

3

That's exciting!

Vocabulary I can talk about things I'd like to do.

In this unit

Vocabulary

- Experiences
- Sports verbs
- Sports equipment
- Compound nouns

Grammar

- Present Perfect, ever and never
- Present Perfect with just, already and yet

I know that!

1 Match the verbs to the nouns. Think of more nouns that go with each verb.

Verbs

climb play write
take catch

Nouns

a big fish a selfie with a pop star the guitar
a blog about fashion a very high mountain

climb a very high mountain

climb a tree, climb the stairs, climb a ladder

Hi, my name's Scarlett and I was fourteen last week. On my birthday, I made **a Dream Map**. It's a collage of all the things I want to do before I'm eighteen. I probably can't do all of them, but it's fun to try!

▶ 13-14



3.2 Grammar video

▶ 15



3.2 Grammar animation

▶ 16



3.3 Grammar animation

▶ 17



3.4 Communication video

▶ 18



BBC Culture video



Be Happy

My Dreams



Think Big

2 **2.1** Look at the photos on page 38. Listen and read what Scarlett says. What is Scarlett's dream map?

3 **2.2** Listen and repeat. Match the activities to photos A-H.

Vocabulary Experiences

do a parachute jump go scuba diving have a party
learn to ski meet a famous person ride a camel
stay in a castle win a competition

4 Match the phrase halves.

do 1 a camel a competition
have 3 stay 2 a famous person
learn 4 a party
win 5 a parachute jump
go 6 in a castle
ride 7 scuba diving
meet 8 to ski

1 do a parachute jump

5 **2.3** Complete what Scarlett says with the phrases in the Vocabulary box. Then listen and check.

I'd like to 'go scuba diving'. It looks amazing and I'd love to swim with fish and other creatures.

For my 18th birthday, I want to ² _____ at my house with all my friends.

One of my dreams is to ³ _____. I love the idea of flying up high and looking down at the Earth.

I'd love to ⁴ _____, especially Ed Sheeran. I think he's a really talented musician.

I'd like to ⁵ _____ in the desert. I don't know why, but it sounds fun!

6 Complete the phrases with a verb in the Vocabulary box.

1 ride
2 _____
3 _____

7 **Exam Spot** **2.4** Listen and match dreams a-g to people 1-5. There are two extra dreams.

Person		Dream	
1	<input checked="" type="checkbox"/> e	Scarlett's dad	a win a football match
2	<input type="checkbox"/>	Lily	b learn to surf
3	<input type="checkbox"/>	Leo	c go bungee jumping
4	<input type="checkbox"/>	Maria	d learn to ski
5	<input type="checkbox"/>	Thomas	e ride in a hot-air balloon
			f go scuba diving
			g ride a roller coaster

8 In pairs, talk about the experiences in Exercise 3 and Exercise 6.

- Which of the experiences sounds exciting? Why?
I think winning a competition sounds exciting because you can win a really good prize.
- Which sounds boring? Why?
- Which sounds the most dangerous? Why?
- Which sounds the scariest? Why?

9 Make a list of eight things you'd like to do before you're eighteen. Is your list similar to Scarlett's? Tell the class.

I'd like to ...

I remember that!

We've won!

Have you ever done any extreme sports? For example, have you skied down a mountain, or been scuba diving? Bella and Zadie haven't done any extreme sports, but Josh has tried lots of them! Today he's invited Bella and Zadie to go to a go-karting track.

- Josh:** Have you ever driven a go-kart, Zadie?
Zadie: No, I haven't.
Josh: Well, don't worry. I've done it lots of times. Just follow me ...
Zadie: Erm, it's OK, thanks, Josh. Bella hasn't driven before, just like me, so we're going to go slowly. We don't want to crash.



- Bella:** Have you ever crashed, Josh?
Josh: No, I haven't. I've never had an accident. Right, it's time for our race. Ten laps and the loser buys lunch!
Bella: Hey, that's not fair!



- Zadie:** We've won!
Bella: You've won! Well done! High five!
Zadie: I've never been so terrified ... or excited! But where's Josh?

