a good education.	πλεονέκτημα
5.1	58	7B Writing	disadvantage	n		a bad feature of something, which causes problems or makes it worse than other things	What do you think are the disadvantages of living in a city?	μειονέκτημα
5.1	58	7B Writing	discovery	n		a fact or piece of knowledge that someone learns about, when it was not known before	Astronomers have made significant discoveries about our galaxy.	ανακάλυψη
5.1	58	7B Writing	efficient	adj		working well, without wasting time or energy	Filing is an efficient way of organising your work.	αποδοτικός
5.1	58	7B Writing	cause	v		to make something happen, especially something bad	Heavy traffic is causing long delays.	προξενώ, προκαλώ
5.1	58	7B Writing	destruction	n		when something is destroyed	What can we do to stop the destruction of the rainforest?	καταστροφή
5.1	58	7B Writing	outweigh	v		to be more important than something else	The advantages of using public transport outweigh the disadvantages.	ξεπερνώ
5.1	58	7B Writing	benefit	n	for their own benefit	an advantage or improvement that you get from something	What are the benefits of contact lenses?	όφελος, πλεονέκτημα
5.1	58	7B Writing	harmful	adj		causing harm or damage	There are many harmful effects of smoking.	επιβλαβής
5.1	58	7B Writing	consequence	n		something that happens as a result of something else	What are the environmental consequences of road building?	συνέπεια
5.1	58	7D Writing	relevant	adj		directly relating to the thing that is being discussed	Are your qualifications relevant to the job?	σχετικός

5.1	58	7D Writing	essay	n		a piece of writing that discusses a subject	He wrote an essay on French politics.	δοκίμιο, πραγματεία
5.1	58	8B Learn to	satellite	n		a machine that is sent into space and travels around the Earth, moon, etc. Satellites are used to send radio or television signals, or for other forms of communication	This broadcast comes live via satellite from New York.	δορυφόρος
5.1	58	8B Learn to	whereas	conj		used to say that one person, thing, or situation is different from another	Nowadays the journey takes six hours, whereas then it took several weeks.	ενώ
5.1	58	8B Learn to	choice	n		if you have a choice, you can choose between several things	Voters have a choice between three political parties.	επιλογή
5.2	59	1A Speaking	surf	v	surf a tidal wave	to ride on ocean waves standing on a surfboard	Matt goes surfing every day.	κάνω σέρφινγκ
5.2	59	1A Speaking	tidal wave	n		a very large wave that flows over the land, destroying things	Last night the west coast was hit by a huge tidal wave.	παλιρροϊκό κύμα
5.2	59	1A Speaking	nightmare	n		a very frightening dream	I still have nightmares about the accident.	εφιάλτης
5.2	59	1A Speaking	sumo	n	sumo wrestlers	a Japanese form of wrestling, done by men who are very large	What would you rather try: sumo wrestling or karate?	σούμο
5.2	59	1A Speaking	wrestler	n		a sportsman who fights others and tries to throw or hold them on the ground	Greg's training to be a professional wrestler.	παλαιστής
5.2	59	1A Speaking	wasp	n		a black and yellow insect that stings	Are you allergic to wasp stings?	σφήκα
5.2	59	1A Speaking	onion	n		a round white vegetable, usually with brown skin, which has a strong smell and taste, and which makes you cry when you cut it	Do you want onions in your hotdog?	κρεμμύδι
5.2	59	2A Vocabulary	debate	v	to question a decision	to discuss a subject formally so that you can make a decision or solve a problem	The issue was debated on Monday.	συζητώ ένα θέμα
5.2	59	2A Vocabulary	discuss	v		to talk about something with someone in order to exchange ideas or decide something	We're meeting today to discuss our science project.	συζητώ
5.2	59	2A Vocabulary	inquire	v		to ask someone for information	"Why are you doing that?" he inquired.	ρωτώ, ζητώ να μάθω
5.2	59	2A Vocabulary	look into	phr v		to investigate	I'm looking into how much I could sell my car for.	ερευνώ, ψάχνω
5.2	59	2A Vocabulary	question	v		to ask someone questions about something	Two men are being questioned by police.	ανακρίνω
5.2	59	2A Vocabulary	reply	v		to answer	Why didn't you reply to my email?	απαντώ
5.2	59	2A Vocabulary	research	v		to study a subject in detail so that you can discover new facts about it	Conner spent eight years researching the history of the Romans.	ερευνώ
5.2	59	2A Vocabulary	wonder	v		to think about something you do not know, and want to know	I wonder where she lives these days.	αναρωτιέμαι
5.2	59	2D Vocabulary	death penalty	n		when someone is killed as a legal punishment	Three Britons are facing the death penalty for spying.	θανατική ποινή
5.2	59	2D Vocabulary	nuclear particle	n		a very small object which is found in an atom	I'm doing research into nuclear particles.	πυρηνικό σωματίδιο
5.2	59	2D Vocabulary	social	adj	social problems	relating to human society and the way it is organised	What are the most important social issues in your city?	κοινωνικός
5.2	60	3B Listening	sting	v	get stung by a bee	if an insect, animal, or plant stings you, it hurts you by putting poison into your skin	Jamie got stung by a wasp.	τσιμπώ
5.2	60	3B Listening	jellyfish	n		a transparent sea animal with long parts that hang down from its body	If you go swimming, watch out for jellyfish - they can sting you!	μέδουσα
5.2	60	3B Listening	doughnut	n		a small cake that is usually shaped like a ring	Sometimes I have a doughnut for breakfast as a treat!	λουκουμάς, ντόνατ
5.2	60	3B Listening	monk	n	buddhist monks	a member of a religious group of men who live together in a monastery	Have you seen those Shaolin monks who practice those incredible martial arts?	μοναχός
5.2	60	3B Listening	magician	n		someone who does magic tricks to entertain people	We've hired a magician to perform at our son's birthday party.	μάγος, ταχυδακτυλουργός
5.2	60	3B Listening	expert	n		someone who has a lot of knowledge about a subject or is very skilful at doing something	Tammy is an expert on ancient Egyptian art.	εμπειρογνώμονας
5.2	60	4A Listening	break up	phr v	the Beatles broke up	when people in a group or relationship separate and do not live or work together any more	Why did the Beatles break up?	διαλύω, χωρίζω
5.2	60	4A Listening	volcano	n		a mountain with a large hole at the top, through which lava (=very hot liquid rock) is sometimes forced out	The island has several active volcanoes.	ηφαίστειο
5.2	60	5A Listening	ideology	n		a set of beliefs or ideas about politics	He has many Marxist ideologies.	ιδεολογία
5.2	60	5A Listening	honour	n	a sense of honour	when someone is honest, and behaves in a way that makes people respect and trust them	He was a man of honour.	τιμή
5.2	60	6A Grammar	it depends	phr		used to say that you are not sure about something, because other things might affect what happens	"Are you coming to my house later?" "It depends. I might have to work."	εξαρτάται
5.2	61	10A Vocabulary Plus	mainly	adv		used to mention the main part of something	The weather this weekend will be mainly sunny.	κυρίως
5.2	61	10A Vocabulary Plus	hopeless	adj		certain to fail	I am absolutely hopeless at maths!	απελπιστικός
5.2	61	10A Vocabulary Plus	situation	n		the things that are happening at a particular time somewhere, or are happening to a particular person	She's in a very difficult situation.	κατάσταση
5.2	61	10A Vocabulary Plus	profitable	adj		producing a profit or a useful result	He says his new business is going to be very profitable.	επικερδής
5.2	61	10A Vocabulary Plus	spoon	n		something that you use for eating and serving food. It has a small bowl-shaped part and a handle.	Do you use a spoon to eat spaghetti?	κουτάλι
5.2	61	10A Vocabulary Plus	wafer	n		a very thin biscuit	Would you like a wafer in your ice cream?	γκοφρέτα
5.2	61	10A Vocabulary Plus	vendor	n		someone who sells something, especially on the street	Be careful about buying food from street vendors.	πωλητής
5.2	61	10B Vocabulary Plus	biological	adj		relating to the natural processes performed by living things	He wanted to know who his biological father was.	βιολογικός
5.2	61	10B Vocabulary Plus	effective	adj		having the result that you want	What is the most effective way to kill ants?	αποτελεσματικός
5.2	61	10B Vocabulary Plus	explosive	adj		something that is explosive can cause an explosion	They used explosives to destroy the old building.	εκρηκτικός
5.2	61	10B Vocabulary Plus	hairy	adj		covered in hair	Some people find a man with a hairy chest very attractive.	τριχωτός
5.2	61	10B Vocabulary Plus	lovable	adj		easy to love	She really is a lovable child.	αξιγάπητος
5.2	61	10B Vocabulary Plus	messy	adj		dirty or untidy	Tidy your room, it's too messy!	ακατάστατος
5.2	61	10B Vocabulary Plus	painful	adj		making you feel very unhappy or upset	I've got a very painful toothache.	επώδυνος
5.2	61	10B Vocabulary Plus	peaceful	adj		quiet and calm	The wood was cool and peaceful.	γαλήνιος

5.2	61	10B Vocabulary Plus	poetic	adj		relating to poetry or typical of poetry	She uses lots of poetic language in her stories.	ποιητικός
5.2	61	10B Vocabulary Plus	responsible	adj		if you are responsible for something bad that has happened, you caused it and you are the person who should be blamed	Police have arrested a man who is responsible for the deaths of fifteen people.	υπεύθυνος
5.2	61	10B Vocabulary Plus	useless	adj		not useful or effective at all	I get sent so much useless information by email.	άχρηστος
5.2	61	11 Vocabulary Plus	value	n	the value of the house	the amount of money that something is worth	Do you know the value of your house?	αξία
5.2	61	11 Vocabulary Plus	response	n		a reply or reaction to something	I knocked on the door but there was no response.	απάντηση
5.2	61	11 Vocabulary Plus	majority	n		most of the people or things in a group	Money is a problem for the majority of students.	πλειοψηφία
5.2	61	11 Vocabulary Plus	regulate	v		to control an activity or process, especially by having rules	Traffic lights are designed to regulate the flow of traffic.	ρυθμίζω
5.2	61	11 Vocabulary Plus	flow	n	regulate the flow of traffic	a smooth steady movement of something such as a liquid, people, traffic, or information	The flow of traffic was very slow around London this morning.	ροή
5.2	61	11 Vocabulary Plus	railway system	n		a network of lines on which trains run across a country	The Spanish railway system is fantastically efficient.	σιδηροδρομικό σύστημα
5.2	61	11 Vocabulary Plus	spread	v	from there it spread all over the world	to move and affect a larger area or more people, or to make something do this	Fire spread quickly through the building.	απλώνω
5.2	61	12A Vocabulary Plus	politics	n		ideas and activities relating to how a place is governed and who has power	Are you interested in politics?	πολιτική
5.3	62	1C Vocabulary	break down	phr v	the machine's broken down	if a car or a machine breaks down, it stops working	My car broke down on the way to work.	χαλάω
5.3	62	1C Vocabulary	crash	v	the computer's crashed	to have an accident in a car, plane, etc., especially by hitting something else	The jet crashed shortly after takeoff.	συνοτρίβω
5.3	62	1C Vocabulary	freeze	v	the computer's frozen	if a liquid freezes, it becomes solid and hard because the temperature is very cold	The lake had frozen overnight.	παγώνω
5.3	62	1C Vocabulary	out of order	prep phr	the machine's out of order	if a machine is out of order, it has stopped working	The photocopier is out of order again.	εκτός λειτουργίας
5.3	62	1C Vocabulary	print	v	print a copy of the page	to produce words or pictures on paper, using a machine	I'm printing the document now.	εκτυπώνω
5.3	62	1C Vocabulary	reception	n	signal reception	the act of receiving radio, television, or other signals, or the quality of signals you receive	Sorry I didn't call - there was no mobile phone reception on the underground.	λήψη
5.3	62	1C Vocabulary	recharge	v	recharge your phone	to put a new supply of electricity into a battery	How often do you need to recharge your phone?	επαναφορτίζω
5.3	62	1A Vocabulary	sort out	phr v	sort the problem out	to successfully deal with a problem or difficult situation	She went to a psychiatrist to try to sort out her problems.	τακτοποιώ, διευθετώ
5.3	62	2A Vocabulary	rely	v	rely on computers	to trust or depend on someone or something	I knew I could rely on you.	βασίζομαι
5.3	62	2A Vocabulary	violence	n		behaviour that is intended to hurt other people physically	There's too much violence on TV these days.	βία
5.3	62	2A Vocabulary	frustrating	adj		making you feel impatient or angry because you are unable to do what you want	I find waiting in queues incredibly frustrating!	εξοργιστικός
5.3	62	2A Vocabulary	physically	adv	had physically attacked him	relating to your body rather than your mind	Try to keep physically fit.	σωματικά
5.3	62	2A Vocabulary	swear	phr v	swore at me / foul language	to use rude or offensive language	She doesn't smoke, drink, or swear.	βρίζω
5.3	63	4A Learn to	properly	adv		correctly or in a way that is considered right	I can't see properly without my glasses.	σωστά
5.3	63	4A Learn to	hold the line	v phr	can you hold the line, please	to wait to be connected on a telephone call	Can you hold the line while I ask my manager?	αναμένω στο ακουστικό
5.3	63	4A Learn to	refund	n		money that is given back to you in a shop, restaurant, etc., for example because you are not satisfied with what you bought	If you're not completely satisfied, we'll give you a refund.	επιστροφή
5.3	63	5 Learn to	concentrate	v	concentrate on my studies	to think very carefully about something you are doing	With all this noise, it's hard to concentrate.	συγκεντρώνομαι
5.3	63	5 Learn to	repair service	n		a place where you send an item to be fixed when it has stopped working, or the name of the action itself	The repair service for my watch was surprisingly quick.	υπηρεσία επισκευών
5.3	63	6A Speaking	modem	n		a piece of electronic equipment used for sending information along telephone wires from one computer to another	We don't have the internet at home at the moment, we're waiting for our modem to be repaired.	μόντεμ
5.4	64	2 DVD preview	international	adj		relating to or involving more than one country	I can't wait for the international rugby match this weekend between Wales and Scotland!	διεθνής
5.4	64	2 DVD preview	award-winning	adj		having won an award or prize for being more successful or popular than other people or things	She is an award-winning actress.	βραβευμένος
5.4	64	2 DVD preview	vehicle	n		something such as a car or bus that is used for carrying people or things from one place to another	Police are searching for a stolen vehicle in the London area.	όχημα
5.4	64	2 DVD preview	viewer	n	TV viewers	someone who watches a television programme	The series is watched by millions of viewers.	θεατής
5.4	64	2 DVD preview	worldwide	adv		everywhere in the world	The company employs 2,000 people worldwide.	παγκόσμιος
5.4	64	2 DVD preview	quirky	adj		slightly strange	People say I have a quirky sense of humour.	εκκεντρικός
5.4	64	2 DVD preview	freerunner	n	parkour athletes	a sportsperson who participates in parkour	My new boyfriend's a freerunner.	αθλητής παρκούρ
5.4	64	2 DVD preview	beat	v	get there first	to get more points, votes, etc. than other people in a game or competition	Spain beat the Netherlands 1-0 in the 2010 World Cup final.	νικώ
5.4	64	2 DVD preview	route	n	a direct route	the roads, paths, etc. that you follow to get from one place to another	What's the quickest route to the station?	διαδρομή
5.4	64	3 DVD view	solution	n		a way of solving a problem or dealing with a difficult situation	The new railway system is the perfect solution to all our transport problems.	λύση
5.4	64	3 DVD view	parkour	n		the sport of running through city streets and jumping between buildings	The last international parkour championships were held in Munich.	παρκούρ
5.4	64	3 DVD view	leap	v	leap from building to building	to jump up high or a long way	The freerunner leapt over cars and park benches in front of a large crowd of people.	πηδώ
5.4	64	3 DVD view	bench	n	benches in the park	a long wooden seat for two or more people	We sat on a park bench to eat our sandwiches.	παγκάκι
5.4	64	3 DVD view	average	v		to usually do something or usually happen a particular number of times, or to usually be a particular size or amount	The train travelled at speeds averaging 125 mph.	κάνω κατά μέσο όρο
5.4	64	3 DVD view	sign	n	there's no sign of them	a piece of wood, metal, plastic, etc. with words or pictures on it to give people information	Do you have no-smoking signs in or around your office?	πινακίδα
5.4	64	3 DVD view	combat trousers	n		baggy trousers with lots of pockets, originally worn by army soldiers	Combat trousers were the height of fashion in the mid 90s.	στρατιωτικό παντελόνι

