

GOLD **experience**

B1

ENGLISH - GREEK WORDLIST

UNIT 1

Word	Part of speech	Definition	Example	Greek Translation	Page
happy	adj	having feelings of pleasure, for example because something good has happened to you or you are very satisfied with your life	She's very happy because she did well in the exam.	χαρούμενος, ευτυχισμένος	6
performance	n	how well or badly a person, company, etc. does a particular job or activity	Sean's performance at school has greatly improved. He gets good marks now.	απόδοση	6
friendly	adj	behaving towards someone in a way that shows you like them and are ready to talk to them or help them	He gave me a friendly smile and left.	φιλικός	7
member	n	someone who belongs to a group or organisation	He is a member of the local tennis club.	μέλος	7
pleased	adj	happy or satisfied	Her mother was pleased that she chose a college close to home.	ευχαριστημένος	7
sticker	n	a small piece of paper or plastic with a picture or writing on it that you can stick on to something	Children get stickers for good work, which they wear on their school shirts.	αυτοκόλλητο	7
active	adj	always busy doing things, especially physical or mental activities	It's good for old people to stay active if they can. Going for walks and doing crosswords is good for their health.	ενεργός, δραστήριος	8
activity	n	something that you do because you enjoy it	My favourite outdoor activities are hiking and climbing.	δραστηριότητα	8
identity	n	the qualities that someone has that make them different from other people	Australia has its own cultural identity , which is very different from that of Britain.	ταυτότητα	9
matching	adj	having the same colour, style or pattern as something else	Emily was wearing a dark green skirt and a matching top.	ταιριαστός, ασορτί	9
profile	n	information about a person's life, work, interests, etc. on a social networking website	Most people include their photo on their social media profile .	προφίλ	9
fight	v	to argue	We can never agree what to watch on TV so we fight a lot.	τσακώνομαι, καυγαδίζω	10
hang out with	v	to spend a lot of time in a particular place or with particular people	I don't really know who she hangs out with .	κάνω παρέα, συχνάζω	10
musical	adj	good at performing or appreciating music	She's very musical and loves to sing.	καλός στη μουσική, έχω μουσικό αφτί	10
background	n	the area that is behind the main thing that you are looking at, especially in a picture	That's a photo of me when I was young. In the background , you can see my college friends.	φόντο, (το) πίσω μέρος	11
messy	adj	not keeping your house, clothes, hair, etc. neat	Bill's so messy . He doesn't even tidy up his room.	ακατάστατος	11
mirror	n	a piece of special glass that you can look at and see yourself in	When I looked in the mirror I couldn't believe it. I looked fantastic!	καθρέφτης	11

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Word	Part of speech	Definition	Example	Greek Translation	Page
pattern	n	a regularly repeated arrangement of shapes, colours or lines on a surface, usually as decoration	Joe's socks had a pattern of small red and white squares.	σχέδιο, μοτίβο	11
recipe book	n	a book with a set of instructions for cooking a particular type of food	Can you find how to make cupcakes in the recipe book ?	βιβλίο συνταγών / μαγειρικής	11
saucepan	n	a deep round metal container with a handle that is used for cooking	Heat the oil and garlic in a large saucepan .	κατσαρόλα	11
shell	n	the hard protective covering of an animal such as a snail, mussel or crab	The children were collecting shells on the beach.	όστρακο	11
skyscraper	n	a very tall modern city building	My office is on the top floor of a high skyscraper . I've got an amazing view of the city there.	ουρανοξύστης	11
valley	n	an area of lower land between two lines of hills or mountains, usually with a river flowing through it	The route passes through a beautiful mountain valley .	κοιλιάδα	11
fed up with	adj	annoyed or bored and wanting something to change	I'm really fed up with this rain. I want the sun to finally come out.	μπουχτισμένος	12
relaxed	adj	feeling calm, comfortable and not worried or annoyed	Gail was lying in the sun looking very relaxed and happy.	χαλαρός, ήρεμος	12
afraid of	adj	frightened because you think that you may get hurt or that something bad may happen	Many children are afraid of the dark.	φοβισμένος	13
appear	v	to start to be seen, to arrive, or to exist in a place, especially suddenly	A man suddenly appeared from behind a tree.	εμφανίζομαι	13
bad at	adj	having no skill or ability in a particular activity	I'm really bad at chess. I always lose when I play!	κακός σε	13
behaviour	n	the things that a person or animal does	She complained of her boss's behaviour towards her. She said he was very rude to her.	συμπεριφορά	13
bored with	adj	tired and impatient because you do not think something is interesting or because you have nothing to do	If you are bored with your present job, find a more interesting one.	βαριέμαι	13
bossy	adj	always telling other people what to do, in a way that is annoying	Kevin's mother is really bossy . She even tells Kevin what he should wear or eat!	αυταρχικός	13
brilliant at	adj	able to do something very well	Alex is brilliant at languages. She speaks English, Spanish, French and Swedish!	άψογος, εξαιρετικός	13
calm	adj	relaxed and quiet, not angry, nervous or upset	I like working with Joe because he is calm when everyone else starts to get stressed.	ήρεμος	13
clever	adj	able to learn and understand things quickly	Lucy is clever so she does well at school without working very hard.	έξυπνος	13