1 Look at the photos. Where are Josh, Zadie and Bella?

2 13 2.5 Watch or listen and read. Answer the questions.

- Do Zadie and Bella know how to drive a go-kart?
- Does Josh know how to drive?
- Why does Zadie say 'Erm, it's OK, thanks Josh'?
- What does the loser of the race have to do?

3 2.6 Listen and repeat. Find these expressions in the story.

Follow me! That's not fair. High five!

Say it!

4 Guess! What has happened to Josh? Have a class vote.

a He's crashed his car. b He's still racing.

5 14 2.7 Now watch or listen and check.

Grammar Present Perfect, ever and never

+	I've won.	-	I haven't won.
	He's won.		He hasn't won.
	Have they won?		Yes, they have. / No, they haven't.
?	Has he won?		Yes, he has. / No, he hasn't.
	What has he won?		

Have you ever driven a go-kart? (ever = in your life).
I've never driven a go-kart.

15 Get Grammar!

Has Fluffy ever done a parachute jump?
No, she hasn't.
Fluffy has never done a parachute jump.



6 Match the infinitives to the past participles.

Infinitive	Past participle
eat	broken
break	had
go	been
be	seen
have	slept
meet	met
put	ridden
ride	eaten
see	won
sleep	gone/ been
win	put

be – been

LOOK! I never go scuba diving.
I would like to go to Paris.
BUT:
I've never been scuba diving.
I've never been to Paris.

7 Complete the sentences with the Present Perfect form of the verbs.

- Today, Josh has invited (invite) the girls to a go-karting track.
- The kids _____ (put) helmets on.
- Josh _____ (crash) his car.
- Luckily, he _____ (not break) an arm or a leg!
- He _____ (not win) the race.

8 In your notebook, write sentences in the Present Perfect.

- Bella and Zadie / see a dolphin ✓ a shark ✗
Bella and Zadie have seen a dolphin, but they haven't seen a shark.
- Zadie / ride a horse ✓ a camel ✗
- Bella / meet Emma Watson ✓ Taylor Swift ✗
- Josh / climb a mountain ✓ a volcano ✗
- Josh and Bella / go surfing ✓ skydiving ✗

9 In pairs, ask and answer about the activities in the photos. Use the Present Perfect and ever. Take notes. Then tell the class about your friend.

1 A: *Have you ever been surfing?*

B: *No, I haven't.*

Lila has never been surfing.



1 go surfing



2 climb a mountain



3 win a competition



4 ride a roller coaster



5 break your arm



6 try sushi



- 10 Write five questions with *Have you ever* about crazy or funny experiences. Then ask your friends.

Have you ever eaten a chocolate pizza?

Have you ever touched a spider?

The Explorers

The Golden Boomerang

The Explorers are in Australia.



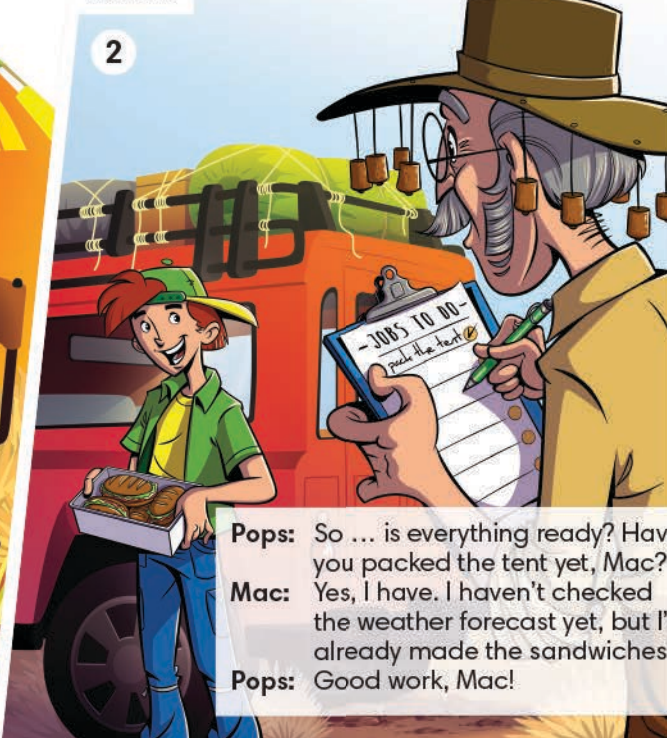
Mac: What are you reading, Pops?