5.4	65	6 Writeback	shower-head	n		the part of a shower from which the water comes	Our shower isn't very powerful - maybe we should buy a new shower head.	κεφάλι ντους
5.4	65	6 Writeback	download	v		to receive information or programs on a computer, especially using the internet	How often do you download music from the internet?	κατεβάζω από το διαδικτυο
5.4	65	6 Writeback	tune	n		a series of musical notes that are nice to listen to	He started to play a tune on the piano.	μελωδία
5.4	65	6 Writeback	automatically	adv		done without the need for human control	My computer downloads new updates automatically.	αυτόματα
5.5	66	1A	loads of	quantifier		an informal way to say 'a lot of'	Wow! You've got loads of music on your computer!	ένα σωρό
5.5	66	4A	humanitarian	adj		concerned with improving people's living conditions and preventing unfair treatment	The UN sent humanitarian aid to help the refugees.	ανθρωπιστικός
5.5	66	4A	lose power	v phr		when a politician, monarch, etc. stops having control of their country	The Labour party lost power to the new coalition government in 2010.	χάνω την εξουσία
6	67	Heading	emotion	n		a strong feeling such as love, hate, anger, etc.	His songs are always full of emotion.	συναίσθημα
6.1	68	1B Speaking	basic	adj		basic things are the most simple or most important things	The basic rule of football is: don't use your hands (unless you're in goal)!	βασικός
6.1	68	1B Speaking	facial	adj		on or relating to your face	You can read a lot about a person's emotions from their facial expressions.	του προσώπου
6.1	68	1B Speaking	fear	n		the feeling you get when you are afraid or worried that something bad will happen	I have a real fear of speaking in public.	φόβος
6.1	68	1B Speaking	activate	v	activates a part in our brain	to make something start working	This switch activates the alarm.	ενεργοποιώ
6.1	68	1B Speaking	distress	n	a feeling of distress	a feeling of extreme unhappiness	Their divorce caused him great distress.	θλίψη, δυστυχία
6.1	68	1B Speaking	loss	n	the loss of a family member	when you do not have something any longer, or when you have less of it	The loss of their home was a shock to the family.	απώλεια
6.1	68	1B Speaking	tragedy	n	tragedy in the family	a very sad event or situation, especially one involving death	Have you heard the news about the plane crash tragedy?	τραγωδία
6.1	68	1B Speaking	prompt	v		prompt a feeling	What prompted you to buy that suit?	παρακινώ
6.1	68	1B Speaking	result in	v		results in tears	A traffic accident resulted in the death of two drivers.	καταλήγω
6.1	68	1B Speaking	a lump in your throat	phr	tears and a lump in the throat	a feeling that you want to cry	At the end of that romantic film, I felt a lump in my throat.	ένος κόμτος στο λαιμό
6.1	68	1B Speaking	chest	n	heaviness in the chest	the front part of your body between your neck and stomach	He had to go to hospital for a chest X-ray.	θύρακας
6.1	68	1B Speaking	joy	n		a feeling of great happiness and pleasure, or something that gives you this feeling	She cried with joy when she heard the news.	χαρά
6.1	68	1B Speaking	induce	v		to make someone decide to do something	Nothing would induce me to vote for him again.	πειθώ, παρακινώ
6.1	68	1B Speaking	motivator	n		something or someone that makes you want to do or achieve something	Money is a good motivator.	κίνητρο
6.1	68	1B Speaking	actively	adv		in a way that involves doing things or taking part in something	Parents must be actively involved in their children's education.	ενεργά
6.1	68	1B Speaking	surprise	n		the feeling you have when something unexpected or unusual happens	The news was a complete surprise to me!	εκπληξη
6.1	68	1B Speaking	unpredictable	adj		changing so much that you do not know what to expect	The UK has very unpredictable weather.	απρόβλεπτος
6.1	68	1B Speaking	raise	v	raise your eyebrows	to move something to a higher position or into an upright position	Raise your hand if you know the answer.	σηκώνω
6.1	68	1B Speaking	eyebrow	n		the line of short hairs above your eye	He raised his eyebrows in surprise.	φρύδι
6.1	68	1B Speaking	disgust	n		a strong feeling of dislike, annoyance, or disapproval	Everybody looked at me with disgust.	αηδία
6.1	68	1B Speaking	rotten	adj	rotten egg	rotten food or wood is in bad condition because it is old	Don't eat those apples, they're rotten!	σάσιος
6.1	68	1B Speaking	disease	n		an illness which affects a person, animal, or plant	She suffers from a rare disease of the blood.	ασθένεια
6.1	68	1B Speaking	protect	v		to keep someone or something safe from harm, damage, or illness	Do you think there should be more laws to protect the environment?	προστατεύω
6.1	68	2A Vocabulary	confusing	adj		unclear and difficult to understand	The instructions for my new TV are very confusing!	περίπλοκος, μπερδεμένος
6.1	68	2A Vocabulary	frightened	adj		feeling afraid	Are you frightened of spiders?	φοβάμαι
6.1	68	2A Vocabulary	relaxing	adj		making you feel calm	There's nothing better than a relaxing bath after a hard day's work!	ψαλαρωτικός
6.1	68	2A Vocabulary	satisfying	adj		making you feel pleased and happy, especially because you have achieved something	I find my job very satisfying.	ικανοποιητικός
6.1	68	2A Vocabulary	shocked	adj		very surprised and upset	John looked shocked when he heard the news.	σοκαρισμένος
6.1	69	3 Listening	treatment	n	treatment of a disease	something that is done to try to cure someone who is injured or ill	Two of the boys needed treatment for head injuries.	θεραπεία, αγωγή
6.1	69	3 Listening	mental	adj		relating to the mind, or happening in the mind	Stress affects physical and mental health.	πνευματικός
6.1	69	4A Listening	controlled	adj		deliberately done in a particular way, or made to have particular qualities	They destroyed the building with a number of controlled explosions.	ελεγχόμενος
6.1	69	4A Listening	laughter	n		when people laugh, or the sound of people laughing	Tom burst into laughter.	γέλιο
6.1	69	4A Listening	therapy	n		the treatment of a mental or physical illness over a long period of time, especially without using drugs or operations	He's having therapy to help with alcohol addiction.	ψυχοθεραπεία
6.1	69	4A Listening	on average	prep phr		based on a calculation of what usually happens	On average, men still earn more than women.	κατά μέσο όρο
6.1	69	5A Grammar	hammer	n	use a hammer to nail	a tool with a heavy metal part on a long handle, used for hitting nails into wood	He hit his thumb with a hammer when he was doing some DIY.	σφυρί
6.1	69	5A Grammar	smash to pieces	v phr		to violently break something into many different parts	The tidal wave smashed the little fishing boats to pieces.	κομματιάω
6.1	69	7A Grammar	feel down	phr v	under the weather	to feel depressed or upset	Whenever I feel down, I always listen to some motivating music.	έχω τις μούρες μου
6.1	69	7A Grammar	breath	n		air that you send out of your lungs when you breathe	He has bad breath.	αναπνοή
6.1	70	8A Speaking	nervous	adj		worried or frightened about something and unable to relax	Sam's very nervous about his driving test.	αγχωμένος

6.1	70	8A Speaking	stressed	adj	he's stressed about his work	so worried and tired that you cannot relax	She's so stressed about her job - she needs a holiday!	πιεσμένος
6.1	70	9A Vocabulary Plus	arrow	n	click on the arrow	an icon or sign used to show where something is	Follow the arrows to the X-ray department.	βέλος
6.1	70	9A Vocabulary Plus	chat up	phr v		to start or have a conversation with someone you think is attractive	My brother loves trying to chat up girls when we go out on Saturday nights!	καταφέρνω, ρίχνω με τα λόγια
6.1	70	9A Vocabulary Plus	click on	phr v		to press the button of a computer mouse to select something on a computer screen, the internet, etc.	Click on the arrow and follow the instructions.	επιλέγω (με το ποντίκι του υπολογιστή)
6.1	70	9A Vocabulary Plus	dress down	phr v		to wear clothes that are less formal than the ones you usually wear	She dressed down in old jeans and a T-shirt.	ντύνομαι πρόχειρα
6.1	70	9A Vocabulary Plus	get on well	phr v		to have a (very) good relationship with someone	I get on really well with my mother and father-in-law.	τα πάω καλά με
6.1	70	9A Vocabulary Plus	icon	n	computer icon	a small sign or picture on a computer screen that you choose when you want the computer to do something	To send a fax, click on the telephone icon.	εικονίδιο
6.1	70	9A Vocabulary Plus	log off	phr v		to stop using a computer system by giving it particular instructions	When you've finished using the computer, close the internet and log off.	βγαίνω από ηλεκτρονικό υπολογιστή
6.1	70	9A Vocabulary Plus	scroll up	phr v		to move the information on a computer, phone, etc. screen up or down to see more information	If you scroll up to the top of the page, you'll see the address.	ξετυλίγω κείμενο προς τα κάτω σε οθόνη υπολογιστή
6.1	70	9A Vocabulary Plus	settle down	phr v		to start living a quiet and calm life in one place, especially when you get married	They'd like to see their daughter settle down, get married, and have kids.	φρονιμεύω, νοικοκυρεύομαι
6.1	70	9A Vocabulary Plus	shut down	phr v	the computer	if a company, factory, machine, etc. shuts down, or if you shut it down, it stops operating	Hundreds of local post offices have shut down.	κλείνω
6.1	70	9A Vocabulary Plus	take off	phr v	take off your shoes	to remove something	He took off his shoes.	βγάλω
6.1	70	9A Vocabulary Plus	try on	phr v	tried on new clothes	to wear clothes (usually in a shop) to see if you want to buy them	Can I try this dress on in a size 14, please?	δοκιμάζω, προβάρω
6.1	70	9A Vocabulary Plus	go off	phr v	I went off him after a while	to stop liking someone or something	Since I saw how hamburgers are made, I've gone off them completely!	σταματάει να μου αρέσει κάτι
6.1	70	9B Vocabulary Plus	exit	v		to leave a place	The band exited through a side door.	βγαίνω
6.1	70	9B Vocabulary Plus	website	n		a place on the internet where you can find information about something, especially a particular organisation	For more information, visit our website.	ιστότοπος
6.2	71	1A Reading	persuade	v		to make someone decide to do something by telling them why it is a good idea, or asking them many times	John was trying to persuade me to stay at his house.	πειθώ
6.2	71	1A Reading	charity	n		an organisation that gives money, goods, or help to people who are poor, sick, etc.	I'm running a race to raise money for charity.	φιλανθρωπία
6.2	71	1A Reading	creatively	adv		done in an interesting and imaginative way	He got the job because he's able to think so creatively about such boring things.	δημιουργικά
6.2	71	1A Reading	episode	n	TV episodes	one of the parts of a television or radio story that is broadcast separately	He watches every episode of Friends.	επεισόδιο
6.2	71	1A Reading	psychologist	n		someone who studies the way people's minds work	She's having therapy with a psychologist.	ψυχολόγος
6.2	71	1A Reading	neuroscientist	n		a scientist who studies the brain	My best friends at university studying to be a neuroscientist.	επιστήμονας ειδικευμένος στη νευρολογία
6.2	71	1A Reading	crowded	adj		very full of people or things	The shops are always crowded at Christmas.	γεμάτος, συνωστισμένος
6.2	71	1A Reading	pretend	v		to behave as though something is true when you know that it is not	He's not really angry - he's just pretending.	προσποιούμαι
6.2	71	1A Reading	stall	n	have a stall in the market	a large table on which you put things you want to sell	He has a market stall selling fresh fruit and veg.	πάγκος
6.2	71	1A Reading	volunteer	n		someone who does work without being paid	I volunteer for a homeless charity at weekends.	εθελοντής
6.2	71	1A Reading	conclusion	n		something you decide after considering all the information you have	I've come to the conclusion that she's lying.	συμπέρασμα
6.2	71	1A Reading	ordinary	adj		average, common, or usual, not different or special	My boss thinks she's wonderful, but she's just an ordinary person.	συνήθισμένος, κοινός
6.2	71	3A Vocabulary	experiment	n		a scientific test to find out or prove something	The scientists do most of their experiments on rats.	πείραμα
6.2	71	3A Vocabulary	get a seat	v phr		to find somewhere to sit in a waiting room or on a bus or train	I was very lucky on the train this morning - I managed to get a seat!	βρίσκω θέση
6.2	71	3A Vocabulary	jump a queue	v phr		to avoid waiting in a line of people	I hate it when people try to jump the queue in the post office!	παράκαμπτω την ουρά
6.2	71	3A Vocabulary	raise money	v phr		to collect money that you can use to do a particular job or help people	My sister's running a marathon to raise money for victims of the recent earthquake.	μαζεύω χρήματα
6.2	71	3B Vocabulary	scientific	adj		relating to science	What do you think was the most important scientific discovery of the nineteenth century?	επιστημονικός
6.2	72	4A Grammar	pick of the	n phr		the pick of the month, day, bunch, etc. is the best or most interesting thing that exists at a particular time	Russell Crowe's new film is the pick of the month in this magazine.	η καλύτερη επιλογή
6.2	72	4A Grammar	statistics	n		the science of collecting and studying numbers which represent facts or measurements	According to statistics, women are safer drivers than men.	στατιστική
6.2	72	4A Grammar	overall	adv		considering or including everything	The overall cost of the trip is \$500.	συνολικός
6.2	72	4A Grammar	light	adj	it's good TV, light, easy on the eye and fun	not serious in meaning, style, or manner, and only intended to entertain people	This is a great holiday book if you want some light entertainment.	ελαφρύς
6.2	72	4A Grammar	easy on the eye	phr		pleasant to look at	Cathy's new boyfriend is very easy on the eye!	ευχάριστος στο μάτι
6.2	72	6 Grammar	flute	n	play the flute	a musical instrument like a thin pipe that you play by holding it across your lips and blowing over a hole	I've always wanted to learn how to play jazz flute.	φλάουτο