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Word	Part of speech	Definition	Example	Greek Translation	Page
confident	adj	sure that you have the ability to do things well or deal with situations successfully	I feel much more confident about myself and my abilities these days.	γεμάτος αυτοπεποίθηση, σίγουρος	13
excited about	adj	happy, interested or hopeful because something good has happened or will happen	Maria's starting to get excited about the wedding.	ενθουσιασμένος με	13
follow	v	to do something in the way that someone has told or advised you to do it	Follow the instructions very carefully when you complete the form.	ακολουθώ	13
frightened of	adj	feeling afraid	When I was a kid, I was frightened of being left alone in the house.	τρομαγμένος, φοβισμένος	13
funny	adj	making you laugh	Jack's so funny ! He always tells good jokes and makes people laugh.	αστείος	13
good at	adj	able to do something well	Denis is very good at maths. He gets the highest scores in all his maths exams.	καλός σε	13
interested in	adj	giving a lot of attention to something because you want to find out more about it or because you enjoy it	I've always been interested in music. I like singing and playing musical instruments.	που ενδιαφέρεται για	13
keen on	adj	someone who is keen on something is very interested in it or enjoys doing it very much	Daniel's very keen on tennis. He plays it almost every day!	μου αρέσει, (είμαι) λάτρης	13
keep	v	to do what you have promised or agreed to do	Why did you tell her about it? You promised to keep your word!	κρατώ	13
lazy	adj	not liking work and physical activity or not making any effort to do anything	Anna's the laziest girl in the class. She never wants to learn or take part in group work activities.	τεμπέλης	13
lively	adj	someone who is lively has a lot of energy and is very active	Harry is a lively child. He can't sit in one place for longer than 10 minutes.	δραστήριος, γεμάτος ζωντάνια	13
noisy	adj	someone or something that is noisy makes a lot of noise	The kids have been really noisy today. They've been shouting and laughing all the time.	θορυβώδης	13
rude	adj	speaking or behaving in a way that is not polite and is likely to offend or annoy people	I didn't mean to be rude , but I had to leave early and didn't have time to say goodbye.	αγενής	13
same	adj	used to say that a particular person or thing does not change	You can do this exercise with the same group as before. You don't have to find a new group.	ίδιος	13
serious	adj	someone who is serious is very quiet and sensible, and does not laugh and joke much	He doesn't want to play with us at school. He's such a serious student.	σοβαρός	13
shy	adj	nervous and embarrassed about meeting and speaking to other people, especially people you do not know	Julie was too shy to come and sit by me in class.	ντροπαλός	13
similar	adj	almost the same	We have similar tastes in music. We both like jazz.	παρόμοιος	13