Pops: It's a book about the Golden Boomerang of Woolawarra. I've just finished it.

Eva: The Golden Boomerang?

Pops: Yes. It's an ancient treasure. No one has ever found it, so ... what are we waiting for?! Let's get ready!

Later ...



Pops: So ... is everything ready? Have you packed the tent yet, Mac?

Mac: Yes, I have. I haven't checked the weather forecast yet, but I've already made the sandwiches.

Pops: Good work, Mac!



Pops: Have you filled the jeep with petrol, Eva? It's a long drive.

Eva: Yes, I have. I've already done that.

Pops: Good work, Eva! I've just filled the water bottles, so we're ready to go! Now, where's the map?

Eva: It's in the jeep, Pops, but I don't think we need it. There's only one road through the desert. Look!

Two hours later ...



Pops: It's getting really hot! Can you pass me some water? I'm thirsty.

Eva: Sure, erm, where is it, Pops?

Mac: Oh, no! We've forgotten the water!

To be continued ...

1 Look at the cartoon and answer the questions.

- 1 Where are the Explorers?
- 2 Where do they want to go?
- 3 How are they travelling?
- 4 What's the weather like?

2 2.8 Listen and read. Answer the questions.

- 1 What is the Golden Boomerang of Woolawarra?
- 2 Is Woolawarra far?
- 3 Are there lots of roads in the desert?
- 4 What have the Explorers forgotten to take?

Grammar Present Perfect with *just*, *already* and *yet*

- +** I've **just finished** my book.
- +** Eva's **already filled** the jeep with petrol.
- I **haven't looked** at the map **yet**.
- ?** **Have** you **packed** the tent **yet**?
Yes, I **have**. / No, I **haven't**.

16 Get Grammar!

Hammy has **already** packed his suitcase.
He's **just** left the house.



3 Read the cartoon again. Circle true (T) or false (F). Correct the false sentences.

- 1 Mac hasn't packed the tent yet. T / (F)
Mac has already packed the tent.
- 2 Mac has already checked the weather forecast. T / F
- 3 Mac has already made the sandwiches. T / F
- 4 Eva hasn't filled the jeep with petrol yet. T / F
- 5 Pops hasn't filled the water bottles yet. T / F

4 2.9 Look at the next part of the story. What has just happened? Write sentences with *just*. Then listen and check.



- 1 The Explorers / arrive / in Woolawarra.
The Explorers have just arrived in Woolawarra.
- 2 Pops / buy / some water / from a shop.
- 3 Eva and Mac / see / a kangaroo.



- 4 Mac / put up / the tent near the Woolawarra mountain.
- 5 Eva / discover / a small cave.
- 6 Hooray! She / find / the Golden Boomerang!

5 2.10 Complete Pops's diary with the Present Perfect form of the verbs. Then listen and check.



16 November, 4 p.m.

We ¹ have just driven (just / drive) to Woolawarra Museum and we ² _____ (already / give) the Golden Boomerang to the museum director. He is really happy! Where is he going to put it? He ³ _____ (not decide / yet)! He ⁴ _____ (already / tell) the newspapers and a journalist ⁵ _____ (just / take) our photo!

6 In your notebook, write true sentences about what you've done today. Use *yet* or *already*.

- 1 do my homework
I haven't done my homework yet.
I've already done my homework.
- 2 chat with my friends
- 3 take a selfie
- 4 buy a snack
- 5 send a text message
- 6 have lunch

7 In pairs, ask and answer about Exercise 6.

- A: *Have you done your homework yet?*
B: *Yes, I have. I've already done my homework.*
No, I haven't. I haven't done my homework yet.

Something's not right

Bella: Hi, Josh. What's that?
Josh: Oh, hi, Bella. It's my new goal. I've just put it up, but something's not right.
Bella: Yes, I can see. Where are the instructions?
Josh: Instructions?
Bella: Ah, here they are. Now what's the first step?