6.2	73	10A Writing	reliable	adj		if someone or something is reliable, you can trust and depend on them	Rick is hard-working and very reliable.	αξίπιστος
6.2	73	10B Writing	expertise	n		special skills or knowledge that you learn by experience or training	This new job is a great opportunity to show people your expertise.	τεχνογνωσία, εμπειρία
6.2	73	10B Writing	in all likelihood	prep phr		almost certainly	The president will, in all likelihood, have to resign.	κατά πάσα πιθανότητα
6.2	73	10B Writing	apart from	adv		except for	Apart from the ending, it's a really good film.	εκτός από
6.2	73	10B Writing	in all probability	prep phr		very probably	In all probability, he's missed the bus.	κατά πάσα πιθανότητα
6.2	73	10B Writing	profit	n		the money that you get when you sell something for more than you paid for it, especially in business	They sold the house at a big profit.	κέρδος
6.2	73	10C Writing	summary	n		a short statement that gives the main information about something	I've given a brief summary on a separate sheet.	περίληψη
6.2	73	11A Learn to	obsession	n		when you are obsessed with something, or the thing you are obsessed with	She has an obsession with collecting teddy bears.	εμμονή
6.3	74	1A Vocabulary	fail	v		to not succeed in doing something that you try to do	Have you ever failed an exam?	αποτυγχάνω
6.3	74	1A Vocabulary	get promoted	v		to be given a better, more responsible job in a company	We're celebrating tonight because my wife got promoted to Senior Manager!	παίρνω προαγωγή
6.3	74	1A Vocabulary	split up	phr v	split up with a boyfriend	if people split up, they end their marriage or relationship	My parents split up when I was three.	χωρίζω
6.3	74	2B Vocabulary	cancel	v		to say that something that was planned will not happen	I had to cancel my trip to Rome.	ακυρώνω
6.3	74	2B Vocabulary	tone of voice	n phr		the way your voice sounds, which shows how you are feeling or what you mean	I know you're angry, but you can't talk to people in that tone of voice!	ο τόνος της φωνής
6.3	75	6 Learn to	congratulations	n		something you say to someone who has done or achieved something special or impressive	Congratulations on your new job!	συγχαρητήρια
6.3	75	6 Learn to	that's a shame	phr		used when you wish a situation was different, and you feel sad or disappointed	You didn't get the job? That's a shame.	κρίμα
6.3	75	6 Learn to	you lucky thing!	phr		used to say that someone is fortunate to be able to do something	You don't have to work over Christmas? You lucky thing!	τυχερέ!
6.4	76	1 DVD preview	publisher	n		a person or company that produces books, magazines, etc. and offers them for sale	My boyfriend works for a big publisher in New York.	εκδότης
6.4	76	1 DVD preview	desperately	adv		willing to do anything to change a bad situation, even if it is dangerous or unpleasant	The doctors tried desperately to save her life.	απεγνωσμένα
6.4	76	1 DVD preview	in-law	n		an informal way to refer to your parents-in-law	I'm not spending Christmas with the in-laws this year. "You lucky thing!"	πεθερικά
6.4	76	1 DVD preview	turn into	phr v		to become	Look outside - it's turned into a nice day!	εξελλοσομαι, γίνομαι
6.4	76	2 DVD View	burst into tears	v phr		to suddenly start crying	When Greg split up with Jenny, she burst into tears.	ξεσπάω σε κλάματα
6.4	76	3 DVD view	charming	adj	charming tradition	very pleasing or attractive	Have you met her father? He's absolutely charming!	γοητευτικός
6.4	76	3 DVD view	pass down	phr v	pass the ring down from generation to generation	to give something special or valuable to a younger person in your family	My wedding ring was passed down from my grandmother.	κληροδοτώ
6.4	76	3 DVD view	fairy tale	n		a children's story in which magical things happen	I've always wanted a fairy-tale wedding with loads of flowers and a big, white dress!	παραμύθι
6.4	76	3 DVD view	vicar	n		a priest in the Church of England	The new vicar came round earlier to introduce himself.	εφημέριος
6.4	76	3 DVD view	plumber	n		someone whose job is to repair water pipes, baths, toilets, etc.	Plumbers can make a lot of money, especially at weekends and over holidays.	υδραυλικός
6.4	77	5A Speakout	lighthouse	n		a tower with a bright light that warns ships of danger	Their new house is an old, converted lighthouse.	φάρος
6.4	77	5A Speakout	course	n	five-course meal	one of the separate parts of a meal	We had a wonderful, five-course meal at the wedding reception.	φαγητό, πιάτο
6.4	77	6A Writeback	full moon	n		the moon when it looks completely round	Some people say strange things happen at full moon.	πανσέληνος
6.5	78	4	cancer	n		a serious disease in which cells in someone's body start to grow in a way that is not normal	Smoking can cause lung cancer.	καρκίνος
7	79	Heading	success	n		when you achieve what you want to achieve	Her new business is a huge success.	επιτυχία
7.1	80	2A Speaking	opportunity	n		a chance to do something	What's the best opportunity you've ever had?	ευκαιρία
7.1	80	2A Vocabulary	high achiever	v phr		someone who is very successful in their work	Our son is a very high achiever.	πολύ επιτυχημένος
7.1	80	2A Vocabulary	believe in yourself	v phr		to have confidence that you can be successful	The most important thing when you go for a job interview is to believe in yourself.	πιστεύω στον εαυτό μου
7.1	80	2A Vocabulary	determined	adj		wanting to do something very much, so that you will not let anything stop you	She was determined to start her own business.	αποφασισμένος
7.1	80	2A Vocabulary	develop	v	develop a skill	if something develops, or if you develop it, it gets bigger or becomes more important	The new prime minister plans to develop the local economy.	αναπτύσσω
7.1	80	2A Vocabulary	get better at	v phr		to perform better or reach a higher standard in something	You won't get better at cooking unless you practise.	γίνομαι καλύτερος σε
7.1	80	2A Vocabulary	goal	n	achieve a goal	something that you hope to achieve in the future	Their goal is to be the number one team.	στόχος
7.1	80	2A Vocabulary	have a natural talent	v phr		to be born with a particular ability or skill	Jane has a natural talent for painting.	έχω φυσικό ταλέντο
7.1	80	2A Vocabulary	have the chance	v phr		to be in a time or situation which you can use to do something that you want to do	Have you ever had the chance to appear on TV?	έχω την ευκαιρία
7.1	80	2A Vocabulary	have the opportunity	v phr		to be in a time or situation which you can use to do something that you want to do	I'd love to have the opportunity to meet a celebrity!	έχω την ευκαιρία
7.1	80	2A Vocabulary	practise	v		to do something a lot or regularly in order to improve your skill	Today in my driving lesson I practised parking.	εξασκούμε
7.1	80	2A Vocabulary	regularly	adv		often	Now that he's retired, he plays golf regularly.	τακτικά
7.1	80	2A Vocabulary	work hard	v phr		to make a lot of effort to achieve a goal	Jon really wants to work as cabin crew, so he's working hard at his foreign languages.	δουλεύω σκληρά

7.1	80	2B Vocabulary	improve	v		to become better, or to make something better	Her German is improving.	βελτώνομαι
7.1	80	2B Vocabulary	objective	n	have an objective	something that you are working hard to achieve	Our main objective is to raise money.	αντικειμενικός σκοπός, στόχος
7.1	81	3A Listening	factor	n		one of several things that influence or cause a situation	Vaccination is an important factor in improving the nation's health.	παραγοντας
7.1	81	3A Listening	obvious	adj		easy to notice or understand	Oh, come on - it's obvious she's pregnant!	φανερός
7.1	81	3C Listening	have one thing in common	v phr		to share an interest or idea with someone	We have one thing in common: we both like fishing.	έχω κάτι κοινό
7.1	81	4A Listening	master	v	master their craft	to learn a subject or skill very well	I never mastered the violin.	μαθαίνω τέλεια
7.1	81	4A Listening	craft	n		a skilled activity in which you make something using your hands	I'd like to try a traditional country craft such as pottery or weaving.	τέχνη
7.1	81	4A Listening	fortunate	adj		lucky	We were very fortunate to get tickets for their last show!	τυχερός
7.1	81	4A Listening	event	n		something that happens, especially something important, interesting, or unusual	Have you ever been to a big live music event?	εκδήλωση, γεγονός
7.1	81	4A Listening	programming	v	computer programming	to give a set of instructions to a computer to make it do something	I'm thinking of doing a course in computer programming.	προγραμματίζω
7.1	81	4A Listening	tuition	n		teaching, especially in small groups	I had private tuition in English when I lived in the US.	διδασκαλία
7.1	82	9A Vocabulary Plus	have a talent for	v phr		to have an unusual amount of skill in a particular area	Peter seems to have a talent for making money!	έχω ταλέντο σε
7.1	82	9A Vocabulary Plus	have a lot in common with	v phr		to share a number of interests or ideas with someone	The reason my girlfriend and I get on so well is that we have a lot in common with each other.	έχω πολλά κοινά με
7.1	82	9A Vocabulary Plus	have access to	v phr		to have the right to enter a place, use something, see someone, etc.	Do you have access to the internet at home?	έχω πρόσβαση σε
7.1	82	9A Vocabulary Plus	be world-class at	v phr		to be one of the best people in the world at what you do	My sister's boyfriend is world-class at rowing - he's competing in the Olympics next year!	είμαι παγκόσμιος κλάσης
7.1	82	9A Vocabulary Plus	pick up on	phr v	it picks up on the difficulties people have	to show or notice something	The film picks up on the difficulties people experienced during the war.	παρατηρώ, προσέχω
7.1	83	2A Vocabulary	have a lot of ability	v phr		to be (very) skilled	She has a lot of ability as a dancer. I think she could become a professional.	είμαι πολύ ικανός
7.1	83	2A Vocabulary	have an aptitude for	v phr		to have a natural ability	He has an aptitude for maths.	έχω κλίση σε
7.1	83	2A Vocabulary	be an expert at	v phr		to have a special skill or special knowledge of a subject, gained as a result of training or experience	Mary's an expert at salsa dancing - she's been doing it for years!	είμαι ειδικός σε
7.1	83	2A Vocabulary	be gifted at	v phr		to have a natural ability	Terry's very gifted at sculpture.	έχω χάρισμα
7.1	83	2A Vocabulary	skilful	adj		good at doing something that you have learned and practised	He's a really skilful photographer.	επιδέξις
7.1	83	2A Vocabulary	talented	adj		having a natural ability to do something well	Donna's a talented musician.	ταλαντούχος
7.1	83	2A Vocabulary	exhibition	n		a public show where people can go and see paintings, photographs, etc.	Would you like to go and see an exhibition of historical photographs this weekend?	έκθεση
7.1	83	2A Vocabulary	professional	n		someone who earns money by doing a job, sport, or activity that many other people do just for fun	Would you like to be a tennis professional?	επαγγελματίας
7.1	83	2A Vocabulary	formula	n	mathematical formulas	a method or set of principles that you use to solve a problem or to make sure that something is successful	I can't remember one mathematical formula I learnt in school - I'm hopeless!	τύπος
7.2	83	4A Reading	sit still	v phr		to sit down and not move	The children were so excited about the trip that they couldn't sit still for more than a second!	κάθομαι ακίνητος
7.2	83	4A Reading	diagnose	v		to find out what illness a person has	She was diagnosed with breast cancer.	κάνω διάγνωση
7.2	83	4A Reading	autistic	n		having a mental condition that makes it hard for someone to understand other people and form relationships	Shelly's an autistic child.	αυτιστικός
7.2	83	4A Reading	eye for detail	n phr		to be skilled at noticing things	Rob's a great architect because he's really got an eye for detail.	προσοχή στη λεπτομέρεια
7.2	83	4A Reading	publish	v		to print a book, magazine, etc. and offer it for sale	The book was published in 1968.	εκδίδω
7.2	83	4A Reading	ride	n	go on a helicopter ride	a trip in a car, bus, etc., or on a bicycle or horse	We went for a ride in his new car.	βόλτα
7.2	83	4A Reading	service	n	award for services to art	the official system or organisation that provides something, especially something that everyone needs	She works for the health service.	υπηρεσία
7.2	83	4A Reading	outstanding	adj		excellent and impressive	It was an outstanding performance by both teams.	εξαιρετικός
7.2	84	6 Grammar	stool	n	sit on the stool	a seat with three or four legs but no back or arms	I've just bought some new stools for the kitchen.	σκαμνί
7.2	84	6 Grammar	extraordinary	adj		very unusual, surprising, or special	It's extraordinary that he didn't tell you.	ασυνήθης, εκπληκτικός
7.2	84	6 Grammar	major	adj		very large, serious, or important	Traffic is a major problem.	μεζών, σημαντικός
7.2	85	10A Learn to	sales rep	n		someone who travels around, usually within a particular area, selling their company's products	I worked as a sales rep for ten years before working here.	αντιπρόσωπος πωλήσεων
7.2	85	11 A Learn to	strategy	n		a plan used to achieve something	Do you use any special strategies to remember things?	στρατηγική
7.2	85	9A Learn to	abbreviation	n		a shorter form of a word	"Dr" is the written abbreviation for "Doctor".	συντομογραφία
7.2	85	9A Learn to	represent	v	a symbol represents	to speak and do things for someone else because they have asked you to	Craig hired a lawyer to represent him.	εκπροσωπώ
7.2	85	9A Learn to	heading	n	give the article a heading	the title at the top of a piece of writing	Read the heading and tell me what you think the article is about.	επικεφαλίδα
7.2	85	9A Learn to	subheading	n		a short phrase used as a title for a small part within a longer piece of writing	Match the subheadings to the correct paragraph.	υπότιτλος
7.2	85	9A Learn to	highlighted	adj	highlight the important info	when text is made to appear more obvious by covering it with a brighter transparent colour	I've highlighted the bits I need to remember for the exam.	υπογραμμίζω, τονίζω
7.2	161	4A Reading	calculate	v		to find out how much something will cost, how long something will take, etc., by using numbers	I'm trying to calculate how much paint we need to decorate the kitchen.	υπολογίζω

7.2	161	4A Reading	tie	v	tie your shoelaces	to fasten something by making a knot in a piece of string, rope, etc.	Tie this label to your suitcase.	δένω
7.2	161	4A Reading	shoe lace	n		a string that is pulled through special holes in shoes or clothing to pull the edges together and fasten them	At what age did you learn to tie your shoe laces?	κορδόνι παπουτσιού
7.2	161	4A Reading	incredible	adj		extremely good, large, or great	The view from our hotel room was incredible.	απίστευτος
7.2	161	4A Reading	shape	n	different shapes and colours	the form that something has, for example round, square, etc.	What shape is that table?	σχήμα
7.2	161	4A Reading	extremely	adv		more than very	I'm extremely sorry.	υπερβολικά
7.2	161	4A Reading	calculation	n	mathematical calculations	when you use numbers to find out an amount, price, etc.	Try and solve this simple mathematical calculation.	υπολογισμός
7.2	161	4A Reading	recite	v		to say something that you have learned, for example a poem or list of facts	She recited a poem that she had learnt at school.	απαγγέλω
7.2	161	4A Reading	pi	n	πi 3.14	a number that is represented by the Greek letter (π) and is equal to the distance around a circle, divided by its width	The calculation of π was revolutionized by the development of infinite series techniques.	η μαθηματική σταθερά π
7.2	161	4A Reading	porridge	n		oats that are cooked in milk or water and eaten hot for breakfast	I eat porridge for breakfast in the winter to warm me up.	χυλός
7.2	161	4A Reading	pebble	n		a small smooth stone that you find in a river or on a beach	The beach was covered with smooth white pebbles.	βότσαλο
7.3	86	1B Vocabulary	therapist	n		someone who treats people with injuries or psychological problems using different types of therapy	She's been seeing a therapist to help her get over the death of her child.	θεραπευτής
7.3	86	1B Vocabulary	hypnotherapy	n		the use of hypnosis to treat emotional or physical problems	I don't believe in hypnotherapy.	υπνοθεραπεία
7.3	86	1B Vocabulary	CV	n		(curriculum vitae) a list of your education and previous jobs, which you send to employers when you are looking for a job	If you want to apply for this job, please send us your CV, references and a covering letter.	βιογραφικό σημείωμα
7.3	86	1B Vocabulary	backwards	adv		in the direction that is behind you	I don't like sitting backwards on trains - it makes me feel sick.	ανάποδα, προς τα πίσω
7.3	86	2A Vocabulary	certificate	n		an official document that shows something is true or correct	Do you know anyone with a certificate in first aid?	πιστοποιητικό
7.3	86	2A Vocabulary	driving licence	n		an official card that says that you are legally allowed to drive a car	Did you know you can use your driving licence as identification in a pub?	άδεια οδήγησης
7.3	86	2A Vocabulary	licence	n		an official document that gives you permission to do or own something	Do you know anyone with a pilot's licence?	άδεια
7.3	86	2A Vocabulary	distance learning	n		a method of study that involves working at home and sending your work to your teacher	I'm studying for a distance-learning qualification in creative writing.	εκπαίδευση εξ αποστάσεως
7.3	86	2A Vocabulary	apprenticeship	n		the job of being an apprentice, or the period of time in which you are an apprentice	He's serving an apprenticeship as a printer.	μαθητεία
7.3	86	2A Vocabulary	training	n	do training for a job	the process of teaching or learning the skills for a particular job or activity	We all received training in first aid.	εκπαίδευση
7.3	86	2A Vocabulary	degree	n	university degree	course of study at a university or college, or the qualification that is given to you when you have successfully completed the course	What did you study for your degree?	πτυχίο
7.3	86	2A Vocabulary	MA	n		a university degree in a subject such as history, languages, or English literature that you can get after your first degree	She's studying for an MA in marketing.	μάστερ
7.3	86	2A Vocabulary	PhD	n		a university degree of a very high level, which involves doing advanced research, or a person who has this degree	Bill's got a PhD in psychiatry.	διδακτορικό
7.3	87	5 Function	academic	adj		relating to education, especially in a college or university	Most artists and musicians don't have many academic qualifications.	ακαδημαϊκός
7.3	87	5 Function	suffer	v	suffered from depression	to experience physical or emotional pain	She's suffering a lot after her car accident.	υποφέρω
7.3	87	5 Function	depression	n		a feeling of great sadness, or a medical condition that makes you have this feeling	The patient is suffering from depression.	κατάθλιψη
7.3	87	6 Learn to	having said that	phr		used when you are adding a different opinion to the one you have just expressed	This isn't really a brilliant movie, but having said that, the kids should enjoy it.	παρ' όλα αυτά
7.3	87	8A Speaking	guide	n	tour guides	someone whose job is to take tourists to a place and show them around	Have you ever considered becoming a tour guide?	ξεναγός
7.3	87	8A Speaking	eco-tour	n		a short trip through a place to see it and learn about its environmental issues	We're going on an eco-tour when we visit The Gambia next month.	οικολογική εκδρομή
7.3	87	8A Speaking	cruise ship	n		a large ship with restaurants, bars, etc. that people have holidays on	We get a lot of cruise ships stopping in our port.	κρουαζιερόπλοιο
7.3	87	8A Speaking	duration	n		the length of time that something continues	He slept for the duration of the journey.	διάρκεια
7.3	87	8A Speaking	land management	n		the activity of controlling a particular area of ground	I've got a degree in land management.	διαχείριση γαιών
7.3	87	8B Speaking	culture	n		the ideas, way of life, traditions, etc. of a particular society	You have to spend time in a country to understand its culture.	πολιτισμός
7.3	87	8B Speaking	sailing	n	I like sailing	the activity of sailing in boats	They've invited us to go sailing this weekend.	ιστιοπλοία
7.3	87	8B Speaking	marine biology	n		the study of creatures that live in the ocean	Did you enjoy studying marine biology?	θαλάσσια βιολογία
7.3	87	8B Speaking	fitness	n	physical fitness	when you are healthy and strong enough to play sports or do physical work	With all the junk food you eat, do you ever worry about your physical fitness?	φυσική κατάσταση
7.3	87	8B Speaking	scuba diving	n		the sport of swimming under water using a container of air on your back to help you breathe	I'd love to go scuba diving on the Great Barrier Reef.	υποβρύχια κατάδυση
7.4	88	1 DVD preview	attempt	v	attempted to win	to try to do something, especially something difficult	The second question was so difficult I didn't even attempt it.	επιχειρώ
7.4	88	2A DVD Preview	water ski	v		a sport in which you ski over water while being pulled by a boat	This hotel looks great - they have water skiing classes every morning!	θαλάσσιο σκι
7.4	88	2A DVD Preview	tough	adj	tough challenge	difficult or involving problems	Tough decisions will have to be made.	σκληρός, δύσκολος
7.4	88	2A DVD Preview	crossing	n	the crossing of the English Channel	the act of travelling from one side of a piece of water or land to another	How long is the ferry crossing from Tarifa to Tangiers?	διάπλους

