

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
kid	n	My parents have got three kids. My brother, my sister and me.	παιδί	4
yearbook	n	'Is this your yearbook?' 'Yes, it is. All the kids of the class are in it.'	επετηρίδα	4
tall	adj	Giannis Antetokounmpo is very tall. He's a basketball player.	ψηλός	4
long	adj	Snakes are very long animals.	μακρύς	4
light	adj	Is this dress light black or blue?	ανοιχτός (για χρώμα)	4
flute	n	He wants to learn how to play the flute.	φλάουτο	4
short	adj	Conor's hair isn't long. It's short .	κοντός	4
straight	adj	Amelia has got long straight brown hair.	ίσιος	4
glasses	n	I can't see very well. Can you get me my glasses?	γυαλιά	4
shy	adj	My cousin doesn't talk very much. He's very shy .	ντροπαλός	4
carry	v	I want to carry these books from the bedroom to the table. Can you help me, please?	μεταφέρω	4
bright	adj	The sun is very bright today. I can't look at it.	φωτεινός, έντονος	4
wavy	adj	Sophie's hair isn't straight. It's wavy.	κυματιστός, σπαστός	4
blonde	adj	Look at this blonde woman. She's beautiful.	ξανθός	4
clever	adj	Alexander is very clever . He got an "A" in the test.	έξυπνος	4
dark	adj	His coat is dark green, not black.	σκούρος	4
serious	adj	When you read a book, you look very serious , Thomas.	σοβαρός	4
friendly	adj	The teacher is very friendly to all the kids.	φιλικός	4
funny	adj	That is a very funny film. I can't stop laughing.	αστείος	4
first	adj	Monday is the first day of the week.	πρώτος	5
be back	V	Every day I'm back from school at 2:30.	επιστρέφω	5
different	adj	Liam and Emma like different fruits. He likes apples and she likes oranges.	διαφορετικός	5
stand	V	Can we stand here? There is nowhere to sit.	στέκομαι	5
over there	phr	Look at this cat over there. It's dark black.	εκεί πέρα	5
curly	adj	Michelle's hair isn't straight. It's curly.	κατσαρός	5
same	adj	Emily and Isabella don't go to different schools. They go to the same one.	ίδιος	5
change	v	She wants to change her hairstyle and cut it short.	αλλάζω	5
grow	v	My dog grows very quickly. It's six months old!	μεγαλώνω	5
chair	n	How many chairs are there near the kitchen table?	καρέκλα	5



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wait	V	Wait for me, please! I'll be ready in a minute.	περιμένω	5
last time	phr	Last time I called Jacob, he wasn't at home.	την τελευταία φορά	5
saxophone	n	'Do you know how to play the saxophone ?' 'No, I don't.'	σαξόφωνο	5
just like	phr	George plays the saxophone just like his teacher.	ακριβώς όπως	6
new	adj	Lauren is the new student in our class.	νέος, καινούριος	6
really	adv	The new film is really good. Let's watch it!	πραγματικά	6
What's sb like?	phr	'What's Patricia like?' 'She's tall and has got dark brown hair.'	Πώς είναι? (εμφανισιακά)	6
common	adj	My brother and I have the same room. It's common .	κοινός	6
classmate	n	Lily and Sophie aren't in the same class. They aren't classmates.	συμμαθητής	7
nice	adj	Jennifer isn't nice to her mother. She said bad words.	καλός, ευγενικός	7
definitely	adv	I'll definitely come back from school at two o'clock.	οπωσδήποτε	7
chart	n	'Who was the best football player in 2018?' 'Let's look at the sports chart.'	πίνακας, διάγραμμα	7
think	V	'What do you think of the new kid in your class?' 'He's nice.'	σκέφτομαι, νομίζω	7
explain	V	'Can you explain this word to me, Dad?' 'It's in Italian.'	εξηγώ	7
heavy	adj	Your backpack is very heavy . Have you got a lot of things in it?	βαρύς	8
describe	V	Tracy, can you describe your classmate Michael? Is he tall or short?	περιγράφω	9
twin	n	Jason looks like Noah. Are they twins ?	δίδυμος	10
height	n	Your sister and your brother have the same height. They're both tall.	ύψος	10
exactly	adv	'What's the time?' 'It's exactly ten o'clock.'	ακριβώς	10
fingerprint	n	The police are looking for the fingerprints of bad people.	δαχτυλικό αποτύπωμα	10
fraternal	adj	Linda and Charlotte are twins but they don't look the same. They're fraternal.	ετεροζυγωτικός	10
identical	adj	Joe is exactly like Damian. They're identical twins.	ολόιδιος, μονοζυγωτικός	10
look alike	phr	'Why do Amelia and Olivia look alike?' 'They're twins.'	μοιάζω	10
rare	adj	His car is very rare . There are only four in the world.	σπάνιος	10
relationship	n	My parents and I have a good relationship. We love each other.	σχέση	10
survive	V	Fish live in the sea. They can't survive without water.	επιβιώνω	10
age	n	My cousin and I have the same age. We're nine years old.	ηλικία	10
triplet	n	Conor has got two brothers. They are triplets. They have exactly the same age.	τρίδυμος	10
quadruplet	n	Her aunt has got four children. They are quadruplets .	τετράδυμος	10
birth	n	'What's the date of your birth ?' 'It's 3rd April.'	γέννηση	10



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pair	n	I'd like two pairs of jeans. One black and one blue.	ζευγάρι	10
difficult	adj	This exercise isn't very difficult. Let me help you.	δύσκολος	10
type	n	'What type of music do you like? Rock or pop?'	είδος	10
chance	n	There is a chance of raining today.	πιθανότητα	10
completely	adv	James and Daniel are completely different people. James is serious and Daniel is funny.	εντελώς, πλήρως	10
however	adv	Jennifer has got long straight hair. However, her twin sister has got short curly hair.	ωστόσο, όμως, παρ'όλα αυτά	10
mirror	n	There is a big mirror in the bathroom.	καθρέπτης	10
left-handed	adj	Nick uses his left hand to write. He's left-handed.	αριστερόχειρας	10
right-handed	adj	Mary uses her right hand to write. She's right-handed.	δεξιόχειρας	10
researcher	n	When I grow up, I want to become a researcher.	ερευνητής	10
show	v	I would like to show you a picture of triplets.	δείχνω	10
image	n	This book is for kids. There are a lot of images of animals.	εικόνα	10
special	adj	It's my mother's birthday today. It's a special day.	ξεχωριστός, ιδιαίτερος	10
touch	V	Don't touch the dog, Peter. It's not clean.	αγγίζω	10
be born	V	My father was born on 28th December 1948.	γεννιέμαι	10
survey	n	We have to do a survey for a school project.	έρευνα	11
only child	n	I don't have any brothers or sisters. I'm an only child .	μοναχοπαίδι	11
decide	v	Which dress do you want? The green or the white one? Please, decide.	αποφασίζω	12
interesting	adj	There is a very interesting film on TV about twins.	ενδιαφέρον	12
fabric	n	I really like the fabric of this jacket.	ύφασμα	12
handsome	adj	Brad Pitt is a very handsome man.	όμορφος (για άντρες)	12
perfect	adj	The weather is perfect today. Let's go swimming.	τέλειος, άψογος	12
expensive	adj	This new video game, at 100 euros, is very expensive .	ακριβός	12
intelligent	adj	Margaret is an intelligent student. She got "A" in all her tests.	έξυπνος	12
popular	adj	Souvlaki is a very popular food in Greece.	δημοφιλής	12
motorbike	n	Uncle Jo doesn't have a car; he has a motorbike .	μοτοσικλέτα, μηχανή	13
safety	n	Stay on your seats, kids! It's for your own safety .	ασφάλεια	13
comfort	n	He likes to sit in the comfort of his new chair.	άνεση	13
cheap	adj	Can I buy this pair of jeans, Mum? It's cheap. It's not expensive.	φθηνός	13
dangerous	adj	Cars are more dangerous than planes.	επικίνδυνος	13



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board games	n	Would you like to play board games or video ones?	επιτραπέζια παιχνίδια	13
pet	n	I'd like to have a pet hamster.	κατοικίδιο	13
healthy	adj	It's healthy to eat fruit like apples and oranges.	υγιής, υγιεινός	13
breakfast	n	I like drinking milk with cereal for breakfast.	πρωινό	13
dinner	n	I'd like pasta and a salad for dinner .	βραδυνό	13
exciting	adj	'I know how to play the saxophone.' 'That's exciting !'	συναρπαστικός	13
cartoon	n	My favourite cartoon is SpongeBob SquarePants. Do you like it?	καρτούν, κινούμενα σχέδια	13
comic	n	I enjoy reading comic books. My favourite one is "Batman".	κόμικ	13
agree	v	It's healthy to eat breakfast every morning. Do you agree?	συμφωνώ	13
beard	n	My uncle has got a long beard .	γενειάδα	CC 14
moustache	n	'Has your father got a moustache?' 'No, he hasn't. He's got a beard.'	μουστάκι	CC 14
issue	n	The magazine has got a different issue every month.	τεύχος	CC 14
strange	adj	This flower has a very strange colour. Do you know its name?	παράξενος, περίεργος	CC 14
competition	n	There is a competition at school about the best animal project.	διαγωνισμός	CC 14
fact	n	It is a fact that the Earth goes around the Sun.	γεγονός	CC 14
manly	adj	'Jacob's hands are manly .' 'Yes, he's 35 years old.'	ανδροπρεπής, αρρενωπός	CC 14
scientist	n	Stephen Hawking was a very famous scientist.	επιστήμονας	CC 14
prehistoric	adj	Dinosaurs and mammoths are prehistoric animals.	προϊστορικός	CC 14
scary	adj	I don't like watching scary films. I can't sleep at night.	τρομαχτικός	CC 14
ancient	adj	We are studying ancient Greek history at school this week.	αρχαίος	CC 14
worried	adj	I'm really worried about my sister. She doesn't feel well.	ανήσυχος	CC 14
enemy	n	Cats and dogs are usually enemies . They don't like each other.	εχθρός	CC 14
pull	v	Stop pulling my hair, Kyle!	τραβώ	CC 14
battle	n	We learnt about the battle of Thermopylae in History class today.	μάχη	CC 14
shave	v	My father shaves every two days.	ξυρίζομαι	CC 14
fashion	n	Is the colour red in fashion this year?	μόδα	CC 14
come and go	phr	I don't feel well. The pain comes and goes .	πηγαινοέρχομαι	CC 14
care about	phr v	Oliver doesn't care about eating fruit. He doesn't like them.	νοιάζομαι σχετικά	CC 14
compare	V	Let's compare these two T-shirts. Do they look the same to you?	συγκρίνω	CC 15
year	n	I went to Italy last year .	χρονιά	CC 15



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category	n	'How many categories of twins are there?' 'There are two: identical and fraternal.'	κατηγορία	CC 15
side	n	Which side of the bed do you prefer? The right or the left one?	πλευρά	CC 15
be named after	phr v	My brother's name is George. He's named after my grandpa.	ονομάζομαι από	CC 15
famous	adj	Helena Paparizou is a famous singer in Greece.	διάσημος	CC 15
painter	n	Pablo Picasso was a very famous painter.	ζωγράφος	CC 15
point	V	Why are you pointing at me? I didn't do anything.	δείχνω	CC 15
composer	n	Ludwig van Beethoven was a very famous composer.	συνθέτης	CC 15
competitor	n	Alex and Harry are the two competitors in the game.	διαγωνιζόμενος	CC 15
follow	v	A strange man is following me. What can I do?	ακολουθώ	CC 15
specific	adj	I don't like this specific image of a baby.	συγκεκριμένος	CC 15
rule	n	One of the classroom rules is that we have to do our homework.	κανόνας	CC 15
shape	n	A circle is a shape .	σχήμα	CC 15
take place	phr v	When will the next history competition take place?	λαμβάνω χώρα, γίνομαι	CC 15
culture	n	Each country has got a different culture .	κουλτούρα	CC 15
It doesn't matter.	phr	'I can't come to the park with you.' 'It doesn't matter!'	δεν πειράζει, δεν μετράει	CC 15
hairstyle	n	'Do you like Samantha's new hairstyle?' 'Yes, I do. It's nice!'	κούρεμα, χτένισμα	14
search	v	I have to search on the Internet about the ancient history of Italy for a school project.	ψάχνω	15
title	n	'What's the title of this unit?' It's 'Around the World.'	τίτλος	16
topic sentence	n	The first sentence of a text is the topic sentence .	θεματική πρόταση	16
detail	n	What's the new boy in your class like? Tell me all the details.	λεπτομέρεια	16
final	adj	Is this the final sentence of this text?	τελικός	16
main	adj	What's the main idea of this text?	βασικός, κύριος	16
paragraph	n	When we write, we have to use paragraphs.	παράγραφος	16
information	n	Can you give me more information about the swimming competition?	πληροφορία, -ες	16
order	V	Order the names alphabetically.	βάζω στη σειρά	16
ear	n	Rabbits have got long ears.	αυτί	17
air	n	The air is not clean in a city.	αέρας	17
hear	V	'Can you please repeat it? I didn't hear you!'	ακούω	17
fear	n	My biggest fear is snakes. I hate them!	φόβος	17



