#### **UNIT 1**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
wake up	phr v	We wake up at seven o'clock every day.	ξυπνώ	4
eat breakfast	phr	My family and I eat breakfast every morning.	τρώω πρωινό	4
get dressed	phr	Let's get dressed to go to the party.	ντύνομαι	4
go to school	phr	I don't <b>go to school</b> by bus. I go by car.	πηγαίνω σχολείο	4
go home	phr	He doesn't want to <b>go home</b> . He wants to go to school.	τηγαίνω στίτι	4
go to the park	phr	We go to the park on Saturday evenings.	πηγαίνω στο πάρκο	4
play football	phr	He plays football with his friends in the park.	παίζω ποδόσφαιρο	4
do my homework	phr	When school ends, I go home and do my homework.	κάνω τις εργασίες μου για το σπίτι	4
play video games	phr	Why don't we sit in front of the TV and play video games?	παίζω βιντεοπαιχνίδια	4
watch TV	phr	My grandparents watch TV in the evening.	βλέπω τηλεόραση	4
find	V	I can't <b>find</b> my video games!	βρίσκω	4
hurry	V	Hurry, Jane! Let's go home!	βιάσου, βιαστείτε	5
sleepy head	n	He doesn't want to wake up. He's a sleepy head.	υπναράς	5
clock	n	There's a <b>clock</b> on the wall in the classroom.	ρολόι (τοίχου)	5
be late	phr	He can't be late for school again!	αργώ	5
chorus	n	Listen and say the <b>chorus</b> of the song, children!	ρεφρέν	5
backpack	n	He puts his school books in his backpack.	σακίδιο	5
lunch	n	Let's eat pizza for <b>lunch</b> .	μεσημεριανό	5
time	n	What time does she go home?	ώρα	5
o'clock	phr	The party starts at seven o'clock in the afternoon.	ακριβώς (για ώρα)	5
activity	n	Her favourite activity is playing video games.	δραστηριότητα	5
inside	adv	Let's stay inside the house. It's very cold!	σε εσωτερικό χώρο	5
outside	adv	The children are playing football <b>outside</b> the house.	σε εξωτερικό χώρο	5
after	prep	After school, I do my homework.	μετά	6
kitchen	n	We eat breakfast in the <b>kitchen</b> .	κουζίνα (δωμάτιο)	6
Good morning	phr	Good morning! How are you?	Καλημέρα	6
today	adv	Let's go to the park today!	σήμερα	6
Hooray!	excl	Hooray! It's time for school!	Ζήτω!	6
before	conj	Before we do our homework, can we play video games, Mum?	πριν από	6

#### **UNIT 1**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
Art	n	Sara's favourite lesson is <b>Art</b> .	Καλλιτεχνικά	6
brush my teeth	phr	I brush my teeth before I get dressed every morning.	βουρτσίζω τα δόντια μου	6
face	n	I wash my <b>face</b> and I brush my teeth every day.	πρόσωπο	6
draw pictures	phr	Can we draw pictures of animals?	ζωγραφίζω εικόνες	6
paint	V	We can <b>paint</b> in Art lesson.	χρωματίζω	6
put on my shoes	phr	After I get dressed, I put on my shoes.	φορώ, βάζω τα παπούτσια μου	7
(be) ready	phr	Are you <b>ready</b> to go to school?	(είμαι) έτοιμος	7
holiday	n	In Greece, 25th March is a holiday!	αργία	7
different	adj	My brother and I like different animals. I like cats and he likes dogs.	διαφορετικός	7
(in the) afternoon	n	Do you want to play video games in the afternoon?	(το) απόγευμα	8
(in the) evening	n	I don't want to watch TV in the evening.	(το) βράδυ	8
partner	n	My brother and I play football together. We're partners.	συνεργάτης, συμπαίκτης	8
ride a bike	phr	I ride my bike in the park every Saturday.	κάνω ποδήλατο	9
dinner	n	We have <b>dinner</b> in the evening.	βραδυνό	9
get rid of	phr	My mother wants to get rid of all my video games!	ξεφορτώνομαι	10
strong	adj	My father is very <b>strong</b> . He can lift the TV.	δυνατός	10
bacteria	n pl	There are bacteria in the kitchen. Clean it, please!	βακτήρια	10
cough	n	George has a <b>cough</b> all day. Is he ok?	βήχας	10
decay	V	Our teeth can decay if we don't brush them every day.	σαπίζω	10
germs	n pl	Let's clean the kitchen table. There are a lot of <b>germs</b> .	μικρόβια	10
gum disease	n	Brush your teeth or you can have <b>gum disease</b> .	ουλίτιδα	10
health	n	Ride your bike every day. It's good for your health.	υγεία	10
healthy	adj	We can eat breakfast every day to be healthy.	υγιεινός	10
ill	adj	Jenny can't go to school today. She's ill.	άρρωστος	10
skin	n	Your <b>skin</b> is red from the sun.	δέρμα	10
sneeze	V	When you are ill, you sneeze all the time.	φτερνίζομαι	10
sweat	n	When it's hot, there is <b>sweat</b> on our clothes.	ιδρώτας	10
have a shower	phr	I want to have a shower. It's very hot!	κάνω μπάνιο	10
keep clean	phr	When people brush their teeth, they keep them clean.	παραμένω καθαρός	10
get dirty	phr	When my friends and I go to the park, we can't keep clean. We get dirty!	λερώνομαι	10

### **UNIT 1**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
soap	n	We need <b>soap</b> and water to keep clean.	σαπούνι	10
wash away	phr v	We can use soap and water to wash away germs and bacteria.	καθαρίζω	10
dead	adj	My grandfather doesn't live. He is <b>dead</b> .	νεκρός	10
tiny	adj	My new pet dog is not big. It is <b>tiny</b> .	μικροσκοπικός	10
make sure	phr	Make sure you do all your homework before you watch TV.	βεβαιώνομαι	10
whole	adj	Please tell me the <b>whole</b> story, dad; not just the end.	ολόκληρος	10
meal	n	My family and I have a <b>meal</b> every evening.	γεύμα	10
twice	adv	Mary brushes her teeth twice a day - in the morning and in the evening.	δυο φορές	10
once	adv	The children have a shower <b>once</b> a day - not twice.	μια φορά	10
minute	n	Can you give me a minute, please?	λεπτό	10
cause	V	I don't want to cause any problem. Make sure your friends can come to the party.	προκαλώ	10
tooth decay	n	You can have tooth decay if you don't brush your teeth.	τερηδόνα	10
wash hands	phr	Wash your hands with water and soap before you eat.	πλένω χέρια	10
important	adj	It is very <b>important</b> for your health to keep clean.	σημαντικός	10
pick up	phr v	When we pick up bacteria and germs, we are ill.	αποκτώ, κολλάω	10
learn	V	My brother wants to learn to brush his teeth.	μαθαίνω	10
true	adj	Meals can cause tooth decay. Is it true?	αληθινός	11
false	adj	This isn't true. It's <b>false</b> .	ψεύτικος	11
sometimes	adv	Jane and Mary sometimes play video games.	μερικές φορές	11
touch	V	"Don't touch the dog, Luke! It's dirty!"	αγγίζω	11
brush hair	phr	Helen brushes her hair and she puts on her shoes every morning.	χτενίζω / χτενίζομαι	11
clean	adj	When we wash our hands, they're <b>clean</b> .	καθαρός	11
go to the toilet	phr	Can I go to the toilet, please?	πηγαίνω τουαλέτα	11
often	adv	How often do you watch TV? Once or twice a day?	συχνά	12
fruit	n	Bananas are my favourite fruits.	φρούτο	12
watermelon	n	Watermelons are a summer fruit.	καρπούζι	12
never	adv	Susan <b>never</b> goes to school on Sundays.	ποτέ	12
cereal	n	Do you prefer <b>cereal</b> or eggs for breakfast?	δημητριακά	12
always	adv	I always go to school on time. I am never late.	πάντα	12



**CC = Culture Connection** 

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
usually	adv	He usually watches TV after school.	συνήθως	12
juice	n	I sometimes prefer to drink orange juice not water.	χυμός	12
drink milk	phr	Do you drink milk every morning?	πίνω γάλα	12
yoghurt	n	My sister had milk and <b>yoghurt</b> for breakfast yesterday.	γιαούρτι	12
fresh	adj	I eat <b>fresh</b> fruit to be healthy.	φρέσκος	12
take the bus	phr	We don't take the bus to go to the park. We ride our bikes.	παίρνω το λεωφορείο	13
go to bed	phr	My sister and I always go to bed early.	πηγαίνω για ύπνο	13
salad	n	"I'll have a green <b>salad</b> , please."	σαλάτα	13
walk	V	They can't go to school by car today. They will walk.	περπατώ	13
pasta	n	My favourite food is <b>pasta</b> with cheese.	ζυμαρικά	13
early	adv	I don't want to wake up early in the morning. I'm a sleepy head!	νωρίς	13
(on) weekdays	n	I only play video games every Saturday and Sunday, not on weekdays.	(τις) καθημερινές	13
doctor	n	My brother is ill. We'll take him to the <b>doctor</b> .	γιατρός	13
time zone	n	When it's day in Hong Kong, it's night in New York. They are in different time zones.	ζώνη ώρας	CC 14
watch	n	Can you tell me the time? I don't have a watch.	ρολόι (χεριού)	CC 14
be divided into	V	Our living room is divided into two parts; a big and a small one.	χωρίζομαι σε	CC 14
globe	n	Let's find the UK on the <b>globe</b> .	υδρόγειος σφαίρα	CC 14
find out	phr v	Did you watch TV yesterday? Did you <b>find out</b> who won the game?	βρίσκω, ανακαλύπτω	CC 14
light	n	Open the window to have more <b>light</b> in the room.	φως	CC 14
dark	n	I can't see anything! It's very dark in here.	σκοτάδι	CC 14
(the) Earth	n	People live on planet <b>Earth</b> .	ηγη	CC 14
half-turn	n	The Earth makes a half-turn not a whole one.	μισή στροφή	CC 14
same	adj	My father and I like the <b>same</b> food. We like pasta very much.	ίδιος	CC 14
map	n	My parents always take a <b>map</b> with them when they travel.	χάρτης	CC 14
country	n	Greece isn't a very big country.	χώρα	CC 14
e-pal	n	John is my <b>e-pal</b> . We send emails to each other.	φίλος δι'αλληλογραφίας (μέσω email)	CC 15
already	adv	Hurry up, Jane! We're already late for the party.	κιόλας, ήδη	CC 15
hungry	adj	I'm very <b>hungry</b> ! Have you got any pasta?	πεινασμένος	CC 15
empty	adj	There isn't any orange juice in the bottle. It's empty.	άδειος	CC 15
chat online	phr	Students <b>chat online</b> with their friends every day.	μιλώ στο διαδίκτυο	CC 15

### **UNIT 1**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK DEFINITION	PAGE
restaurant	n	They can have pasta and a salad at a restaurant.	εστιατόριο	15
(at) home	n	My grandparents are always at home in the evenings.	(στο) σπίτι	15
sleep	V	Sofia's dog <b>sleeps</b> on her bed at night.	κοιμάμαι	15
subject	n	In English, the <b>subject</b> comes before the verb.	υποκείμενο	16
verb	n	The words "play, run and swim" are <b>verbs</b> .	ρήμα	16
bone	n	My dog wants to eat <b>bones</b> .	κόκκαλο	17
cake	n	My favourite cake has got chocolate and bananas.	τούρτα, κέικ	17
note	n	I left you a <b>note</b> on the fridge. Look at it, please!	σημείωμα	17
shape	n	My birthday cake is in the <b>shape</b> of a cat.	σχήμα	17
chores	n	My sister doesn't help my mother with the <b>chores</b> at home.	δουλειές του σπιτιού	18
feed the dog	phr	I usually <b>feed</b> my <b>dog</b> every morning. He likes bones.	ταίζω τον σκύλο	18
clean my room	phr	I always <b>clean my room</b> . I don't want it to get dirty.	καθαρίζω το δωμάτιό μου	18
wash the dishes	phr	I usually wash the dishes after lunch.	πλένω τα πιάτα	18
classmate	n	Peter and I are in the same class. We are classmates.	συμμαθητής	18