7.4	88	4A DVD view	dig in	phr v	be more determined	to show determination to do something difficult	Even though the marathon was extremely difficult, I knew I had to dig in and get to the finish line.	προσπαθώ σκληρά
7.4	88	4A DVD view	freezing	adj		extremely cold	It's freezing in here!	πανωμένος
7.4	88	4A DVD view	remarkable	adj		excellent and unusual	Landing on the moon was a remarkable achievement for the US astronauts.	αξιοσημείωτος
7.4	88	4A DVD view	operate	v	she'll be operating in sub-zero temperatures	to work, or to make something work	Do you have experience operating this machinery?	χειρίζομαι
7.4	88	4A DVD view	sub-zero	adj		below zero in temperature	The explorers had to deal with sub-zero temperatures in the Arctic.	υπό το μηδέν
7.4	88	4A DVD view	temperature	n		how hot or cold something is	What's the average water temperature in the Caribbean at this time of year?	θερμοκρασία
7.4	89	5C Speakout	technique	n		a special skill or way of doing something	Do you have a special technique for making such delicious cakes?	τεχνική
7.4	89	6A Writeback	enrol	v		if you enrol at a college, university, etc., or the college, etc. enrolls you, you officially arrange to join a course there	I enrolled on the wine-tasting course starting this Thursday night.	εγγράφομαι
7.4	89	6A Writeback	treasure	v	treasured their national language	to keep and care for something that is very special or important	Rob treasured the gold pocket watch that his grandfather had given him.	φυλάω σαν θησαυρό
7.5	90	3	staffroom	n	teachers' staffroom	a room for teachers in a school	Were you ever sent to the staffroom when you were naughty at school?	αίθουσα προσωπικού
7.5	90	1A	seldom	adv		not very often	He seldom goes out at weekends.	σπανίως
7.5	90	2A	rehearsal	n		a time when all the people in a play, concert, etc. practise it before giving a public performance	Are you going to the rehearsals for "Romeo and Juliet"?	πρόβα
7.5	90	2A	recipe	n		a set of instructions that tell you how to cook something	You must give me your recipe for chocolate cake!	συνταγή
8.1	92	2A Vocabulary	nuisance	n		someone or something that annoys you or causes problems	Sorry to be a nuisance, but could I use your phone?	ενόχληση
8.1	92	2A Vocabulary	ask a favour	v phr		to request that someone do something to help you	Can I ask you a favour? Would you help me with my maths homework, please?	ζητώ μια χάρη
8.1	92	2A Vocabulary	do a favour	v phr		to do something to help someone	I always used to do favours for my grandparents when they were alive.	κάνω μια χάρη
8.1	92	2A Vocabulary	get to know	v phr		to become familiar with a person and discover what their personality is like	My husband seems really grumpy at first, but once you get to know him, he's a very nice man.	γνωρίζω
8.1	92	2A Vocabulary	get on your nerves	v phr		when something annoys or irritates you	It really gets on my nerves when people eat noisily!	μου σπάει τα νεύρα
8.1	92	2A Vocabulary	invite over	v phr		to ask someone to come to your house	Mike and Ilene have invited us over for a cup of tea this afternoon.	προσκαλώ
8.1	92	2A Vocabulary	keep yourself to yourself	v phr		to act in a private way and not attempt to interact with other people	I don't know anything about my neighbour - he keeps himself to himself.	είμαι ακοινωνήτος
8.1	92	2A Vocabulary	make friends with	v phr		to become friends with someone	Have you made friends with many people since you moved here?	κάνω φίλους
8.1	92	2A Vocabulary	mind your own business	v phr		to not get involved in situations that do not concern you	I never listen to people gossiping - I prefer to mind my own business.	κοιτάω τη δουλειά μου
8.1	92	3B Reading	exchange	v	exchange a few words	to give, send, or say something to someone who gives, sends, or says something to you	The two armies exchanged prisoners.	ανταλλάσσω
8.1	92	3B Reading	regardless of	adv		without being affected or influenced by something	I'm going to do it, regardless of what you say.	ανεξάρτητα από
8.1	92	3B Reading	rural	adj		relating to or happening in the country rather than in the city	What are the advantages and disadvantages of rural life?	αγροτικός
8.1	92	3B Reading	figure	n	figure=number	a number representing an amount, especially an official number	The latest unemployment figures are extremely worrying.	αριθμός
8.1	92	3B Reading	drop	v	the figure drops to 30%	to decrease in number or value	Car sales this year have dropped to an all-time low.	πέφτω, μειώνομαι
8.1	92	3B Reading	well-off	adj		fairly rich	Her family are quite well-off.	ευκατάστατος
8.1	93	10A Vocabulary Plus	car park	n		an area or building where people can park their cars	Do you have to pay to use the car park?	χώρος στάθμευσης αυτοκινήτων, πάρκινγκ
8.1	93	10A Vocabulary Plus	car rental	n		the act of paying money to borrow a car from a company	Do you know how much car rental from the airport costs?	ενοίκηση αυτοκινήτου
8.1	93	10A Vocabulary Plus	city centre	n		the main shopping or business area in a city	We live just outside the city centre.	το κέντρο της πόλης
8.1	93	10A Vocabulary Plus	duty-free shop	n		a shop in an airport or on a ship that sells alcohol, cigarettes, etc. without the tax that you have to pay if you buy them in a country	Can you buy me a bottle of whisky from the duty-free shop in the airport, please?	κατάστημα αφορολόγητων προϊόντων
8.1	93	10A Vocabulary Plus	gift shop	n		a shop that sells small things that are suitable for giving as presents	I never buy anything from gift shops when I'm on holiday - they're so expensive!	κατάστημα με είδη δώρων
8.1	93	10A Vocabulary Plus	housing zone	n		an area where a lot of houses have been built	That new housing zone has destroyed a lot of animals' habitats.	οικιστική ζώνη
8.1	93	10A Vocabulary Plus	industrial zone	n		an area where there is a lot of industry	Their new office is in the industrial zone to the west of the city centre.	βιομηχανική ζώνη
8.1	93	10A Vocabulary Plus	language school	n		a place where you go to learn a foreign language.	I've just enrolled for Swahili classes at the language school round the corner from where I work.	σχολή ξένων γλωσσών
8.1	93	10A Vocabulary Plus	one-way street	n		a road down which you can only drive in one direction	Be careful the police don't catch you driving down a one-way street!	μονόδρομος
8.1	93	10A Vocabulary Plus	outdoor market	n		a place in the open air which has lots of stalls from which you can buy fresh fruit, vegetables, meat, fish and other things	The outdoor market is every Sunday, and is open from 6a.m. to 2p.m.	υπαίθρια αγορά
8.1	93	10A Vocabulary Plus	primary school	n		a school in England and Wales for children between 5 and 11 years old	Which primary school did you go to?	δημοτικό σχολείο

8.1	93	10A Vocabulary Plus	semi-detached house	n		a house which is joined to another house	We used to live in a semi-detached house when I was a child.	σπίτι τριών προσώπων
8.1	93	10A Vocabulary Plus	shopping centre	n		a group of shops together in one area	What do you think of the new shopping centre they're building next to the industrial zone?	εμπορικό κέντρο
8.1	93	10A Vocabulary Plus	shopping mall	n		the American term for a shopping centre	Does your city have a shopping mall?	εμπορικό κέντρο
8.1	93	10A Vocabulary Plus	sports centre	n		a building where you can do different sports	I've just enrolled in yoga classes at the sports centre.	αθλητικό κέντρο
8.1	93	10A Vocabulary Plus	supermarket	n		a very large shop that sells food, drinks, and things that people need regularly in their homes	I'm going to the supermarket. Do you need anything?	υπερmercό, σούπερ μάρκετ
8.1	93	10A Vocabulary Plus	terraced house	n		a house that is one of a row of houses joined together	Living in a terraced house can be very noisy.	σπίτι σε συνεχές σύστημα δόμησης
8.1	93	10A Vocabulary Plus	traffic jam	n		a long line of vehicles on the road that cannot move, or that move very slowly	We were stuck in a traffic jam for hours.	μπούκαμα
8.1	93	10A Vocabulary Plus	traffic lights	n		a set of red, yellow, and green lights that control the movement of traffic	My house is just after the traffic lights, on the left.	φανάρια
8.1	93	3B Reading	provoke	v		to cause a reaction or feeling	If you provoke my dog, he'll probably bite you.	προκαλώ
8.1	93	3B Reading	remark	n	his first remark was	something that you say to express your opinion	Carl made an unkind remark about her hair.	σχόλιο, παρατήρηση
8.1	93	3B Reading	reassure	v		to make someone feel less worried about something	Police have reassured the public that the area is now perfectly safe.	διαβεβαιώνω
8.1	93	3B Reading	block of flats	n	block of flats	a building containing a lot of separate apartments	What do you think of that new block of flats they're building next to the river?	πολυκατοικία, συγκρότημα διαμερισμάτων
8.1	93	3B Reading	assistance	n		help	Can I give you some assistance?	βοήθεια
8.1	93	3B Reading	rescue	v		to save someone from harm or danger	He rescued two people from the fire.	διασώζω
8.1	93	6 Grammar	terrorise	v		to deliberately frighten people by threatening to harm them, especially so they will do what you want	Many people have been terrorised into leaving their homes by the army.	τρομοκρατώ
8.1	93	6 Grammar	goldfish	n		a small orange fish often kept as a pet	When I went to the fair last weekend, I won a goldfish from a stall.	χρυσόψαρο
8.1	93	6 Grammar	chef	n		a skilled cook, especially the most important cook in a restaurant	My brother is training as a chef.	αρχιμάγειρας
8.1	93	6 Grammar	grateful	adj		feeling or showing thanks	Mona was very grateful to Peter for his advice.	ευγνώμων
8.1	93	8A Grammar	feed	v		to give food to a person or animal	Have you fed the cats?	ταΐζω
8.1	93	8A Grammar	several	quantifier		more than a few, but not a lot	I called her several times but she didn't answer.	πολλοί, αρκετοί
8.1	94	11A Speaking	essential	adj		important and necessary	A balanced diet is essential for good health.	απαραίτητος, ουσιώδης
8.1	94	11A Speaking	graffiti	n		writing and pictures that are drawn illegally on the walls of buildings, trains, etc.	Do you have a problem with graffiti where you live?	γκράφιτι
8.1	94	11B Speaking	traffic congestion	n		when there are a lot of vehicles moving slowly or not at all along a road	The bad weather is causing serious traffic congestion.	κυκλοφοριακή συμφόρηση
8.1	94	9A Vocabulary Plus	main road	n		a large and important road	We live just off the main road.	κύριος δρόμος
8.1	94	9A Vocabulary Plus	public	adj	public swimming pool	relating to the ordinary people in a country	Public opinion is in favour of the war.	δημόσιος, κοινός
8.1	94	9A Vocabulary Plus	window shopping	n		when you look at goods in shop windows without intending to buy them	Window shopping is a cheap alternative to real shopping!	το να χαζεύεις τις βιτρίνες
8.2	95	1A Vocabulary	factual	adj		based on or relating to facts	What's the best website to get accurate factual information from?	πραγματικός
8.2	95	2B Listening	colony	n	an artists' colony	a country or area that is controlled or lived in by a particular group of people	Algeria was formerly a French colony.	αποικία
8.2	95	2B Listening	loyal	adj	loyal readers	always supporting your friends, beliefs, country, etc.	Dogs are very loyal animals.	πιστός
8.2	95	2B Listening	social networking	n		the use of the internet to make information about yourself available to other people, especially people you share an interest or connection with, and to send messages to them	Are you a member of any social networking websites?	κοινωνική δικτύωση
8.2	96	4A Grammar	rise	n	the rise of YouTube	an increase in number, amount, or value	There has been a rise in the amount of organised crime in the last twelve months.	αύξηση
8.2	96	4A Grammar	video clip	n		a short piece of video taken from a longer recording	Do you ever watch funny video clips on the internet?	βίντεο κλιπ
8.2	96	4A Grammar	development	n		the process of growing, changing, or becoming better	Vitamins are necessary for a child's growth and development.	ανάπτυξη
8.2	96	4A Grammar	technology-minded	adj		udes to describe a person who has a natural ability to use technology or easily understand technological things	My mum is really technology-minded - she knows more about the internet than I do!	καλός με την τεχνολογία
8.2	96	4A Grammar	link	n	links to other sites	a relationship or connection between two or more events, people, or ideas	the link between drug use and crime	σύνδεση, σχέση
8.2	96	4A Grammar	function	n		the purpose that something has, or the job that someone does	Lighting performs several functions in the home.	λειτουργία
8.2	96	4A Grammar	comment on	v	comment on the videos	to express an opinion about someone or something	The politician said he was unable to comment on the situation.	σχολιάζω
8.2	96	4A Grammar	sense	n	sense of community	a feeling about something	There was a great sense of sadness when they heard the news.	αίσθηση
8.2	96	4A Grammar	post	v	post videos, songs etc	to add a comment, picture, video, etc. to a web page	Have you seen the photos from New Year's Eve? I posted them on my blog yesterday.	αναρτώ
8.2	96	4A Grammar	LOL (laugh out loud)	phr v		an expression you type in an email, text message or internet comment to say something is very funny	LOL those pictures are so funny!	γελάω δυνατά
8.2	96	4A Grammar	launch	n	the launch of a product	when a new product, book, etc. is made available or made known	The new women's magazine will be launched tomorrow.	λανσάρω, παρουσιάζω