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fair	adj	Isabella hasn't got dark hair. She's got fair hair .	ξανθός, ανοιχτόχρωμος	17
near	prep	He lives near the centre of Athens.	κοντά	17
dear	adj	'How are you my dear child?' 'I'm very well, thank you for asking!'	αγαπητός	17
stair	n	There are six stairs to get to my house.	σκαλί, σκαλοπάτι	17
considerate	adj	Our teacher is always considerate and kind to us.	ευγενικός, συνετός	18
others	pron	Only 10 kids are at school. The others are at home.	οι άλλοι, οι υπόλοιποι	18
have a turn	phr	'Let's play this board game.' 'Ok, you can have a turn.'	παίρνω σειρά	18
go first	phr	'Let's play the saxophone.' 'Ok, you can go first !'	πηγαίνω πρώτος	18
drop	phr	'You dropped your yearbook. Here it is.' 'Really? Thank you!'	μου πέφτει, ρίχνω	18
practise	v	She practises the flute every day.	εξασκούμαι	18
partner	n	Do you want to be my partner for the school project?	συνεργάτης, συνέταιρος	18
manner	n	When you are friendly and considerate to others, you have good manners.	τρόπος, συμπεριφορά	18
award	n	This restaurant is fantastic. It won two awards .	βραβείο	18
ribbon	n	Girls like wearing ribbons on their hair.	κορδέλα	18
dialogue	n	The dialogues in the film aren't interesting.	διάλογος	19
playful	adj	My dog likes games very much. He's very playful .	παιχνιδιάρης	19
absolutely	adv	Your mother's cake is absolutely delicious. I ate all of it.	εντελώς, οπωσδήποτε	19



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schedule	n	I have a lot of things on my schedule .	πρόγραμμα	20
go to the dentist	phr	Let's go to the dentist, James. Are you ready?	πηγαίνω στον οδοντίατρο	20
go on holiday	phr	'Where do you usually go on holiday?' 'I go to Naxos.'	πηγαίνω διακοπές	20
go to a wedding	phr	I can't go to my friend's wedding . I am sick.	πηγαίνω σε γάμο	20
visit sb's grandparents	phr	'When do you visit your grandparents?' 'I always visit them at the weekend.'	επισκέπτομαι τους παππούδες	20
eat out	phr v	She doesn't often eat out. She prefers eating at home.	τρώω έξω	20
have a guitar lesson	phr	'When do you have a guitar lesson?' 'On Tuesdays.'	κάνω μαθήματα κιθάρας	20
activity	n	My favourite activity is reading a book.	δραστηριότητα	21
stay up late	phr	You can't stay up late, Megan. You have school!	μένω ξύπνιος ως αργά	21
do the dishes	phr	My father sometimes does the dishes at home.	πλένω τα πιάτα	21
make sb's bed	phr	My brother never makes his bed.	στρώνω το κρεβάτι	21
How often?	phr	How often do you go to the cinema?	Πόσο συχνά?	21
once	adv	'How often do you eat fruit?' ' Once a day.'	μια φορά	21
week	n	There are seven days in a week .	εβδομάδα	21
take out the rubbish	phr	My dad usually takes out the rubbish every day.	βγάζω έξω τα σκουπίδια	21
feed the cat	phr	Liam has to feed the cat every morning.	ταίζω τη γάτα	21
I don't mind.	phr	'Do you want to do the dishes or make your bed?' 'I don't mind.'	δεν με πειράζει	21
cool	adj	Your clothes are nice! You're cool !	τέλειος, άψογος	21
twice	phr	My sister goes to the doctor twice a year but I go once.	δυο φορές	21
time	adv	'How often do you visit your grandparents?' 'Three times a month.'	τρεις φορές	21
plan	n	I don't have a plan for my summer holidays.	σχέδιο	22
wear	v	I usually wear T-shirts and shorts in the summer.	φορώ	22
uncle	n	My father has a brother. He's my uncle .	θείος	23
occasion	n	It's Michelle's birthday today. It's a special occasion. We're having a party.	περίσταση	23
tonight	adv	There's a funny film on TV tonight at 11 o'clock. Would you like to watch it?	απόψε	24
library	n	There are a lot of books in a library .	βιβλιοθήκη (το κτήριο)	24
garden	n	My house has a beautiful garden. There are a lot of trees and flowers.	κήπος	24
tomorrow	adv	Today is Monday. Tomorrow is Tuesday.	αύριο	24
advertisement / advert	n	There are a lot of advertisements on TV and on the Internet about cars.	διαφήμιση	26
important	adj	It's important to go to the doctor every year.	σημαντικός	26



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tool	n	The internet is an important tool for students.	εργαλείο	26
attractive	adj	Charlotte is wearing an attractive red dress. She's beautiful.	ελκυστικός	26
billboard	n	There's a big billboard with the image of a Greek island on it.	διαφημιστική πινακίδα	26
catch sb's eye	phr	This image of a garden with lots of flowers can absolutely catch your eye.	τραβάω / προσελκύω τη προσοχή κάποιου	26
character	n	Mickey Mouse is a famous cartoon character.	χαρακτήρας	26
jingle	n	The new jingle for the Jumbo advertisement is great!	τραγούδι από διαφήμιση	26
product	n	There are a lot of products in the supermarket.	προϊόν	26
slogan	n	The first advertising slogan for this product was the best!	σύνθημα, σλόγκαν	26
tune	n	Listen! It's the tune of my favourite song as a child.	μελωδία, σκοπός	26
cereal	n	She usually has milk with cereal for breakfast.	δημητριακά	26
company	n	His dad works in a company with cars.	εταιρεία	26
website	n	YouTube is one of the most famous websites.	ιστοσελίδα	26
newspaper	n	Her grandfather likes reading the newspaper every day.	εφημερίδα	26
magazine	n	'Which is your favourite magazine?' 'National Geographic'	περιοδικό	26
message	n	Mr Smith is not here. Can I take your message?	μήνυμα	26
watch out	phr v	It's very rainy and cold today! Watch out!	προσέχω	26
sell	V	My uncle has a shop. He sells newspapers and magazines.	πουλώ	26
trainers	n	Mum, I need new trainers for school. The other trainers are old.	αθλητικά παπούτσια	26
perfume	n	His sister always wears a very nice perfume .	άρωμα	26
beauty	n	Look at the beauty of this image! It shows strange animals.	ομορφιά	26
remember	v	I can't remember the rules of this board game.	θυμάμαι	26
In fact	adv	Emily always helps her mother. In fact, she feeds the cat every day.	στην πραγματικότητα	26
forget	v	I'll never forget my first bike.	ξεχνώ	26
fantastic	adj	'Where do you usually go on holidays?' 'We go to Corfu island. It's a fantastic place.'	φανταστικός	27
wait a long time	phr	We have to wait a long time to visit our grandparents. They're on holiday.	περιμένω για πολύ ώρα	29
busy	adj	Jake can't feed the cat now. He's busy .	απασχολημένος	29
hairdresser	n	'I want to change my hairstyle.' 'Why don't you go to Sophie, the hairdresser?'	κομμωτής, κομμώτρια	29
have a rest	phr	It was a very difficult day today. Let's all have a rest!	ξεκουράζομαι	29
unusual	adj	It's unusual to see snow in August.	ασυνήθιστος	CC 30
habit	n	Lauren has the habit of watching cartoons on Saturday morning.	συνήθεια	CC 30



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reply	n	Her reply to his question was unusual.	απάντηση	CC 30
crazy	adj	'Do you want to ride a motorbike?' 'We're only 12 years old. That's a crazy idea!'	τρελός	CC 30
bookshelf	n	How many books are on the bookshelf ?	ράφι με βιβλία	CC 30
weird	adj	'Jakes likes cartoons.' ' That's weird ! He's 30 years old.'	περίεργος, ασυνήθιστος	CC 30
doorknob	n	I can't open the door! There's a problem with the doorknob .	πόμολο πόρτας	CC 30
sliding door	n	There are usually sliding doors in hotels.	συρόμενη πόρτα	CC 30
have a shower	phr	Harry always has a shower after basketball practice.	κάνω ντους	CC 31
cool down	phr v	We all need showers in the summer to cool down .	δροσίζω	CC 31
clean	adj	Don't do the dishes, Mum! They're clean .	καθαρός	CC 31
delicious	adj	Your mother's cake is delicious ! I'll eat it all!	πολύ γευστικός, νόστιμος	CC 31
ice	n	'Would you like some ice in your water?' 'No, thank you!'	πάγος	CC 31
imagine	v	Can you imagine Oliver with a beard and a moustache?	φαντάζομαι	CC 31
pretty	adv	The test was pretty difficult. No one got an A.	αρκετά	CC 31
toy	n	This snake is not real. It's a toy.	παιχνίδι	CC 31
tidy sb 's room	phr	Tidy your room, Tracy! Your grandparents are coming!	τακτοποιώ το δωμάτιο	30
organised	adj	Mrs Emma is a very good teacher. She's very organised and considerate.	οργανωμένος	30
opinion	n	Bethany wants to change her hairstyle. What's your opinion?	γνώμη, άποψη	30
lucky	adj	He is so lucky . He always wins.	τυχερός	31
kind	n	How many kinds of advertising are there?	είδος	31
sequence	n	Put the sentences in sequence to make a dialogue.	σειρά, ακολουθία	32
first	adv	First, we'll go to the dentist.	πρώτα, αρχικά	32
next	adv	Next, we'll go to the park.	μετά	32
spelling	n	What's the correct spelling of the word 'interesting'?	ορθογραφία	32
then	adv	Then, we'll come back home.	έπειτα, μετά	32
after	prep	After that, we'll have dinner.	μετά από	32
finally	adv	Finally, we'll go to bed.	τελικά	32
afternoon	n	He usually does his homework in the afternoon.	απόγευμα	32
surf	V	Do you like to surf in the sea? It's my favourite activity.	κάνω σέρφινγκ	33
fur	n	Emily's cat has got beautiful white fur .	γούνα, τρίχωμα	33
curl	v	Look at this girl. She's got a lot of brown curls in her hair.	μπούκλα	33



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shirt	n	We're going to go to a wedding. Wear your blue shirt and black trousers, Kyle.	πουκάμισο	33
hurt	v	He hurt his leg in the basketball game and he has to go to the doctor.	πληγώνω	33
sir	n	'How can I help you, sir?' 'I'd like a shirt, please.'	κύριος	33
turn	v	At the end of the hall, turn left. It's the bathroom.	γυρίζω, στρέφομαι	33
vegetable	n	Carrots and onions are vegetables.	λαχανικό	34
mural	n	There are murals of famous people on the wall in our class.	τοιχογραφία	34
hang	v	Do you want to hang this mirror on the wall in the bathroom?	κρεμώ	34
silly	adj	Don't wear that skirt! You look silly !	ανόητος, χαζός	35