#### **UNIT 2**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
job	n	My father is a doctor. That's his <b>job</b> .	δουλειά, εργασία	20
firefighter	n	My uncle is a <b>firefighter</b> . He makes sure there is no fire in people's houses.	πυροσβέστης	20
police officer	n	The police officers are looking for bad people.	αστυνομικός	20
cashier	n	My aunt works as a <b>cashier</b> at a restaurant. She takes and gives money to people.	ταμίας	20
waiter	n	I am the new waiter at this restaurant. I bring the food to people.	σερβιτόρος	20
farmer	n	A farmer has sheep and cows near his house.	αγρότης	20
scientist	n	Stephen Hawking was a very famous scientist.	επιστήμονας	20
nurse	n	When you are a <b>nurse</b> , you help people when they are ill.	νοσοκόμα	20
student	n	This school has 5 teachers and 40 <b>students</b> .	μαθητής, φοιτητής	20
work together	phr	Doctors and nurses usually work together.	συνεργάζομαι	21
community	n	When people work and live together, they are in the same <b>community</b> .	κοινότητα	21
place	n	Greece is a fantastic <b>place</b> for holidays!	μέρος, τοποθεσία	21
work hard	phr	My sister worked hard and she got an A in her Maths test.	εργάζομαι σκληρά, μοχθώ	21
chef	n	Nikolas is the new <b>chef</b> at our restaurant. He makes fantastic food.	μάγειρας, σεφ	21
What does sb do?	phr	What does she do? Is she a police officer or a nurse?	Τι δουλειά κάνει?	21
help	V	Can you <b>help</b> me wash the dishes?	βοηθώ	21
brave	adj	Firefighters are not afraid to do their job. They are brave.	γενναίος	21
hospital	n	Doctors work at a hospital.	νοσοκομείο	21
shop	n	Do you work as a cashier at a <b>shop</b> ?	μαγαζί	21
fire station	n	Are there a lot of firefighters at the <b>fire station</b> ?	σταθμός πυροσβεστικής	21
university	n	After school, students often go to university.	πανεπιστήμιο	21
laboratory	n	Scientists often work at a laboratory.	εργαστήριο	21
police station	n	Are you a police officer? Do you work at a police station?	αστυνομικό τμήμα	21
farm	n	Farmers usually have their animals on a <b>farm</b> .	φάρμα, αγρόκτημα	21
study	V	I always <b>study</b> at home on weekdays.	μελετώ,σπουδάζω	21
uniform	n	Police officers always wear a <b>uniform</b> at work.	στολή	21
Excuse me!	phr	Excuse me! Where's the fire station, please?	Με συγχωρείτε!	22
I'm looking for	phr v	I'm looking for my watch. Did you see it?	ψάχνω,αναζητώ	22
be at work	phr	My dad <b>is at work</b> now. He isn't at home.	είμαι στη δουλειά	22
I'm sorry	phr	"I can't listen to the song! Be quiet!" "I'm sorry!"	Λυπάμαι!	22

### UNIT 2

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
birthday	n	My best friend's <b>birthday</b> is next week. We'll have a party for her.	γενέθλια	23
other	adj	I have two apples. Here's one. Do you want the <b>other</b> one?	άλλος	23
dialogue	n	The dialogue between the grandparents in the film was very funny!	διάλογος	24
discuss	V	The students can <b>discuss</b> with their classmates about their favourite book.	συζητώ	26
feel	V	Do you <b>feel</b> sleepy? Let's go to bed.	αισθάνομαι	26
sell	V	My brother wants to <b>sell</b> his old bike and buy a new one.	πουλώ	26
magazine	n	Let's look at this magazine for cars to buy.	περιοδικό	26
create	V	My uncle, Jason, has a fantastic job. He <b>creates</b> video games!	δημιουργώ	26
gallery	n	Why don't we go to a gallery this afternoon, Mum? There are a lot of drawings there!	γκαλερί, πινακοθήκη	26
material	n	You will need these materials to draw a picture; paper and markers.	υλικό	26
painting	n	You can see a lot of <b>paintings</b> in an art gallery.	πίνακας	26
photo shoot	n	They are making a <b>photo shoot</b> with clothes for a magazine.	φωτογράφιση	26
piece of art	n	There are important pieces of art in an art gallery.	έργο τέχνης	26
professional	adj	Professional chefs work in restaurants.	επαγγελματίας	26
unusual	adj	It is really <b>unusual</b> to have snow in August.	ασυνήθιστος	26
creative	adj	My cousin can draw fantastic drawings. He's very <b>creative</b> .	δημιουργικός	26
part	n	The magazine is divided in two parts - one for men and one for women.	μέρος, κομμάτι	26
choose	V	I can't <b>choose</b> what to eat; yoghurt or salad?	διαλέγω,επιλέγω	26
right	adj	Is this the <b>right</b> place to have dinner with our grandparents? I think they don't like pasta.	σωστός, κατάλληλος	26
have a look	phr	Why don't we have a look at the new sports magazine?	ρίχνω μια ματιά	26
Would you like?	phr	Would you like to drink some milk, Anna?	Θα ήθελες / Θα θέλατε;	26
artist	n	Picasso is one my aunt's favourite artists. She loves his paintings.	καλλιτέχνης	26
learn	V	I don't want to learn how to ride a bike, James! I don't like it!	μαθαίνω	26
use	V	Can I <b>use</b> your watch, Tina? I don't have one!	χρησιμοποιώ	26
work of art	n	There aren't a lot of works of art in the new gallery.	έργο τέχνης	26
oil paint	n	They don't use oil paints for paintings in this class.	λαδομπογιά	26
acrylics	n pl	Acrylics is a kind of material for paintings.	ακρυλικό χρώμα	26
water colour	n	She used water colours for this picture.	νερομπογιά	26
metal	n	Metal is the material we use to make boxes.	μέταλλο	26



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
wood	n	My father uses wood to make chairs and tables. That's his job.	ξύλο	26
chewing gum	n	There is a pink chewing gum on my shoes. What can I do?	τσίχλα	26
button	n	My coat has six black <b>buttons</b> on the front.	κουμπί	26
plastic	n	The shop doesn't have a lot of <b>plastic</b> bottles with orange juice.	πλαστικό	26
show	V	Would you like to <b>show</b> me your new video game?	δείχνω	26
expensive	adj	She doesn't have money for that bike. It's expensive!	ακριβός	26
photographer	n	He works as a <b>photographer</b> for a magazine.	φωτογράφος	26
take photos of	phr	They are taking photos of the pieces of art in the art gallery.	βγάζω φωτογραφίες	26
difficult	adj	It's very difficult for me to wake up in the morning! I'm a sleepy head!	δύσκολος	26
dangerous	adj	The snakes can be very dangerous animals.	επικίνδυνος	26
wild animals	phr	Lions and giraffes are wild animals.	άγρια ζώα	26
serious	adj	Don't open the door to people you don't know! It's dangerous! It's a <b>serious</b> mistake!	σοβαρός	26
camera	n	The photographer uses his camera to take photos.	φωτογραφική μηχανή	26
miss	V	It's ten o'clock! I missed my favourite film!	χάνω	26
website	n	Some magazines have got websites on the Internet, too.	ιστοσελίδα	26
newspaper	n	My grandpa reads the <b>newspaper</b> every day.	εφημερίδα	26
news programme	n	Let's watch the <b>news programme</b> to see what happened to the world today.	δελτίο ειδήσεων	26
fashion designer	n	I prefer to wear clothes from fashion designers.	σχεδιαστής μόδας	26
first	adv	First, we can clean our rooms and then we can wash the dishes.	πρώτα	26
sketch	n	Their sketches of wild animals are fantastic.	σχέδιο, σκίτσο	26
pattern	n	Do you like the <b>patterns</b> on my dress? They are unusual.	σχέδιο, μοτίβο	26
design	V	My mother designs clothes.	σχεδιάζω	26
talent	n	Your cousin is very good at playing football. He's got a talent for it.	ταλέντο	27
interview	V	We can interview Sakis Rouvas today for the school newspaper.	παίρνω συνέντευξη	27
take notes	phr	Can you please take notes of this exercise, students? It's important!	κρατάω σημειώσεις	27
share	V	My sister and I share the same room.	μοιράζομαι	27
kind	n	What <b>kind</b> of animals do you prefer? Farm or wild animals?	είδος	27
special	adj	Today is a <b>special</b> day. It's my best friend's birthday!	ιδιαίτερος	28
reporter	n	The <b>reporter</b> interviewed the famous footballer, Ronaldo.	δημοσιογράφος	28
live	V	They <b>live</b> in Patras.	ζω, κατοικώ	28



**CC = Culture Connection** 

OINII Z	PART OF		CC = Culture			
HEADWORD	SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE		
actor	n	Brad Pitt is a very famous actor.	ηθοποιός	28		
suit	n	Harry wore his new <b>suit</b> in the job interview.	κοστούμι	28		
earphones	n	She uses <b>earphones</b> on her phone to listen to music.	ακουστικά	29		
cartoons	n	On Saturday morning, we can watch <b>cartoons</b> on TV. They are very funny!	καρτούν, κινούμενα σχέδια	29		
everywhere	adv	We looked <b>everywhere</b> for your drawings but we couldn't find them.	παντού	29		
carry	V	Could you please carry these magazines from the table to my bedroom?	κουβαλώ, μεταφέρω	29		
office	n	Farmers don't work in an <b>office</b> . They work on the farm.	γραφείο (ο χώρος)	29		
twins	n	Andy and Jane are twins. They look the same.	δίδυμα	29		
famous	adj	Greece is <b>famous</b> for the Acropolis.	διάσημος	29		
player	n	Giannis Antetokounmpo is a very famous basketball player.	παίχτης	29		
cook	V	My mother <b>cooked</b> pasta yesterday. It's my favourite food.	μαγειρεύω	29		
make better	phr	My father tried to make the salad better by putting fruit in it.	βελτιώνω, καλυτερεύω	CC 30		
easy	adj	It's not difficult to make a sandwich. You just need bread and cheese. It's easy.	εύκολος	CC 30		
maybe	adv	Maybe I'll buy a new coat. I don't know yet.	ίσως, μπορεί	CC 30		
too	adv	Can we come to the party, too?	επίσης	CC 30		
donate	V	They want to donate money to "The Smile of the Child" to help children.	δωρίζω	CC 30		
collect	V	His favourite hobby is to <b>collect</b> a lot of toy cars.	συλλέγω, μαζεύω	CC 30		
city	n	Athens and Thessaloniki are Greek cities.	πόλη	CC 30		
town	n	Livadia is a <b>town</b> in Greece.	μικρή πόλη	CC 31		
rubbish	n	Can you put the <b>rubbish</b> in the bin, please?	σκουπίδια	CC 31		
contest	n	There is an Art contest at school today. The best artist will take a lot of presents.	διαγωνισμός	CC 31		
clean up	phr v	Please <b>clean up</b> your room. It is very dirty.	καθαρίζω	CC 31		
get lost	phr	Tourists can sometimes <b>get lost</b> when they don't know the city.	χάνομαι	CC 31		
be proud of	phr	Carla is very proud of herself. Her interview for the magazine was fantastic.	είμαι περήφανος για	CC 31		
wonderful	adj	"Let's go the beach!" "That's a wonderful idea!"	υπέροχος	CC 31		
What's it like?	phr	What's it like for police officers to wear a uniform?	Πώς είναι?	30		
tourist	n	There are a lot of tourists in Greece in the summer.	τουρίστας	30		
correct the mistakes	phr	The teacher <b>corrected</b> the students' <b>mistakes</b> in the test.	διορθώνω τα λάθη	30		
change	V	She wants to <b>change</b> her clothes. They're dirty.	αλλάζω	30		
go back	phr	Would you like to <b>go back</b> home to take your coat? It's cold today!	επιστρέφω	30		