8.2	96	6A Grammar	phone application	n		a computer program designed specifically for mobile phones	I've got a brilliant app for my phone that lets me read e-books.	εφαρμογή κινητού τηλεφώνου
8.2	96	6A Grammar	subscriber	n		someone who receives a regular service, newspapers, magazines, emails, etc. either by paying or for free	How many subscribers do you have to your weekly newsletter?	συνδρομητής
8.2	96	7A Grammar	resource	n	a great resource for students	something that a country, organisation, person, etc. has that they can use	The internet is a fantastic information resource for students.	πόρος
8.2	96	7A Grammar	dating site	n		a website which you subscribe to when you want to meet someone to have a romantic relationship with	My sister met her partner on a dating site.	ιστοσελίδα γνωριμιών
8.2	97	10B Learn to	animation	n	the site has too much animation	a series of moving images	The site has too much animation which makes it very slow.	κινούμενα σχέδια
8.2	97	10B Learn to	upload	v	upload info on the net	to move information, a program, etc. from a computer to a computer network so that other people can see it or use it	Does this website allow you to upload photos?	ανεβάζω στο διαδίκτυο
8.2	97	10B Learn to	content	n	the content comes from many users	the information, text, images, etc. on a website or in a book, magazine, etc.	The website's content comes from its users who upload photos and videos.	περιεχόμενο
8.2	97	10B Learn to	user profile area	n	users can say who they are	a part of a website where subscribers can display personal information about themselves	The site has user profile areas, where users can say who they are and what their interests are.	προφίλ χρήστη
8.2	97	8A Speaking	find out	phr v	find out the news	to get information about something or someone	When I want to find something out quickly, I Google it on my phone.	βρίσκω, ανακαλύπτω
8.2	97	8A Speaking	look up	phr v	look up info	to try and find information in a book or on the internet	When I find a new word, I look it up in a dictionary to get the definition.	αναζητώ, ψάχνω
8.2	97	9A Writing	recommend	v		to advise someone to do something	Everyone I speak to recommends that I read this book!	συνιστώ
8.2	97	9A Writing	range	n	a range of subjects	a group of things that are different, but belong to the same general type	Our shop has a new range of clothes for the spring/summer season.	γκάμια, ποικιλία
8.2	97	9A Writing	menu	n	the site has a menu of categories	a list of things on a computer screen which you can ask the computer to do	You can choose from a range of different links on the menu.	κατάλογος, μενού
8.2	97	9A Writing	category	n		a group of people or things that are all of the same type	Our local library has every category of book that you could imagine.	κατηγορία
8.2	97	9A Writing	search engine	n		a computer program that helps you find information on the internet	Which search engine do you use the most?	μηχανή αναζήτησης
8.2	97	9A Writing	try out	phr v		to do or use something for a short while to discover if it is suitable, successful, enjoyable, etc.	My brother-in-law lent me his camera to try it out.	δοκιμάζω
8.3	98	1A Vocabulary	be my guest	phr		used to give someone permission	Could I use your phone? 'Be my guest!'	ελεύθερα, παρακαλώ
8.3	98	1A Vocabulary	excuse the mess	phr		used to apologise for your house, flat, desk, etc. not being tidy	Come in! Excuse the mess, I haven't finished unpacking from my holiday yet!	συγνώμη για την ακαταστασία
8.3	98	1A Vocabulary	have a seat	phr		used to invite someone to sit down	Come in and have a seat. The doctor will call you when he's ready.	καθίστε
8.3	98	1A Vocabulary	help yourself	phr		used to give permission for someone to use or take something that is yours	Please help yourself to more tea and biscuits.	πάρε μόνος σου, σεβριόσου
8.3	98	1A Vocabulary	make yourself at home	phr		used when want someone to feel relaxed in your house	Sit down and make yourself at home.	σάν στο σπίτι σου
8.3	98	1A Vocabulary	put your feet up	phr		to relax, especially by sitting with your feet supported on something	You've had a hard day - go and put your feet up!	βάλε τα πόδια σου ψηλά
8.3	98	1A Vocabulary	permission	n		if you have permission to do something, someone in authority allows you to do it	Did your father give you permission to use his car?	άδεια, έγκριση
8.3	98	2A Function	guest	n	guests at your house	someone who you invite to stay in your home or to go to an event	How many guests are coming to your party?	καλεσμένος
8.3	98	2A Function	sensitive	adj		a sensitive person thinks of how other people will feel about something	The reason she loves him is because he's so sensitive.	ευαίσθητος
8.3	98	2A Function	tip	n	tips=advice	a helpful piece of advice	I'm a subscriber to a website which sends me weekly photography tips.	συμβουλή
8.3	98	2A Function	formal	adj	formal situation	suitable for official or serious occasions	I only wear a suit on formal occasions.	επίσημος
8.3	98	2A Function	empty-handed	adj		having nothing	You should never go to a party empty-handed; take a gift for the host.	με άδεια χέρια
8.3	98	2A Function	greeting	n		something you say or do when you meet someone	Shaking hands is the typical greeting in the UK.	χαιρετισμός
8.3	98	2A Function	title	n	don't use first names, use titles	a name such as 'Sir' or 'Professor', or abbreviations such as 'Mrs' or 'Dr', that are used before someone's name to show their rank or profession, whether they are married, etc.	His official title is Doctor Jones, not Mr Jones.	τίτλος
8.3	98	2A Function	professor	n		a teacher at the highest level in a university department	My father was a professor of economics before he retired.	καθηγητής
8.3	98	2A Function	chairman	n		someone who is in charge of a meeting or committee	Who is the chairman of British Airways?	πρόεδρος
8.3	99	6 Function	realise	v	for when apologising	to know and understand something, or suddenly begin to understand it	I suddenly realised that the boy was crying.	συνειδητοποίη
8.3	99	7A Function	take a call	v phr		to answer your phone when it rings	Is it OK to take a personal call during a meeting?	απαντώ σε μια κλήση
8.3	99	7A Function	dairy	adj	dairy products	made from milk	She's allergic to dairy products.	γαλακτοκομικά
8.3	99	8B Learn to	accidentally	adv		done in an unplanned or unintentional way	I accidentally set off the fire alarm.	κατά λάθος
8.3	99	8B Learn to	rip	v	ripped on of the pages	to break or tear something, or become broken or torn	I ripped this advert out of the local newspaper for you.	σκίζω
8.3	99	9A Speaking	host family	n		a family you stay with when you go abroad to study or on an exchange	My host family were horrible and their house smelled of wet dog!	οικογένεια που φιλοξενεί
8.4	100	1A DVD preview	tribe	n		a group of people of the same race with the same language and customs, who usually live together in the same area	One of the most famous tribes is the Masai of Kenya.	φυλή

8.4	100	1A DVD preview	isolated	adj		far away from other places	I grew up on an isolated farm in northern England.	απομονωμένος
8.4	100	1A DVD preview	remote	adj		far away from other places	The tribe lives in a remote village in the middle of the Amazon rainforest.	απομακρυσμένος
8.4	100	1A DVD preview	tradition	n		a custom, belief, or way of doing something that has existed for a long time	The people are very proud of their traditions.	παράδοση
8.4	100	1A DVD preview	custom	n	traditions and customs	something that people in a particular society do because it is traditional	She follows Islamic custom by covering her hair.	έθιμο
8.4	100	1A DVD preview	bind	v	bind the people of the community together	to form a strong emotional or economic connection between two people, countries, etc.	A tribe's customs help to bind them together.	δένομαι
8.4	100	1A DVD preview	traditional	adj		relating to the traditions of a country or group of people	My wife is a master of traditional Italian cooking.	παραδοσιακός
8.4	100	1A DVD preview	race	n	ethnic race	one of the main groups that humans can be divided into according to the colour of their skin and other physical features	The school welcomes children of all races.	φυλή, γένος
8.4	100	4 DVD view	divide	v	is divided amongst	if something divides, or if you divide it, it separates into two or more parts	The teacher divided the class into groups.	χαρίζω, διαιρώ
8.4	100	4 DVD view	amongst	prep		in a particular group of people or things	The decision has caused a lot of anger amongst women.	μεταξύ
8.4	101	6A Speakout	population	n		the number of people living in an area, a country, etc.	What's the population of Tokyo?	πληθυσμός
8.4	101	6A Speakout	global warming	n		an increase in world temperatures, caused by an increase in carbon dioxide around the Earth	Scientists knew about global warming before the rest of the population.	υπερθέρμανση του πλανήτη
8.4	101	6A Speakout	remain	v		to stay in the same place or condition	In a few years, there won't be much rainforest remaining.	απομένω
8.4	101	6B Speakout	government	n		the group of people who govern (control) a country	The Government is not doing enough to help the unemployed.	κυβέρνηση
8.4	101	9A Writeback	combine	v		to join or mix two or more things together	I try not to combine my work and my personal life.	συνδυάζω, ανακατεύω
8.4	101	9A Writeback	environmentally-friendly	adj		not causing much or any damage to the natural environment	Scientists say that electric cars are more environmentally friendly than petrol-powered ones.	φίλικός προς το περιβάλλον
8.4	101	9A Writeback	construction	n	construction of buildings	the process of building something such as a house, bridge, or road	Local residents are against the construction of a new airport.	κατασκευή
8.4	101	9A Writeback	hammock	n		a large piece of material used for sleeping on that hangs between two trees or poles	Have you ever slept in a hammock?	αώρα
8.5	102	2A	storm	n		a period of very bad weather with a lot of wind or rain	There was a terrible storm last night.	καταιγίδα
8.5	102	2A	sway	v	the ship swayed	to move slowly from one side to another	The boxer swayed for a few seconds then fell to the floor.	ταλαντεύομαι
8.5	102	3A	contribute	v		to give money, help, ideas, etc. to something that other people are also involved in	Everyone should contribute £2 for his birthday present.	συνοψφέρω
8.5	102	4A	vote on	v		to show by marking a paper, raising your hand, etc. which person you want to elect or whether you support a particular plan	Let's vote on who's going to discuss the problem with the boss.	ψηφίζω
8.5	102	4A	rush hour	n		the time of day when there is a lot of traffic because people are going to and from work	I got caught in the morning rush hour and was late for work.	ώρα αιχμής
8.5	102	4A	banker	n	bank manager	someone who has an important job in a bank	She used to be a banker, but now she's a primary school teacher.	τραπεζίτης
8.5	102	6A	national anthem	n		a country's official song	What's the national anthem of Scotland?	εθνικός ύμνος
9.1	104	1B Vocabulary	civil rights	n		the rights that every person should have, such as the right to vote or to be treated fairly by the law, whatever their sex, race, or religion	Which do you think are the most important civil rights?	πολιτικά δικαιώματα
9.1	104	1B Vocabulary	foundation	n	the foundation of all technology	a basic idea, principle, situation, etc. that something develops from	The wheel is the foundation of most transport.	θεμέλιο
9.1	104	1B Vocabulary	Industrial Revolution	n		the period in the eighteenth and nineteenth centuries in Europe and the USA when machines were invented and the first factories were established	What do you think was the most important invention of the Industrial Revolution?	Βιομηχανική Επανάσταση
9.1	104	1B Vocabulary	movement	n	important movements like the Civil Rights Movement	a group of people who have the same beliefs and work together to achieve a particular aim	Do you remember the civil rights movement of the 1960s?	κίνημα
9.1	104	1B Vocabulary	progress	n		the process of getting better at doing something, or getting closer to finishing or achieving something	Nick has made a lot of progress at school.	πρόοδος
9.1	104	1B Vocabulary	social justice	n		when everyone has all the civil rights they are entitled to	People will always campaign for social justice.	κοινωνική δικαιοσύνη
9.1	104	1B Vocabulary	spread	n	the spread of the Internet	when something increases and affects a larger area or more people	The biggest problem after a natural disaster is the spread of disease.	εξάπλωση
9.1	104	1B Vocabulary	turning point	n		the time when an important change starts to happen	Meeting my husband was the biggest turning point in my life.	σημείο καμπής
9.1	104	1C Vocabulary	human rights	n		the basic rights that everyone has to say what they think, vote, be treated fairly, etc.	Can you think of any famous human rights activists?	ανθρώπινα δικαιώματα
9.1	104	1C Vocabulary	increase	v		if you increase something, or if it increases, it becomes bigger in number, amount, or degree	Regular exercise increases your chances of living longer.	αυξάνω
9.1	104	2A Reading	landing	v	the Moon landing	the action of bringing a plane down to the ground after flying to think about something carefully, especially before making a decision	The pilot had to make an emergency landing.	προσεύλιση
9.1	104	2A Reading	consider	v		to think about something carefully, especially before making a decision	We're considering having another baby.	οκέφτομαι, εξετάζω
9.1	105	2B Reading	human	n		a person	Humans are closely related to chimpanzees.	άνθρωπος
9.1	105	2B Reading	weak	adj	weak teeth	not physically strong or not having much energy	She's too weak to feed herself.	αδύναμος
9.1	105	2B Reading	protein	n		a substance in food such as meat and eggs which helps your body to grow and be healthy	Red meat is a good source of protein.	πρωτεΐνη