Ten minutes later ...

Bella: Then, put this post here.
Josh: OK ... and what do I have to do next?
Bella: Put the goal upright. And ... it's finished.
Josh: How do I put the net on?
Bella: That's easy. Like this ...
Josh: Great! It's ready!
Bella: Be careful, Josh. Don't kick the ball too hard.
Josh, Bella: Oh, no!



1 17 2.11 Watch or listen and read. Where are Josh and Bella? What is Josh doing?

2 2.12 Listen and repeat.

Communication Instructions

Asking for instructions

How do I *put the net on*?
 What's the first step?
 What do I have to do next?

Ordering instructions

Before you begin, ...
 First, ... Then, ... Next, ... Finally, ...

Giving instructions

Put this post here.
 Next, *put the goal upright.*
 Be careful.
 Don't / Try not to *kick the ball too hard.*

3 2.13 Complete the dialogue with one word in each gap. Then listen and check.

Girl: Hey, what are you doing?
 Boy: Playing football on my games console.
 Girl: It looks fun! ¹How do I play?
 Boy: Well, ²_____, choose a player. ³_____, you start the game. Next, move your player ... like this.
 Girl: OK.
 Boy: But ⁴_____ careful – ⁵_____ press the red button. That turns off the game.
 Girl: Right. So I've chosen my player. Erm, what do I ⁶_____ to do now? Oops!
 Boy: I don't believe it! You've pressed the red button!

4 **Exam Spot** 2.14 Listen to four people giving instructions and circle the correct answer a, b or c.

- 1 Helen is talking about how to make pancakes. Which ingredients do you need to make them?
☒ a eggs, flour and milk
 b milk and flour
 c eggs, flour and water
- 2 What is Karl giving instructions about?
 a how to play a computer game
 b how to watch a DVD
 c how to download a film
- 3 Lewis is giving instructions about how to start practising a sport. Which sport is he talking about?
 a tennis
 b ice hockey
 c football
- 4 Freya is talking about how to take a good selfie. When are selfies more interesting?
 a When you take them in dark places.
 b When you do something interesting.
 c When you eat something.

5 **Exam Spot** Work in pairs. Take turns to give instructions.
 Student A: Go to page 122.
 Student B: Go to page 128.

Girl power

Profile: Rene Gangarosa

School: Brighton, USA

Age: 16

A

B

C

It's 7 a.m. and most teenagers are still in bed. But not Rene Gangarosa. She's already got up and she's had her breakfast. She's training with her lacrosse* team, and she's just scored a goal!

16-year-old Rene lives for sport: when she was three years old, she started judo. Then, when she was five, she competed in tennis matches. She won lots of tennis competitions. But Rene's favourite sport isn't lacrosse, judo or tennis. It's a sport that she plays with the boys ... Rene loves ice hockey!


Rene is really interested in ice hockey – she supports her local team and her favourite player is Jaromir Jagr. However, ice hockey is a difficult game for a girl. The boys are stronger than Rene. When Rene joined the team, they were worried – they didn't want to lose matches. But Rene has worked hard and today she's one of their best players!

Rene can compete in so many sports because her family help her. Her parents take her to lacrosse practice before school and to hockey practice after school. She's so busy that she hasn't got much time for homework! Rene does most of it at break times in school.

It's 10 p.m. now, and Rene has just finished an ice hockey match. She's very tired! Has she ever wanted to stop playing? No, she hasn't! This is the price of success and she wants to be the best!


* lacrosse – a sport that you play with a stick and a small ball

1 I know that! Work in pairs. What sports words do you know? Which sports do you do?

2  **2.15** Look at the photos. Which sports can you see in the photos? Read and listen. Which photo shows Rene's favourite sport?

3 Exam Spot Read the text again and answer the questions.

- Which sports does Rene do?
- How did the hockey team players feel about Rene?
- How do Rene's family help her?
- When does Rene usually do her homework?
- Why does she train so hard?

4  **2.16** Listen and repeat. Then find the verbs in the text. Match them to their definitions 1–6.