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Word	Part of speech	Definition	Example	Greek Translation	Page
sporty	adj	someone who is sporty likes sport and is good at it	I wasn't really sporty when I was a child, but now I'm a good runner and football player.	αθλητικός	13
stay	v	to continue to be in a particular position, place or state, without changing	Eat fruit and vegetables to stay healthy.	(παρα)μένω	13
terrible at	adj	having completely no skill or ability in a particular activity	My brother has always been terrible at baking. His cakes are always burnt.	φριχτός, απαίσιος	13
try	v	to attempt to do something	Try not to cry in front of your new boss.	προσπαθώ, δοκιμάζω	13
way	n	the manner or style in which someone does something or in which something happens	"Hello," he said in a friendly way .	τρόπος	13
stressed	adj	so worried and tired that you cannot relax	I always get stressed before exams. I can't sleep and I worry that I'll fail.	αγχωμένος	14
achieve	v	to successfully complete something or get a good result, especially by working hard	Most of our students achieved excellent exam results. Their hard work paid off.	κατορθώνω	19
revise for	phr	to prepare for a test by studying books and notes from your lessons	She's revising for her history exam.	κάνω επανάληψη	20
cosy	adj	a place that is cosy is small, comfortable and warm	It's much better to have a small cosy room than a big cold one.	άνετος, ζεστός (χώρος)	audioscript 1.1
court	n	an area made for playing games such as tennis	Can you book a tennis court for tomorrow?	γήπεδο	audioscript 1.1
cross	adj	angry or annoyed	What's the matter? Are you cross with me?	τσαντισμένος, θυμωμένος	audioscript 1.4
change trains	phr	to get off one train and onto another in order to continue your journey	Passengers for Liverpool should change trains at Crewe.	αλλάζω γραμμή (σε τραίνο, μετρό κτλ.)	audioscript 1.4
keep fit	phr	to stay strong and healthy by doing sports and exercise	Peter cycles to work to keep fit .	διατηρώ τη φόρμα μου	audioscript 1.7

UNIT 2

Word	Part of speech	Definition	Example	Greek Translation	Page
talk	v	to say things to someone as part of a conversation	English people love to talk about the weather.	μιλάω σε κπ, συζητώ	21
choose	v	to decide which one of a number of things or people you want	You can choose between ice cream and apple tart, but you can't have both.	επιλέγω	22
mean	v	to intend a particular meaning when you say something	"It's late." "What do you mean ?" "I mean we need to leave now."	εννοώ, σημαίνω	22
say	v	to express an idea, feeling, thought, etc. using words	Don't believe anything he says . He often lies.	λέω	22
speak	v	to talk to someone about something	I haven't spoken to Steve about the problem.	μιλάω	22
translate	v	to change written or spoken words into another language	Please translate the text from Italian into English.	μεταφράζω	22
understand	v	to know the meaning of what someone is telling you or the language that they speak	I'm sorry, I don't understand . Can you explain that again?	καταλαβαίνω, κατανοώ	22
allow	v	to make it possible for something to happen or for someone to do something, especially something helpful or useful	This change would allow more students to continue their education.	επιτρέπω	23
confident	adj	sure that something will happen in the way that you want or expect	She was confident that she would win the game.	σίγουρος, που έχει αυτοπεποίθηση	23
criminal	n	someone who is involved in illegal activities or has been proved guilty of a crime	Criminals are stealing people's credit card details off the internet.	εγκληματίας	23
culture	n	the beliefs, way of life, art and customs that are shared and accepted by people in a particular society	In our culture , it is rude to ask someone how much they earn.	κουλτούρα	23
disappear	v	to become impossible to see any longer	We couldn't see the sun because it disappeared behind a cloud.	εξαφανίζω	23
dream	v	to think about something that you would like to happen or have	Anna dreamed of becoming a chef, so she took an additional course in cooking.	ονειρεύομαι	23
endangered	adj	an endangered animal, language, etc. is one that may soon no longer exist because there are so few of them or it is used by very few people	Not many people speak this language any more. It's endangered .	υπό εξαφάνιση	23
fashionable	adj	popular, especially for a short period of time	It was fashionable to have red hair. Many women changed their hair colour at that time.	μοδάτος, που είναι στη μόδα	23
hear	v	to listen to what someone is saying, the music they are playing, etc.	Maggie asked a question but didn't wait to hear the answer.	ακούω	23
international	adj	relating to or involving more than one nation	English is an international language that is used in many countries.	διεθνής	23