9.1	105	2B Reading	hunting	n	hunting for food	chasing and killing animals for food or sport	Do you agree with the sport of fox hunting?	κυνηγι
9.1	105	2B Reading	imagination	n		the ability to form pictures or ideas in your mind	Children tend to have better imagination than adults.	φαντασία
9.1	105	2B Reading	imaginative	adj		good at thinking of interesting ideas	It's one of the most imaginative books I've ever read.	ευφάνταστος
9.1	105	2B Reading	memorise	v		to learn words, music, etc. so that you know them perfectly	Actors have to be very good at memorising their lines.	απομνημονεύω
9.1	105	2B Reading	in verse	prep phr	write in verse	written in the form of poetry	Some complicated ideas are easier to learn if they are written in verse.	έμμετρος, σε στίχους
9.1	105	2B Reading	literacy	n		the ability to read and write	The level of adult literacy in this country is very high.	γνώση γραφής και ανάγνωσης
9.1	105	2B Reading	education	n		the process of teaching and learning, usually at school, college, or university	The government has promised to spend more on education.	παιδεία
9.1	105	4A Grammar	defend	v		to protect someone or something from attack	This castle was built to defend the island against invaders.	υπερασπιζομαι
9.1	105	4C Grammar	steam engine	n		a machine that pushes a vehicle like a steam train using power from heated water	Life would have been different if we hadn't invented the steam engine.	ατμομηχανή
9.1	105	5A Grammar	virus	n		a set of instructions secretly put onto a computer or computer program, which can destroy information	It's a good idea to have anti-virus software installed on your computer.	ιός
9.1	105	5A Grammar	cloning	n		the action of making an exact copy of a plant or animal by taking a cell from it and developing it artificially	Do you agree with human cloning?	κλωνοποίηση
9.1	105	5A Grammar	gene	n		a part of a cell in a living thing that controls how it develops. Parents pass genes on to their children.	Studying genes is a very exact science.	γονίδιο
9.1	105	5A Grammar	form	v	form the Beatles	to start an organisation, group or business	The United Nations was formed in 1945.	σχηματίζω, συγκροτώ
9.1	106	10A Learn to	weigh	v		to have a particular weight	The baby weighs 12 pounds.	ζυγίζω
9.1	106	10A Learn to	unlike	prep		completely different from another person or thing	Unlike me, she's very intelligent.	σε αντίθεση με
9.1	106	10A Learn to	watertight	adj		a watertight container, roof, door, etc. does not allow water to get in or out	Chinese ships had rooms which were watertight.	στεγανός
9.1	106	8 Writing	proofread	v		to read something in order to correct mistakes in it	She's just got a proofreading job for a big publisher.	διορθώνω δοκίμια
9.1	106	8 Writing	error	n		a mistake	I made an error in my calculations and failed the test!	σφάλμα, λάθος
9.1	106	8 Writing	analyse	v		to examine or think about something carefully in order to understand it	We're trying to analyse what went wrong.	αναλύω
9.1	106	8 Writing	compare	v		if you compare things, you examine them in order to find out how they are similar or different	We went to different shops to compare prices.	συγκρίνω
9.1	106	8 Writing	argue	v	give arguments	to shout and say angry things to someone because you disagree with them	We could hear the neighbours arguing.	διαπληκτίζομαι, λογομαχώ
9.1	106	8 Writing	section	n		one of the parts that something is divided into	Some sections of the motorway are very busy.	τμήμα
9.1	106	8 Writing	brainstorm	v		to think of (new) ideas and information.	With your partner, brainstorm everything you know about the Industrial Revolution.	σκεφτομαι και ανταλλάσσω ιδέες
9.1	106	9 Writing	printing	n	printing was invented	the process of making a book, magazine, etc. using a machine	The invention of printing was a turning point in how humans communicated with each other.	εκτύπωση
9.1	106	9 Writing	gunpowder	n		an explosive substance used in guns, bombs and fireworks	You should always be very careful when handling gunpowder.	πυρίτιδα
9.1	106	9 Writing	compass	n	use the compass to find your way	an instrument that shows the direction you are travelling in, with a needle that always points north	I've got a compass app on my mobile phone.	πυξίδα
9.1	106	9 Writing	navigate	v		to decide which way a car or ship should go, using maps	I'll drive - you take the map and navigate.	καθοδηγώ μέσω χάρτη
9.1	106	9 Writing	exploration	n		travelling around an area to find out what it is like	I'm absolutely fascinated by space exploration.	εξερεύνηση
9.1	106	9 Writing	trade	n	trade routes	the activity of buying and selling goods, especially from or to another country	They hope to increase trade with China.	εμπόριο
9.1	106	9 Writing	westward	adv		towards the west	All westward flights from Atlanta airport have been cancelled.	προς τα δυτικά
9.1	106	9 Writing	political	adj		relating to the government, politics, and public affairs of a country	The 1980s were a time of great political change.	πολιτικός
9.1	106	9 Writing	riches	n	discover the riches of the land	a lot of money or valuable things	Pirates were always trying to increase their riches by attacking other ships.	πλοσύτη
9.2	107	2A Grammar	cosmetics	n		creams, powders, etc. that you use to make your face and body more attractive	I strongly disagree with testing cosmetics on animals.	καλλυντικά
9.2	107	2A Grammar	appeal to	v		if someone or something appeals to you, they seem attractive and interesting	The idea of working abroad really appeals to me.	συγκινώ, μου αρέσει
9.2	107	3A Grammar	influence	v		to change how something develops, or how someone behaves	His advice strongly influenced my decision.	επιρεάω
9.2	107	3A Grammar	vampire	n		in stories, a dead person who bites people's necks and sucks their blood	Vampire films are very popular at the moment.	βρυκόλακας
9.2	107	3A Grammar	prevent from	v		to stop something from happening, or stop someone from doing something	We were prevented from entering the museum because we arrived too late.	εμποδίζω, αποτρέπω
9.2	108	4A Vocabulary	age	n	an age of insecurity	a particular period of history	We are living in the age of technology.	εποχή
9.2	108	4A Vocabulary	decade	n		a period of ten years	In which decade were you born?	δεκαετία
9.2	108	4A Vocabulary	era	n		a period of time in history	The film is set in the post-war era.	εποχή
9.2	108	4A Vocabulary	fortnight	n		two weeks	The meetings take place once a fortnight.	δέκαπενθήμερο
9.2	108	4A Vocabulary	millennium	n		a period of 1,000 years, or the time when a new 1,000-year period begins	How did you celebrate the millennium (=when the year 1999 became 2000)?	χίλιετία
9.2	108	4A Vocabulary	quarter-century	n		twenty-five years	We started this company a quarter-century ago.	εικοσιπενταετία, ένα τέταρτο του αιώνα

9.2	108	5C Listening	icon	n	icon=idol	someone famous who is admired by many people and is thought to represent an important idea	Who do you think is the biggest music icon of the 1970s?	ίδωλμα
9.2	108	5C Listening	trend	n	start a new trend	the way a situation is generally developing or changing	It's my job to analyse the shopping trends of the British population.	τάση
9.2	108	6A Listening	memorable	adj		good or enjoyable and likely to be remembered	It was a memorable day for everybody who attended.	αξέχαστος
9.2	109	8A Vocabulary Plus	come back from	phr v		to return to one place from another	When did you come back from holiday?	αξιολημνημένους
9.2	109	8A Vocabulary Plus	come naturally	v phr		when something is easy because you have a natural ability	She comes from a big family, so being a mother herself comes naturally to her.	επιστρέφω από κάτι έρχεται φυσικά
9.2	109	8A Vocabulary Plus	give directions	v phr		to tell someone how to get to a particular place	Could you give me directions to the post office, please?	δίνω οδηγίες, κατευθύνω
9.2	109	8A Vocabulary Plus	give instructions	v phr		to tell someone how to do something	My dad gave me instructions over the phone about how to prepare the meal.	δίνω οδηγίες
9.2	109	8A Vocabulary Plus	make a mess	v phr		to make an area untidy	The dog came in from the garden and made a mess of our white carpets!	χαλάω, τα κάνω θάλασσα
9.2	109	8A Vocabulary Plus	time travel	n		in science fiction, the action of going to a time in the past or the future	Do you think time travel will ever be possible?	ταξίδι στο χρόνο
9.2	109	8A Vocabulary Plus	theoretical physicist	n		a scientist who uses maths and physics to try and explain natural phenomena	All theoretical physicists share the same dream: time travel.	θεωρητικός φυσικός
9.2	109	8A Vocabulary Plus	youthful	adj		typical of young people	She looks very youthful for her age.	νεανικός
9.2	109	8A Vocabulary Plus	unlined	adj	unlined young faces	smooth, not having any lines or wrinkles	She had a beautiful, unlined face.	χωρίς γραμμές ή ρυτίδες
9.2	109	8A Vocabulary Plus	drag	v	drag something behind you	to pull someone or something somewhere	Ben dragged his sledge through the snow.	σέρνω
9.2	109	8A Vocabulary Plus	conquer	v		to get control of a country or area by fighting	The Normans conquered England in 1066.	κατακτώ
9.2	109	8A Vocabulary Plus	humanity	n		people in general	How much has humanity really changed in the last 1,000 years?	ανθρωπότητα
9.2	109	8A Vocabulary Plus	exist	v		to be real or alive	Do ghosts really exist?	υπάρχω
9.2	109	8D Vocabulary Plus	come first	v phr		to win	I came first in the race and won a £10,000 prize!	έρχομαι πρώτος, κερδίζω
9.2	109	8D Vocabulary Plus	give a talk	v phr		to make a speech	This morning our boss gave us a talk about the company's progress.	βγάζω λόγο
9.2	109	8D Vocabulary Plus	have a break	v phr		to stop working in order to rest, eat, etc.	We'll have a one-hour break for lunch after this talk.	κάνω διάλειμμα
9.2	109	8D Vocabulary Plus	have a good time	v phr		to enjoy yourself	Did you have a good time at the party last night?	περνάω καλά
9.2	109	8D Vocabulary Plus	make a decision	v phr		to make a choice or judgement after a period of discussion or thought	Have you made a decision about whether to sell your house or not?	παίρνω μια απόφαση
9.2	109	8D Vocabulary Plus	make a profit	v phr		to make more money than you spend	Last year our company made a profit of £2.2 billion.	βγάζω κέρδος
9.3	110	2A Vocabulary	brave	adj		showing that you are not afraid to do something that is dangerous, frightening, or difficult	I think firefighters are incredibly brave.	γενναίος
9.3	110	2A Vocabulary	charismatic	adj		having the natural ability to attract and influence other people	Martin Luther King was a very charismatic speaker.	χαρισματικός
9.3	110	2A Vocabulary	exemplary	adj		exemplary behaviour is excellent and can be used as an example for other people to copy	This is a company with an exemplary record on environmental issues.	υποδειγματικός
9.3	110	2A Vocabulary	innovative	adj		using clever new ideas and methods	Leonardo da Vinci was an extremely innovative man.	καινοτόμος
9.3	110	2A Vocabulary	inspirational	adj		providing encouragement or new ideas for what you should do	Jones is an inspirational figure in Welsh rugby.	που εμπνέει
9.3	110	2A Vocabulary	original	adj	highly original writer	completely new and different from anything that anyone has thought of before	MC Escher was an incredibly original artist.	πρωτότυπος
9.3	110	2A Vocabulary	highly	adv	highly original writer	very	Clive is a highly successful businessman.	πολύ
9.3	110	2A Vocabulary	kidnap	v		to take someone somewhere by force, especially in order to get money for returning them	Police appealed for witnesses after a woman was kidnapped at gunpoint.	απαγάω
9.3	110	2A Vocabulary	freedom fighter	n		someone who fights against the government or army that controls their country	Can you think of any famous freedom fighters?	μαχητής της ελευθερίας
9.3	110	2A Vocabulary	road trip	n		a long trip that you take in a car, usually with friends	This summer, I'm doing a road trip across the US with five of my friends.	οδικό ταξίδι
9.3	110	2A Vocabulary	continent	n		one of the seven main areas of land on the Earth	What is the world's largest continent by area?	ήπειρος
9.3	110	4A Function	I haven't a clue	phr		used when you don't know the answer to something	How many emails do you send every day? 'I haven't a clue. At least twenty.'	δεν έχω ιδέα
9.3	111	5A Function	fairly sure	phr		used when you think you know something	I'm fairly sure I'll be able to finish the project by then.	αρκετά σίγουρος
9.3	111	5A Function	percent certain	phr	I'm a hundred percent certain that	used to describe how sure you are of something	I'm about seventy-five percent certain that I remembered to lock the door, but I'd better go back and check.	...τοισ εκατό βέβαιος
9.3	111	5A Function	sculptor	n		someone who makes sculptures	Michelangelo was the sculptor who created 'David'.	γλύπτης
9.3	111	5A Function	dinosaur	n		a large animal that lived about 200 million years ago and is now extinct (=no longer exists)	My son was fascinated by dinosaurs when he was little.	δεινόσαυρος
9.3	111	6A Learn to	apparently	adv		used to say that you have heard that something is true, although you are not completely sure about it	Apparently, the best way to clean a red wine stain is with white wine!	προφανώς
9.3	111	6A Learn to	medical	adj		relating to medicine and the treatment of diseases or injuries	The victims are currently in hospital receiving medical treatment.	ιατρικός
9.3	111	6A Learn to	parachute	n		a piece of equipment worn by people who jump out of planes, to make them fall slowly and safely to the ground	Would you ever do a parachute jump?	αλεξίπτωτο
9.4	112	2 DVD preview	unique	adj		something that is unique is the only one of its kind	Every person is unique.	μοναδικός
9.4	112	2 DVD preview	similar	adj		almost the same	This new car is very similar to the previous model.	παρόμοιος
9.4	112	2 DVD preview	divine	adj		relating to God or a god	Roman emperors used to believe they had divine power.	θείκός

9.4	112	2 DVD preview	eternal	adj	continuing for ever and having no end	Some people use cosmetics to try to give themselves eternal youthfulness.	αιώνιος	
9.4	112	2 DVD preview	sculpture	n	a work of art made from stone, wood, clay, etc.	Her latest creation is a bronze sculpture of a horse.	γλυπτό	
9.4	112	2 DVD preview	realistic	adj	someone who is realistic accepts the facts about a situation and realises what is possible and what is not possible	You need to be realistic about your chances of winning.	ρεαλιστικός	
9.4	112	2 DVD preview	mortal	adj	not able to live for ever	All men are mortal.	θνητός	
9.4	112	2 DVD preview	awe-inspiring	adj	very impressive	The pyramids of Egypt are awe-inspiring achievements	που προκαλεί δέος, επιβλητικός	
9.4	112	2 DVD preview	feat	n	an impressive achievement needing a lot of strength or skill	The Eiffel Tower was an amazing feat of engineering for its time.	άθλος, επίτευγμα	
9.4	112	2 DVD preview	stone	n	worked with stone	a hard solid mineral substance	πέτρα	
9.4	112	2 DVD preview	far from ordinary	phr	extraordinary, incredible	The car crashed into a stone wall.	έξω από τα συνηθισμένα	
9.4	112	2 DVD preview	aspiration	n	a strong desire to have or achieve something	Sarah has aspirations of becoming a vet.	φιλοδοξία	
9.4	112	2 DVD preview	quest	n	a long and difficult search	The book's about a hero on his quest to rescue the princess from a dragon.	αναζήτηση	
9.4	112	3 DVD Preview	chapel	n	a small church or room in which Christians pray and have religious services	Bethan goes to chapel every Sunday.	παρεκκλήσι	
9.4	112	3 DVD Preview	dome	n	a round roof on a building	St Paul's Cathedral in London has a huge dome as part of its roof.	θόλος	
9.4	112	3 DVD Preview	jewel	n	a valuable stone, such as a diamond	She loved dressing up and wearing priceless jewels.	κόσμημα	
9.4	112	3 DVD Preview	crown	n	a circle made of gold and jewels, which a king or queen wears on their head	This crown belonged to a Viking king.	στέμμα	
9.4	112	3 DVD Preview	skyline	n	the shape made by tall buildings or hills against the sky	I sent my parents a postcard of the famous New York skyline.	γραμμή ορίζοντα	
9.4	112	3 DVD Preview	tempestuous	adj	full of anger and strong emotions	He has a tempestuous relationship with his mother.	θυελλώδης	
9.4	112	3 DVD Preview	rival	n	a person or group that you compete with	The two teams had always been rivals.	αντίπαλος	
9.4	112	3 DVD Preview	demon	n	something that makes you anxious and causes you problems	She struggled with her husband's demons of addiction and alcoholism.	δαίμονας	
9.4	112	3 DVD Preview	imperfect	adj	not perfect	He gave a talk about the imperfect world that we live in.	ατελής	
9.4	112	5A DVD View	labourer	n	someone whose job involves hard physical work, especially outside	When I was at university, I had a summer job as a farm labourer.	εργάτης	
9.4	112	5A DVD View	honest	adj	someone who is honest does not lie, cheat, or steal	He seems a good, honest man.	τίμιος	
9.4	112	5A DVD View	stonecutter	n	someone whose job it is to cut stone into smaller pieces from a larger piece	Being a stonecutter was a very difficult job.	λιθοτόμος	
9.4	112	5A DVD View	lowly-paid	adj	not earning much money from your job	He likes being a tour guide, but it's very lowly-paid.	χαμηλόμισθος	
9.4	112	5A DVD View	persevere	v	to continue trying to do something difficult in a determined way	I'm not enjoying the course, but I'll persevere with it.	επιμένω, εγκαρτερώ	
9.4	112	5A DVD View	vision	n	an idea of what you think something should be like	Most great artists have a vision which they try to create.	όραμα	
9.4	112	5A DVD View	heaven	n	the place where some people believe that good people go after they die	Eating chocolate all day, every day is my idea of heaven!	παράδεισος	
9.4	113	6B Speakout	novel	n	a long written story about characters and events that are not real	The novels of Jane Austen are classics of English literature.	μυθιστόρημα	
9.4	113	6B Speakout	make your mark on	v phr	to have an impact or lasting effect on something or someone	That book was fantastic - it really made its mark on me.	αφήνω το στίγμα μου	
9.4	113	7A Writeback	compile	v	to make a book, list, etc. using different pieces of information	The document was compiled by the Department of Health.	συντάσσω	
9.4	113	7A Writeback	entry	n	write an entry	something that you write, make, do, etc. in order to try and win a competition	εγγραφή, καταχώριση	
9.4	113	7B Writeback	sitar	n	a very long musical instrument from India, similar to a guitar, with two sets of strings and a round body	Do you know anyone who can play the sitar?	σιτάρ	
9.4	113	7B Writeback	composer	n	someone who writes music	Who's your favourite composer of classical music?	συνθέτης	
9.4	113	7B Writeback	performer	n	an actor, musician, etc. who performs to entertain people	Believe it or not, she used to be a circus performer!	εκτελεστής, ερμηνευτής	
9.4	113	7B Writeback	collaboration	n	the action of working together to produce or achieve something	The company is building the centre in collaboration with the Institute of Offshore Engineering.	συνεργασία, σύμπραξη	
9.4	113	7B Writeback	full time	adv	for all the hours of a week during which it is usual for people to work, study, etc.	Dennis has decided to focus full time on his photography.	πλήρης απασχόληση	
9.4	113	7B Writeback	master	n	become a master of the instrument	someone who is very skilled at something	Bruce Lee was a kung fu master.	αριστοτέχνης
9.4	113	7B Writeback	film score	n	music that is written to accompany a film	She made her money writing film scores in Hollywood.	μουσική επένδυση ταινίας	
9.4	113	7B Writeback	numerous	adj	many	We've discussed this before on numerous occasions.	πολύαριθμος	
9.4	113	7B Writeback	committed	v	wanting to work hard at something	The new president is committed to improving human rights in his country.	δεσμεύομαι, αναλαμβάνω	
9.5	114	4A	assassinate	v	to murder an important person	How many American presidents have been assassinated?	δολοφονώ	
9.5	114	4A	declare	v	declare war	to state officially and publicly that a particular situation exists or that something is true	She declared her intention to stand for president.	δηλώνω
9.5	114	4A	elect	v	to choose someone for a job by voting	She was elected President.	εκλέγομαι	
9.5	114	4A	iceberg	n	a very large piece of ice floating in the sea	The Titanic sank after hitting an iceberg in 1912.	παγόβουνο	
9.5	114	4A	terrorist	n	someone who uses bombs and violence, usually against ordinary people, to try to force a government to do something	We refuse to talk to terrorists.	τρομοκράτης	