### **UNIT 2**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
pick up	phr v	One of my father's chores is to <b>pick up</b> the rubbish.	μαζεύω	30
alone	adj	My cousin doesn't live with his parents. He lives alone.	μόνος	31
pupil	n	Tom is a teacher. He has 20 <b>pupils</b> in his class.	μαθητής	31
beautiful	adj	There are beautiful paintings in the art gallery.	όμορφος	31
visitor	n	My aunt has visitors in her house today. It's her friends from work.	επισκέπτης	31
do (the) shopping	phr	Let's do the shopping in the supermarket.	κάνω ψώνια	31
vote	V	Who will cook tonight? Let's vote!	ψηφίζω	31
decide	V	Do you want to wash the dishes or clean your room? <b>Decide</b> , please!	αποφασίζω	32
smile	n	Victoria has a beautiful <b>smile</b> .	χαμόγελο	33
stop	V	Stop talking, please!	σταματώ	33
spoon	n	We need a <b>spoon</b> to eat soup.	κουτάλι	33
skate	n	Athletes need <b>skates</b> for the sport of ice skating.	πατίνι	33
smart	adj	The students did well in the Maths test. They are very <b>smart</b> .	έξυπνος	33
ski	V	Sue wants to learn how to <b>ski</b> this winter. It's a wonderful sport.	κάνω σκι	33
star	n	She likes to watch the <b>stars</b> in the sky at night.	αστέρι	33
smoke	n	When there's fire, there's <b>smoke</b> , too.	καπνός	33
storm	n	Don't go outside in that <b>storm</b> . Let's stay inside.	καταιγίδα	33
space	n	There isn't empty <b>space</b> on the paper to write my name.	χώρος, διάστημα	33
respect	n	Children shouldn't say bad words to their parents. They should <b>respect</b> them.	σέβομαι	33
take my seat	phr	Take my seat, grandpa! You're tired.	πάρε τη θέση μου	34
first	adj	A is the <b>first</b> letter of the alphabet.	πρώτος	34

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### **UNIT 3**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
make my bed	phr	"Go to your room and make your bed."	στρώνω το κρεβάτι μου	36
walk the dog	phr	Phillip usually walks the dog every afternoon.	πάω το σκύλο βόλτα	36
practise the piano	phr	My best friend and I often practise the piano.	κάνω εξάσκηση στο πιάνο	36
take out the rubbish	phr	My father always takes out the rubbish in the evening.	βγάζω έξω τα σκουπίδια	36
study for a test	phr	Why don't we study for the Maths test?	μελετώ για τεστ	36
feed the fish	phr	My sister feeds the fish every day.	ταΐζω τα ψάρια	36
be alike	adj	The faces of the mother and the son are alike.	παρόμοιος	37
do the dishes	phr	Can we do the dishes now? I want to go to bed early.	πλένω τα πιάτα	37
come into	phr v	Come into the house, Peter! It's cold outside!	μπαίνω μέσα	38
I'm busy!	phr	"Would you like to feed the dog?" "I can't, I'm busy!"	Είμαι απασχολημένος!	38
make a list	phr	"What do want for your birthday? Let's make a list!"	φτιάχνω λίστα	38
have to	modal v	I have to go to school early today. I don't want to be late.	πρέπει	38
say	V	Our teacher says it's time to do the exercise.	λέω	38
leave	V	We have to leave now! It's time for school.	φεύγω	39
alarm clock	n	How can we wake up in the morning? There isn't an alarm clock at home.	ξυπνητήρι	39
remember	V	I'm sorry, I can't <b>remember</b> her name. Is it Julia or Angela?	θυμάμαι	39
guitar	n	Do you play the piano or the <b>guitar</b> ?	κιθάρα	41
pocket money	n	How much <b>pocket money</b> do your parents give you every week?	χαρτζηλίκι	42
adult	n	His cousin is 18 years old so now he is an <b>adult</b> .	ενήλικας	42
cash	n	When we go to a restaurant, my dad gives <b>cash</b> . He doesn't give a card.	μετρητά	42
cost	V	It <b>costs</b> a lot of money to buy a new house.	κοστίζει	42
earn	V	How much cash do you <b>earn</b> in your new job?	κερδίζω, βγάζω	42
let sb know	phr	Do you take the bus on weekdays? <b>Let me know</b> so I can come with you.	ενημερώνω, πληροφορώ	42
save	V	Why don't we <b>save</b> our pocket money and buy a new coat for Mum's birthday?	αποταμιεύω	42
stranger	n	It's dangerous to open the door to <b>strangers</b> .	ξένος, άγνωστος	42
tidy	V	My mum tidies the kitchen when it gets dirty.	καθαρίζω, τακτοποιώ	42
take care of	phr v	I take care of my baby sister when my parents aren't home.	φροντίζω	42
need	n	Babies have a lot of <b>needs</b> . They have to eat when they're hungry and have a shower.	ανάγκη	42
real	adj	This knife is not a <b>real</b> one. It's plastic.	πραγματικός	42
extra	adj	I didn't do my homework. I need <b>extra</b> time.	επιπλέον	42

#### **UNIT 3**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
housework	n	When you wash the dishes and feed the dog, you do a part of housework.	δουλειές του σπιτιού	42
probably	adv	I'll <b>probably</b> need more time to study for our school test.	πιθανώς, ενδεχομένως	42
pay	V	We need to pay for our food at the restaurant.	πληρώνω	42
do chores	phr	Every Saturday, Nicki walks the dog and feeds the fish. She <b>does</b> the <b>chores</b> for her uncle.	κάνω δουλειές του σπιτιού	42
neighbour	n	People who live near our house are our <b>neighbours</b> .	γείτονας	42
a piece of paper	n	Tony draws his pictures on a piece of paper.	φύλλο χαρτί	42
make a copy	phr	The teacher makes copies for all the tests every afternoon.	φτιάχνω αντίγραφο	42
safe	adj	It isn't <b>safe</b> to talk to strangers.	ασφαλής	42
amount	n	What is the <b>amount</b> of milk you need for the cake?	ποσότητα	42
euro	n	In Greece, when we want to buy something, we give euros.	ευρώ	42
cents	n	One euro is divided in 100 cents.	λεπτά, σεντς	42
time	n	My sister goes to the park two times a week.	φορά	42
subtotal	n	I bought a dress and a pair of shoes. The <b>subtotal</b> of the shoes is 50 euros.	υποσύνολο, μερικό σύνολο	42
total	n	The total of pocket money I get from my parents is 15 euros every week.	σύνολο	42
sum	n	The <b>sum</b> of three plus two is five.	άθροισμα, σύνολο, πρόσθεση	43
equals	V	Four and four equals eight.	ισούται	43
calculate	V	Can you calculate the sum of 354 plus 87?	υπολογίζω	43
hate	V	I don't like milk. I hate it!	μισώ	44
tidy up	phr v	Tidy up your room, Helen! Your grandparents are coming!	καθαρίζω, τακτοποιώ	44
untidy	adj	Let's clean the classroom, children. It's untidy.	ακατάστατος	44
get up	phr v	Brenda gets up at six o'clock every morning.	σηκώνομαι, ξυπνώ	45
teeth (sing. tooth)	n pl	Our teeth are inside our mouth. They are white.	δόντια	45
relaxing	adj	We had very <b>relaxing</b> holidays in the summer.	χαλαρωτικός	45
loud	adj	Our neighbours don't like listening to loud music.	δυνατός, έντονος	45
spend time	phr	How do you like to <b>spend</b> your <b>time</b> ?	περνώ το χρόνο μου	45
horror film	n	I hate watching horror films. They're not funny!	ταινία τρόμου	45
classical music	n	Mozart and Beethoven wrote classical music.	κλασική μουσική	45
fast food	n	Souvlaki and pizza are types of <b>fast food</b> .	γρήγορο / πρόχειρο φαγητό	45
comics	n	My brother's favourite <b>comics</b> are Batman and X-Men.	κόμικς	45



**CC = Culture Connection** 

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
text	V	Erika <b>texts</b> her friends 20 times a day.	στέλνω μήνυμα	45
comedy	n	My mother doesn't like watching horror films. She prefers <b>comedies</b> .	κωμωδία	45
light	adj	This table isn't light. We need two strong men to move it.	ελαφρύς	CC 46
task	n	Students' task is to answer the questions about their favourite film star.	δουλειά, καθήκον	CC 46
business	n	My aunt has a <b>business</b> . She has a clothes shop.	επιχείρηση	CC 46
pavement	n	Walk always on the pavement and never on the road.	πεζοδρόμιο	CC 46
shovel	V	We have to <b>shovel</b> the snow to keep the door of the house clean.	βγάζω με το φτυάρι, φτυαρίζω	CC 46
entrance	n	Our house has a fantastic <b>entrance</b> . It is big with lots of flowers.	είσοδος	CC 46
goat	n	Goats are not wild animals. They live on a farm.	κατσίκα	CC 47
noodles	n	Noodles is a kind of pasta.	νουντλς (είδος φαγητού)	CC 47
tiring	adj	Playing football is very <b>tiring</b> for me, Todd.	κουραστικός	CC 47
expression	n	"Sleepy head" is an <b>expression</b> we use for a person who likes sleeping a lot.	έκφραση	46
Nothing goes right.	phr	It is a very difficult day. Nothing goes right!	Τίποτα δεν πάει καλά.	46
bowl	n	Her sister usually has a <b>bowl</b> of milk with cereals for breakfast.	μπολ	47
warm	adj	We often wear warm clothes in the winter.	ζεστός	47
glove	n	I don't like wearing gloves when I wash the dishes.	γάντι	47
capital letter	n	Names always start with capital letters.	κεφαλαίο γράμμα	48
title	n	There are big and small titles in the newspapers.	τίτλος	48
moon	n	The <b>moon</b> and the stars are in the sky.	φεγγάρι	48
strange	adj	This food is <b>strange</b> . I don't like it!	παράξενος	48
toy	n	Children like playing with their toys all day.	παιχνίδι	49
way	n	Are there a lot of ways to cook pasta?	τρόπος	49
joy	n	When she is on holiday, she's full of joy.	χαρά	49
soy	V	We can make milk by <b>soy</b> . It's healthy.	σόγια	49
ray	n	The sun's rays are very hot.	ακτίνα	49
bring	V	You can <b>bring</b> your brother in the park, too.	φέρνω	49
Of course!	adv	"Can I go to the toilet, Miss?" "Of course, you can."	Φυσικά, Βεβαίως!	50
sock	n	Your <b>socks</b> and shoes are in your bedroom.	κάλτσα	50
puppet	n	Sock puppets are toys for children.	μαριονέτα	50
spelling	n	The <b>spelling</b> of some English words is difficult.	ορθογραφία	50

### **CHECKPOINT UNITS 1-3**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
really	adv	"Do you <b>really</b> like my dress?" "Yes, of course. It's fantastic!"	πραγματικά	53
include	V	Brian and Donald never <b>include</b> Mary when they play together.	περιλαμβάνω, περιέχω	53
daily routine	phr	Their daily routine includes making their beds and practising the piano.	καθημερινή ρουτίνα	54
switch	V	Let's <b>switch</b> now. You will play the teacher and Miss Smith will play the student.	αλλάζω (θέση, ρόλους, κτλ)	54