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Word	Part of speech	Definition	Example	Greek Translation	Page
it's a shame	phr	used when you wish a situation was different and you feel sad or disappointed	It's a shame you can't come to the party with us.	(είναι) κρίμα που	23
listen	v	to pay attention to what someone is saying or to a sound that you can hear	I can try to speak to James but he may not listen .	ακούω προσεκτικά	23
local	adj	relating to the particular area you live in or the area you are talking about	You can find all these books in your local library. You don't have to go to the city library to get them.	τοπικός	23
realise	v	to know and understand something or suddenly begin to understand it	When I woke up, I realised I was an hour late.	συνειδητοποιώ	23
smuggler	n	someone who takes something illegally from one country to another	Two drug smugglers have been arrested by the police at the border.	λαθρέμπορος	23
survive	v	to continue to exist after a long time	This old custom has survived into the twenty-first century.	επιβιώνω	23
bilingual	adj	able to speak two languages equally well	Louis is bilingual in Dutch and German.	δίγλωσσος	24
greet	v	to say hello to someone or welcome them	Bill opened the door to Harold and greeted him warmly.	χαιρετώ, καλωσορίζω	24
grow up	phr v	to develop from being a child to being an adult	I was born and grew up in Chicago.	μεγαλώνω	24
tell	v	to give someone information by speaking or writing to them	Jack had to go, but he didn't tell me why.	λέω σε κττ	24
explain	v	to tell someone about something in a way that is clear or easy to understand	This is quite a complicated topic so let me explain what I mean.	εξηγώ	25
pronounce	v	to make the sound of a letter, word, etc., especially in the correct way	"How do you pronounce your name?" "L-I-E-N"	προφέρω	25
really (dangerous/kind/etc.)	adv	very (dangerous/kind/etc.)	It was really kind of your parents to offer me dinner at your house	πραγματικά (επικίνδυνος / ευγενικός / κτλ.)	25
repeat	v	to say or write something again	Sorry – could you repeat that? I didn't hear the question.	επαναλαμβάνω	25
app	n	a piece of computer software that does a particular job	You can download an app to book gym classes.	εφαρμογή	26
celebrate	v	to show that an event or occasion is important by doing something special or enjoyable	It's Dad's birthday and we're going out for a meal to celebrate .	γιορτάζω	26
code	v	to write computer programs	Jimmy's learning how to code . He wants to create his own app in the future.	γράφω κώδικα (για υπολογιστή)	26
do a course	phr	to take a series of lessons in a particular subject	Andy's doing a one-year computer course .	παρακολουθώ ένα κύκλο μαθημάτων	26

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Word	Part of speech	Definition	Example	Greek Translation	Page
look online	phr	to try to find something on the internet	If you can't find this information in a book, why don't you look online ?	ψάχνω στο διαδίκτυο	26
recommend	v	to say that someone or something is good	I would like to read more about the history of London. Can you recommend a good book?	συνιστώ, προτείνω	26
summer camp	n	a place where young people go to take part in activities, and where they usually stay for several days or weeks	The children went to a summer camp where they could try different activities, such as climbing or fishing.	καλοκαιρινή κατασκήνωση	26
wonderful	adj	making you feel very happy	We had a wonderful time in Spain. I enjoyed the trip a lot.	υπέροχος	26
brilliant	adj	excellent	The film was absolutely brilliant . I really liked it!	τέλειος, εξαιρετικός	28
go red	phr	if you go red, your face becomes pink because you are embarrassed, angry, etc.	I went red when he said I had been cheating at the exam. I felt really embarrassed.	κοκκινίζω	28
panic	v	to suddenly feel so frightened that you cannot think clearly or behave sensibly or to make someone do this	I wanted to answer the question but I panicked and couldn't think of anything to say.	πανικοβάλλομαι	28
say nothing	phr	not to say anything; stay silent	I promised to say nothing about it to anyone.	σωπαίνω	28
awful	adj	very bad or unpleasant	We didn't go fishing yesterday because the weather was awful . It was cold and rainy.	απαίσιος, φριχτός	29
delicious	adj	very pleasant to taste or smell	"The meal was absolutely delicious ," she said politely.	νόστιμος, γευστικός	29
disgusting	adj	extremely unpleasant and making you feel sick	I couldn't finish the soup because it was really disgusting .	αηδιαστικός	29
extremely (dangerous/kind/etc.)	adv	(dangerous/kind/etc.) to a very great degree	Rock climbing alone is extremely dangerous .	εξαιρετικά (επικίνδυνος, ευγενικός, κτλ.)	29
fantastic	adj	extremely good, attractive, enjoyable, etc.	It's a fantastic place, really beautiful!	φανταστικός	29
furious	adj	very angry	Don't tell Jane I read her letter – she'll be furious .	έξαλλος	29
hilarious	adj	extremely funny	Nick told me such a hilarious story that I couldn't stop laughing.	ξεκαρδιστικός	29
huge	adj	extremely large in size, amount or degree	Your room's huge compared to mine. You've got lots of space in here.	τεράστιος	29
terrible	adj	very bad	The journey was terrible – it took six hours.	φοβερός, απαίσιος	29
increase	v	if you increase something, or if it increases, it becomes bigger in amount, number or degree	Food prices increased by 10% in less than a year. Food is more expensive now.	αυξάνω	31