10.1	116	1A Vocabulary	heat	v	heat your house	to make something warm or hot	What's the most environmentally-friendly way to heat your house?	ζεσταίνω
10.1	116	1A Vocabulary	give away	phr v	give away old clothes and toys	to give something to someone because you do not want or need it for yourself	I gave most of my books away when I left college.	χαρίζω
10.1	116	1B Vocabulary	double-glazed	adj		a type of window with two layers of glass	Have you got double-glazed windows in your house?	διπλά τζάμια
10.1	116	1B Vocabulary	energy-saving	adj		efficient and not using much electricity	Installing energy-saving light bulbs in your house will dramatically cut your electricity bills.	που εξοικονομεί ενέργεια
10.1	116	1B Vocabulary	insulated	adj	heat and sound insulated	covered with a material that stops electricity, sound, heat, etc. from getting in or out	The better insulated your house, the lower your electricity bills will be.	μονωμένος
10.1	116	1B Vocabulary	light bulb	n		the glass part of an electric light, where the light shines from	Do you use energy-saving lightbulbs in your house?	λάμπια
10.1	116	1B Vocabulary	on standby	prep phr	leave the TV on standby	(electrical equipment) not completely switched off but ready to be used if needed	Leaving your TV on standby may be more convenient, but less environmentally-friendly.	σε κατάσταση αναμονής
10.1	116	1B Vocabulary	organic	adj		relating to farming or gardening without using chemicals that are harmful to the environment	Do you mind paying extra for organic food?	οργανικός
10.1	116	1B Vocabulary	packaging	n	recycle the packaging of products	the bags, boxes, etc. that a product is sold in	We need to try and reduce how much packaging we buy and throw away.	συσκευασία
10.1	116	1B Vocabulary	pre-prepared	adj		describes food which has been previously cooked and is ready to eat as soon as you buy it	Scientists say that pre-prepared food is less healthy than organic food.	προπαρασκευασμένος
10.1	116	1B Vocabulary	processed	adj	processed food	processed food has substances added to it before it is sold in order to preserve it, improve its colour, etc.	Processed food is often more fattening than organic food.	επεξεργασμένος
10.1	116	1B Vocabulary	recycle	v		to put glass, paper, etc. through a special process so that it can be used again	How much of your rubbish do you recycle?	ανακυκλώνω
10.1	116	1B Vocabulary	rubbish	n		things that people throw away such as old food, dirty paper, etc.	How many tonnes of rubbish does the average family generate each year?	σκουπίδια, απορρίμματα
10.1	116	1B Vocabulary	secondhand item	n phr		something you buy which is not new but has been owned by someone else before you	There's a fantastic shop in town which sells all sorts of secondhand items.	μεταχειρισμένο αντικείμενο
10.1	116	2B Reading	editor	n	newspaper editor	the person who decides what should be included in a book, newspaper, magazine, etc. and checks for mistakes	After being a teacher for five years, he became an editor of educational textbooks.	συντάκτης
10.1	116	2B Reading	get rid of	phr v		to take action so that you no longer have something unpleasant that you do not want	We got rid of our car and tried to live ethically for six months.	εξφορτώνομαι
10.1	116	2B Reading	give birth	v phr		if a woman gives birth, she produces a baby from her body	She's just given birth to twins.	γεννάω
10.1	116	2B Reading	heatwave	n		a period of unusually hot weather	Australia is experiencing its biggest heatwave for a decade.	κύμα ζέστης
10.1	116	2B Reading	war zone	n		an area where a war is being fought	You either have to be very brave or very stupid to be a journalist in a war zone!	εμπόλεμη ζώνη
10.1	116	2B Reading	complex	adj		having a lot of different parts and being difficult to understand or deal with	Photosynthesis is a highly complex process.	πολύπλοκος
10.1	116	2B Reading	data	n		information or facts	He's collecting data for his report.	δεδομένα
10.1	116	2B Reading	gang	n		a group of young people, especially a group that often causes trouble and fights	Is there a problem with gangs in your city?	συμμορία
10.1	116	2B Reading	put through hell	v phr		to make someone suffer very much, either physically or emotionally	When they got divorced, her husband's lawyer put her through hell.	κάνω τη ζωή κάποιου κόλαση
10.1	116	2B Reading	row	n	rows and bitter arguments	a short angry argument, especially between people who know each other well	He had a row with his wife about how much she was spending on his credit card.	καβγάς
10.1	116	2B Reading	argument	n	rows and bitter arguments	a situation in which people speak angrily to each other because they disagree about something	There are always arguments in my house at Christmas time.	λογομαχία
10.1	116	2B Reading	carbon footprint	n		the amount of carbon dioxide that a person or organisation produces by the things they do, used as a way of measuring how much they harm the environment	There are lots of ways you can reduce your carbon footprint.	αποτύπωμα άνθρακα
10.1	116	2B Reading	force	v	being forced to	to make someone do something they do not want to do	Many companies have been forced to close.	εξαναγκάζω
10.1	116	2B Reading	compel	v		to force someone to do something	The bad weather compelled me to stay at home.	υποχρεώνω, αναγκάζω
10.1	116	2B Reading	give a go	v phr		to try doing something	I'd never tried aerobics before, so I thought I'd give it a go.	κάνω μια δοκιμή / προσπάθεια
10.1	116	2B Reading	regret	v		to feel sorry about something you have done and wish you had not done it	We've always regretted selling that car.	μετανιώνω
10.1	118	6A Speaking	garbage	n		waste material, such as paper, empty containers, and food thrown away; the American word for rubbish	Can you take out the garbage?	σκουπίδια
10.1	118	6A Speaking	patch	n	garbage patch	a small area of something	We've got a vegetable patch in our garden, so we never need to buy vegetables from the shops.	κομμάτι, τεμάχιο
10.1	118	6A Speaking	waste plastic	n		plastic which no one wants and has thrown away	This country is one of the biggest producers of waste plastic in the world.	πλαστικά απόβλητα
10.1	118	6A Speaking	marine	adj	marine animals	relating to the sea and the creatures that live there	When I was younger, I wanted to be a marine biologist.	θαλάσσιος
10.1	118	6A Speaking	desert	n		a large area of very hot dry land where few plants grow	The Sahara is the biggest desert on Earth.	έρημος
10.1	118	6A Speaking	disintegrate	v		to break up into small pieces	The whole plane just disintegrated in mid-air.	αποσυντίθεται
10.1	118	6A Speaking	law	n		the system of rules that people in a country or area must obey	People are punished for breaking the law.	νόμος
10.1	118	6A Speaking	scheme	n		an official plan that is intended to help people or to achieve something	She's involved in a government training scheme for young people.	σχέδιο
10.1	118	7A Vocabulary Plus	disobey	v		to refuse to do what someone in authority tells you to do	She would never disobey her parents.	παρακούω

10.1	118	7A Vocabulary Plus	mispronounce	v		to pronounce a word wrongly	So many people mispronounce my name and it really annoys me!	προφέρω λανθασμένα me!
10.1	118	7A Vocabulary Plus	misunderstand	v		to not understand something correctly	I think you misunderstood my question.	παρανοώ, παρεξηγώ
10.1	118	7A Vocabulary Plus	reusable	adj		describes something you can use more than once	I try to take my own reusable shopping bags to the supermarket.	επαναχρησιμοποιήσιμος
10.1	118	7A Vocabulary Plus	underweight	adj		below the normal weight	Being underweight can be just as dangerous as being overweight.	ελλιποβαρής
10.1	118	7A Vocabulary Plus	aluminium can	n		a container made from a recyclable metal that is used to store drinks	I think all drinks cans should be made from aluminium.	κουτάκι από αλουμίνιο
10.1	118	8 Vocabulary Plus	policy	n	company policies	a way of dealing with something, especially one that has been officially decided by a political party or an organisation	Prime Minister, what is your policy on immigration?	πολιτική
10.1	118	8 Vocabulary Plus	despite	conj		used to say that something happened or is true, even though this is not what you expected	She loved him despite the way he treated her.	παρά
10.1	118	9 Vocabulary Plus	mistrust	v		the feeling that you cannot trust someone or something	Many animals mistrust people.	δυσπιστώ προς
10.1	118	9 Vocabulary Plus	renew	v		to arrange for an agreement or official document such as a licence to continue	I need to renew my passport this year.	ανανεώνω
10.1	118	9 Vocabulary Plus	overestimate	v		to think that someone or something is bigger, more important, etc. than they really are	The company overestimated demand for their new product.	υπερεκτιμώ
10.1	118	9 Vocabulary Plus	underestimate	v		to think that someone or something is smaller, less important, than they really are	They underestimated the size of the problem.	υποτιμώ
10.1	118	9 Vocabulary Plus	disapprove	v		to think that someone or something is bad or wrong	Her parents strongly disapprove of her lifestyle.	αποδοκιμάζω
10.1	162	6A Speaking	household	n		all the people who live together in one house	Many households have at least one computer.	νοικοκυριό
10.1	162	6A Speaking	lighting	n	lighting appliances	the lights in a place, or the quality of the light	Better street lighting might help prevent crime.	φωτισμός
10.1	162	6A Speaking	appliance	n		a piece of electrical equipment, such as a refrigerator or a washing machine, that is used in people's homes	What do you think is the most useful kitchen appliance?	συσκευή
10.1	162	6A Speaking	pollution	n		damage caused to air, water, soil, etc. by harmful chemicals and waste	Pollution is one of the biggest threat to marine life.	μόλυνση
10.1	162	6A Speaking	solar system	n		the Sun and all the planets that move around it	How many planets are there in our solar system?	ηλιακό σύστημα
10.1	162	6A Speaking	nation	n		a country and its people	The world's most important industrial nations are meeting in Tokyo this weekend.	έθνος
10.2	119	2A Reading	food hall	n		the part of a large shop where food is sold	I'm going shopping. Do you need anything from the food hall?	ο διάδρομος τροφίμων σε σουπερ μάρκετ
10.2	119	2A Reading	exclusive	adj		available to only one person or group, and not shared	On today's show, we have an exclusive interview with Nelson Mandela.	αποκλειστικός
10.2	119	2A Reading	bursting	v	it's bursting with amazing places to eat	extremely full and likely to break open at any moment	On the first day of the sales, our shop was bursting with shoppers!	δεχειλιζώ
10.2	119	2A Reading	sushi	n		Japanese food containing raw fish	Have you ever tried sushi?	σούσι
10.2	119	2A Reading	instant noodles	n		dried oriental pasta which you mix with boiling water and are ready to eat very quickly	When I was a student, I lived on instant noodles and toast!	στιγμιαία κινέζικα ζυμαρικά
10.2	119	2A Reading	bankrupt	adj		without enough money to pay your debts	Many small businesses went bankrupt last year.	χρεωκοπημένος
10.2	119	2A Reading	culinary	adj		relating to cooking	People from the north of Spain are known for their culinary skills.	γαστρονομικός
10.2	119	3A Listening	seafood	n		fish and animals from the sea that you can eat	We're taking our parents to a seafood restaurant for their anniversary.	θαλασσινά
10.2	119	3A Listening	a cross between	phr		a mixture or combination of two or more things	The duck-billed platypus of Australia looks like a cross between a duck and a beaver.	μια διασταύρωση ανάμεσα σε
10.2	119	3A Listening	pancake	n		a thin flat food made from flour, milk, and eggs that is cooked in a pan and eaten hot	Did you eat pancakes for breakfast when you went to the US?	τηγανίτα
10.2	119	3A Listening	a bite to eat	phr		a small meal	We had a bite to eat and a couple of drinks before the flight.	μια μπουκιά
10.2	119	3A Listening	grilled	adj	grilled chicken	food cooked on a flat metal frame with bars across it, above or below strong direct heat	Do you prefer grilled or roasted meats?	στη σχάρα
10.2	119	3B Listening	prawn	n		a small pink sea animal that you can eat	I'm sorry but I can't eat that - I'm allergic to prawns.	γαρίδα
10.2	119	3B Listening	deep fry	v		to cook food under the surface of hot fat or oil	In many chip shops in Scotland, they will deep fry any food you ask for, even pizzas!	τηγανίζω
10.2	119	3B Listening	fluffy	adj	light, fluffy batter	very soft and light to touch	Tempura is prawns and vegetables, deep fried in a light, fluffy batter.	αφράτος
10.2	119	3B Listening	batter	n		a mixture of flour, eggs, and milk, used in cooking	Fry the fish in batter.	χυλός, κουρκούτι
10.2	119	3B Listening	on and off	prep phr		for short periods but not regularly over a long period of time	He's been smoking on and off for ten years now.	περισπασιακά, που και που
10.2	119	3B Listening	pastry	n		a mixture of flour, fat, and water that you roll flat then fill with other food and bake	Homemade pastry is quite difficult to make.	ζύμη
10.2	120	4B Vocabulary	good value for money	phr		when you buy something that costs less than it should	When I go to the supermarket, I always look for products which are good value for money.	που αξίζει τα λεφτά του
10.2	120	5A Grammar	show around	phr v	show us around Palermo	to go around a place with someone when they first arrive there, to show them what is interesting, useful, etc.	Would you like me to show you around the office?	ξεναγώ
10.2	120	5A Grammar	chilli	n	hot chilly peppers	a small, thin red or green pepper with a very strong, hot taste	Some people can't stand chillies, but I love them!	καυτερή πιπεριά
10.2	120	7A Speaking	would rather	phr		if you would rather do or have something, you would prefer to do or have it	I hate sitting doing nothing - I'd rather be working.	θα προτιμούσα