#### **UNIT 4**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
amazing	adj	Your new clothes are amazing!	καταπληκτικός	58
bear	n	There are a lot of kinds of <b>bears</b> in America.	αρκούδα	58
deer	n	Bears and <b>deer</b> are wild animals.	ελάφι	58
owl	n	Listen! This is an <b>owl</b> !	κουκουβάγια	58
camel	n	There are a lot of camels in Egypt.	καμήλα	58
lizard	n	Lizards have got four legs and a long tail.	σαύρα	58
penguin	n	Penguins live in Antarctica.	πιγκουίνος	58
toucan	n	Toucans are tropical American birds.	τουκάν (τροπικό πουλί)	58
sea lion	n	Sea lions live near water.	θαλάσσιος λέων	58
shark	n	Sharks are dangerous sea animals.	καρχαρίας	58
bird	n	An owl is a <b>bird</b> .	πουλί	59
far	adv	He doesn't live far from here. We're neighbours.	μακριά	59
near	adv	The bed is <b>near</b> the window.	κοντά	59
forest	n	There are a lot of trees in a forest.	δάσος	59
desert	n	Camels usually live in the desert.	έρημος	59
ocean	n	A lot of fish live in the ocean.	ωκεανός	59
lake	n	We have to use a boat in the lake.	λίμνη	59
ice and snow	n	Camels don't live in the ice and snow.	πάγος και χιόνι	59
jungle	n	Many wild animals live in the <b>jungle</b> .	ζούγκλα	59
mountain	n	There is usually ice and snow in the <b>mountains</b> in the winter.	βουνό	59
rainforest	n	There is a <b>rainforest</b> in Australia. Its name is Gondwana.	τροπικό δάσος	59
z00	n	There are a lot of animals at the <b>zoo</b> .	ζωολογικός κήπος	60
clap	V	The show is amazing! The children <b>clap</b> their hands all the time.	χειροκροτώ	60
Oh, cool!	phr	"We'll go to Attica Zoological Park." "Oh, cool!"	Τέλεια!Άψογα!	60
cover	V	Cover your eyes, please! There is a lot of sun.	καλύπτω	60
awful	adj	The food at the restaurant was awful. We will not go there again!	απαίσιος	60
sound	n	Some birds make strange <b>sounds</b> .	ήχος	60
well	adv	"How are you?" "I'm very <b>well</b> , thank you! And you?"	καλά	60
balance	V	Her brother can't <b>balance</b> on a bike.	ισορροπώ	60

### **UNIT 4**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
do tricks	phr	The elephants <b>do</b> a lot of <b>tricks</b> in their show. They're amazing!	κάνω κόλπα	60
parrot	n	Parrots are birds. They have got a lot of colours.	παπαγάλος	60
talk	V	Some parrots can <b>talk</b> but they can't swim.	μιλώ	61
climb	V	My cat likes to <b>climb</b> trees.	σκαρφαλώνω	62
kangaroo	n	You can see many <b>kangaroos</b> in Australia.	καγκουρό	62
monkey	n	Monkeys like bananas.	πίθηκος, μαϊμού	62
crocodile	n	Some <b>crocodiles</b> are dangerous.	κροκόδειλος	62
quiz	n	Why don't we do the <b>quiz</b> in the magazine?	κουίζ, παιχνίδι ερωτήσεων	63
It's (sb's) turn	phr	Let's play this game. You start! It's your turn!	Είναι η σειρά σου.	63
That's right!	phr	"Lizards live in the forest." "That's right!"	Σωστά!	63
hide	V	I must <b>hide</b> my new tablet from my baby sister. She can't have it!	κρύβω	64
make noise	phr	Children make noise when they play video games.	κάνω θόρυβο	64
blend in	V	The new house blends in with all the other houses.	ανακατεύομαι, αναμειγνύω	64
bottom of the sea	phr	I found a watch at the <b>bottom of the sea</b> .	βυθός της θάλασσας	64
stone	n	There are a lot of <b>stones</b> at the bottom of the sea.	πέτρα, βράχος	64
surroundings	n pl	My new house is in very nice surroundings.	ο περιβάλλων χώρος	64
bark	n	All trees have got a brown bark.	φλοιός	64
camouflage	n	Camouflage is when animals take the colour of their surroundings.	καμουφλάζ, μεταμφίεση	64
become	V	She wants to <b>become</b> a scientist.	γίνομαι	64
body	n	Eyes and legs are parts of the <b>body</b> .	σώμα	64
polar bear	n	Polar bears are usually white.	πολική αρκούδα	64
be covered in	V	You're covered in chocolate! Why don't you have a shower?	είμαι καλυμμένος με	64
fur	n	All the animals have got fur on their body.	γούνα	64
hunt	V	Birds <b>hunt</b> lizards to eat them.	κυνηγώ	64
paw	n	Look at the paws of the cat! They're brown and white.	πατούσα, πέλμα (για ζώα)	64
chameleon	n	Chameleon is a lizard. It doesn't have the same colour all the time.	χαμαιλέων	64
master	n	Daniel is very good at spelling tests. He's a master.	αυθεντία, εξπέρ	64
clever	adj	Margaret is a very good student. She's very clever.	έξυπνος	64
match	V	Does my dress <b>match</b> my shoes?	ταιριάζω	64
rock	n	Are there <b>rocks</b> in the water? Is it dangerous?	βράχος	64



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
genius	n	Liam isn't good at Art. He's good at Maths. He's a <b>genius</b> !	διάνοια, ιδιοφυΐα	64
stonefish	n	Stonefish is a kind of fish. It is dangerous for people.	πετρόψαρο	64
look like	V	Look at this dog! It looks like a lion. It is very big.	μοιάζω	64
by mistake	phr	By mistake, I did exercise two not one, Mrs Emily.	κατά λάθος	64
sting	V	Camels don't sting people.	τσιμπώ, κεντρίζω	64
branch	n	Trees have got a lot of <b>branches</b> .	κλαδί	64
against	prep	Today's football match is very exciting. It is Greece against France.	ενάντια	64
snowy owl	n	A <b>snowy owl</b> can fly. It is usually white.	λευκή κουκουβάγια	65
stick insect	n	A stick insect lives in the forest.	φασματώδες (είδος εντόμου)	65
octopus	n	An <b>octopus</b> always has eight legs.	χταπόδι	65
leopard	n	The leopard looks like a tiger.	λεοπάρδαλη	65
Well done!	phr	You tidied up your room, Megan. Well done!	Πολύ καλά! Συγχαρητήρια!	65
point	phr	How many <b>points</b> does this exercise have in this test?	βαθμός	65
quiet	adj	I have to study for a test. Can you please be quiet?	ήσυχος	66
slow	adj	Her sister is very <b>slow</b> when she walks. She's a baby.	αργός	66
easily	adv	Charlie learns how to ride his bike easily.	εύκολα	66
careful	adj	You have to be very careful when you do this exercise. It's not easy.	προσεχτικός	66
fast	adj	Sports cars are very fast cars.	γρήγορος	66
hard	adj	This is a <b>hard</b> chair. Can I switch it, please?	σκληρός	66
driver	n	Is your dad a taxi driver?	οδηγός	66
push	V	Don't <b>push</b> me! It's my turn!	πιέζω	66
cross	V	It's very difficult to <b>cross</b> the lake. You need a boat.	διασχίζω	66
over there	adv	Jennifer is the girl sitting over there.	εκεί πέρα	66
finish	V	Lily's children finish school at two o'clock every day.	τελειώνω, ολοκληρώνω	67
pet	n	She has got a <b>pet</b> dog. Its name is Superman.	κατοικίδιο	68
company	n	"Do you like Emma's <b>company</b> ?" "Yes, she's fantastic!"	παρέα	CC 68
get exercise	phr	How often do you get exercise? Once or twice a week?	εξασκούμαι	CC 68
mice (sing: mouse)	n pl	Cats usually hunt mice.	ποντίκια	CC 68
rodent	n	A mouse is a kind or <b>rodent</b> .	τρωκτικό	CC 68
popular	adj	Katy Perry is a very <b>popular</b> singer.	δημοφιλής	CC 68



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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE		
million	n	Six million people live in Athens.	εκατομμύριο	CC 68		
goldfish	n	My pet is a <b>goldfish</b> . It's orange.	χρυσόψαρο	CC 68		
parakeet	n	When the parrot is small, we say it's a <b>parakeet</b> .	παπαγαλάκι	CC 68		
canary	n	My uncle Jacob has a <b>canary</b> at home. It's yellow and it sings all day.	καναρίνι	CC 68		
bunny rabbit	n	Do you know that Thomas has a <b>bunny rabbit</b> as a pet?	κουνελάκι, λαγουδάκι	CC 69		
exotic	adj	The new zoo has a lot of <b>exotic</b> animals like snowy owls and chameleons.	εξωτικός	CC 69		
tarantula	n	My best friend has got two <b>tarantulas</b> at home. They're big spiders.	ταραντούλα	CC 69		
cuddly	adj	My sister has got a toy bear. I want to touch it all the time. It's very cuddly.	χνουδωτός, ιδανικός για αγκαλιά	CC 69		
painful	adj	It's very painful when a spider bites you.	επώδυνος, οδυνηρός	CC 69		
reptile	n	Snakes and lizards are <b>reptiles</b> .	ερπετό	CC 69		
owner	n	Noah has a new sports car. He's the <b>owner</b> of it.	ιδιοκτήτης	CC 69		
iguana	n	Iguana is a kind of lizard. It has got different colours.	ιγκουάνα	CC 69		
gecko	n	The <b>gecko</b> is a kind of lizard. It lives in the forest.	γκέκο (είδος μικρής σαύρας)	CC 69		
alligator	n	The alligators can be dangerous for people.	αλιγάτορας	CC 69		
though	adv	Though he is 45 years old, he can play football all day.	ωστόσο, όμως, μολονότι	CC 69		
flat	n	Victoria doesn't live in a big house. She lives in a <b>flat</b> .	διαμέρισμα	69		
be allergic to sth	phr	Samantha can't drink milk. She's allergic to it.	είμαι αλλεργικός σε κάτι	69		
colourful	adj	Goldfish can change a lot of colours. They're colourful.	πολύχρωμος	69		
hamster	n	I don't like <b>hamsters</b> . They look like mice.	χάμστερ	69		
feeding	n	How often does your pet dog needs <b>feeding</b> ?	τάισμα	69		
topic sentence	n	The first sentence of a paragraph is the topic sentence.	θεματική πρόταση	70		
corn snake	n	Corn snakes is a kind of snakes. They live for six to eight years.	καλαμποκόφιδο (είδος φιδιού)	70		
centimetre	n	100 centimetres are 1 metre.	εκατοστό	70		
bite	V	My dog is very good. He doesn't bite people.	δαγκώνω	70		
main	adj	The <b>main</b> idea of the text is about family.	βασικός	70		
coin	n	The euro cents are <b>coins</b> .	νόμισμα, κέρμα	71		
toe	n	People have ten toes in their feet.	δάχτυλο ποδιού	71		
bean	n	Megan doesn't like eating <b>beans</b> .	φασόλι	71		
peach	n	Apples and <b>peaches</b> are fruit.	ροδάκινο	71		
oil	n	We always use <b>oil</b> when we cook.	λάδι	71		