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Word	Part of speech	Definition	Example	Greek Translation	Page
make conversation	phr	to have an informal talk in which people exchange news, feelings and thoughts	“Did you have a good journey?” he said, trying to make conversation .	κουβενιάζω	31
pay attention	phr	to watch, listen to or think about someone or something carefully	I’m sorry, I wasn’t paying attention to what you were saying. Could you repeat?	προσέχω	31
overhear	v	to accidentally hear what other people are saying, when they do not know that you have heard	I overheard part of their conversation. They didn’t know I was just outside the door.	ακούω τυχαία	audioscript 2.1
takeaway	n	a meal that you buy at a shop or restaurant to eat at home	I’m too tired to cook today. Let’s have a takeaway , OK?	(γεύμα) σε πακέτο	audioscript 2.1
computing	n	the use of computers as a job, in a business, etc.	He works in a company that promotes computing in higher education.	πληροφορική	audioscript 2.4

UNIT 3

Word	Part of speech	Definition	Example	Greek Translation	Page
discussion	n	when you discuss something	In class we had a discussion about global warming.	συζήτηση	33
file sharing	n	the act of sharing computer files, such as music files, with other people using the internet	I prefer file sharing than sending files via email. It's quicker and easier.	κοινή χρήση / διαμοιρασμός αρχείων	34
intelligent	adj	an intelligent machine, system, etc. is able to learn and use information	This new intelligent machine can learn to recognise human emotion.	ευφυής, έξυπνος	34
machine	n	a piece of equipment with moving parts that uses power such as electricity to do a particular job	We use machines in everyday life. At home I have a machine that cleans the floors!	μηχάνημα	34
musician	n	someone who plays a musical instrument, especially very well or as a job	A lot of talented young musicians performed at the Glastonbury Festival last year.	μουσικός	34
suggest	v	to tell someone your ideas about what they should do, where they should go, etc.	Her mother suggested that she should go and see the doctor.	προτείνω	34
virtual reality	n	an environment produced by a computer that looks and seems real to the person experiencing it	Video game makers were the first users of virtual reality .	εικονική πραγματικότητα	34
common	adj	happening often and to many people or in many places	Free wi-fi is pretty common these days. Almost every coffee shop offers it.	συνηθισμένος, κοινός	35
development	n	the process of gradually becoming bigger, better, stronger or more advanced	We've seen significant developments in mobile technology. The phones are capable of doing more and more complicated things.	πρόοδος, εξέλιξη	35
directly	adv	with no other person, action, process, etc. between	You can buy the book directly from the publisher.	απευθείας	35
headset	n	a set of headphones, often with a microphone attached	She uses a headset to talk to other players while she plays online.	ακουστικά	35
human	n	a person	I believe someday it will be possible for humans to travel to Mars.	άνθρωπος	35
incredible	adj	extremely good, large or great	Winning the championship was an incredible feeling.	απίστευτος	35
live	adj	a live performance is one in which the entertainer performs for people who are watching, rather than for a film, record, etc.	The band will be giving a live concert performance next week.	ζωντανός, όχι μαγνητοσκοπημένος	35
music industry	n	business that produces music	The music industry earns billions of dollars per year by producing songs and promoting musicians.	μουσική βιομηχανία	35
predict	v	to say that something will happen, before it happens	Experts predict that the economic situation will improve.	προβλέπω	35
produce	v	to make, write, etc. something to be bought, used or enjoyed by people	The factory produces 100 cars per hour.	παράγω	35