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
favourite	n	You can put this website in your favourites .	αγαπημένα	36
steamed bun	n	One of the most famous foods in China is steamed buns.	ψωμάκι μαγειρεμένο στον ατμό	36
chicken curry	n	Indian people often cook chicken curry.	κοτόπουλο με κάρι	36
porridge	n	In the winter mornings, some people have porridge for breakfast.	πόριτζ, κουάκερ	36
watermelon	n	My favourite fruit in the summer is watermelon.	καρπούζι	36
cereal with milk	phr	'What do you have for breakfast, Victoria?' 'I usually have cereal with milk.'	δημητριακά με γάλα	36
lamb meatball	n	Daniel's favourite food is lamb meatballs.	κεφτεδάκια από αρνί	36
noodle soup	n	'I think we'll have noodle soup for dinner tonight.' 'Great!'	σούπα με νουντλς	36
paella	n	My parents and I are going to a Spanish restaurant. We're having paella for dinner.	παέγια (Ισπανικό φαγητό)	36
toasted cheese sandwich	n	Some kids have toasted cheese sandwich for dinner.	ψημένο τοστ με τυρί	36
Would you like?	phr	Would you like to visit your grandparents this weekend, Charlotte?	Θα ήθελες?	37
taste	v	Mums always tastes the food she cooks.	γεύομαι, δοκιμάζω	37
anyhow	adv	Sam is going to have the award in the tennis competition, anyhow . He's the best!	όπως και να'χει, σε κάθε περίπτωση	37
come on	phr v	Come on, John! The party is going to be fantastic!	άντε, έλα	37
sweet	adj	This cake is really sweet ! There is chocolate in it!	γλυκός	37
yummy	adj	Mum, your lamb meatballs are yummy. Can I have more, please?	πεντανόστιμος	37
try	v	Would you like to try some steamed buns? It's Chinese food.	δοκιμάζω	37
be in a hurry	phr	I'm in a hurry! I have to go to school. It's eight o'clock!	βιάζομαι, είμαι βιαστικός	37
bite	n	Take a bite of this chicken hurry. You'll like it!	μπουκιά, μπουκίτσα	37
all right	phr	'We're leaving for your cousin's wedding!' 'All right! I'm ready!'	καλά, εντάξει	37
you're right	phr	'You have to study for your History test, Nick!' 'OK, mum! You're right! I'll do it now!'	έχεις δίκιο	37
plate	n	There are six plates on the table. How many people are we waiting?	πιάτο	37
meal	n	Breakfast is the most important meal of the day.	γεύμα	37
lunch	n	We have paella and noodle soup for lunch . Great!	μεσημεριανό	37
homemade	adj	He loves eating his mother's homemade cakes.	σπιτικός, χειροποίητος	38
sour	adj	This lemonade is very sour ! I can't drink it!	ξινός	39
realise	V	Do you realise how silly it is not to eat vegetables?	συνειδητοποιώ	39
sugar	n	I would like some sugar in my coffee, please.	ζάχαρη	39
salt	n	Can you give me the salt , please?	αλάτι	39



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
snack	n	She usually has a toasted cheese sandwich as a snack .	σνακ, κολατσιό	42
meat	n	Jennifer doesn't like eating meat. She only eats vegetables.	κρέας	42
balanced diet	n	It is really important to have a balanced diet . We have to eat vegetables and meat.	ισορροπημένη δίαιτα	42
dairy	adj	Milk and cheese are dairy products.	γαλακτομικός	42
fat	n	Don't eat food with a lot of fat if you have a balanced diet.	λίπος, λιπαρά	42
grain	n	You need grains to make bread.	σπόροι, σιτηρά, δημητριακά	42
protein	n	How much protein is there in an egg?	πρωτείνη	42
wholemeal	adj	I prefer wholemeal bread and not white. It's more healthy!	ολικής αλέσεως	42
muffin	n	Would you like a muffin for snack? It's a small cake.	μάφιν, κεκάκι	42
right	adj	This skirt is not right for you, Linda. It's very short.	σωστός, κατάλληλος	42
amount	n	Do you know the amount of sugar to make a muffin?	ποσότητα	42
below	adv	You'll find the correct answers to the exercise below , children.	παρακάτω	42
contain	V	This black box contains all my toys.	περιέχω	42
corn	n	James enjoys having corn in his salad.	καλαμπόκι	42
yoghurt	n	I sometimes eat yoghurt with fruit after dinner.	γιαούρτι	42
guide	n	'What are we going to do in the project?' 'Let's look at the guide. It has all the information.'	οδηγός	42
greens	n pl	They have chicken curry with greens today.	λαχανικά	42
whole	adj	Let's cook the whole chicken. There are five people in the family.	ολόκληρος	42
fat-free	adj	Why don't we try this yoghurt? It's fat-free. It's healthier.	χωρίς λιπαρά	42
low-fat	adj	Try to drink low-fat milk. It's better and the taste is fantastic.	με χαμηλά λιπαρά	42
avoid	v	In a balanced diet, you have to avoid fat.	αποφεύγω	42
fill	V	Fill my glass with water, please.	συμπληρώνω	42
stay away from	phr v	Stay away from this dog. It's dangerous!	αποφεύγω, μένω μακριά από	42
recommendation	n	'Charlie, I have some recommendations for our Maths project.' 'Ok, let's talk about it!'	πρόταση, συμβουλή	43
bring	V	Lauren, can I bring some of my friends to your party?	φέρνω	CC 46
canteen	n	There are cakes and muffins in our school canteen.	καντίνα, κυλικείο	CC 46
take turn	phr	All the students will take turns to show their projects.	πάω με τη σειρά	CC 46
serve	V	They usually serve breakfast from 7 o'clock to 10 o'clock.	σερβίρω	CC 46
rice	n	They eat a lot of rice in China.	ρύζι	CC 46



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
fish cake	n	Jessica has fish cakes and potatoes for dinner. It's her favourite.	ψαροκροκέτα	CC 46
carefully	adv	Listen to me carefully, Harry. First, do your homework and then play video games.	προσεχτικά	CC 46
prepare	v	My grandma and I are preparing lunch now.	ετοιμάζω, προετοιμάζω	CC 46
provide	v	People provide competitors with water in a marathon.	παρέχω	CC 46
lunch box	n	All students have got lunch boxes with them. They have got their snacks in it.	δοχείο για φαγητό	CC 46
filling	n	When you cook chicken, you can have a filling in it.	γέμιση	CC 46
ham	n	I'd like a ham and a cheese sandwich, please.	ζαμπόν	CC 46
tuna	n	Tuna is a kind of fish. It's delicious.	τόνος	CC 46
piece	n	Would you like a small or a big piece of cheese?	κομμάτι	CC 46
crisp	n	Thomas is eating crisps again! They're not healthy.	πατατάκι	CC 46
carton	n	'How many cartons of milk do you want?' 'Two.'	χάρτινο κουτί	CC 46
juice	n	I'd like two cartons of orange juice, please.	χυμός	CC 46
sticky	adj	My hands are sticky after I eat ice cream.	κολλώδης	CC 47
dough	n	You need dough to make biscuits.	ζύμη, ζυμάρι	CC 47
ground	n	How many watermelons are there in the ground?	έδαφος	CC 47
maize	n	The other name for maize is corn.	καλαμπόκι	CC 47
dip	v	Don't dip bread in the porridge. It's not ready.	βουτάω μέσα	CC 47
sauce	n	We can serve the fish with this sauce .	σάλτσα	CC 47
organic	adj	Do you realise there are a lot of organic products in the supermarket?	οργανικός	CC 47
naturally	adv	She has got naturally blonde hair.	φυσικά	CC 47
without	prep	Don't go to the wedding without me! I want to come, too!	χωρίς	CC 47
chemical	n	Chemicals are dangerous for people.	χημικό	CC 47
pasta	n	People eat a lot of pasta in Italy.	ζυμαρικά	CC 47
share	v	There aren't enough companions so share with your classmates, please.	μοιράζομαι	46
be similar to	phr	Conor's motorbike is similar to yours.	είμαι παρόμοιος με	47
regularly	adv	They visit their grandparents regularly; once or twice a week.	τακτικά, συχνά, συστηματικά	47
connect	V	I can't connect to the Internet.	συνδέω	48
conjunction	n	The words 'because', 'and', 'so' are conjunctions . They connect the sentences.	σύνδεσμος	48
medal	n	All the competitors will get a medal in this competition.	μετάλλιο	49
bubble	n	Look! There are bubbles in the water!	φούσκα, φυσαλίδα	49



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
travel	V	Do you want to travel by car or by plane?	ταξιδεύω	49
sandal	n	Sandals is a kind of shoe people wear in the summer.	σανδάλι	49
towel	n	There are clean towels in the bathroom.	πετσέτα	49
local	adj	Locals are people who live in a specific place.	ντόπιος	49
chant	v	Come on! Let's all chant the new song!	τραγουδώ, ψέλνω	49
doughnut	n	William can make doughnuts . They're small cakes.	ντόνατ	50
collage	n	All the pupils are going to make a collage with pictures of their favourite foods.	κολάζ	50
sure	adj	I'm sure this is Olivia's brother. He's tall and has got straight black hair.	σίγουρος	51
spicy	adj	When I eat spicy food, I drink a lot of water.	πικάντικος, καυτερός	51
order	n	How many orders of this book do we have?	παραγγελία	51



CHECKPOINT UNITS 1-3

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
appearance	n	Appearance is important when we go to work.	εμφάνιση	52
personality	n	George has a great personality. He's friendly, clever and funny.	προσωπικότητα	52
expression	n	'How are you?' is an expression we use everyday.	έκφραση	52
frequency	n	'Once a week' shows frequency; how often we do something.	συχνότητα	52
Social Science	n	She wants to study Social Science when she grows up.	Κοινωνιολογία	53
create	v	My cousin wants to create a new dish with rice and chicken.	δημιουργώ	54
pen pal	n	Megan and Damian are pen pals . They write to each other all the time.	φίλος δι'αλληλογραφίας	54
swap	v	Swap your notebooks and do the exercise, pupils.	ανταλλάσσω	54



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
How do you feel?	phr	'How do you feel?' 'I'm not very well. I have to go to the doctor.'	Πώς αισθάνεσαι?	58
allergy	n	I can't eat fish cakes. I have an allergy to fish.	αλλεργία	58
cough	n	The baby boy has got a bad cough . Let's call the doctor!	βήχας	58
fever	n	Amelia has a fever today. She can't go to school.	πυρετός	58
headache	n	I played computer games all day. I have got a headache now.	πονοκέφαλος	58
cut	n	You've got a bad cut on your leg, Jake. Let's go to the school doctor.	κόψιμο	58
sneeze	n	'What was that noise?' 'It was just a sneeze , Kyle!'	φτέρνισμα	58
sore throat	n	'I have a sore throat, Mum.' 'Don't eat that ice cream then!'	πονόλαιμος	58
stomachache	n	I think the lamb meatballs were not ok. I have a stomachache.	στομαχόπονος	58
cold	n	She has a fever and a cough. I think it's a cold .	κρύωμα	58
toothache	n	He has a toothache. Can we give him something to drink?	πονόδοντος	58
stay in bed	phr	When you have a cold, stay in bed.	μένω στο κρεβάτι	59
rest	V	'I have a headache. I have to rest .' 'Ok, stay at home today.'	ξεκουράζομαι	59
let	V	My parents don't let me go out with my friends.	επιτρέπω	59
ill	adj	My dad didn't go to work today. He was ill.	άρρωστος	59
feel blue	phr	Joanne is feeling blue these days. What's the problem?	έχω τις μαύρες μου, δεν έχω όρεξη	59
take care of sb	phr	My baby brother is ill. My mother takes care of him.	φροντίζω, προσέχω	59
suggest	V	I suggest having a toasted cheese sandwich and a salad for lunch.	προτείνω	59
playground	n	There is a big playground near our house. There are a lot of children playing every afternoon.	παιδική χαρά	59
knee	n	You have a cut on your knee. Did you fell down?	γόνατο	59
terrible	adj	The weather was terrible last weekend. It was raining all the time.	απαίσιος, φριχτός	59
sore	adj	His arm is sore . What happened?	ερεθισμένος	59
bleed	V	Jack cut himself and he's bleeding now.	ματώνω	59
need	v	I'm going to the supermarket. Do you need something?	χρειάζομαι	60
nurse	n	When you are a nurse , you help people who are not well.	νοσοκόμα	60
hurt	adj	Tom is bleeding. He's got a cut on his leg. He's hurt.	πληγωμένος	60
together	adv	Tracy and Emma have a guitar lesson together every Friday afternoon.	μαζί	60
get upset	phr	My sister gets upset when my mother tell her to tidy her room.	αναστατώνομαι	60
arm	n	Margaret hurt her arm playing tennis last week.	χέρι	60
plaster	n	When you cut yourself, you can put a plaster on it.	τσιρότο	60