### **UNIT 4**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
boil	V	Let's <b>boil</b> the pasta first and then we make the salad.	βράζω	71
tea	n	My aunt likes drinking a lot of <b>tea</b> . She doesn't like milk.	τσάι	71
meat	n	Amelia doesn't like eating <b>meat</b> . She likes fish.	κρέας	71
foe	n	Ethan and Oscar aren't friends. They're foes.	εχθρός	71
add	V	Can you add some milk to my coffee, please?	προσθέτω	71
protect	V	We have to protect our teeth. We have to wash them every day.	προστατεύω	72
habitat	n	A lot of animals live in zoos. They don't live in their <b>habitats</b> .	περιβάλλον	72
dingo	n	A <b>dingo</b> lives in Australia.	ντίνγκο (άγριος σκύλος στην Αυστραλία)	72
grassland	n	We don't have grasslands in a city.	λιβάδι,βοσκοτόπι	72
kookaburra	n	A kookaburra is a bird. It likes eating reptiles.	είδος αλκυόνας (πουλί) της Αυστραλίας	72
continent	n	Europe is a continent.	ήπειρος	72
research	V	They have to research some Australian animals for a school project.	κάνω έρευνα	72
label	V	Choose three wild animals. Find their photos from the Internet and label them.	ονομάζω	72
mountain lion	n	Mountain lions run very fast.	πάνθηρας, κούγκαρ, πούμα	72
Watch out!	phr v	Don't go near this animal! Watch out!	Πρόσεχε!	73
choir	n	Do your friends Michelle and Kyle sing in the school choir?	χορωδία	73

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### **UNIT 5**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
weather	n	The <b>weather</b> isn't usually good in winter.	καιρός	74
windy	adj	I don't want to go out today. It's very <b>windy</b> .	με αέρα	74
cold	adj	It is often <b>cold</b> in December.	κρύος	74
snowy	adj	It's a <b>snowy</b> day today. Let's stay at home.	με χιόνια	74
cool	adj	Is the weather <b>cool</b> in Patras?	δροσερός	74
cloudy	adj	Tomorrow the weather will be <b>cloudy</b> .	συννεφιασμένος	74
hot	adj	The water is very <b>hot</b> . I can't drink it!	ζεστός, καυτός	74
sunny	adj	Would you like to go to the park? It's hot and <b>sunny</b> .	ηλιόλουστος	74
rainy	adj	There are a lot of <b>rainy</b> days in November.	βροχερός	74
What's the weather like?	phr	'What's the weather like in Italy?' 'It's warm and rainy.'	Τι καιρό κάνει?	75
coat	n	When it's cold, I always wear a <b>coat</b> .	παλτό	75
sky	n	There aren't stars in the <b>sky</b> .	ουρανός	75
Never mind!	phr	'Do you want to take the car?' 'Never mind! I'll take the bus.'	Δεν πειράζει!	75
sunglasses	n pl	Have you got your sunglasses? It's sunny!	γυαλιά ηλίου	75
sandal	n	Sandal is a kind of shoe for summer.	σανδάλι	75
shorts	n pl	When it's hot, shorts are fantastic!	σορτς, σορτσάκι	75
jumper	n	Olivia loves her orange <b>jumper</b> . It's great for winter.	πουλόβερ	75
scarf	n	Liam has usually got a <b>scarf</b> in winter with him.	κασκόλ	75
raincoat	n	It's a rainy day. Where's your raincoat?	αδιάβροχο	75
T-shirt	n	Shorts and <b>T-shirts</b> are not good for winter. It's cold.	κοντομάνικο μπλουζάκι	75
beach	n	I really love swimming. Let's go to the <b>beach</b> , Joanne.	παραλία	75
be ready (for)	phr	Dinner is ready. Let's eat, children.	είμαι έτοιμος (για)	76
class	n	Sophie is the best student in Art class.	τάξη, τμήμα	76
go on a hike	phr	I don't enjoy <b>going on a hike</b> . It's too dangerous for me.	πάω για πεζοπορία	76
boot	n	On rainy days, Joe always has <b>boots</b> and a raincoat with him.	μπότα	76
snack	n	Apples and oranges are healthy snacks.	σνακ, μικρό γεύμα	76
Wait a minute.	phr	Wait a minute, please. Correct your mistakes first.	περίμενε ένα λεπτό	76
umbrella	n	We use an umbrella to protect ourselves from the rain and the sun.	ομπρέλα	76
right now	adv	Do your homework <b>right now</b> .	τώρα αμέσως	76
yesterday	adv	It was a wonderful Sunday <b>yesterday</b> . We went to the park.	χτες	76

### **UNIT 5**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
get cold	phr	It's windy and snowy. Let's stay inside. We don't want to get cold.	κρυώνω	76
last night	phr	Conor went to bed very early last night.	χτες το βράδυ	76
hat	n	There is an unusual <b>hat</b> on Bethany's head. Look at it!	καπέλο	76
glove	n	Why don't you have gloves with you to protect your hands? It's cold today.	γάντι	76
be worried about	phr v	You don't seem well. I'm worried about your health. Why don't you go to the doctor?	ανησυχώ για	77
sunscreen	n	People can protect their skin from the sun with a sunscreen.	αντιηλιακό	77
at the end of	n	At the end of the show, there was an interview.	στο τέλος	77
clothes	n pl	Coats and jumpers are kinds of clothes.	ρούχα	77
last (Sunday)	adj	My friends and I played video games at home last Sunday.	προηγούμενος	78
chart	n	'What's the best song in 2018?' 'Let's look at the music chart.'	διάγραμμα	78
temperature	n	The temperature is right for swimming. Let's go!	θερμοκρασία	79
in order	phr	Put the books in order. First, the big books and then the small ones.	σε σειρά	79
trousers	n pl	His parents got him boots and trousers for his birthday.	παντελόνι	79
geography	n	We are learning about continents and countries in Geography lesson this week.	γεωγραφία	80
type	n	What's your favourite type of animals? Wild or farm?	είδος	80
average	n	The average number of apples I eat in a day is four. It's my favourite fruit.	μέσος όρος	80
climate	n	The <b>climate</b> in Greece is usually warm.	κλίμα	80
degree Celsius	n	The temperature in Crete is 35 degrees Celsius now.	βαθμός Κελσίου	80
dry	adj	I got wet, Mum. Can you give me dry clothes?	στεγνός	80
extreme	adj	These clothes are not right for the photo shoot. They're extreme.	ακραίος	80
mild	adj	The winter is often <b>mild</b> in Greece. It's not extreme.	ήπιος,ήρεμος	80
minus	adj	The temperature in Russia can be minus 8 degrees Celsius!	μείων	80
planet	n	We have to protect our <b>planet</b> Earth. It's our home.	πλανήτης	80
season	n	Winter and summer are seasons.	εποχή	80
for example	phr	You can eat a lot of fruit. For example, apples and oranges.	για παράδειγμα	80
generally	adv	Spring is <b>generally</b> cool in Greece.	γενικά	80
however	adv	Patricia has cereal for breakfast every day. However, she is drinking milk today.	όμως, ωστόσο, παρ'όλα αυτά	80
on the other hand	phr	Farmers work on a farm. On the other hand, nurses work at a hospital.	από την άλλη πλευρά	80
natural	adj	Jungles and forests are <b>natural</b> places for animals.	φυσικός	80



**CC = Culture Connection** 

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
beauty	n	There is so much <b>beauty</b> in this colourful photo.	ομορφιά	80
grow	V	Look at my pet cat. It <b>grows</b> very quickly. It's four years old!	μεγαλώνω, αναπτύσσομαι	80
wet	adj	Why are your clothes wet? Is it raining outside?	βρεγμένος	80
below	adv	There are three students <b>below</b> six years old in the class.	λιγότερο από	80
difficulty	n	I have difficulties in Art lesson. I can't draw these pictures.	δυσκολία	80
information	n sing	Excuse me! Can you give me some information about the new art gallery?	πληροφορία	81
high	adj	This is a <b>high</b> wall and I can't jump over it.	ψηλός	81
effect	n	Sun can have bad <b>effects</b> on our skin.	αποτέλεσμα, επίδραση, συνέπεια	81
skiing	n	Skiing in the mountains is William's favourite sport.	σκι	81
that's why	phr	It's raining today. <b>That's why</b> we'll take our umbrella.	γι'αυτό το λόγο	81
plant	n	There are flowers and plants in the forest.	φυτό	81
as a result	phr	Lily brushes her teeth every day. As a result, she keeps them clean.	σαν αποτέλεσμα	82
miserable	adj	Mary is miserable because she lost her pet dog.	θλιμμένος, μελαγχολικός	82
swimming pool	n	You can't go to the bottom of the <b>swimming pool</b> . It's dangerous!	πισίνα	82
freezing	adj	'Was it <b>freezing</b> last night?' 'No, it wasn't.'	παγωμένος	82
turtle	n	We can see a lot of <b>turtles</b> , snakes and birds in the zoo.	χελώνα	82
dwarf	n	Dwarves are very short people.	νάνος	82
fairytale	n	'Snow White and the seven dwarves' is a popular fairytale.	παραμύθι	82
Olympic games	n	We have Olympic Games every four years.	Ολυμπιακοί Αγώνες	82
yummy	adj	Charlotte's birthday cake was yummy!	νόστιμος, γευστικός	83
weekend	n	Our <b>weekend</b> was fantastic! We went to the park on Saturday and we went to the zoo on Sunday.	Σαββατοκύριακο	83
playground	n	There are trees and plants in our school playground.	παιδική χαρά	83
ago	adv	'Were there video games many years ago?' 'No, there weren't.'	πριν	83
outdoor	adj	Oscar has got an <b>outdoor</b> swimming pool. It's in the garden.	σε εξωτερικό χώρο	CC 84
baseball	nn	Baseball is an outdoor sport.	μπέιζμπολ (άθλημα)	CC 84
cricket	n	'Do you play <b>cricket</b> ?' 'No, I don't.'	κρίκετ (άθλημα)	CC 84
field hockey	n	Noah and Damian learn how to play <b>field hockey</b> at their school.	χόκεϊ επί χόρτου	CC 84
fly a kite	n	Children can sometimes fly a kite in the park.	πετάω χαρταετό	CC 84
fill up	phr v	Would you like to <b>fill up</b> your glass with water?	γεμίζω	CC 85



**CC = Culture Connection** 

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
snow fight	n	Children love <b>snow fights</b> when it's snowing.	χιονοπόλεμος	CC 85
build	V	They'll <b>build</b> a new school for us.	χτίζω	CC 85
snowman	n	Tracy wants to make a <b>snowman</b> . He can have a carrot for a nose.	χιονάνθρωπος	CC 85
go sledging	phr	At Christmas, a lot of children <b>go sledging</b> in the snow.	κάνω έλκηθρο	CC 85
pull	V	The baby doesn't often <b>pull</b> her mother's hair.	τραβώ	CC 85
indoor	adj	'Is cricket an <b>indoor</b> sport?' 'No, it isn't. It's an outdoor one.'	σε εσωτερικό χώρο	84
bowling	n	Bowling isn't a difficult sport.	μπόουλινγκ	84
skateboarding	n	We need special clothes for <b>skateboarding</b> .	κάνω σκέιτμπορντ	84
table tennis	n	Table tennis is usually an indoor sport.	πινγκ πονγκ	84
woolly	adj	I have got a <b>woolly</b> jumper for cold winters.	μάλλινος	84
Hold on tight!	phr	'Thomas and Amelia are going sledging.' 'Oh, cool! Hold on tight, children!'	Κρατήσου γερά!	84
sledge	n	'Do you know how to ride a <b>sledge</b> ?' 'No, I don't.'	έλκηθρο	84
clear	adj	Your new TV has got a <b>clear</b> picture.	καθαρός, διαυγής	85
wind surfing	n	'Can we do wind surfing in a swimming pool?' 'No, we can do it at the sea!'	ιστιοσανίδα, γουίντ σερφ	85
except	prep	All the students have got a red pattern on their clothes <b>except</b> Daniel. He has got a green one.	εκτός από	85
rock climbing	n	My sister went rock climbing to Mount Olympus last weekend.	ορειβασία	85
detail sentence	n	When we write, we use <b>detail sentences</b> to give more information.	πρόταση με λεπτομέρειες	86
sweet	n	I can't say no to sweets. They 're yummy!	γλύκισμα	87
snail	n	Look! There are two snails in our garden!	σαλιγκάρι	87
scout	n	Scouts have got hats with the same colour.	πρόσκοπος	87
slim	adj	Elisabeth eats healthy food and she's <b>slim</b> .	λεπτός, αδύνατος	87
swan	n	Swan is a white bird. It lives on rivers and lakes.	κύκνος	87
scar	n	'Why is there a big scar on his face?' 'I don't know.'	σημάδι, ουλή	87
prepare	V	Dad sometimes <b>prepares</b> dinner at home.	ετοιμάζω	88
checklist	n	When I go to the supermarket I always have a checklist with me.	λίστα	88
weather report	n	'What's the weather like in Volos?' 'Let's look at the weather report.'	δελτίο καιρού	89