UNIT 3

Word	Part of speech	Definition	Example	Greek Translation	Page
studio	n	a room where television and radio programmes are made and broadcast or where music is recorded	At the beginning of his music career, his bedroom served as a recording studio . All his early music was created in his house!	στούντιο	35
successful	adj	achieving what you wanted or having the effect or result you intended	He applied for a visa three times and in the end he was successful .	επιτυχημένος	35
band	n	a group of musicians, especially a group that plays popular music	The school band was playing old Beatles songs.	συγκρότημα	36
hologram	n	a kind of photograph made with a laser that looks as if it is not flat when you look at it from an angle	Did you see the holograms at the science exhibition? They were so cool!	ολόγραμμα	36
taste	n	the kind of things that someone likes	He asked about my taste in music, so I said I liked jazz most.	γούστο	36
air conditioning	n	a system that makes the air in a room or building cooler and drier	It was so hot in the hotel because the air conditioning wasn't working.	κλιματισμός, κλιματιστικό	37
battery	n	an object that provides a supply of electricity for something such as a radio, car or phone	He could see the battery was low on his laptop.	μπαταρία	37
boil	v	if something containing liquid boils, the liquid inside it is boiling	The kettle's boiling – shall I turn it off?	βράζω	37
central heating	n	a system of heating buildings in which water or air is heated in one place and then sent around the rest of the building through pipes, etc.	This flat has central heating so you don't have to worry about getting cold in the winter.	κεντρική θέρμανση	37
coffee maker	n	an electric machine that makes coffee	Can you put the new coffee maker next to the microwave in the kitchen?	καφετιέρα	37
connect	v	to join something to the main supply of electricity, gas, or water, or to a telephone or computer network	Has the phone been connected yet? I would like to use it.	συνδέω	37
dishwasher	n	a machine that washes dishes	You don't have to wash all the dishes by hand – you can just put them in the dishwasher .	πλυντήριο πιάτων	37
efficient	adj	if someone or something is efficient, they work well without wasting time, money or energy	Email is an efficient way of contacting a large number of people.	αποτελεσματικός, αποδοτικός	37
electricity	n	the power that is carried by wires, cables, etc., and is used to provide light or heat, to make machines work, etc.	The lights won't work without electricity .	ηλεκτρισμός, ηλεκτρικό ρεύμα	37
fridge-freezer	n	a large piece of electrical kitchen equipment, of which one part is a fridge and one part is a freezer, designed to keep food fresh	When their old fridge broke, they bought a fridge-freezer instead of a new fridge.	ψυγείο-καταψύκτης	37

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Word	Part of speech	Definition	Example	Greek Translation	Page
install	v	to put a piece of equipment somewhere and connect it so that it is ready to be used	Security cameras have been installed in the city centre.	εγκαθιστώ	37
issue	n	a subject or problem that is often discussed or argued about, especially a social or political matter that affects the interests of a lot of people	The use of technology in schools is an important issue these days. Many people discuss the good and bad sides of it.	θέμα, ζήτημα	37
kettle	n	a container with a lid, a handle and a spout, used for boiling and pouring water	The kettle 's boiling. Can you switch it off and make tea, please?	βραστήρας	37
microwave	n	a type of oven that cooks food very quickly using very short electric waves instead of heat	If you want to save some time, you can heat the food up in the microwave . It'll only take 3 minutes!	φούρνος μικροκυμάτων	37
relaxed	adj	a situation that is relaxed is comfortable and informal	There's a very relaxed atmosphere in the school. You don't have to wear a uniform.	χαλαρός	37
remote control	n	a thing you use for controlling a piece of electrical or electronic equipment without having to touch it, for example for turning a television on or off	I'd like to change the channel. Where's the remote control ?	τηλεχειριστήριο	37
set (a new computer) up	phr v	to prepare the equipment (e.g. a computer) that will be needed for an activity so that it is ready to be used	Can someone set the new laptop up ? I'd like to use it at today's meeting.	εγκαθιστώ, στήνω	37
shut (a laptop) down	phr v	if a computer or a large machine shuts down or you shut it down, it stops working	If you have problems, try shutting your laptop down and then starting it up again.	κλείνω, διακόπτω τη λειτουργία	37
smart TV	n	a television on which you can also use the internet	A smart TV connected to the internet can give you lots of TV services. For example, you can browse the internet, view photos or play music and videos online.	'έξυπνη' τηλεόραση	37
switch (the light) on	phr v	to turn on a light using a switch	It's quite dark in here. Do you mind if I switch the light on ?	ανάβω	37
switch (the radio) off	phr v	to turn off a radio using a switch	Don't forget to switch the radio off before you go out.	σβήνω, κλείνω	37
tap (a button/ an icon)	v	to hit your fingers lightly on something	Tap the Next button to go to the second part of the test.	πατάω (ένα κουμπί / εικονίδιο)	37
turn (the sound) up	phr v	to turn a switch on a radio, TV, etc., so that it produces more sound	I can't hear what they're saying on the radio. Can you turn the sound up , please?	ανεβάζω την ένταση	37
turn (the volume) down	phr v	to turn the switch on a radio, TV, etc., so that it produces less sound	Can you turn the volume down ? I'm trying to work.	κατεβάζω την ένταση	37
washing machine	n	a machine for washing clothes	There're lots of dirty clothes on the floor. Can you put them into the washing machine ?	πλυντήριο ρούχων	37