UNIT	4
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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
straight away	adv	I'm hungry. I'll go to the canteen straight away.	αμέσως	60
napkin	n	Oh, there's ketchup on me. Can I have a napkin , please?	πετσέτα, χαρτοπετσέτα	61
blood	n	Look! There is red blood on his head.	αίμα	61
worry	v	You don't have to worry about dinner. I'll make some risotto.	ανησυχώ	61
medicine	n	People should take some medicine when they have allergies.	φάρμακο	62
sweet	n	Victoria is eating a lot of sweets. She'll have a stomachache.	γλυκό	62
use	v	You can use my tablet if you want. I don't need it today.	χρησιμοποιώ	64
tissue	n	Megan is sneezing. Can we give her a tissue ?	χαρτομάντηλο	64
wash hands	phr	Don't forget to wash your hands before you eat.	πλένω χέρια	64
lake	n	There is a beautiful lake near my house.	λίμνη	64
reason	n	The reason I don't like lemons is because they're sour.	λόγος	64
bacteria	n	We should clean the kitchen every day to stay away from bacteria.	βακτήρια	64
disease	n	My uncle has a serious disease . He is at the hospital.	ασθένεια	64
fungus (pl fungi)	n	Some fungi are dangerous.	μύκητας, μούχλα	64
germ	n	There might be some germs in the kitchen. Let's clean it!	μικρόβιο, μικροοργανισμός	64
malaria	n	Malaria is a kind of serious disease in hot countries.	ελονοσία	64
protect	v	We should protect ourselves from the sun.	προστατεύω	64
protozoan (pl protozoa)	n	Protozoa are very small. They are kind of of germs.	πρωτόζωα	64
spread	v	Some serious diseases like malaria can spread all over the world.	εξαπλώνομαι, εκτείνομαι	64
virus	n	Olivia has fever and a sore throat. It's just a virus.	ιός	64
vomit	v	They ate a lot of popcorn. They might vomit .	κάνω εμετό	64
body	n	Head, arms and legs are parts of the body .	σώμα	64
tiny	adj	Look! I found a tiny white cat in the garden.	μικροσκοπικός	64
through	prep	There are a lot of tall trees. I can't see through them.	μέσω	64
resource	n	The Internet is a great resource of information for all people.	πηγή, πόρος	64
take away	phr v	Can you please take away your dog? It's dangerous!	απομακρύνω	64
energy	n	Following a balanced diet gives you a lot of energy .	ενέργεια	64
cause	V	When you don't take care of your teeth, this can cause toothache.	προκαλώ	64
keep	V	You can keep your room tidy when you clean it every day.	κρατώ, διατηρώ	64
fridge	n	There isn't any food in the fridge .	ψυγείο	64



UNI	4
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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
digest	V	I can't digest ham easily. Can I take some tuna, please?	χωνεύω	64
wet	adj	He is wet. He just came out of the sea.	υγρός	64
dirty	adj	The kitchen table is dirty . Let's clean it!	βρώμικος	64
river	n	Pinios is a very famous river in Greece.	ποτάμι	64
mosquito	n	There are a lot of mosquitoes near lakes and rivers.	κουνούπι	64
unfortunately	adv	'Unfortunately, there aren't any wholemeal muffins.' 'Ok, I'll make some more.'	δυστυχώς	64
hide	V	Hide the cake from the children, please. They'll eat it all.	κρύβω, κρύβομαι	64
especially	adv	All the children in the classroom like pasta, especially the boys.	ιδιαίτερα	64
poison	n	Some snakes have got a lot of poison in their bodies. They're dangerous.	δηλητήριο	65
surface	n	The surface of the table is very clean. Well done!	επιφάνεια	65
wake up	phr v	Wake up, Sophie! It's eight o'clock! You've got school!	ξυπνώ	66
maybe	adv	'Would you like to eat out tonight, Noah?' 'Maybe, I don't know yet.'	ίσως, μπορεί	66
downstairs	adv	'Can I go to the bathroom?' 'Yes, there is one downstairs.'	στον κάτω όροφο	66
mean	v	What does the word 'frequency' mean?	εννοώ	66
shake	V	You should shake this bottle before you open it.	κουνώ	66
noisy	adj	The pupils are very noisy today. They keep shouting.	θορυβώδης	66
outside	adv	Can we go and play outside, Dad? The weather is great.	σε εξωτερικό χώρο	66
Be quiet!	phr	Be quiet! I want to study! I have a History test tomorrow.	Μη μιλάς! Ησυχία!	66
exam	n	'How did you do in the English exam?' 'It was difficult!.'	εξέταση	66
mechanic	n	My uncle is a car mechanic .	μηχανικός	66
pill	n	l've got a headache. I need a pill .	χάπι	67
fix	V	My dad fixed his car himself.	επισκευάζω, επιδιορθώνω	67
set alarm	phr	I have to wake up at six o'clock tomorrow morning. I need to set the alarm.	βάζω ξυπνητήρι	67
bin	n	Put the rubbish in the bin , please.	καλάθι, κάδος	67
revision	n	I have a Maths test tomorrow. I want to do some revision.	επανάληψη	67
remedy	n	Does you grandma know any remedies for cold?	φάρμακο, γιατρικό	68
cure	n	Unfortunately, they don't have a cure for AIDS.	θεραπεία	CC 68
pot	n	We need a pot to make pasta.	κατσαρόλα	CC 68
instead	adv	I'll choose noodle soup instead of paella from the menu.	αντί για	CC 68
breathe	V	There isn't fresh air here. I can't breathe .	αναπνέω	CC 68



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
ease	V	Drinking milk can ease you when you have a stomachache.	ανακουφίζω, καταπραΰνω	CC 68
painkiller	n	Take a painkiller for the headache. It'll help you.	παυσίπονο	CC 69
boil	V	First boil the water and then put the pasta in the pot.	βράζω	CC 69
take off	phr v	Take off your coat. It's hot in here!	αφαιρώ, βγάζω	CC 69
shell	n	Turtles have got a hard shell .	τσόφλι, κέλυφος	CC 69
rub	V	Stop rubbing your eyes. They'll be red and sore.	τρίβω, αλείφω	CC 69
until	prep	His birthday party was until seven o'clock in the afternoon.	μέχρι	CC 69
relax	V	Let's go to the beach. I want to relax and get some rest.	χαλαρώνω	CC 69
stress	n	People who live in the city have a lot of stress .	άγχος, πίεση	CC 69
vinegar	n	Would you like vinegar or lemon in your salad?	ξύδι	CC 69
skin	n	Your skin is very red. Were you at the sun for a long time?	δέρμα	CC 69
lower	V	Lower your voice, please. The baby is sleeping.	χαμηλώνω, κατεβάζω	CC 69
temperature	n	What's the temperature outside? Is it hot?	θερμοκρασία	CC 69
herbal	adj	I drink only herbal tea. It's more natural.	φυτικός	CC 69
sort	n	What sort of sports do you like? Indoors or outdoors?	είδος	CC 69
ingredient	n	Have we got all the ingredients we need to make steamed buns?	συστατικό	CC 69
mint	n	This herbal tea has the taste of mint. It's yummy!	δυόσμος, μέντα	CC 69
ginger	n	Would you like some ginger in your kitchen soup?	πιπερόριζα, τζίντζερ	CC 69
garlic	n	I think there is too much garlic in the pasta.	σκόρδο	CC 69
honey	n	He sometimes eats bread with honey as a snack. It's delicious!	μέλι	CC 69
discuss	V	Why don't we discuss all together about our holiday plans?	συζητώ	68
vitamin	n	Vegetables have got a lot of vitamins. They're healthy.	βιταμίνη	68
fact file	n	This fact file has information about kinds of germs.	φάκελος δεδομένων	69
article	n	My grandpa likes reading articles in the newspaper.	άρθρο	69
pain	n	Joe has a pain in his arm. Let's take him to the doctor.	πόνος	69
correctly	adv	If I remember correctly , Isabella is from Spain.	σωστά	70
between	prep	Jessica is sitting between Mary and Helen.	ανάμεσα (σε δυο)	70
list	n	I will make the shopping list for the supermarket.	λίστα	70
gymnastics	n	They don't do gymnastics at their school.	ενόργανη γυμναστική	70
early	adv	Liam can't stay up late tonight. He has to get up early tomorrow morning.	νωρίς	70



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
know	v	Unfortunately, I don't know the answer to this question.	ξέρω, γνωρίζω	71
wrong	adj	'Appearance is more important than personality.' 'You're wrong!'	λάθος	71
wrap	v	Let's wrap the present up and give it to Mum.	τυλίγω	71
knock	v	Elisabeth knocked on the door. There was no answer.	χτυπώ	71
knight	n	Knights had special clothes. They could ride their horses.	ιππότης	71
wrist	n	She had a brown watch on her wrist .	καρπός	71
knot	n	Do you know how to make a knot ?	κόμπος	71
wreck	n	There a lot of wrecks of ship in the water.	ναυάγιο	71
What's wrong?	phr	'What's wrong?' 'I have a sore throat.'	Τι συμβαίνει?	71
cup	n	Would you like a cup of coffee or tea?	κούπα, φλιτζάνι	72
fork	n	You need a fork to eat pasta.	πηρούνι	72
spoon	n	Have you got a spoon for your chicken soup?	κουτάλι	72
hygiene	n	We have to wash our hands very often. It's important for our hygiene.	υγιεινή	72
role play	v	Why don't we role play this activity, Mrs Mary? It'll be fun!	κάνω παιχνίδι ρόλων	73
advice	n	I have a problem with my classmates. Can you give me any advice?	συμβουλή	73



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
wild	adj	Lions and tigers are wild animals. They don't live in the farm.	άγριος	74
Tasmanian devil	n	The Tasmanian devil is a weird animal.	Διάβολος της Τασμανίας	74
live	v	'Where do you live?' 'I live in Kypseli. It's near the centre of Athens.'	ζω	74
population	n	Greece has a population of 11 million people.	πληθυσμός	74
Andean condor	n	We saw the Andean condor in a picture in Geography class.	κόνδορας των Άνδεων	74
south	adj	Did you go to south America last week?	νότιος	74
angler fish	n	Our teacher told us today about the angler fish.	πεσκαντρίτσα	74
ocean	n	There are a lot of kinds of fish which live in the ocean .	ωκεανός	74
volcano (pl volcanoes)	n	Mount Etna is one famous volcano.	ηφαίστειο	74
coconut crab	n	The coconut crab comes out at night.	κάβουρας του κοκκοφοίνικα	74
island	n	Corfu is one of the islands in Greece.	νησί	74
Pacific Ocean	n	The Pacific Ocean is very big.	Ειρηνικός Ωκεανός	74
tarsier	n	Tarsiers like trees.	τάρσιος	74
southeast	adj	The tarsiers live in southeast Asia.	νοτιοανατολικός	74
learn about	v	We'll learn about weird and wild animals today, children!	μαθαίνω σχετικά με	75
understand	V	Mary doesn't understand Maths. Can we help her?	καταλαβαίνω	75
bizarre	adj	This chicken soup is bizarre . What are the ingredients?	παράξενος, αλλόκοτος	75
beautiful	adj	It's a beautiful day today. It's warm and sunny!	όμορφος	75
cute	adj	Bethany has such a cute baby!	χαριτωμένος	75
though	conj	Though it was cold outside, they went for a walk in the park.	παρόλο που, αν και, μολονότι	75
programme	n	Look at the TV programme. What time is the cartoon?	πρόγραμμα	76
chimpanzees (chimps)	n	Chimpanzee is a kind of big monkey.	χιμπαντζής	76
amazing	adj	I tasted paella for the first time. It was amazing !	καταπληκτικός, απίστευτος	76
climb	V	The cat can climb the tree.	σκαρφαλώνω	76
Really?	adv	'Take this painkiller. You'll feel better.' 'Really?'	Αλήθεια;	76
find out	phr v	'She can't find out the relationship of Liam and Victoria.' ' They're cousins.'	ανακαλύπτω	76
endangered	adj	Loggerhead sea turtle is an endangered animal in Greece.	υπό εξαφάνιση	76
be left	V	Unfortunately, there isn't much ketchup left for your sandwich.	μένω	76
move in	phr v	They moved in their new house yesterday.	εγκαθίσταμαι	77
destroy	V	Unfortunately, the fire destroyed all the houses.	καταστρέφω	77