### **UNIT 6**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
Smells Good!	phr	'What is mum cooking?' 'Pasta!' 'It smells good!'	Μυρίζει ωραία!	90
sense	n	Smelling is one of our five <b>senses</b> .	αίσθηση	90
sound	V	His story <b>sounds</b> unusual. What's the matter?	ακούγεται	90
lovely	adj	Your house is lovely! I really like it.	υπέροχος, θαυμάσιος	90
soup	n	Would you like some <b>soup</b> for lunch?	σούπα	90
taste	V	Does James want to taste this soup?	γεύομαι	90
horrible	adj	Don't go to that restaurant. The food is <b>horrible</b> .	απαίσιος, φριχτός	90
pie	n	She's making an apple <b>pie</b> in the kitchen.	πίτα	90
delicious	adj	Your birthday cake is delicious! Can I have some more?	νόστιμος	90
sweet	adj	This tea is very <b>sweet</b> . I can't drink it.	γλυκός	90
nice	adj	My Maths teacher isn't <b>nice</b> . I don't like him.	όμορφος, ωραίος	90
look	V	Conor looks funny with this colourful hat.	φαίνομαι	90
terrible	adj	The weather is terrible. It's snowy and cold.	απαίσιος, φριχτός	90
feel	V	Patricia doesn't <b>feel</b> very well today. She's at home.	αισθάνομαι	90
soft	adj	This ball is very <b>soft</b> . Do you want to touch it?	απαλός	90
tight	adj	This coat is too tight for me. Can I have another one, please?	στενός, εφαρμοστός, σφιχτός	90
ginger	n	Can we put some <b>ginger</b> in the soup? It can be delicious!	πιπερόριζα, τζίντζερ	90
spice	n	I don't like a lot of <b>spice</b> in my soup.	μπαχαρικό, καρύκευμα	91
old	adj	Dad, my bike is very <b>old</b> . Can you buy me another one?	παλιός	91
young	adj	My cousin has a lot to learn in baseball. He's too <b>young</b> .	νέος, μικρός	91
bake	V	We're ready to <b>bake</b> the cake now. Let's do it!	ψήνω	91
lucky	adj	'What's this?' 'It's my lucky coin!'	τυχερός	91
describe	V	Can you describe what the polar bears look like?	περιγράφω	91
come from	phr v	My brother comes from school at two o'clock.	έρχομαι από	92
smell	phr	'What's that nice <b>smell</b> ?' 'It's the lovely flowers!'	μυρωδιά	92
try	V	Why don't we <b>try</b> to make pasta? It's not difficult.	προσπαθώ	92
let	V	Can you let me play video games with my friends, Mum?	αφήνω, επιτρέπω	92
have got a cold	phr	Joanne is at home. She doesn't feel very well. She's got a cold.	έχω κρύωμα	92
match	n	Can we go to the baseball match this weekend, Dad?	αγώνας, ματς	93
make sb aware of	phr	Make your classmates aware of the exercises we have for homework, please.	ενημερώνω	93

### **UNIT 6**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
danger	n	Danger! Don't go near the lake!	κίνδυνος	93
shirt	n	My dad has to wear a <b>shirt</b> and trousers at work.	πουκάμισο	94
finger	n	You have big <b>fingers</b> , Joe!	δάχτυλο χεριού	96
tongue	n	The tongue is in people's mouth.	γλώσσα (μέρος σώματος)	96
feet (sing. foot)	n	My sister's <b>feet</b> are small. Look at them!	πατούσες	96
brain	n	The <b>brain</b> is the most important part of the body.	εγκέφαλος	96
avoid	V	You have to avoid eating fast food all the time.	αποφεύγω	96
echo	n	An <b>echo</b> is when you shout out loud and you hear it back.	ηχώ, αντίλαλος	96
sound wave	n	Sound wave is the form of the sound when it travels.	ηχητικό κύμα	96
taste bud	n	The taste buds are parts of the tongue.	γευστικός κάλυκας	96
understand	V	I can't understand what you say. Can you repeat it, please?	καταλαβαίνω	96
rotten	adj	This apple is <b>rotten</b> . Don't eat it!	σάπιος, μουχλιασμένος	96
sharp	adj	This knife is <b>sharp</b> . Watch out!	κοφτερός, αιχμηρός	96
hear	V	I'm sorry, I can't <b>hear</b> you well. Can you repeat it, please?	ακούω	96
make a sound	phr	Don't make a sound, please. My grandpa is sleeping.	κάνω θόρυβο	96
fork	n	We have to use a <b>fork</b> to eat pasta.	πηρούνι	96
butterfly	n	Look at that <b>butterfly</b> . It's on the flower. It's beautiful.	πεταλούδα	96
stand	V	Let's <b>stand</b> here. There are no chairs.	στέκομαι	96
perhaps	adv	Perhaps we'll go to my grandparents' house this weekend.	ίσως, μπορεί	96
It doesn't matter.	phr	'We can't ride our bikes. It's raining'. 'It doesn't matter'.	Δεν πειράζει	96
message	n	I have got a message for you from your aunt, Lauren.	μήνυμα	96
differently	adv	A fashion designer creates his clothes <b>differently</b> to other designers.	διαφορετικά	96
size	n	What's the size of this poster? Big or small?	μέγεθος	96
concert	n	My best friend and I are going to a <b>concert</b> of our favourite singer this Saturday.	συναυλία	97
roller coaster	n	Why don't you go on a <b>roller coaster</b> in Allou Fun Park?	τρενάκι στο λούνα παρκ	97
direction	n	Don't go in that <b>direction</b> . It's not the correct one.	κατεύθυνση, διεύθυνση	97
catch	V	My dog can <b>catch</b> a ball. It can't fly.	πιάνω, αρπάζω	97
recipe	n	My mother has a new <b>recipe</b> for pasta. Let's try it!	συνταγή	98
First of all	adv	First of all, I would like to build a snowman.	Καταρχάς	98
chocolatey	adj	His birthday cake tastes <b>chocolatey</b> .	σοκολατένιος	98



**CC = Culture Connection** 

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
salty	adj	'Is the soup a little <b>salty</b> ?' 'Yes, let's drink a lot of water'.	αλμυρός	98
salt	n	The food doesn't have a lot of salt.	αλάτι	98
instead of	adv	Can I have a salad instead of pasta?	αντί για	98
sugar	n	Do you want <b>sugar</b> on your tea?	ζάχαρη	98
bitter	adj	There isn't sugar in the tea. It's bitter.	πικρός	98
rough	adj	Her hands are <b>rough</b> . She works hard.	τραχύς, άγριος	98
smooth	adj	The babies usually have <b>smooth</b> skin.	λείος, απαλός	98
spicy	adj	People in Mexico like <b>spicy</b> food. It is very hot.	πικάντικος, καυτερός	98
sour	adj	Don't eat these oranges. They're not ready. They're <b>sour</b> .	ξινός	98
bakery	n	We can buy bread and sweets in the <b>bakery</b> .	φούρνος	98
friendly	adj	Mr Peters is our Maths teacher. He's very <b>friendly</b> with all the pupils.	φιλικός	99
smelly	adj	Your feet are <b>smelly</b> . Clean them, please.	βρομερός	99
pastry	n	My uncle likes making <b>pastries</b> and bread. They're delicious.	ζύμη, αρτοσκεύασμα, γλύκισμα	CC 100
treat	n	My mother always gives us <b>treats</b> after dinner.	λιχουδιά	CC 100
tired	adj	Emma is going to bed. She's very tired.	κουρασμένος	CC 100
smile	V	My sister <b>smiles</b> when my mother brushes her hair.	χαμογελώ	CC 100
send	V	Can you <b>send</b> an email to aunt Olivia to Italy?	στέλνω	CC 100
stink	V	It's time to clean your room, Conor. It stinks!	βρωμάω, μυρίζω	CC 101
look after	phr v	James looks after his little sister when their parents are at work.	φροντίζω	CC 101
give sb a bath	phr	My mother gives my baby brother a bath twice a day.	κάνω κάποιον μπάνιο	CC 101
dreadful	adj	The weather is dreadful. It's snowy, windy and cold.	φοβερός, τρομερός	CC 101
zookeeper	n	Michael looks after animals in a zoo. He is a zookeeper.	φύλακας στο ζωολογικό κήπο	100
rubbish collector	n	William picks up the rubbish every day. He is a rubbish collector.	σκουπιδιάρης	100
improve	V	You can have some lessons to <b>improve</b> your English.	βελτιώνω	100
regularly	adv	My sister washes the dishes <b>regularly</b> ; twice a day.	τακτικά	100
imagine	V	Can you imagine doing wind surfing? It's a fantastic sport.	φαντάζομαι	100
detail	n	How were your holidays in Crete? Tell me all the details.	λεπτομέρεια	102
final sentence	n	What's the final sentence of this text?	τελική πρόταση	101
introduce	V	I would like to <b>introduce</b> a new student, children. His name is James.	εισάγω, παρουσιάζω	102
expand on	phr v	Why don't you <b>expand on</b> your idea of going to Italy for holiday?	αναπτύσσω, αναλύω	102

### **UNIT 6**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
home-grown	adj	Home-grown fruit taste better than the ones we buy from the supermarket.	σπιτικός	102
garden	n	We have a beautiful garden outside our house with a lot of flowers.	κήπος	102
teddy bear	n	His favourite toy is a brown teddy bear.	αρκουδάκι	102
get angry	phr	When the students talk, the teacher gets angry.	θυμώνω	102
autumn	n	After the summer, there is the autumn.	φθινόπωρο	102
pretty	adj	Emily is very <b>pretty</b> in that dress.	χαριτωμένος, όμορφος	102
flip-flop	n	We wear flip-flops in the beach.	σαγιονάρα	102
plum	n	A <b>plum</b> is a kind of fruit we eat in August.	δαμάσκηνο	103
flag	n	The Greek flag is blue and white.	σημαία	103
glad	adj	I'm very <b>glad</b> we're going to the concert this weekend.	χαρούμενος	103
block	n	Children like playing with <b>blocks</b> .	τουβλάκι	103
glow	n	Look at the <b>glow</b> of the fire. It's warm.	φως, λάμψη	103
blow	V	The weather is windy and cold. The wind is <b>blowing</b> .	φυσάω	103
oatmeal	n	I enjoy having milk with cereal and <b>oatmeal</b> for breakfast.	βρώμη, νιφάδες βρώμης	103