UNIT 3

Word	Part of speech	Definition	Example	Greek Translation	Page
charge (a device)	v	if a battery charges or if you charge it, it takes in and stores electricity	My phone's battery is low. I need to charge it.	φορτίζω (για συσκευή)	38
download	v	to move information or programs from a computer network to a single computer	These games can be downloaded free from the internet.	κατεβάζω (από το διαδίκτυο)	38
online	adj	connected to other computers through the internet or available through the internet	You don't have to come to our office to register for the course – you can do it online .	διαδικτυακός, συνδεδεμένος στο Ίντερνετ	38
upload	v	if information, a computer program, etc. uploads or if you upload it, you move it from a single computer to a computer network so that other people can see it or use	Take great care when uploading personal information such as your address or credit card number.	ανεβάζω (στο διαδίκτυο)	38
robot	n	a machine that can move and do some of the work of a person and is usually controlled by a computer	In this car factory cars are built mainly by robots , so very few people work here.	ρομπότ	39
convenient	adj	useful to you because it saves you time or does not spoil your plans or cause you problems	Is three o'clock convenient for you? If not, we can meet another time.	βολικός	39
creative	adj	someone who is creative is very good at using their imagination to make things	You're so creative ! I could never make my own clothes.	δημιουργικός	39
trust	v	to believe that someone is honest and will not do anything bad or wrong	Do you think we can trust Brian with this task?	εμπιστεύομαι	39
useful	adj	helping you to do or get what you want	The space under the desk is useful for storing your laptop.	χρήσιμος	39
view	n	what you think or believe about something	And what's your view on the subject? Do you agree with Marie's opinion?	άποψη	39
give up	phr v	to stop doing something, especially something that you do regularly	She gave up her job and started writing poetry.	εγκαταλείπω, παρατάω	40
(vinyl) record	n	a round flat piece of plastic with a hole in the middle that music is stored on and that is played on a record player – used especially when comparing it to CDs	My dad's got lots of vinyl records . Tell him what you'd like to listen to and he will find it in his collection.	δίσκος (βινυλίου)	43
go off	phr v	if a machine or piece of equipment goes off, it stops working	Suddenly, all the lights went off and the room became dark.	σβήνω, χαλάω	43
plug (your phone) in	phr v	to connect a piece of electrical equipment (e.g. a phone) to the main supply of electricity or to another piece of electrical equipment	"Is your printer working?" "Wait a minute – it's not plugged in ."	βάζω στην πρίζα	43
recommend	v	to say that someone or something is good	I would like to read more about the history of London. Can you recommend a good book?	συνιστώ, προτείνω	43

UNIT 3

Word	Part of speech	Definition	Example	Greek Translation	Page
sweatshirt	n	a loose warm piece of clothing which covers the top part of your body and arms and is worn especially for sport or relaxation	In our school, we wear grey trousers and black sweatshirts with the school logo.	φούτερ	audioscript 3.4
old-fashioned	adj	not considered to be modern or fashionable anymore – used about styles of clothes, furniture, etc., or about words and ideas	My dad prefers to use an old-fashioned mobile phone. It has a keyboard and you can't use the internet with it.	παλιομοδίτικος	audioscript 3.4
print out	v	to produce a printed copy of a computer document	I'll print the file out and then we can look at it. It'll be more comfortable than looking at it online.	εκτυπώνω	audioscript 3.4
second-hand	adj	second-hand things are not new when you get them, because they were owned by someone else before you	Do you know where I can buy a second-hand bicycle? I don't have enough money to buy a new one.	από δεύτερο χέρι, μεταχειρισμένος	audioscript 3.4
up-to-date	adj	modern or fashionable	This hospital has the most up-to-date equipment in Europe.	επίκαιρος, μοντέρνος	audioscript 3.4