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
jungle	n	The wild animals live in the jungle .	ζούγκλα	77
nowhere	adv	Bill can go nowhere without his mother. He's five years old.	πουθενά	77
habitat	n	The habitat of fish is in the sea.	περιβάλλον	77
laugh	v	She can't stop laughing at the film. It was very funny.	γελώ με κάτι, κοροϊδεύω	77
joke	n	Charlie told us a very funny joke. We couldn't stop laughing.	ανέκδοτο	77
hope	v	I hope this sport isn't very dangerous.	ελπίζω	77
I don't think so.	phr	'Do you want to watch cartoons?' 'I don't think so!'	Δεν νομίζω.	77
cheeky	adj	Don't be cheeky with your father, please!	θρασύς, αναιδής, αυθάδης, σκανταλιάρης	77
black rhino	n	Black rhino is an endangered animal.	μαύρος ρινόκερος	78
komodo dragon	n	Komodo dragons live in Komodo islands.	δράκος στα νησιά Κομόντο	78
probably	adv	James is probably named after his grandfather. They have the same name.	πιθανόν, ίσως	78
throughout	adv	My sister was coughing and sneezing throughout the day. She's ill.	παντού, σε ολόκληρο	78
polluted	adj	Don't drink that water! It's polluted .	μολυσμένος	79
kill	v	The man killed the woman in the film.	σκοτώνω	79
die	v	I'm very sad. My grandfather died last week. He was 70 years old.	πεθαίνω	79
cave	n	There's a big cave near the beach. Would you like to see it?	στηλιά	80
in the wild	phr	Some animals live in the wild.	στην άγρια φύση	80
pond	n	There's a small pond in the park near our house. There are small fish in it!	λίμνη	80
predator	n	Predator is the animal which kills and eats other animals, like lions and wolves.	αρπακτικό	80
trap	n	'What's this?' 'It's a trap for mice.'	παγίδα	80
hunting	n	I don't like going hunting like my brother. It's a terrible sport!	κυνήγι	80
meet	v	'This is Emma.' ' Pleased to meet you, Emma.'	γνωρίζω, συναντώ	80
bat	n	Bats usually eat insects.	νυχτερίδα	80
size	n	What size is this dress? It's too big for me!	μέγεθος	80
forest	n	There is a forest near our house with lots of trees and flowers.	δάσος	80
farmer	n	Jake's parents are farmers. He wants to be a farmer, too.	αγρότης	80
burn	V	You might burn yourself, Joanne. It's dangerous.	καίω	80
funny-looking	adj	Look at the picture of this animal. It's funny-looking!	περίεργος	80
salamander	n	The salamander looks like a lizard.	σαλαμάνδρα	80
stream	n	'There is a stream near my house.' 'Are there any fish it?'	ρυάκι, χείμαρρος	80



UNIT 5	
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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
nearly	adv	Come on, kids! It's nearly eight o'clock. We have to go to school.	σχεδόν, παραλίγο	80
extinct	adj	The Mexican walking fish can be extinct. We have to protect it.	εξαφανισμένος	80
moss	n	Moss is a kind of plant on a tree.	βρύο	80
branch	n	There are a lot of branches in this tree.	κλαδί	80
fall into	phr v	That girl might fall into the water. Let's go there!	πέφτω μέσα	80
set	V	Can we set the game again?	βάζω, τοποθετώ	80
fully	adv	I fully understand your problem. I can help you.	τελείως, εντελώς	80
centimetre	n	How many centimetres is this desk?	εκατοστό	80
desert	n	Camels can live in a desert .	έρημος	80
as a result	adv	I play the saxophone every afternoon. As a result, I'm very good at it.	συνεπώς, επομένως	80
disappear	v	Her cat disappeared last night. They can't find it.	εξαφανίζομαι	80
bring sth back	phr v	Can you please bring my jacket back? I want it.	φέρνω πίσω, επαναφέρω	80
almost	adv	It's almost seven o'clock. We have to go to the doctor.	σχεδόν	81
middle	adj	I am the middle child. I have a younger and an older brother.	μεσαίος	81
finger	n	He hurt his finger . He is in a lot of pain.	δάχτυλο χεριού	81
catch	v	Can you catch the ball? It's near the chair.	πιάνω, αρπάζω	81
trip	n	We had a great time in our school trip to Volos last week.	ταξίδι	82
safari park	n	My uncle went to a safari park last summer. It was amazing!	πάρκο για σαφάρι	82
quite	adv	This new film is quite good. You should see it!	αρκετά	82
close	adv	Stay close to me Helen! It's dangerous here!	κοντά	82
naughty	adj	My cousin is very naughty . He doesn't listen to his parents at all.	άτακτος, ζωηρός	82
get sth back	phr v	When are you going to get your book back, Susan? Megan took it six days ago.	παίρνω κάτι πίσω	82
park ranger	n	His uncle works as a park ranger. He likes protecting the park.	φύλακας του πάρκου	82
later	adv	I can't do a massage now. Can we do it later?	αργότερα	82
stay	v	I would like to stay more in Patras. It's an amazing city!	μένω, παραμένω	83
finish	v	The film is going to finish in 20 minutes. Can we meet then?	τελειώνω	83
leave	v	Can I help you with your homework now? I'm leaving in ten minutes.	φεύγω, αφήνω	83
feed	v	We should feed the baby before we leave. She's hungry.	ταΐζω	83
dragon	n	My brother and I saw a cartoon with dragons yesterday. It was terrible!	δράκος	84
mythical	adj	Were there any mythical people in Greek history?	μυθικός	CC 84



UNIT 5	
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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
creature	n	There are some weird and strange creatures in this new film.	πλάσμα	CC 84
real	adj	'Was Loch Ness creature a real or a mythical one?' ' I don't know.'	αληθινός	CC 84
myth	n	'The lion and the mouse' is one of the myths of Aesop.	μύθος	CC 84
fairy tale	n	'Aladdin' is one of the most famous fairy tales for children.	παραμύθι	CC 84
differently	adv	She cooked the pasta differently this time. It's much better.	διαφορετικά	CC 84
magical	adj	The island of Santorini is a magical place.	μαγικός	CC 84
wing	n	The birds can fly because they have got wings.	φτερό	CC 84
giant	adj	Look at this picture. It shows a giant elephant. It is really big.	γιγάντιος	CC 84
lizard	n	Many lizards live in the deserts.	σαύρα	CC 84
evil	adj	He is not good. He's an evil man.	κακός	CC 85
breathe fire	phr	Some dragons breathed fire in the myths.	'ρίχνω' φωτιά	CC 85
monster	n	Hulk is a man who becomes a giant green monster when he gets angry.	τέρας	CC 85
eat	V	'What did you eat for dinner?' 'I ate lamb meatballs.'	τρώω	CC 85
alive	adj	Our grandparents didn't die. They are alive .	ζωντανός	CC 85
deer	n	Deer live in the wild. They don't live in a city.	ελάφι	CC 85
pig	n	When you go to a farm, you can see sheep, cows and pigs.	γουρούνι	CC 85
tail	n	His cat has got a black body. It's tail is white, though.	ουρά	84
unicorn	n	A unicorn was a mythical creature. It has the shape of a horse.	μονόκερος	85
horn	n	Deer have got horns. They're big.	κέρατο	85
full stop	n	When we finish a sentence, we have to put a full stop .	τελεία	86
question mark	n	We use a question mark when we want to ask a question.	ερωτηματικό	86
exclamation mark	n	Don't forget the exclamation mark here, John.	θαυμαστικό	86
end mark	n	Read the text again, please. There aren't any end marks.	σημάδια που μπαίνουν στο τέλος της πρότασης	86
statement	n	How many statements are there in this paragraph?	δήλωση, πρόταση	86
strong	adj	'How do you feel, Kyle?' 'I feel strong . I don't have a cold.'	δυνατός	86
feeling	n	Don't hurt Patricia's feelings . She's a very good girl.	συναίσθημα	86
frog	n	I saw two frogs near the lake.	βάτραχος	86
whale	n	Whales live in oceans. They don't live in the lake.	φάλαινα	87
phantom	n	I think phantoms are scary.	φάντασμα, πνεύμα	87



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
wheat	n	Wheat is an important ingredient in bread.	σιτάρι	87
dolphin	n	We saw a show with dolphins last weekend. It was amazing!	δελφίνι	87
wheel	n	The car has got four wheels .	ρόδα	87
make space	phr	We have to make space for our grandparents at home. They're coming this week.	κάνω χώρο	88
wildlife	n	Are you going to watch the TV programme about the wildlife in Europe?	άγρια φύση	88
reduce	v	People have to reduce their rubbish to protect wildlife.	μειώνω	88
reuse	v	You can reuse these plastic forks and spoons. They're ok.	ξαναχρησιμοποιώ	88
recycle	v	We can recycle things to protect the forest.	ανακυκλώνω	88
conservation	n	Conservation of natural resources is really important.	διατήρηση, προστασία	88
sign	n	This sign tells us to stop.	πινακίδα	88
post	v	Students can post their projects online.	αναρτώ, δημοσιεύω	88
litter	v	Ethan littered his desk with juice. Let's clean it.	πετάω σκουπίδια, λερώνω	88
miss	v	Olivia missed the lesson today. She was ill.	χάνω	89
study	V	Why aren't you studying? You have a History test tomorrow.	μελετώ	89



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
wash	V	Wash your teeth before going to bed, children!	πλένω	90
washing machine	n	My brother and I don't have a washing machine . My mother washes the clothes for us.	πλυντήριο	90
mobile phone	n	There weren't mobile phones in the past. There were simple phones.	κινητό τηλέφωνο	90
electric light	n	'Does the electric lights work in this room?' 'I don't know. Let's see!'	ηλεκτρικό φως	90
microwave	n	'Have you got a microwave at home?' 'Yes, we can cook in it.'	φούρνος μικροκυμάτων	90
mp3 player	n	'Where is Peter?' 'He's listening music to his mp3 player .'	συσκευή αναπαραγωγής mp3	90
coal stove	n	My grandma cooked in a coal stove when she was a child.	φούρνος με κάρβουνο	90
operator	n	An operator was the person who helped with phones a long time ago.	τηλεφωνητής	90
horse and carriage	n	People travelled with horse and carriage in the past.	άμαξα με άλογο	90
by hand	phr	I can't wash these clothes by hand. I need a washing machine.	με το / στο χέρι	90
oil lamp	n	We can use an oil lamp when we don't have electric lights.	λάμπα πετρελαίου	90
radio	n	Listen to the radio ! This is my favourite song!	ραδιόφωνο	90
in the old days	phr	In the old days, there weren't any computers.	τον παλιό καιρό, στο παρελθόν	91
pump	n	We can use a pump to get some water.	αντλία	91
well	n	There's a well in my grandma's house. We can't drink water from it anymore.	πηγάδι	91
outdoors	adv	My family and I like spending Sundays outdoors. We go for a walk in the forest.	έξω, σε εξωτερικό χώρο	91
turn on	phr v	Can you turn on the electric lights, please? I can't see!	ανοίγω	91
tap	n	'Can you get me some water, Mary?' 'I can't open the tap, Dad.'	βρύση	91
fresh	adj	Don't eat this fish! It's not fresh !	φρέσκος	91
pour	V	She poured some sauce over the spaghetti.	ρίχνω, ρέω, αναβλύζω	91
slow	adj	His dad's car is very old and slow .	αργός	91
far	adv	Fortunately, my home isn't very far from school. I can be there in ten minutes.	μακριά	91
get off	phr v	Come on, Nick! Get off your bed! It's nine o'clock!	σηκώνομαι, ξυπνώ	92
sofa	n	There are two sofas in the living room.	καναπές	92
pass	V	'Can you pass me the salt, please?' 'Yes, here you are.'	δίνω	92
remote control	n	Where is the remote control for TV? I can't find it!	τηλεχειριστήριο	92
lazy	adj	My cousin doesn't often tidy his room. He's lazy .	τεμπέλης	92
channel	n	My favourite film is on channel 6 on TV. Would you like to watch it together?	κανάλι	92
young	adj	When my aunt was young , she liked riding her bike. She can't do it now. She's 65 years old.	νέος	92
back then	adv	People have mobile phones now. They didn't have any back then .	εκείνο τον καιρό	92