### **CHECK UNITS 4-6**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
cut out	phr v	Children, cut out the pictures from your book and put them on your desk.	αφαιρώ, βγάζω	108
outline	n	First, we'll make an outline and then we'll write the paragraph.	περίγραμμα	108
fold	V	William can fold the paper and create a small bird.	διπλώνω	108
swap	V	I really like your black jumper. Do you want to swap it for my red one?	ανταλλάσσω	108
comment	n	Can you make a comment about my new dress? Do you like it?	σχόλιο	108
		EXAM PREPARATION UNITS 4-6		
sweater	n	It's cold. Have you got a sweater for me, Susan?	πουλόβερ	111

#### **UNIT 7**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
fabulous	adj	The weather was <b>fabulous</b> at the weekend. It was warm all day.	υπέροχος, καταπληκτικός	112
bread	n	My uncle works in a bakery. He makes bread.	ψωμί	112
cucumber	n	The Greek salad has got tomatoes and cucumbers.	αγγούρι	112
turkey	n	My grandmother sometimes cooks <b>turkey</b> on Sundays.	γαλοπούλα	112
mustard	n	Would you like some mustard with your cucumbers?	μουστάρδα	112
lettuce	n	I don't want lettuce in my salad. I want only tomatoes.	μαρούλι	112
perfection	n	He spends a lot of time cooking. He wants <b>perfection</b> for all his foods.	τελειότητα	112
pepper	n	You can have <b>peppers</b> in your salad, too. It's delicious!	πιπεριά	112
mushroom	n	Ethan can't eat <b>mushrooms</b> . They're dangerous for him.	μανιτάρι	112
sauce	n	We have to use tomato sauce for a pizza.	σάλτσα	112
olive	n	There are a lot of olives in Greece. They're usually green or black.	ελιά	112
onion	n	The <b>onions</b> are sour. I don't like eating them.	κρεμμύδι	112
shelf	n	How many <b>shelves</b> with books are there in your room?	ράφι	113
problem	n	'Dad, I have got a lot of <b>problems</b> in Maths. Can you help me?'	πρόβλημα	113
instead	adv	I would like pasta instead of salad for lunch.	αντί	113
surprise	n	Jessica's friends will have a party for her birthday. She doesn't know. It'll be a surprise.	έκπληξη	114
cheese	n	Can I have some bread and cheese as a snack?	τυρί	114
topping	n	Do you want peppers and onions for <b>topping</b> in your pizza?	επικάλυψη, γαρνιτούρα	114
fridge	n	The <b>fridge</b> is usually in the kitchen. There is cold water in it.	ψυγείο	114
look for	phr v	'What are you looking for, Sophie?' 'My dog. I can't find him!'	ψάχνω για	115
next	adv	'We're going to the park this evening. What are we doing <b>next</b> ?' 'We're going to the cinema.'	μετά, στη συνέχεια	115
Don't worry!	phr	I always wash my hands when I play with the dog. Don't worry!	Μην ανησυχείς!	116
strawberry	n	Strawberries are red fruit . They are fresh in May.	φράουλα	116
mango	n	'What's this?' 'It's a mango. It's a fruit. Do you want to try it?'	μάνγκο	116
brilliant	adj	'Let's play video games now.' 'That's a <b>brilliant</b> idea!'	λαμπρός, εξαιρετικός	117
guess	V	'I don't know the answer to this exercise.' 'Ok, guess! Is it A or B?'	μαντεύω	118
vitamin	n	How many <b>vitamins</b> are there in fruit?	βιταμίνη	118
vegetable	n	Carrots and peppers are vegetables.	λαχανικό	118
human	adj	Legs and hands are parts of the <b>human</b> body.	ανθρώπινος	118

#### **UNIT 7**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
blood	n	There was <b>blood</b> on his shirt. Is he ok?	αίμα	118
energy	n	We can get <b>energy</b> when we drink a lot of food.	ενέργεια	118
soluble	phr	Vitamins A and D can be fat <b>soluble</b> .	διαλυτό	118
iron	n	My doctor says I need more <b>iron</b> in my body. I have to eat more meat.	σίδηρος	118
muscle	n	Muscles are parts of the body. We need them to walk.	μυς	118
naturally	adv	'Is the bathroom a naturally clean place? 'No, it isn't.'	φυσικά	118
nut	n	Lily likes eating <b>nuts</b> for snack. They're her favourite.	ξηρός καρπός	118
substance	n	Don't drink this! I think there is a strange <b>substance</b> .	ουσία	118
move	V	'Can you help me <b>move</b> this table? I can't do it myself!' 'Of course!'	κινώ, μετακινώ	118
variety	n	In the supermarket, there is a great variety of nuts to choose from.	ποικιλία	118
naughty	adj	My cousin Liam is very <b>naughty</b> . He doesn't listen to his parents.	άτακτος, ζωηρός	118
bar	n	Can you get me a new <b>bar</b> of soap?	πλάκα	118
dark	adj	Emily is wearing a <b>dark</b> blue coat.	σκούρος, μαύρος	118
pilot	n	Charlie likes planes very much. He wants to be a pilot.	πιλότος	118
contain	V	This cake <b>contains</b> nuts. Is there a problem?	περιέχω, περιλαμβάνω	119
plate	n	My grandma has new <b>plates</b> in the kitchen shelf. They're orange and white.	πιάτο	119
coffee	n	Would you like some tea or <b>coffee</b> ?	καφές	121
fizzy drink	n	There are a lot of fizzy drinks in the party.	αναψυκτικό	121
goody goody	adj	My sister is a <b>goody goody</b> . She always listens to our parents.	γλυκανάλατος	121
teenager	n	My brother Conor is 16 years old. He's a teenager.	έφηβος	121
boiled	adj	'Are these eggs <b>boiled</b> ?' 'Yes, they are'.	βρασμένος	CC 122
toast	n	Bethany wants toast and milk for breakfast.	φρυγανισμένο ψωμί	CC 122
marmite	n	Marmite is a substance you can use on your bread.	μαρμίτης	CC 122
bacon	n	The English usually have <b>bacon</b> and eggs for breakfast.	μπέϊκον	CC 122
butty	n	Do you want a bacon or tomato <b>butty</b> ?	σάντουιτς	CC 122
blueberry	n	You can add <b>blueberries</b> in your yoghurt.	μύρτιλο, μπλούμπερι	CC 122
porridge	n	Some people have <b>porridge</b> for breakfast in the winter.	πόριτζ, κουάκερ	CC 122
oat	n	Do you want to try the new biscuits of oat?	βρώμη	CC 122
honey	n	You can have energy when you eat bread and honey.	μέλι	CC 122
rice	n	Do they eat a lot of <b>rice</b> in China?	ρύζι	CC 122



**CC = Culture Connection** 

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
pickle	n	Harry hates eating <b>pickles</b> . They're horrible.	πίκλα	CC 122
doughnut	n	My uncle Thomas is a baker. He makes doughnuts. They are small cakes.	ντόνατ	CC 123
fried	adj	Is the chicken <b>fried</b> or boiled?	τηγανητός,τηγανισμένος	CC 123
cream	n	I think strawberries and <b>cream</b> are yummy.	κρέμα	CC 123
kipper	n	Kipper is a kind of fish.	καπνιστή ρέγγα	123
pancake	n	They use milk and eggs to make <b>pancakes</b> .	τηγανίτα	123
title	n	'What's the title of Stephenie Mayer's book?' 'The Twilight.'	τίτλος	124
explain	V	Can you <b>explain</b> this exercise? I don't understand.	εξηγώ	124
summarise	V	Let's summarise all the information we know about wild animals.	συνοψίζω, ανακεφαλαιώνω	124
opinion	n	What's your opinion of Lionel Messi? Is he a good football player?	γνώμη, άποψη	124
slice	n	'How many <b>slices</b> of pizza do you want?' 'Three, please'.	φέτα	124
fluffy	adj	Look at that bread! It's so fluffy!	αφράτος, μαλακός	124
butter	n	'Do you fry eggs in oil or in butter?' 'In oil. It's more healthy.'	βούτυρο	124
maple syrup	n	Maple syrup is a kind of substance we put on bread or pancakes.	σιρόπι σφενδάμου	124
dream	V	I dream that I ride my bike every night.	ονειρεύομαι	125
frog	n	Frogs live in forests near lakes.	βάτραχος	125
prize	n	The best basketball players at school will get a prize.	βραβείο, έπαθλο	125
drive	V	I don't know how to <b>drive</b> a car. I'm 15 years old.	οδηγώ	125
cry	V	My baby sister doesn't <b>cry</b> very often.	κλαίω	125
prince	n	My grandma sometimes tells me a story about a frog and a prince.	πρίγκιπας	125
brick	n	My baby cousin likes playing with <b>bricks</b> . He makes houses.	τουβλάκι	125
stuffed	adj	You can have <b>stuffed</b> bread with tomato and cheese for lunch.	γεμάτος, γεμιστός	126
typical	adj	Can you describe a typical day in your life as a teenager?	τυπικός	126
dumpling	n	Dumplings can contain meat or potatoes. They can be fried or boiled.	νταμπλινγκ (είδος ζύμης)	126
I don't think so.	phr	'Will you feed the dog, Jack?' 'I don't think so.'	Δεν νομίζω.	127
pineapple	n	Pineapple is an exotic fruit.	ανανάς	127

### **UNIT 8**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
living	n	Is your way of living healthy? What do you think?	τρόπος ζωής	128
sleep	n	Damian sometimes talks in his sleep.	ύπνος	128
enough	adj	We haven't got <b>enough</b> apples for the pie. We have to buy some.	αρκετός	128
great	adj	The weather is <b>great</b> . It's warm and sunny.	περίφημος, θαυμάσιος	128
right	adv	You guessed right! This is your birthday present.	σωστά	129
unhealthy	adj	Fast food is <b>unhealthy</b> . Try to eat right!	ανθυγιεινός	130
kind of	adv	'I'm <b>kind of</b> happy today.' 'Why?' 'I don't have school.'	κατα κάποιο τρόπο	130
I suppose so	phr	'Can I go to the party?' 'I suppose so.'	υποθέτω, φαντάζομαι	130
stomach	n	His <b>stomach</b> is full of food. He had dinner.	στομάχι	131
feel funny	phr	'How are you' 'Oh, I'm not very well. I <b>feel funny</b> '.	αισθάνομαι περίεργα	131
take a shower	phr	Take a shower in the bathroom and go to bed, children!	κάνω ντους, μπάνιο	133
national park	n	Can you tell me the name of a national park in England?	εθνικό πάρκο	133
calorie	n	How many calories does chocolate have?	θερμίδα	134
active	adj	My uncle has a very <b>active</b> life. He plays football and basketball every afternoon.	ενεργός	134
burn	V	The kids are running very fast. They'll <b>burn</b> all the calories.	καίω	134
fit	adj	When we eat unhealthy food, we can't keep fit.	σε καλή φυσική κατάσταση	134
measure	n	Degree Celsius is a measure for the temperature.	μέτρο, μέτρηση	134
put on weight	phr	Alison tries to eat healthy. She doesn't want to put on weight.	παίρνω βάρος	134
rest	V	She's tired. She wants to <b>rest</b> .	ξεκουράζομαι	134
certain	adj	Are you looking for a <b>certain</b> video game?	συγκεκριμένος	134
heart	n	Heart is the most important part of the human body.	καρδιά	134
definitely	adv	I'll definitely come to your birthday party, Emily!	οπωσδήποτε	134
pay attention to	phr	Elisabeth doesn't pay attention to Art class. She doesn't like it.	προσέχω	134
honest	adj	Do you want my <b>honest</b> opinion? That dress doesn't match with the shoes.	τίμιος, ειλικρινής	134
champion	n	Michael and Alexander are the <b>champions</b> in wind surfing.	πρωταθλητής	136
cyclist	n	It's difficult to be a <b>cyclist</b> in the city. There are a lot of cars.	ποδηλάτης	136
hurt	V	Joe hurt his leg in the football game.	πληγώνω	136
knee	n	Jennifer went to the doctor. There was a problem with her knee.	γόνατο	136
last (week)	adj	'Did you go to the concert last week?' 'Yes, I did.'	προηγούμενος	136
programme	n	How often do you watch the news <b>programme</b> ?	πρόγραμμα	136