Vocabulary Sports verbs

compete lose score support train win

- practise train
- want a team to play well _____
- not come first in a competition _____
- be in a competition _____
- come first in a competition _____
- get a point in a game _____

5 Match the sentence halves a–d to 1–4.

- ☒ Rene sometimes trains
- ☐ Rene supports
- ☐ Rene scored a goal
- ☐ Rene competes in

- her local ice hockey team.
- at the weekend.
- lots of different sports.
- in her last hockey match.

6 Exam Spot Ask and answer in pairs.

- Have you ever competed in a sports event?
- Which team do you support? Do your friends support the same team?

- 1 2.17 Listen and repeat. Then label photos A-L with the words in the Vocabulary box.

Vocabulary Sports equipment

boots gloves goggles helmet
hockey stick ice skates rollerblades
skateboard skis snorkel mask
swimsuit tennis racket



A *tennis racket*

- 2 Put the equipment in the Vocabulary box into the correct category. Which equipment is for you:

- 1 head/face? goggles, ...
2 body? _____
3 feet? _____
4 hands? _____

- 3 2.18 Listen to a radio interview. Which sport is Rufus talking about? Tick (✓) the equipment Rufus uses.

- | | | |
|----------------------------------|------------------------------------|---------------------------------|
| <input type="checkbox"/> helmet | <input type="checkbox"/> gloves | <input type="checkbox"/> racket |
| <input type="checkbox"/> goggles | <input type="checkbox"/> parachute | <input type="checkbox"/> skis |

- 4 **Exam Spot** 2.18 Listen to the interview again. Read the questions and circle the correct answer a, b or c.

- What sports doesn't Rufus mention?
a school sports b extreme sports **c water sports**
- Rufus's friends think the sport is _____.
a dangerous b safe c cool
- Before Rufus jumps he feels _____.
a worried b excited c scared
- Rufus travels at the speed of _____.
a 200 km/h b 300 km/h c 1300 km/h
- What's the most dangerous part?
a landing b jumping c opening the parachute
- How old do you have to be to skydive?
a seventeen b eighteen c sixteen

- 5 **Exam Spot** Ask and answer in pairs.

- Have you ever tried an extreme sport?
- Would you like to try skydiving? Why? / Why not?

- 6 Read the Vocabulary Builder. Can you think of more compound nouns?

Vocabulary Builder Compound nouns

In English we often use a noun to describe another noun.
tennis racket hockey stick ice skates skateboard

- 7 Match a-f to 1-6.

- | | | |
|---|----------|----------------------------------|
| 1 <input checked="" type="checkbox"/> f | tennis | a stop / ticket |
| 2 <input type="checkbox"/> | summer | b bus / playground |
| 3 <input type="checkbox"/> | bus | c pool / competition |
| 4 <input type="checkbox"/> | swimming | d skates / rink |
| 5 <input type="checkbox"/> | school | e holidays / sports |
| 6 <input type="checkbox"/> | ice | f racket / player / match / ball |

- 8 Cover Exercise 7. Read the definitions and write the correct compound nouns.

Compound nouns quiz

- We wait here for the bus. *bus stop*
- We can swim here.
- We don't go to school at this time of year!
- We need these things to play tennis!
- We can play football here at break time.
- We can ice-skate here.



✉

Hi, Emma,

1 How are you? I'm writing to you from the beach! I'm on a school trip in Barcelona and I'm having a great time!

2 So far we've done loads of things. We've been to the Barcelona Aquarium. The sharks there are really frightening! We've been surfing too – there's a really good surfing club here! We've also taken a cable car to the castle on Montjuic hill. It's really cool!

3 Tomorrow we're going to the Camp Nou football stadium, so I can meet a famous FC Barcelona player! Then we're off to Tibidabo theme park. I'm looking forward to the roller coaster rides!