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
modern	adj	Her favourite hobby is modern dance.	μοντέρνος	93
technology	n	Computers are part of technology .	τεχνολογία	93
bus	n	'Does your father go to work by bus or by car?' 'He goes by bus.'	λεωφορείο	94
before	prep	Finish your homework before going out, Jake.	πριν από	95
transportation	n	People can use cars and buses for transportation.	μεταφορά	95
keep in touch	phr	We can keep in touch by sending emails or talking on the phone, Jane.	κρατάω επαφή	95
letter	n	Michael got a letter from his uncle yesterday. He lives in New York.	γράμμα	95
fast	adv	Her cousin can run very fast . He's only 12 years old.	γρήγορα	96
on average	adv	My mother earns 600 euros a month on average. It depends on the month.	κατά μέσο όρο	96
guess	v	John didn't know the answer to the question. He just guessed .	μαντεύω	96
kilometre	n	My school is only two kilometres far from my house.	χιλιόμετρο	96
per hour	phr	'How many Maths exercises do you do per hour?' 'Five.'	ανά ώρα	96
speed	n	'What speed are we going, Dad?' ' We're going at 50 kilometres per hour.'	ταχύτητα	96
distance	phr	The distance between Athens and Patras is about 211 kilometres.	απόσταση	96
multiply	v	If you mutliply 6 with 4, you get 24.	πολλαπλασιάζω	96
historian	n	My uncle Peter is studying History of all the countries. He wants to become a historian.	ιστορικός	96
furthest	adj	What's the furthest country you would like to visit?	ο πιο μακρινός	96
equation	n	'These Maths equations are difficult.' ' Let's ask my brother to help us.'	εξίσωση	96
equal	V	If we multiply 5 by 6 equals 30.	ισούται	96
engine	n	Planes and trains have got very strong engines.	μηχανή	96
petrol-powered	adj	My dad bought a new petrol-powered car.	βενζινοκίνητο	96
vehicle	n	Cars, trains and planes are kinds of vehicles .	όχημα	96
racing	n	Look at this car! It's a special car for racing.	αγώνας	96
be called	V	My cousins are called Charlotte and Patricia.	ονομάζεται	96
light	adj	'Can you take this bag, Harry? It's heavy.' 'Ok, take that one Mary. It's light.'	ελαφρύς	96
reach	V	The temperature is going to reach 40 degrees Celsius. It's going to be very hot!	φτάνω	96
still	adv	'Are you still doing your homework, Emma?' 'Yes, I'm having a test tomorrow.'	ακόμα, ακόμη	96
luxury	n	My aunt has got a lot of money. She lives in a villa. She lives in luxury .	πολυτέλεια	96
dollar	n	When you want to buy something in USA, you give dollars not euros.	δολλάριο	96



UNIT 6

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
all of a sudden	adv	All of a sudden, I saw my grandpa in front of me. I didn't know he was coming home.	ξαφνικά, αναπάντεχα	96
traffic	n	Unfortunately, there is a lot of traffic in the streets.	κίνηση	96
invent	V	Wilbur and Orville Wright are the two brothers who invented the plane.	επινοώ, εφευρίσκω	97
subway	n	My sister uses the subway to go to work. She doesn't use the bus.	μετρό, υπόγειος σιδηρόδρομος	97
maker	n	'Who is the maker of the car Yaris?' 'I think it's Toyota.'	κατασκευαστής	97
cost	n	'What's the cost of a new bike?' ' I think about 150-200 euros.'	κόστος	97
factory	n	My uncle Thomas works in a factory . They make cars.	εργοστάσιο	97
production	n	The production of luxury cars is very expensive.	παραγωγή, κατασκευή	97
unit	n	'How many units of bikes are ready?' ' I think 20 units.'	κομμάτι, τεμάχιο	97
performance	n	'What's the performance of this bike?' 'I don't know. Let's look on the Internet'.	απόδοση	97
sports centre	n	Would you like to play football? There's a sports centre near my house.	αθλητικό κέντρο	98
exhausted	adj	Liam is exhausted. He's studying for his school exams.	εξαντλημένος	98
traditionally	adv	My mother cooks traditionally and not in a modern way.	παραδοσιακά	CC 100
hard	adj	The History test was really hard!	δύσκολο, σκληρό	CC 100
even	adv	This TV programme is very interesting. Even children can watch it.	ακόμα και	CC 100
tribe	n	The Aztecs was an ancient tribe.	φυλή	CC 100
worry about	phr v	We don't have to worry about the food at the party. Her mother is an excellent cook.	ανησυχώ για	CC 100
planet	n	How many planets are there?' ' There are eight planets.'	πλανήτης	CC 101
nomadic	adj	Some tribes were nomadic . They didn't have one home in one place.	νομαδικός	CC 101
each	adj	The cost for each watch is 50 euros.	καθένας	CC 101
mud	n	'There's mud in my shoes!' 'Ok, let's clean them!.'	λάστη	CC 101
stick	n	'We need some sticks for the fire.' 'Here you are!'	ξύλο, ξυλάκι	CC 101
grass	n	'Where are the children?' 'They're outside playing in the grass. It's a lovely day!'	γρασίδι	CC 101
village	n	My grandparents live in a village. They don't like living in a city.	χωριό	CC 101
running water	n	Don't drink running water here. It's dirty!	νερό βρύσης	CC 101
electricity	n	'What's the problem?' ' There is no electricity here! I can't use my computer!'	ηλεκτρισμός	CC 101
option	n	You have two options : Stop talking or go out of the classroom.	επιλογή	CC 101
hill	n	There are a lot of hills and mountains in this area.	λόφος	CC 101
ancestor	n	Did you know that our ancestors lived in Italy?	πρόγονος	CC 101
dialect	n	People who live in Crete and those who live in Kavala have different dialects .	διάλεκτος, ιδίωμα	CC 101



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
southern	adj	There are very nice beaches in the southern part of Greece.	νότιος	CC 101
northern	adj	It is very cold in the northern part of Greece.	βόρειος	CC 101
land	n	The land in this place is very strange. Look at the colour of it!	έδαφος, γη	CC 101
tundra	n	Tundra is a place where the land is very cold.	τούνδρα	CC 101
basic	adj	Books, notebooks and backpacks are basic at school. You can't go without them.	βασικός	CC 101
necessity	n	Food and clothes are basic necessities for a person.	είδος πρώτης ανάγκης	CC 101
item	n	'How many items of clothes do you need?	προϊόν, αντικείμενο	100
cooker	n	My mother bought a new cooker for our kitchen. It can cook fast.	κουζίνα (συσκευή)	100
In my opinion	phr	In my opinion, dolphins are very clever animals.	Κατά τη γνώμη μου, κατά την άποψή μου	101
look after	phr v	I used to look after my cousin every Saturday afternoon. He's only 4 years old.	φροντίζω, προσέχω	101
diary	n	Amelia likes writing about her holidays in her diary .	ημερολόγιο	101
entry	n	How many entries are there in this site?	καταγραφή, καταχώρηση	101
typical	adj	'How was your day, dear?' 'Just a typical day at school, Mum. Nothing exciting!'	τυπικός	101
speech marks	n pl	Look at this sentence, Tracy. Does it need speech marks or a question mark?	εισαγωγικά	102
yell	v	'Why are you yelling ?' ' I need your help!'	φωνάζω, ουρλιάζω	102
report	n	We have to write a report about our summer holidays for a school project.	περιγραφή, αναφορά	102
badge	n	Look at Lily's backpack! There are a lot of badges of animals on it.	κονκάρδα	103
sponge	n	You can use this pink sponge to clean yourself, Oscar.	σφουγγάρι	103
bridge	n	The Tower Bridge is a very famous place to visit in London.	γέφυρα	103
hedge	n	There is a hedge with plants around the house.	φράκτης	103
cage	n	We have a yellow bird in a cage in the garden of our house.	κλουβί	103
large	adj	My uncle bought a large house near the beach last week.	μεγάλος	103
solve	v	I can't solve this Maths problem, Dad. Can you help me?	λύνω	104
gather	V	Gather all your toys, Conor! Put them in the box!	συλλέγω, συγκεντρώνω	104
review	v	Can you please review your project before you send it to the teacher?	ελέγχω, επανεξετάζω	104
develop	V	You have to develop this paragraph more. You can write more ideas.	αναπτύσσω	104
define	V	Miss Joanne, can you clearly define what I have to do for this project?	προσδιορίζω, καθορίζω	104
raise	V	My classmates and I raised 800 euros to buy a new computer for school.	μαζεύω, συγκεντρώνω	104
enough	adj	We don't have enough food for dinner. Let's order a pizza.	αρκετά	104
worksheet	n	Our teacher gave us two worksheets on Maths for tomorrow.	φύλλο εργασίας	104



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
step	n	How many steps are there to solve this problem?	βήμα	104
calculate	V	Can you calculate how many kilometres is Thessaloniki from Athens?	υπολογίζω	105



CHECK UNITS 4-6

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
pile	n	Look! There is a pile of dirty clothes on his bed!	σωρός, στοίβα	108



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
anniversary	n	My parents have got their anniversary on 16th July. They met each other 10 years ago.	επέτειος	112
Eve	phr	Christmas is on 25th December. Christmas' Eve is on 24th December.	Παραμονή	112
New Year's Day	phr	The first day of January each year is called New Year's Day.	Πρωτοχρονιά	112
midsummer	n	I don't like having a holiday in the midsummer . It's very hot in the middle of the summer.	θερινό ηλιοστάσιο, κατακαλόκαιρο	112
earth	n	The Earth is our home so we have to look after it. We shouldn't litter it.	γη	112
midnight	n	'Go to bed, children! It's twelve o'clock at night! It's midnight!' ' Ok, Mum!'	μεσάνυχτα	113
cheer	V	My father is watching a football match on TV. He's so excited! He can't stop cheering !	επευφημώ, ζητωκραυγάζω	113
treat	n	We have chocolate biscuits as a treat for children after dinner. It's their favourite!	λιχουδιά	113
parade	n	In London, there is a parade for the Queen's birthday every year. It's amazing!	παρέλαση	113
firework	n	They watched the fireworks for New Year's Day! It was exciting!	πυροτέχνημα	113
name	V	Can you name three animals who live in the jungle?	ονομάζω, αναφέρω	113
celebrate	v	'Do you know why we celebrate 25th March in Greece?' 'Of course!'	γιορτάζω	114
wedding	n	'What are you going to wear in your aunt's wedding, Bethany?' ' My red dress.'	γάμος	114
take care of	phr v	When my parents aren't at home, I take care of my little brother. He's only three years old.	φροντίζω	114
right	adv	Look carefully, please. You aren't doing the exercise right.	σωστά	114
plan	v	'Where are you planning to go on holidays this year?' 'We're going to France!'	σχεδιάζω	114
wrong	adv	You solved the problem wrong. Let's try again!	λάθος	115
act out	phr v	Jack will act out as the king and Sophie as the queen in this school project.	υποδύομαι, παίζω	116
calendar	n	'When is Earth Day in 2019? Let's look at the calendar.' ' It's on 22nd April.'	ημερολόγιο	117
collect	V	His hobby is to collect cards with football players. He's got about thirty now.	συλλέγω, μαζεύω	118
attraction	n	The Acropolis is a very famous tourist attraction all over the world.	πόλος έλξης	118
feast on	phr v	We're having dinner at our parents' house tonight. We'll feast on all our favourite foods.	απολαμβάνω φαγητό, τρώω καλά	118
fight	n	My sister and I had a big fight yesterday. We both wanted to wear the blue skirt.	διαμάχη, τσακωμός, καυγάς	118
glacier	n	There are a lot of mountains and glaciers in Alaska.	παγετώνας	118
powder	n	Do you need any powder for the washing machine? I'm going to the supermarket.	σκόνη	118
torch	n	Let's take a torch with us. It might be dark there.	φακός	118
guest	n	They had 100 guests in their wedding.	καλεσμένος	118
arrival	n	Kyle's arrival to his country made him very happy. He could see his family again.	άφιξη	118
last	V	'How many days does the school competition last ?' 'Three days!'	διαρκώ	118