10.2	120	7A Speaking	passion	n	have a passion for cooking	a very strong feeling of love or desire	Cooking is my passion.	πάθος
10.2	120	7A Speaking	a waste of money	n phr		when you spend money on something that is unnecessary or useless	That exercise bike was a complete waste of money - you never use it!	χάσιμο χρημάτων
10.2	121	8A Writing	décor	n		the way that the inside of a building is decorated	The décor is a cross between antique and modern.	διάκοσμος
10.2	121	8A Writing	child-friendly	adj		being suitable for children	The restaurant is very child-friendly - it even has a play area.	φίλικός προς τα παιδιά
10.2	121	8A Writing	speciality	n	special dishes	a type of food that is made in a particular restaurant or area and is always very good there	Grilled fish is our speciality.	σπεσιαλιτέ
10.2	121	8A Writing	vegetarian	adj		not containing meat or fish	Does your menu have any vegetarian options?	χορτοφαγικός
10.2	121	8A Writing	staff	n		the group of people who work for an organisation	Lisa's the only female member of staff at the hotel where she works.	προσωπικό
10.2	121	8A Writing	special offer	n	special offers of the day	a special low price that is charged for something for a short period of time	The hotel has a special offer of five nights for the price of three.	ειδική προσφορά
10.2	121	8B Writing	diner	n		a restaurant that serves cheap food	When we went to the States this summer, we only ate in diners.	μικρό εστιατόριο
10.2	121	8B Writing	curry	n	spicy curry dish	meat or vegetables cooked in a spicy sauce	Curry is seen as a national dish in the UK.	φαγητό μαγειρεμένο με κάρι
10.2	121	8B Writing	go against	phr v		if something goes against your expectations, beliefs, principles, etc., it is opposite to them	Eating meat goes against everything my parents taught me as a child.	αντιβαίνω
10.2	121	8B Writing	whilst	conj		alternative for while; during the time that something is happening	Whilst I was waiting to pick up my brother from the airport, I read a gossip magazine.	ενώ
10.2	121	8B Writing	surroundings	n		the place where you are and all the things in it	When I first started my new job I felt a bit lost, but I soon got used to my new surroundings.	περιβάλλον, περίχωρα
10.2	121	8B Writing	reasonably	adv	reasonably priced	in a sensible way	Despite her anger, she had behaved very reasonably	λογικά
10.2	121	8B Writing	stuffed	adj	stuffed green chillies	when a food is filled with a mixture of bread or rice, onion, etc. before cooking it	Try the stuffed peppers - they're really good!	γεμιστός
10.2	121	8B Writing	vegan	adj		someone who does not eat meat, fish, eggs, or milk products	Paula is a strict vegan.	χορτοφάγος
10.2	121	8B Writing	cosy	adj	cosy atmosphere	warm and comfortable	There's nothing like a big, cosy bed on a cold winter's night!	ζεστός, άνετος
10.2	121	8B Writing	due to	conj		because of something	The plane crash was due to pilot error.	λόγω
10.2	121	8B Writing	homemade	adj		made at home	You can't beat homemade food!	σπιτικός
10.2	121	8B Writing	cater for	v	catering for large parties	to provide and serve food and drinks at a party, meeting, etc.	Our restaurant can cater for up to 100 people.	τροφοδοτώ
10.2	121	8B Writing	authentic	adj		something that is authentic really is what it seems to be	If you're looking for authentic Indian food, try this restaurant.	αυθεντικός
10.2	121	8B Writing	two-for-one	adj		when you can buy two things for the price of one thing	Our local Italian restaurant has a two-for-one deal on pizzas at the moment.	δύο στην τιμή ενός
10.2	121	8B Writing	deal	n	a two-for-one deal on selected meals	an agreement or arrangement that represents good value for money	Are there any good deals on at your local supermarket?	προσφορά
10.2	121	8B Writing	selected	adj		certain, particular	We have 50% off on selected sofas this weekend!	επιλεγμένος
10.2	121	9A Learn to	appalling	adj		terrible and shocking	The worst thing about visiting a war zone is seeing children living in appalling conditions.	απίσιος, απορρουστικός
10.2	121	9C Learn to	review	n	restaurant reviews	an article in a newspaper or magazine that gives an opinion about a new restaurant, book, film, etc.	This restaurant's had great reviews.	κριτική
10.3	122	1A Vocabulary	aisle seat	n		a seat on a plane, train or bus which is next to the walkway in the middle of the vehicle, not the window	Would you prefer the aisle seat or the window seat?	θέση στο διάδρομο
10.3	122	1A Vocabulary	boarding card	n		an official piece of paper which shows that you are allowed to travel on a plane, train, ship or bus	Have you printed out our boarding cards?	κάρτα επιβίβασης
10.3	122	1A Vocabulary	board	v	your flight boards at 9 o'clock	to get on a plane, train, ship or bus	Passengers in rows 15 to 25 may now board.	επιβιβάζομαι
10.3	122	1A Vocabulary	check in	phr v		to go to the desk at an airport or hotel to say that you have arrived	You must check in two hours before your flight.	παραδίδω αποσκευές στο αεροδρόμιο
10.3	122	1A Vocabulary	gate	n	at the airport	the place in an airport where you show your boarding card before getting on the plane	All passengers for the Edinburgh flight go to gate number 4.	πύλη
10.3	122	1A Vocabulary	hand luggage	n		small bags that you carry with you when you travel on a plane	I only take hand luggage if I'm going away for the weekend.	χειραποσκευή
10.3	122	1A Vocabulary	passport	n		an official document with your photograph and details about you inside it that you need when you travel to other countries	My son holds an American passport.	διαβατήριο
10.3	122	1A Vocabulary	priority boarding	n		if you pay extra money for this, you can get on the plane before other people	If I could afford it, I'd always pay extra for priority boarding.	επιβίβαση κατά προτεραιότητα
10.3	122	1A Vocabulary	proceed	v	proceed to gate 20	to move in a particular direction	Would all passengers please proceed to gate number 12.	προχωρώ
10.3	122	1A Vocabulary	X-ray machine	n		a piece of electronic equipment that can see inside luggage and people to see what is inside	Everyone must have their hand luggage checked by the X-ray machine.	μηχάνημα ακτίνων X
10.3	122	2B Function	terminal	n	airport terminal	a building where you get onto planes, buses, or ships	They're building a new terminal at the airport.	τερματικός σταθμός
10.3	122	2B Function	drop off	phr v	the taxi drops you off	to take someone or something to a place by car and leave them there on your way to another place	Can you drop me off at the shops on your way to work, please?	αφήνω κάποιον / κάτι κάπου
10.3	122	2B Function	drive away	phr v		to leave a place in a car, taxi, bus, etc.	The criminals ran out of the bank, got into their car and drove away at top speed.	απομακρύνομαι οδηγώντας
10.3	122	2B Function	check-in desk	n		the place where you go at an airport or in a hotel to say that you have arrived	We had to queue for two hours at the check-in desk!	γραφείο υποδοχής
10.3	122	2B Function	get nowhere	v phr	bad manners will get you nowhere	if you do or say something but do not make any progress	Getting angry in post office queues will get you nowhere.	δεν οδηγεί πουθενά
10.3	122	2B Function	bomb	n	car bomb	a weapon made of material that will explode	The bomb went off in a crowded street.	βόμβα

10.3	122	2B Function	drug	n	illegal substances	an illegal substance that people take to make them feel happy, relaxed, excited, etc.	The politician admitted taking drugs when she was at university.	ναρκωτικό
10.3	122	2B Function	jail	n		a place where criminals are kept as a punishment	He was sentenced to six years in jail.	φυλακή
10.3	122	2B Function	liquid	n	100ml the limit to liquids if you're travelling by air	a substance that is not solid or a gas, such as water or milk	You can only take small amounts of liquids in your hand luggage when you fly.	υγρό
10.3	122	2B Function	go through	phr v	go through the x-ray machine	to move from one side of a doorway, tunnel, etc. to another	You must remove all metal jewelry and accessories before going through airport security.	περνάω από
10.3	122	2B Function	tray	n	put metal things in the tray before you go through the x-ray machine	an open container in which you put metal objects, laptops, coats, etc. before going through airport security	Put all your metal items in a tray and collect it from the other side of the X-ray machine.	δίσκος
10.3	122	2B Function	departure gate	n		the place from which you leave an airport to get on a plane	Would all remaining passengers please go to departure gate 3 as it is about to close.	πύλη αναχώρησης
10.3	122	2B Function	bother	v	I wish I hadn't bothered	to make the effort to do something	Don't bother to argue with airport security staff as it's not worth it.	μπαίνω στον κόπο, σκοτζομαι
10.3	122	2B Function	budget hotel	n		a cheap, simple place to stay	I'm quite happy staying in a budget hotel if it's only for one night.	οικονομικό ξενοδοχείο
10.3	123	4A Function	jungle	n		a large tropical forest with trees and large plants growing very close together	The Amazon jungle has millions of plants and animals living in it.	ζούγκλα
10.3	123	4A Function	supposed to	v	it's supposed to cost little money	used to say what someone should or should not do, especially because of rules or what someone in authority has said	Our hotel was supposed to cost £200 a night, but we got a great deal so we only paid £100!	υποτίθεται ότι
10.3	123	4A Function	malaria	n		a serious tropical disease that is spread by mosquitoes	If you're going to Central or South America, you should definitely take malaria tablets to stop you getting ill.	ελονοσία
10.3	123	4A Function	tablet	n	malaria tablets	a small round piece of medicine that you swallow	She took a couple of sleeping tablets.	χάπι
10.3	123	5 Function	waterproof	adj		not allowing water to enter	My new watch is waterproof to 200 metres.	αδιάβροχος
10.3	123	5 Function	helmet	n		a hard hat that protects your head	Don't rent a motorbike without a helmet.	κράνος
10.3	123	5 Function	protective	adj	protective clothing	used to protect someone or something from damage	You should wear protective clothing if you're going to rent a motorbike.	προστατευτικός
10.3	123	5 Function	fake	adj	fake watches	made to look or seem like something else in order to deceive people	Look at the fake Rolex I bought in Asia - it's a Nolex!	απομίμηση
10.3	123	5 Function	valuables	n	leave your valuables in the hotel	things that you own that are worth a lot of money, such as jewellery or cameras	Put your valuables in the hotel safe.	τιμαλφή
10.3	123	6A Learn to	have a tendency to	v phr		to usually happen	I'm sorry, my husband has a tendency to fall asleep after a couple of drinks!	έχω την τάση να
10.3	123	6A Learn to	delay	n	there are delays because of traffic	when you have to wait for something to happen, or the time you have to wait	There are long delays on the motorway due to an accident.	καθυστερήση
10.3	123	6A Learn to	mosquito	n		a small flying insect that bites and sucks blood	In some countries, mosquitoes can give you malaria.	κουνούπι
10.3	123	6A Learn to	common	adj		something that is common is often seen or often happens	Delays are common on the London Underground.	κοινός, συνηθισμένος
10.3	123	6A Learn to	mosquito net	n		a net placed over a bed as a protection against mosquitoes	If I were you, I'd take a mosquito net if you're going to sleep in the jungle.	κουνουπιέρα
10.3	123	6A Learn to	obviously	adv		easily noticeable or understandable	From her expression, she obviously didn't want to go to the museum.	προφανώς
10.3	123	6A Learn to	on the whole	prep phr		generally or usually	On the whole, the local people like tourists.	γενικά
10.3	123	8B Speaking	sunburn	n	get sunburn	when your skin is red and sore from spending too much time in the sun	There's nothing more painful than having sunburn on the soles of your feet.	ηλιακό έγκαυμα
10.3	123	8B Speaking	wash off	phr v	suncream washes off in the water	if something washes off, you can remove it from the surface of something by washing it	Try and buy waterproof suncream so it doesn't wash off in the sea.	ξεπλένω, καθαρίζω
10.3	123	8B Speaking	coral	n	coral reef	a hard pink, white, or red substance formed from the bones of very small sea animals	It's illegal to take coral away from the sea.	κοράλλι
10.3	123	8B Speaking	stingray	n		a large flat fish that has a long tail with sharp poisonous points on it	If you go scuba diving, watch out for stingrays.	σαλάχι
10.3	123	8B Speaking	nasty	adj	give you a nasty sting	unpleasant or unkind	Stingrays and jellyfish can give you a nasty sting.	δυσάρεστος, άσχημος
10.3	123	8B Speaking	sting	n	give you a nasty sting	a wound that is made when an insect, plant, etc. stings you	Some people are allergic to bee stings.	ταίμημα
10.3	123	8B Speaking	shore	n	swim to the shore	the land along the edge of an ocean, sea, or lake	We're staying in a hotel right on the sea shore.	ακτή
10.3	123	8B Speaking	underwater	adj	underwater camera	below the surface of the water	I really want to practice my underwater photography when we go to Mexico next month.	υποβρύχιος
10.4	124	1 DVD preview	narrate	v		to tell a story or explain what is happening in a film, television programme, etc.	Let's watch this wildlife film narrated by David Attenborough tonight.	αφηγούμαι
10.4	124	1 DVD preview	melt	v	the ice melts	to change from solid to liquid, or to make something do this by heating it	Why is the melting ice a problem for polar bears?	λάνω
10.4	124	1 DVD preview	seasonal	adj		happening or available only during one particular season	You might be able to get seasonal work in the summer.	εποχιακός
10.4	124	1 DVD preview	plummet	v	temperatures plummet	to suddenly and quickly decrease in value or amount	House prices have plummeted over the past year.	πέφτω κατακόρυφα
10.4	124	1 DVD preview	landscape	n		a view across an area of land	The landscape of northern Italy is absolutely stunning.	τοπίο
10.4	124	3A DVD view	flicker	v	the northern lights flicker across the sky	to burn or shine with an unsteady light	The candle flickered when the door opened.	τρεμοβήνω
10.4	124	3A DVD view	rise	v	the sun rises	if an amount rises, it increases	The sea level is rising due to global warming.	αυξάνομαι
10.4	124	3A DVD view	drown	v	drown in the water	to die by being under water for too long, or to kill someone in this way	The boys almost drowned in the river.	πνίγομαι

10.4	124	3A DVD view	be in your element	prep phr		to be in a situation that you enjoy, because you are good at it	Graham loves red meat and red wine, so when we went to Argentina on holiday he was in his element!	είμαι στο στοιχείο μου
10.4	124	3A DVD view	seal	n	hunting for seals = animals	a large sea animal that eats fish and lives by the sea in cold areas	Polar bears hunt for seals through holes in the ice.	φώκια
10.4	124	3A DVD view	uncover	v		to remove the cover from something	I only uncover my swimming pool in the summer.	ξεσκεπάζω
10.4	124	3A DVD view	adolescent	adj		a young person who is developing into an adult	Many adolescents don't get on very well with their parents.	εφηβός
10.4	124	3A DVD view	cub	n	bear cubs	a young bear, lion, etc.	Polar bears usually have one or two cubs.	νεογνό ζώου
10.4	124	3A DVD view	fragment	n	fragment of glass	a small piece of something that has broken off	He had to go to hospital because he had fragments of glass in his foot.	θραύσμα
10.4	124	3A DVD view	extreme	adj	extreme weather conditions	very great in amount or severity	Millions of people around the world live in extreme poverty.	άκρος
10.4	124	3A DVD view	starve	v	starve to death	to suffer or die because you do not have enough to eat, or to make someone do this	Thousands of people could starve to death if no emergency help can get to them.	λιμοκτονώ
10.4	125	5B Speakout	endangered	adj		to put someone or something in danger of being hurt, damaged, or destroyed	The giant panda is classed as an endangered species .	που απειλείται με εξαφάνιση
10.4	125	7A Writeback	cobbled	adj	cobbled street	made of cobble stones	England has many old towns with cobbled streets.	πλακάστριτος
10.4	125	7A Writeback	cobble stone	n		a round stone that was used in the past for making road surfaces	Cobble stones can be very difficult to walk on if you don't have the right shoes on.	βότσαλο
10.4	125	7A Writeback	be under threat	v phr		endangered	The wildlife of the Amazon rainforest is under threat from deforestation.	υπό την απειλή
10.4	125	7A Writeback	property developer	n	developer plans to build in the area	a person or company that makes money by buying land and building houses, factories, etc. on it	Greg's dad made his money as a property developer in the 1980s.	μεσίτης
10.4	125	7A Writeback	demolish	v		to destroy a building	The house was demolished in 1968.	κατεδαφίζω
10.4	125	7A Writeback	machinery	n		large machines	Diane owns a company which sells agricultural machinery.	μηχανήματα
10.5	126	2	cathedral	n		the most important church in an area	Thomas Becket is buried in Canterbury Cathedral.	καθεδρικός ναός
10.5	126	1A	chemical	n		a substance used in or produced by a chemical process	A lot of pollution is caused through the disposal of toxic chemicals into rivers and water supplies.	χημικό
10.5	126	3A	concerning	prep		about or relating to something	Police are asking for information concerning the accident.	όσον αφορά, σχετικά με
10.5	126	6A	whatever	pron		any or all of the things that are wanted, needed, or possible	Whatever you do, don't tell anyone about the surprise party for Claire!	οτιδήποτε
10.5	126	6A	oversleep	v		to sleep for longer than you intended	Sorry I'm late. I overslept.	παρακοιμάμαι
10.5	126	6B	alarm	n	have an alarm to wake me up	a piece of equipment that makes a noise to wake you up when you are sleeping	What time do you set your alarm for on weekdays?	ξυπνητήρι
10.5	126	6B	marathon	n	run a marathon	a race in which people run about 26 miles or 42 kilometres	Last year I ran the London Marathon.	μαραθώνιος