4 Hope you're having a good summer too. Write and tell me your news.

Bye for now!
Paul

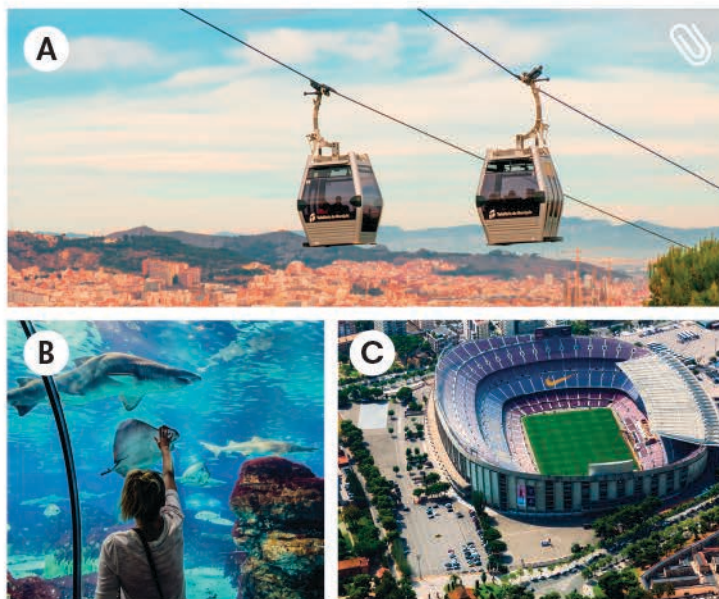
- 1 Read Paul's email to Emma. What can you see in the photos?
- 2 Read the email again and complete the table.

What Paul has already done	What Paul hasn't done yet
<i>He's already been to the Barcelona Aquarium.</i>	

- 3 Read the Writing box. Which expressions can you find in Paul's email?

Writing A holiday email

- 1 **Beginning**
How are you? Thanks for your email.
I'm writing this email in *Barcelona*.
The weather is *great*.
- 2 **What you have done**
So far we've done loads of things.
We've been to ...
We've seen ...
- 3 **What you are doing tomorrow**
Tomorrow we're *going / visiting* ...
Then we're off to ...
I'm looking forward to ...
- 4 **Ending**
Write and tell me your news.
Bye for now. See you soon.



- 4 Read the information in the box. Can you add more examples of informal language?

Informal language

When you write to a friend, use informal language, e.g.

- **short forms:** *I'm writing ... We've done ...*
- **informal expressions:** *We're off to ... It's really cool!*
- **informal beginnings and endings:** *Hi! Bye for now!*

- 5 Look at the things you can see and do in London. Tick (✓) the activities you would like to do.

- ☐ take a boat ride on the river
- ☐ see the Globe Theatre
- ☐ go shopping in Oxford Street
- ☐ ride on the London Eye
- ☐ visit the Natural History Museum

- 6 **Writing Time** Imagine you are on a trip in London or in another city or town you know. Write an email to your friend.

Find ideas

Decide what you have already done and what you haven't done yet. Put the activities in a table, as in Exercise 2.

Draft

Organise your ideas into paragraphs. Use the Writing box to help you.

Check and write

Remember you are writing to a friend, so use informal language.

Vocabulary

- 1 Complete the sentences with the verbs in the box.

do go have learn stay win



Before I'm eighteen, I'd like to

¹ do a parachute jump and

² _____ scuba diving in the Mediterranean. I'd like to

³ _____ a surfing

competition in Hawaii, but first

I have to ⁴ _____ to surf!

For my eighteenth birthday, I'd like to ⁵ _____

in a castle. While I'm there, I'd like to ⁶ _____

a big party and invite all my friends!

- 2 Complete the sentences with the correct form of the verbs in the box.

compete score ~~train~~ win support

- Our school basketball team trains twice a week.
- I've always _____ my local football team.
- Ryan often _____ goals for his hockey team.
- Jess has never _____ a chess competition.
- My dream is to _____ in the Olympics.

- 3 What sports equipment do they need?

1 I want to play tennis.

2 I'd like to go rollerblading.

3 Why don't we go swimming?

4 Can we play ice hockey?

5 Let's go skiing!

1 *a tennis racket, a tennis ball*

- 4 Match the noun halves a-f to 1-6.