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
during	prep	During the night, I don't usually go to the bathroom.	κατά τη διάρκεια	118
crowd	n	There were crowds of young people in this festival.	πλήθος, κόσμος	118
throw	V	Throw the ball to your brother, Conor! We're all playing together.	πετάω, ρίχνω	118
messy	adj	Clean your room, Michelle! It's messy!	ακατάστατος	118
buffet	n	We went to a Chinese restaurant last week. There was a buffet so we tried different types of food.	μπουφές	118
have sth in common	phr	Oliver and Daniel don't have anything in common . Oliver likes healthy food but Daniel hates it.	έχω κάτι κοινό	118
bull	n	My uncle is a farmer. There are sheep, cows and a bull in his farm.	ταύρος	119
chase	V	Look! The dogs are chasing the rabbit!	κυνηγώ	119
injure	v	He injured himself while he was trying to cut the meat.	τραυματίζω	119
return	v	When are you going to return that book I gave you? I need it for my History project.	επιστρέφω	121
driving license	n	I'm 18 years old, Dad. I want to drive a car so I have to take my driving license.	δίπλωμα οδήγησης	121
rent	V	'Do you rent your house or is it yours?' 'No, it's mine. I bought it last year.'	νοικιάζω	121
swimming trunk	n	'Let's go the beach tomorrow!' 'Great, I'll wear my new swimming trunk!'	μαγιό	121
pack	v	Pack your school bags, children. It's time to go to school!	πακετάρω, μαζεύω	121
brush	n	How many new brushes do you need for Art at school?	πινέλο, βούρτσα	121
paint	n	I forgot my paints at home. I can't draw. Can I take yours?	μπογιά	121
suitcase	n	Pack your clothes in the suitcase, Alexander. We're leaving!	βαλίτσα	121
leap year	n	The month February has got 29 days in a leap year.	δίσεκτο έτος	CC 122
actually	adv	They may not look alike but they are actually twins.	όντως, στην πραγματικότητα	CC 122
minute	n	Wait a minute, please! I want to pack my things.	λεπτό	CC 122
second	n	Do you know that a minute lasts 60 seconds?	δευτερόλεπτο	CC 122
add	v	If you add 75 and 25, you get 100; right?	προσθέτω	CC 122
emperor	n	Octavius Augusts was the first emperor in Rome, Italy.	αυτοκράτορας	CC 122
change	n	Do you know there's a change in the Maths test? We'll take it on Tuesday, not on Monday.	αλλαγή	CC 122
superstition	n	My aunt believes in superstitions . She thinks very unlucky to see a black cat.	προκατάληψη	CC 122
journey	n	We went on a journey in the USA last month. It was fantastic!	ταξίδι	CC 122
marry	V	Lauren and Mason married two months ago.	παντρεύομαι	CC 122
consider	V	I consider helping with the housework as very important.	θεωρώ	CC 122



UNIT 7	7
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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
propose	v	Can you keep a secret? I think Damian is going to propose Amelia to become his wife.	κάνω πρόταση γάμου	CC 123
divide	v	If we divide 58 by 2, we get 29.	διαιρώ	CC 123
evenly	adv	The children shared the treats evenly. They all took two of them.	εξίσου, ισότιμα	CC 123
born	adj	People born in Greece are called Greek.	γεννημένος	CC 123
closing	n	When you write an email to a friend, you can use the phrase ' Your friend,' as closing .	κλείσιμο	124
signature	n	Is this your mum's or your dad's signature?	υπογραφή	124
greeting	n	Give my greetings to your grandma!	χαιρετισμός	124
main body	n	You should write about your summer holidays in the main body of your writing.	κυρίως θέμα	124
cube	n	Take the blue cubes and I'll take the red ones. Let's start playing!	κύβος	125
treasure	n	I heard they found a treasure in Germany. Is it true?	θησαυρός	125
glue	n	I want to put the poster on the wall. Can you get me a glue?	κόλλα	125
duke	n	I read an article about the dukes in Europe.	δούκας	125
huge	n	Look at this Andean condor! It's huge!	τεράστιος	125
definition	n	What's the definition of the word 'habitat'? 'It's the place where animals and plants live.'	ορισμός	126
tradition	n	One of the traditions at Easter is to paint eggs in red.	παράδοση	126
display	V	They usually display students' projects at the end of the school project.	παρουσιάζω, δείχνω, εκθέτω	126
corridor	n	How many corridors are there in your school?	διάδρομος	126
costume	n	They are wearing beautiful costumes of animals for the festival.	στολή	126
research	V	The police is researching this man's house. What's the problem?	κάνω έρευνα	127
midday	n	We usually have lunch at midday on Sundays.	μεσημέρι	127



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
coin	n	This is a euro coin and that is an American coin.	νόμισμα	128
doll	n	My twin sisters usually play with dolls . Barbie is their favourite one.	κούκλα	128
shell	n	How many shells did you collect last summer?	κοχύλι, όστρακο	128
chess	n	My father and I used to play chess all the time when I was ten years old.	σκάκι	128
(be) good at	phr	'Are you good at Maths?' 'No, I'm not. I hate it!'	είμαι καλός σε	129
play	n	My parents and I went to the theatre to see a play for children as a present for my birthday.	έργο (θεατρικό)	130
actor	n	My favourite actor is Brad Pitt. I am going to see 'Ocean's Twelve' tonight!	ηθοποιός	130
female	n	There are only two female teachers in our school; Mrs Olivia and Mrs Emily. The other teachers are men.	θηλυκός, γυναικείος	131
proud	adj	The first award in this swimming competition is yours, Jennifer! We're very proud of you!	περήφανος	131
wonderful	adj	Your food is delicious, Emily! You're a wonderful cook!	θαυμάσιος, καταπληκτικός	131
(be) bad at	phr	I'm bad at Art. I can't draw!	είμαι κακός σε	133
guitar	n	William learned how to play the guitar when he was seven years old.	κιθάρα	133
report	v	'Report to me please when you finish the school project.' 'Ok, Miss Linda!'	αναφέρω, παρουσιάζω	133
finding	n	One of the findings of this survey is that young people spend too much time playing video games.	εύρημα	133
creativity	adj	You need a lot of creativity to be good at Art lesson at school.	δημιουργικότητα	134
croquet	n	Croquet is a game. They usually play it in England.	κροκέ (παιχνίδι)	134
embroidery	n	Look at this embroidery . My grandma made it for me!	κέντημα, εργόχειρο	134
employer	n	Daniel is my employer . I work in his company.	εργοδότης	134
handmade	adj	'Is this hat handmade?' 'Yes, it is. My aunt made this for me.'	χειροποίητος	134
imagination	n	You have to write a story about a journey in a fantastic place. You can use your imagination !	φαντασία	134
needle	n	'How many needles do you need for the embroidery?' 'I think two are enough.'	βελόνα	134
net	n	The football player got the ball in the net . It's a goal!	δίχτυ	134
sewing	n	Her mother is very good at sewing . She made a dress by herself!	ράψιμο	134
spare time	phr	'What do you like doing in your spare time ?' 'I enjoy listening to music!'	ελεύθερος χρόνος	134
thread	n	I don't have any threads to finish sewing this skirt. Can you take some for me?	κλωστή	134
digital	adj	My new watch is digital . It's better than the old one.	ψηφιακός	134
worker	n	How many workers are there in this factory?	εργαζόμενος, εργάτης	134



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
stitch	n	'Are the socks ready, Mum?' 'I just need a few more stitches!'	βελονιά	134
accessory	n	I would like to buy a new accessory for my orange dress.	αξεσουάρ	134
decoration	n	'What are you doing, Jessica?' 'I'm making Christmas decorations.'	διακόσμηση, στολισμός	134
pattern	n	'Do you like the pattern on my T-shirt?' 'Yes, it's amazing!'	σχέδιο	134
cushion	n	I don't like the green cushions on the sofa. I think blue ones are better.	μαξιλάρι (καναπέ)	134
tablecloth	n	Put the tablecloth on the table, Victoria. Dinner is ready!	τραπεζομάντηλο	134
rug	n	There is a big rug next to your bed in your bedroom.	χαλί	134
century	n	We learnt about the 5th century and Pericles in History today, Dad. It was very interesting!	αιώνας	134
china	n	Be careful with this doll, Oliver! It's made of china! It can break easily!	πορσελάνη	134
wood	n	Put some more wood on the fire, please! It's very cold!	ξύλο	134
calico	n	Do you like my new dress? It's made of calico. I don't feel very hot when I wear it.	βαμβακερό ύφασμα	134
rocking horse	n	Why don't we go to the new park? There are rocking horses . Your little brother will love them!	κουνιστό αλογάκι	134
railway	n	My parents bought a new railway for me for my birthday. Do you want to play together?	σιδηρόδρομος	134
butterfly	n	Look outside the window! There is a butterfly with beautiful colours!	πεταλούδα	134
pin	n	'Can you please give me some more pins to put this poster on the wall?' ' Here you are!'	καρφίτσα, πινέζα	134
animator	n	My uncle Charlie really likes cartoons. He wants to be an animator .	σχεδιαστής κινουμένων σχεδίων	135
cookbook writer	n	Vefa Alexiadou and Nikolaos Tselementes are famous cookbook writers . Their books contain rules on how to cook.	συγγραφέας βιβλίων μαγειρικής	135
fashion designer	n	Michelle works as a fashion designer in a clothes company. She loves making clothes!	σχεδιαστής μόδας	135
film director	n	Yorgos Lanthimos and Pandelis Voulgaris are famous film directors in Greece. 'The Lobster' and ' Happy Day' are some of their films.	σκηνοθέτης ταινίας	135
fitness instructor	n	William loves going to the gym every day. He wants to become a fitness instructor.	γυμναστής	135
flight attendant	n	A flight attendant is a person who gives food and drinks to people on a plane.	αεροσυνοδός	135
museum guide	n	We visited the new museum of Acropolis yesterday. The museum guide gave us a lot of interesting information.	ξεναγός σε μουσείο	135
newspaper editor	n	Charlotte is writing an article about young people now. She's the school newspaper editor.	συντάκτης εφημερίδας, εκδότης	135
special FX (effects)	n	The special effects in the film were amazing! I thought the monsters were real.	ειδικά εφέ	135
journalist	n	James works as a journalist in a newspaper. She writes about the sports and the music.	δημοσιογράφος	135
artist	n	I really like the paintings of Pablo Picasso. He's my favourite artist.	καλλιτέχνης	135