UNII O	PART OF		CC = Culture Co	mection
HEADWORD	SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
sofa	n	There is a green <b>sofa</b> in the living room.	καναπές	136
fall asleep	phr v	'Did she fall asleep?' 'Yes, she did. She was very tired.'	αποκοιμιέμαι	136
straight away	adv	Samantha doesn't feel well. Let's go to the doctor straight away.	αμέσως	136
drop	V	Please don't <b>drop</b> the plates.	ρίχνω, μου πέφτει	136
exercise	V	It's important to <b>exercise</b> every day. You keep healthy.	εξασκούμαι	136
join	V	We're going rock climbing this weekend. Would you like to join us?	έρχομαι μαζί, συμμετέχω, γίνομαι μέλος	136
tip	V	When we go to a restaurant, my father always tips the waiter.	αφήνω φιλοδώρημα	136
on foot	phr	We always go to school <b>on foot</b> . We never go by car.	με τα πόδια	137
marathon	n	The Athens marathon is in four days. Are you ready?	μαραθώνιος	137
almost	adv	Dinner is almost ready. I need a few more minutes.	σχεδόν	CC 138
octopush	n	Do you want to play octopush? It's a new sport. We play it underwater.	χόκεϊ που παίζεται κάτω από το νερό	CC 138
footvolley	n	Footvolley is a sport. It's a kind of beach volleyball and football.	άθλημα που συνδιάζει βόλεϊ και ποδόσφαιρο	CC 138
pumpkin	n	Pumpkin is a kind of vegetable. It's big and orange.	κολοκύθα	CC 138
regatta	n	Regatta is a sports event.	λεμβοδρομία	CC 138
scuba diving	n	Do you want to try scuba diving? It's an amazing sport!	κατάδυση	CC 138
club	n	There is a tennis <b>club</b> at school. Do you want to go this Friday afternoon?	σύλλογος, όμιλος	CC 138
invent	V	Would you like to <b>invent</b> a robot to do all the housework?	επινοώ, εφευρίσκω	CC 138
during	prep	During the summer, Conor works as a farmer with his uncle.	κατά τη διάρκεια	CC 138
hockey	n	Which is your favourite sport? <b>Hockey</b> or baseball?	χόκεϊ	CC 138
stick	n	I think we definitely need a <b>stick</b> for hockey.	μπαστούνι	CC 138
puck	n	We can't play hockey without a <b>puck</b> .	δίσκος, σφαίρα (χόκεϊ)	CC 138
net	n	Can we use the same <b>net</b> for both volleyball and hockey?	δίχτυ	CC 138
score	V	Wayne Rooney <b>scored</b> three goals in the game.	σκοράρω	CC 138
unfortunately	adv	Unfortunately, we can't ride our bikes. The weather is awful.	δυστυχώς	CC 138
be allowed to	V	Students are not allowed to leave school before two o'clock.	επιτρέπεται να	CC 139
court	n	We have a new tennis <b>court</b> near our house.	γήπεδο (τένις)	CC 139
pass	V	Can you <b>pass</b> me the salt, please?	δίνω	CC 139
exciting	adj	Let's go sledging tomorrow! It's an <b>exciting</b> sport!	συναρπαστικός	CC 139
call	V	The twins are <b>called</b> Harry and Megan.	καλώ, ονομάζω	CC 139



CC = Culture Connection

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
race	n	Would you like to join the swimming race?	αγώνας	CC 139
giant	adj	We saw a <b>giant</b> octopus on TV yesterday.	τεράστιος, πελώριος	CC 139
rowing	n	Our school had the first prize in <b>rowing</b> this year.	κωπηλασία	CC 139
hiking	n	There is a great park near my house for <b>hiking</b> . Do you want to join me?	πεζοπορία	140
haul	V	It's very difficult to haul a boat myself. Can you help me, please?	σέρνω, τραβώ	141
tall	adj	Basketball players are usually very tall.	ψηλός	141
claw	n	Tigers always have sharp <b>claws</b> .	νύχι (ζώου)	141
law	n	Police are looking for people who are against the law.	νόμος	141
yawn	V	Helen can't stop yawning. She's tired and she wants to go to bed.	χασμουριέμαι	141
wall	n	One wall in my room is purple and the other is grey.	τοίχος	141
be bored	adj	I'm bored. Do you want to go to a concert?	βαριέμαι	141
neighborhood	n	His house is in a very nice <b>neighborhood</b> with trees and plants.	γειτονιά	142
rule	n	One of the classroom <b>rules</b> is to bring all your books.	κανόνας	142
survey	n	Thomas does a <b>survey</b> . He wants to find out the favourite TV programme of his classmates.	έρευνα	143

### **UNIT 9**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
school trip	n	Our <b>school trip</b> to Patras was fantastic.	σχολική εκδρομή	144
top	n	Football is one of the <b>top</b> sports in the world.	κορυφαίος, καλύτερος	144
visit	V	Michelle visits her grandparents once a week.	επισκέπτομαι	144
museum	n	The Acropolis <b>Museum</b> is in the centre of Athens.	μουσείο	144
dairy farm	n	'Are there any cows in the dairy farm?' 'Yes, there are.'	βουστάσιο	144
art gallery	n	There are a lot of paintings in the art gallery.	γκαλερί, πινακοθήκη	144
theatre	n	Would you like to go to the <b>theatre</b> tonight?	θέατρο	144
concert hall	n	I would like to visit a concert hall one day.	αίθουσα συναυλιών	144
aquarium	n	How many kinds of fish are there in the aquarium?	ενυδρείο	144
interesting	adj	There is a really <b>interesting</b> TV programme about wild animals.	ενδιαφέρων	145
fantastic	adj	This flower is beautiful. Its colour is fantastic.	φανταστικός	146
guide	n	They took a lot of information from the <b>guide</b> in the art gallery.	ξεναγός, οδηγός	146
another	pron	I'd like another cup of tea, please!	ακόμη ένα	147
present	n	'What do you want as a <b>present</b> for your birthday, Lauren?' 'A bike!'	δώρο	147
gift shop	n	Dad, can we go to the <b>gift shop</b> to buy a present for my friend's birthday?	κατάστημα δώρων	147
play	n	Elizabeth and her sister saw a fantastic <b>play</b> at the theatre.	θεατρική παράσταση	148
impressionist	n	Impressionist is an artist in a type of art called Impressionism.	ιμπρεσιονιστής	150
oil painting	n	There are some oil paintings in the art gallery.	ελαιογραφία	150
painter	n	Vincent Van Gogh and Pablo Picasso are famous painters.	ζωγράφος	150
boring	adj	The film of 'The Black Panther' was really <b>boring</b> . We didn't see the end.	βαρετός	150
No way!	phr	'What do we have for lunch, Mum?' 'Beans' 'No, way! I hate them!'	Αποκλείεται! Με τίποτα!	150
style	n	Claude Monet and Wassily Kandinsky have different styles in painting.	στυλ, τεχνοτροπία	150
bit	n	He ate every <b>bit</b> of the pineapple. He didn't try any other fruit.	μέρος, κομμάτι	150
nature	n	They love <b>nature</b> . They want to become farmers.	φύση	150
deaf	adj	Unfortunately, my grandpa doesn't hear very well. He's a little <b>deaf</b> .	κουφός	150
original	adj	Is this the original painting or a copy of Salvador Dali?	πρωτότυπος, γνήσιος, αυθεντικός	150
remind	V	It's Tracy's birthday today. Remind me to buy her a present.	υπενθυμίζω	150
scary	adj	I don't like watching <b>scary</b> films. I see them in my dream.	τρομαχτικός	150
happen	V	'A funny thing happened at school today.' 'What? Tell me!'	συμβαίνω	150
mental	adj	There are some mental exercises to improve your way of studying.	πνευματικός, νοητικός	150



**CC = Culture Connection** 

HEADWORD	PART OF	EXAMPLE	GREEK TRANSLATION	PAGE
NEADWORD	SPEECH	EAAIVIPLE	GREEK TRANSLATION	PAGE
illness	n	My sister has to go to the doctor. She has a serious illness.	ασθένεια, αρρώστεια	150
arrive	V	Lauren arrives at work at nine o'clock every morning.	φθάνω, καταφθάνω	152
ticket	n	How much do the tickets for the aquarium cost?	εισιτήριο	152
pocket	n	How many <b>pockets</b> are there in your trousers?	τσέπη	152
jacket	n	It's cold outside. Take your jacket, Alex!	μπουφάν	152
go shopping	phr	Why don't we <b>go shopping</b> this Saturday? I want some clothes and shoes.	πηγαίνω για ψώνια	153
postcard	n	Send me a <b>postcard</b> from England, uncle!	καρτ ποστάλ	153
meet	V	Why don't we <b>meet</b> for lunch tomorrow, Margaret?	συναντώ	153
stage	n	Look! My favourite actor is on stage!	σκηνή	CC 154
new	adj	Mum, my bike is old. Can I have a <b>new</b> one, please?	νέος, καινούριος	CC 154
entertainment	n	My friend Charlie plays video games for entertainment.	διασκέδαση	CC 154
performance	n	There are two <b>performances</b> a day at the theatre.	παράσταση	CC 154
open-air	n	One of the most famous <b>open- air</b> theatres in Greece is in Epidaurus.	ανοιχτός	CC 154
laugh	V	The film was very funny. I couldn't stop laughing!	γελώ	CC 155
show	n	We watched a fantastic <b>show</b> in the aquarium.	θέαμα, παράσταση, σόου	CC 155
move	V	My cousin moved to another city last week. He lives in Lamia now.	μετακομίζω	CC 155
dramatic	adj	The performance had a <b>dramatic</b> effect on all the children. They started crying.	δραματικός	CC 155
together	adv	Tracy and Susan play table tennis together every weekend.	μαζί	CC 155
magical	adj	They spent a magical evening at the park yesterday.	μαγικός	CC 155
continue	V	Can I continue with my homework later, Mum? I want to have a snack now.	συνεχίζω	CC 155
menagerie	n	'Are there any wild animals in the menagerie?' 'Probably. Let's see.'	θηριοτροφείο	154
silent	adj	A silent film doesn't have any sound.	βουβός	154
long	adj	The film we watched was four hours. It was too long!	μακρύς, μακροσκελής	155
instrument	n	'Do you play any musical instruments?' 'Yes, I play the violin'.	όργανο	155
in the past	phr	Children played in the streets in the past. Now, they play games in the computer.	στο παρελθόν	155
prefer	V	I have got apple and orange juice. Which one do you prefer?	προτιμώ	155
object	n	We always put the <b>object</b> after the verb in a sentence.	αντικείμενο (συντακτικός όρος)	156
tent	n	We cannot go camping without a tent.	σκηνή, αντίσκηνο	157
nest	n	The birds put their children in a <b>nest</b> .	φωλιά	157
sand	n	There is a lot of <b>sand</b> in the beach.	άμμος	157

### **UNIT 9**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
chest	n	The <b>chest</b> is a part of the body before the stomach.	στήθος	157
ant	n	Ants are very small animals. They live everywhere.	μυρμήγκι	157

### **CHECK UNITS 7-9**

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE			
illustrate	V	Can we illustrate the exercise with a picture in this book?	απεικονίζω	162			
EXAM PREPARATION UNITS 7-9							
welcome	V	Welcome home, Emily! How was your first day at school?	καλωσήρθες, καλωσόρισες	165			