- | | | |
|---|----------|-----------|
| 1 <input checked="" type="checkbox"/> e | tennis | a uniform |
| 2 <input type="checkbox"/> | snorkel | b player |
| 3 <input type="checkbox"/> | school | c mask |
| 4 <input type="checkbox"/> | swimming | e match |
| 5 <input type="checkbox"/> | football | f pool |

Grammar

- 5 In your notebook, write sentences in the Present Perfect.

1 My brother / never ride / a roller coaster.

My brother has never ridden a roller coaster.

2 Sheila / try / a really hot curry.

3 My parents / never see / *Star Wars*.

4 My sister / meet / Jennifer Lawrence.

5 Jacob / never go / bungee jumping.

6 My friends / stay / in a castle.

- 6 In pairs, ask and answer questions with *Have you ever* about the experiences in Exercise 5.

A: *Have you ever ridden a roller coaster?*

B: *Yes, I have. / No, I haven't.*

- 7 In your notebook, put the words in the correct order. Cross out the extra word in each sentence.

1 homework haven't we've done already our .

We've already done our homework.

2 just my have tennis played has parents .

3 cleaned he bedroom yet hasn't they his .

4 scored yet they have a goal he ?

5 have she seen yet this film you ?

6 already read ever she's that book .

- 8 The Explorers are getting ready to leave Australia. Look at the list of things to do. Ask and answer the questions in pairs. Use (not) yet and *already*.

Things to do

- find the passports ✗
- pack the bags ✓
- print the tickets (Eva) ✓
- phone a taxi (Pops) ✗
- make sandwiches for the journey (Mac) ✗
- buy a present for Gran ✓


A: *Have the Explorers found the passports yet?*

B: *No, they haven't. They haven't found the passports yet.*

B: *Have they packed the bags yet?*

A: *Yes, they have. They've already packed the bags.*

Communication

- 9  **2.19** Complete the dialogue with sentences a–d. Then listen and check. Act out the dialogue in pairs.

- a Don't go too fast!
b and how do I stop?
c before you begin,
d What's the first step?

Girl: Have you tried rollerblading before?

Boy: No, I haven't. ¹ d

Girl: Well, ² _____ put the rollerblades on.

Boy: OK. What do I have to do now?


Girl: Go forward and use your arms to balance. ³ _____ Go slowly!

Boy: OK ... ⁴ _____


Girl: Use the back of the rollerblade to stop. That's it. Now try it on your own. Be careful!

Boy: Help!

Dictation

- 10 **Exam Spot**  **2.20** Listen to a short text. Then listen again and write down what you hear. Make sure you spell the words correctly.

Pronunciation

- 11  **2.21** Listen and repeat /ʊ/ or /u:/?




Look! Jude's **put** on his **new blue boots**.
He's got a **new football too**!

Check yourself!

- ☐ I can talk about experiences and sports.
- ☐ I can use the Present Perfect, *ever* and *never*.
- ☐ I can use the Present Perfect with *just*, *already* and *yet*.
- ☐ I can ask for and give instructions.

- 12 Read the sentences. Circle the correct answer a, b, or c.


- 1 My sister _____ a singing competition last weekend.
a scored b got **c won**
- 2 I'd really like to learn _____ a motorbike.
a to ride b ride c riding
- 3 Katie _____ ten points in the gymnastics competition.
a made b scored c trained
- 4 When you go cycling, you should always wear a _____.
a goggles b helmet c mask
- 5 I need to buy a new _____ before the match on Saturday.
a hockey stick b snorkel mask c rollerblades
- 6 When he plays in goal, he always wears _____ to protect his hands.
a skates b boots c gloves
- 7 A: _____ ever slept in an ice hotel?
B: Yes, I have, and it was amazing.
a Do you b Have you c You have
- 8 I've never _____ Polish food.
a ate b eat c eaten
- 9 She's _____ broken her hockey stick.
a yet b just c ever
- 10 It's the beginning of the competition and he's _____ fallen off his skateboard.
a already b ever c yet
- 11 Wait! I _____ packed my bags yet.
a don't have b haven't c haven't got
- 12 Have you had lunch _____ ?
a yet b ever c just
- 13 How _____ the TV off?
a you turn b do you turn c turns
- 14 Be _____ ! Try not to fall over on the ice.
a careful b carefully c care
- 15 What's the first _____ in finding a good teacher?
a pass b step c way

- 1  **2.22** Read and listen to the text about New Zealand. Complete the information.