UNIT 8	3
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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
career	n	Susan wants to have a career as a doctor like her parents.	καριέρα	135
leaflet	n	'His parents want to buy a new sofa.' 'Let's give him this leaflet. It has different types.'	φυλλάδιο	135
athlete	n	Cristiano Ronaldo is a very popular football athlete.	αθλητής	135
heart	n	My grandpa has a problem with his heart. He should go to the doctor.	καρδιά	136
boring	adj	Maths lesson with Mr Noah isn't interesting. It's really boring!	βαρετός	136
enjoyable	adj	Margaret had an enjoyable evening with her cousins. They went to the park and rode their bikes. They had fun!	απολαυστικός	137
skydiving	n	'Would you like to try skydiving?' ' No, thank you! It's a very dangerous sport!'	ελεύθερη πτώση με αλεξίπτωτο	137
accident	n	Bethany had an accident in the kitchen and cut herself with a knife.	ατύχημα	137
dust	n	There is a lot of dust on these books. Let's clean them!	σκόνη	CC 138
potter	n	Damian is a potter and he gave me this plate as a present. He made it himself!	αγγειοπλάστης	CC 138
lock	n	You should clean the bathroom, Linda! There are locks of your hair everywhere!	τούφα	CC 138
underwater	adj	Oscar's parents gave him an underwater camera as a present.	υποθαλάσσιος	CC 139
snorkelling	n	'Would you like to try snorkelling ?' 'Absolutely not! I can't swim!'	κατάδυση με αναπνευστήρα	CC 139
sculpture	n	How many sculptures were there in the museum?	γλυπτό	CC 139
coral	n	You can see different types of corals in the Greek sea.	κοράλλι	CC 139
marine	adj	We should protect the marine life like corals of the sea.	θαλάσσιος	CC 139
artwork	n	The artist created a number of artworks. He will give them to the museum.	έργο τέχνης	CC 139
land	v	The plane landed in Italy at six o'clock in the afternoon.	προσγειώνομαι	CC 139
sighting	n	There was a sighting of a very unusual bird yesterday.	θέαση, αναφορά	CC 139
expert	n	An expert in computers came to our school to teach us everything about computers.	ειδικός	CC 139
informal	adj	They can wear informal clothes like jeans and T-shirts at work.	ανεπίσημος	140
high	adv	The book is too high for me. I can't get it. I'm short.	ψηλά	141
light	V	Can you light the room, please? It's dark in here! I can't see anything!	φωτίζω, ανάβω	141
paper	n	The teacher gave us paper to draw our favourite animal.	χαρτί	142
puppet	n	Helen and her friends watched a show with puppets last weekend. It was amazing!	μαριονέτα	142
scene	n	My favourite scene of the film was when the mother found the child.	σκηνή	142



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
hip hop	n	His favourite type of music is hip hop . He doesn't like rock music.	χιπ χοπ (είδος μουσικής)	144
rock star	n	Thomas sings like Elvis Presley; his favourite rock star.	ροκ σταρ	144
bake	V	My mother is baking a chocolate cake! It's my favourite one!	ψήνω	144
snowboard	V	My friends and I want to snowboard every Sunday in winter.	κάνω σνόουμπορντ	144
badminton	n	Badminton is a sport. It is like tennis.	μπάντμιντον	144
Chinese	n	People who live in China speak Chinese .	Κινέζικα	144
comic book	n	My favourite comic book is 'The Smurfs.'	βιβλίο κόμικ	144
build a robot	phr	The students have to build a robot as part of their school project.	κατασκευάζω ένα ρομπότ	144
skateboard	V	Harry and Jacob like to skateboard in the park after school.	κάνω σκέιτμπορντ	145
talent	n	Victoria has got a great talent in cooking. She should be a chef.	ταλέντο	145
skill	n	Ethan has a special skill. He can draw comic books very fast.	δεξιότητα	145
awful	adj	An awful accident happened last night. Three people were injured.	απαίσιος	147
mention	v	'Did you mention the car problem to Michael?' 'Yes, I did. He'll help me solve it.'	αναφέρω	150
bone	n	Do you know how many bones are there in our body?	κόκκαλο, οστό	150
brain	n	The brain is the most important part in our body.	εγκέφαλος, μυαλό	150
contract	V	The hot metal contracted when it became colder.	συστέλλομαι	150
flexible	adj	Emily is a dancer. She's very flexible .	εύκαμπτος, ελαστικός	150
joint	n	I have a strong pain in my joints. What's the problem, doctor?	άρθρωση	150
motion	n	'What are you doing, Nick?' 'I'm reading about the motion of Earth and other planets.'	κίνηση	150
muscle	n	Muscles are parts of the body which can help us move.	μυς	150
nerve	n	Nerve is the part of the body which gives the message from the brain to the other parts of the world.	νεύρο	150
organ	n	Bones, muscles and joints are organs in the body.	όργανο	150
precision	n	When you solve a Maths problem, you should have precision.	ακρίβεια	150
skeleton	n	Our teacher showed us a skeleton of a person. We talked about bones.	σκελετός	150
support	v	We have to support the sculpture with something. It may break.	στηρίζω, υποστηρίζω	150
musical instrument	phr	The guitar and the piano are musical instruments.	μουσικό όργανο	150
craft	n	My favourite time at school is when we do crafts at school.	χειροτεχνία	150
endless	adj	The lesson with Mr Oliver is endless. When can we have a break?	ατελείωτος	150
hardly ever	adv	My sister and I hardly ever go to the cinema without our parents. We're only 12 years old.	σχεδόν ποτέ	150



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HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
machine	n	My uncle works in a factory which makes cars. There are a lot of machines there.	μηχανή	150
system	n	We'll have to create a new system for the books in the library, Mr Smith.	σύστημα	150
frame	n	The frame of this picture is made of wood.	πλαίσιο	150
movement	n	Look at our little cousin, Harry! He really likes the movement of the rocking horse!	κίνηση	150
elbow	n	'What happened, John?' 'I hurt my elbow .'	αγκώνας	150
shoulder	n	William had an accident doing skydiving. He injured his shoulder.	ώμος	150
according to	prep	According to Noah, snorkelling is an amazing sport.	σύμφωνα με	150
kick	V	My brother is only three years old. He can't kick the ball.	κλωτσάω	150
lift	v	Can you lift this box and put it on the table, please? It's too heavy for me!	σηκώνω	150
rush	V	'Why did Jake rush into the house?' 'He wanted to go to the bathroom.'	βιάζομαι	150
tongue	n	Oh! The soup is very hot! I can't feel my tongue !	γλώσσα (μέρος σώματος)	151
hole	n	The rabbit has created a lot of holes in our garden.	τρύπα	151
oxygen	n	I like walking in the forest. There is a lot of clean air and oxygen there.	οξυγόνο	151
helpful	adj	It's very helpful for me to talk about my problems. They always give me good advice.	βοηθητικός	152
concert	n	My favourite singer is Sakis Rouvas. We went to his concert last night. It was fantastic!	συναυλία	152
ring	v	The cooker is ringing ! The pizza is ready! Let's have dinner!	χτυπάω, κουδουνίζω	153
comedy	n	'Would you like to watch a comedy on TV, tonight?' ' No, I prefer cartoons.'	κωμωδία	153
action film	n	They watched an action film called 'Black Panther' yesterday. It was very interesting!	ταινία δράσης	153
laugh	n	'We can listen to Alexander's laugh now. It's unusual!' ' You're right!'	γέλιο	153
offer	V	Can I offer you something to eat? We've got pasta and salad.	προσφέρω	153
anyway	adv	The teacher asked the students not to do their exercises but they did them anyway.	παρ'όλα αυτά, ούτως ή άλλως	153
You're welcome.	phr	'Thank you for all your help, Emily!' 'You're welcome.'	Παρακαλώ	153
extraordinary	adj	The marine life of the Greek sea is extraordinary ! There are amazing plants and corals.	ενυπωσιακός, ξεχωριστός, ιδιαίτερος	CC 154
effort	n	Isabella made her first effort to cook pasta. It was very delicious!	προσπάθεια	CC 154
average	adj	This restaurant has got average food. Let's go to that one. His food is extraordinary!	μέτριος, μέσος	CC 154
professional	adj	Liam wants to have a career as a professional music artist. He loves playing the guitar.	επαγγελματίας	CC 154
adult	n	James is an adult . He's 30 years old but Joe is a child. He's only 10 years old.	ενήλικας	CC 154
university	n	Bethany finished school. She'll go to university in September.	πανεπιστήμιο	CC 154
several	adj	You can cook meat in several ways.	αρκετός	CC 154
degree	n	Jessica has a degree in English from the University of Athens.	πυχίο	CC 154



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
including	prep	We're all going to the cinema tonight including our grandparents.	συμπεριλαμβανομένου	CC 154
genius	n	Michael is a genius in Maths. He can solve difficult exercises quickly.	διάνοια, ιδιοφυΐα	CC 154
peaceful	adj	They had a peaceful evening near the lake yesterday. Their children were at their grandparents' house.	γαλήνιος, ήρεμος	CC 154
already	adv	'Have a shower, Peter!' ' You already told me that, Mum! I'll do it in ten minutes.	ήδη, κιόλας	CC 155
musician	n	Susan is an excellent musician. She can play the piano very well.	μουσικός	CC 155
perform	v	The students have to perform two plays; one at Christmas and one at the end of the school year.	δίνω παράσταση	CC 155
legend	n	Hercules was one of the legends in Greek myths.	θρύλος	CC 155
talk show	phr	There is a new talk show on TV tonight. The first guest is Helena Paparizou. Do you want to watch it?	τοκ σόου, τηλεοπτικό πρόγραμμα συζήτησης	CC 155
band	n	'The Beatles', 'The Rolling Stones' and 'The Scorpions' are popular rock bands.	μπάντα	CC 155
lead	adj	The lead singer in the concert was Eminem.	βασικός, κεντρικός	CC 155
solo	adj	Samantha had her first solo piano concert last weekend. She played the piano by herself.	μόνος	CC 155
exhibition	n	Charlie and Margaret went to an exhibition of artworks from famous painters.	έκθεση	CC 155
note	n	Here are Patricia's notes on how to solve the Maths exercises.	σημείωση, σημείωμα	155
biography	n	I'm reading a biography of Stephen Hawking these days. There is information about his life.	βιογραφία	155
kindergarten	n	Jennifer will go to kindergarten in September. She's five years old.	νηπιαγωγείο	155
gold	adj	My mother's present to my dad for his birthday was a gold watch. It was very expensive.	χρυσός	155
goal	n	The goal of today's lesson is to learn how to order food at a restaurant.	στόχος	155
cancer	n	Unfortunately, my grandpa is very ill. He's at hospital. He's got cancer.	καρκίνος	155
review	n	Their teacher asked them to write a review of their favourite film.	κριτική	156
rating	n	'The rating for the new film with Leonardo DiCaprio is five stars in this film magazine.' 'Let's watch it, then!'	αξιολόγηση, βαθμολόγηση	156
recommend	V	My parents recommend that I should be a doctor like them.	συστήνω, προτείνω	156
stew	n	'What's for dinner, tonight?' ' Stew.' 'Oh, I hate it! I'll order a pizza.'	στιφάδο	157
grey	n	'Do you have this dress in grey?' 'Unfortunately, we've got it only in red.'	γκρι	157
hey	interj	Hey, dad! How was work today?	γεια (ανεπίσημο)	157
prey	n	The lions eat zebras. They are the lions' preys .	θήραμα	157



HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
gene	n	Emma is very good at playing the guitar. She has the genes from her parents who are musicians.	γονίδιο	157
dew	n	There is a lot of dew very early in winter mornings.	δροσιά, πάχνη	157
lottery	n	Each student will choose a character in the play from the lottery box.	κλήρωση, λοταρία	158
tap dancing	n	'Do you think it's difficult to learn tap dancing?' 'I don't know! Would you like to try?'	χορός με κλακέτες	158
pie	n	My mother makes an amazing cheese pie. It's delicious!	πίτα	158



CHECK UNITS 7-9

HEADWORD	PART OF SPEECH	EXAMPLE	GREEK TRANSLATION	PAGE
strip	n	Cut this paper in five long strips .	λωρίδα	162
glue	V	Let's try to glue this glass of water together. It broke yesterday.	κολλάω	162
sheet	n	How many sheets of paper do you need for the school project?	φύλλο	162
vote	V	'Who is going to cook dinner tonight?' 'Let's vote!'	ψηφίζω	162
sign-up	n	'How many sign-ups have we got for the swimming competition?' 'There are 20. I think they're enough.'	εγγραφή	162