- 1 a famous climber: _____
- 2 an extreme sport: _____
- 3 a famous team: _____

- 2 Read the text again. Choose the correct answer a or b.

- 1 The first people to arrive in New Zealand were
 - a the Polynesians.
 - b the British.
- 2 Sir Edmund Hillary climbed Mount Everest in
 - a 1840.
 - b 1953.
- 3 New Zealand is a perfect place for
 - a indoor sports.
 - b outdoor sports.
- 4 The first bungee jump for tourists was at
 - a Kawarau Bridge.
 - b the Eiffel Tower.
- 5 New Zealand has a very famous
 - a rowing team.
 - b rugby team.
- 6 Before matches, the All Blacks perform a special
 - a dance.
 - b song.

- 3  **2.23** Kristel is travelling around New Zealand. Listen to a phone conversation with her dad. Where is she? What is special about the place?

- 4  **2.23** Listen again and tick (✓) the activities that Kristel has already done.

- ☐ bungee jumping
- ☐ snowboarding
- ☐ mountain biking
- ☐ paragliding
- ☐ climbing
- ☐ skiing

- 5 Are extreme sports popular in your country? Which ones?

The Land of the Long White Cloud



What's the connection between bungee jumping, the world's best rugby team and the first man to climb Mount Everest?
The answer is: they're all from New Zealand!

New Zealand is an island country in the South Pacific Ocean. The Maori people first arrived there nearly 800 years ago. They travelled across the ocean from Polynesia in small canoes! Then, in 1840, the first British people arrived.

New Zealanders have always been strong and adventurous. It's not surprising that Sir Edmund Hillary, the first man to climb Mount Everest, in 1953, came from New Zealand!

Today New Zealand is still a great place for adventure. In fact, it's the number one extreme sports destination in the world! People visit it to go climbing, snowboarding, skydiving and more.

Have you ever wanted to try bungee jumping? Did you know that a New Zealander, A.J. Hackett, made it popular? In 1987, he bungee jumped from the Eiffel Tower in Paris! Then, in 1988, he opened the world's first bungee jump for tourists at Kawarau Bridge in New Zealand. Over 35,000 people go there every year.

New Zealand is famous for less extreme sports too. It has top athletes in rowing and sailing, and a world champion rugby team called the All Blacks. The team perform a New Zealand 'haka' (a Maori war dance) before every match they play. Perhaps that's why they've won the World Cup three times!

Paragliding in New Zealand



Kawarau Bridge



The All Blacks performing 'haka'

Did you know?

- New Zealand is about the same size as the UK, but only 4.7 million people live there!
- Polynesians call New Zealand *Aotearoa* or 'The Land of the Long White Cloud'.

Sports in the Lake District

BBC



A **18** Watch the video and answer the presenter's question. Can you name four sports you can do in the Lake District?

B **18** Watch the video again. Complete the sentences.

- 1 The Lake District is in the _____ of England.
- 2 There are lots of hills and quiet roads for _____.
- 3 The mountain, Scafell Pike, is _____ metres high.
- 4 You should never go _____ on your own.
- 5 People wear wetsuits to keep _____.
- 6 The most extreme sport you can do is _____.

C Have you ever been on an extreme sports holiday? Which extreme sports would you like to try? Discuss your ideas as a class.

PROJECT

- Work in groups. Make a digital presentation about a popular or extreme sport in your country.
- Do research on the Internet. Use these questions to help you.

When did people start to do the sport?

What sports equipment do you need?

Why do you think it's popular?

Have you ever tried this sport? Did you like it?

If not, would you like to try it?

- Plan your presentation. Write the texts. Find photographs to illustrate each part. Try to include one surprising fact.

• ... has been a popular sport for a long time.

• In order to do it, you need ...

• It's popular because ...

• I would / wouldn't like to try it because ...



- Share your presentations with the class. Which is the most interesting sport? Why?