UNIT 4

Word	Part of speech	Definition	Example	Greek Translation	Page
competitive	adj	relating to competition	Competitive sports encourage children to work together as a team.	ανταγωνιστικός	45
individual (game)	adj	a sport that can be played individually, not in a team	Some examples of individual sports include tennis, boxing, swimming, skiing and cycling.	ατομικό (άθλημα)	45
win	v	to be the best or most successful in a competition, game, election, etc.	He won the Tour de France last year.	κερδίζω	45
compete	v	to take part in a competition or sports event	How many runners will be competing in the marathon?	διαγωνίζομαι	46
equipment	n	the tools, machines, etc. that you need to do a particular job or activity	"What equipment do I need for the training?" "You'll need a racket and sports shoes."	εξοπλισμός	46
event	n	a performance, sports competition, party, etc. at which people gather together to watch or take part in something	The Olympics is one of the most important sporting events in the world.	γεγονός	46
goggles	n	a pair of glasses made of glass or plastic with a rubber or plastic edge that fit against your skin and protect your eyes	She wears swimming goggles to keep the water out of her eyes.	προστατευτικά γυαλιά	46
gymnastics	n	a sport involving physical exercises and movements that need skill, strength and control and that are often performed in competitions	Gymnastics is one of the most popular Olympic events.	ενόργανη γυμναστική	46
helmet	n	a strong hard hat that soldiers, motorcycle riders, the police, etc. wear to protect their heads	He didn't get injured in the accident because he was wearing a motorcycle helmet .	κράνος	46
keen on	adj	someone who is keen on something is very interested in it or enjoys doing it very much	Daniel's very keen on music. He sings in a choir and plays in a band.	λάτρης	46
match	n	an organised sports event between two teams or people	Did you watch the match between Kenya and Ireland?	αγώνας, ματς	46
net	n	the thing that players must hit the ball over in games such as tennis	I lost my last game of tennis because I kept going into the net .	δίχτυ, φιλέ	46
net	n	the thing behind the posts that players try to kick or hit the ball into in games such as football or hockey	Henry kicked the ball into the back of the net .	δίχτυ	46
practice	n	when you do a particular thing, often regularly, in order to improve your skill at it	We have football practice today after school. You need to be there if you want to stay on the team!	προπόνηση	46
racket	n	a specially shaped piece of wood or metal that you use for hitting the ball in games such as tennis, that has a circle filled with tight strings at one end	I can't play tennis today, I forgot my racket .	ρακέτα	46
run	v	to run in a race or for exercise	I've never run in the local race before.	τρέχω	46

UNIT 4

Word	Part of speech	Definition	Example	Greek Translation	Page
tough	adj	physically or emotionally strong and able to deal with difficult situations	You have to be tough to become a professional player.	σκληρός, ανθεκτικός	46
trainers	n	a type of strong shoes that you wear for sport	Take your trainers when you go to the gym so you can change your shoes.	αθλητικά παπούτσια	46
underwater	adj	below the surface of an area of water or able to be used there	You can try underwater sports at a swimming pool.	υποβρύχιος	46
wetsuit	n	a tight piece of clothing, usually made of rubber, worn by people who are swimming, surfing, etc. in the sea	If you want to go surfing, you should get a wetsuit .	στολή κατάδυσης	46
backhand	n	a way of hitting the ball in tennis and some other games, in which the back of your hand is turned in the direction of the ball when you hit it	Josh has one of the finest backhands in the game.	ρεβέρ (τρόπος χτυπήματος της μπάλας με ρακέτα)	47
beat	v	to get the most points, votes, etc. in a game, race, or competition	Spain beat Italy 3-1.	νικώ (αντίπαλο)	47
capoeira	n	an Afro-Brazilian mixture of dance, song and fighting that is similar to the martial arts	When you practise capoeira , you do lots of movements such as kicks.	καποείρα	47
competitor	n	someone who takes part in a competition	How many competitors took part in the race?	ανταγωνιστής	47
court	n	an area made for playing games such as tennis	Can you book a tennis court for tomorrow?	γήπεδο (τέννις κ.α.)	47
field	n	an area of ground where sports are played	Some open spaces in the city will be made into sports fields for children.	γήπεδο	47
float	v	to stay or move on the surface of a liquid without sinking	She spent the afternoon floating on her back in the pool.	επιπλέω	47
forehand	n	a way of hitting the ball in tennis and other racket sports such as table tennis, squash and badminton, with the flat part of your hand facing the direction of the ball	Pierce is a strong tennis player with incredibly great forehands .	ντράιβ, φόρχαντ (τρόπος χτυπήματος της μπάλας με ρακέτα)	47
have a go	phr	to take an attempt to do something	"I can't open my locker. I think it's stuck." "Here, let me have a go ."	δοκιμάζω, προσπαθώ	47
inflatable	adj	an inflatable object has to be filled with air before you can use it	Inflatable boats can float on the water.	φουσκωτός	47
informal	adj	without being restricted by rules of correct behaviour	It was just an informal agreement between the two companies - nothing official.	ανεπίσημος	47
juggle	v	to keep three or more objects moving through the air by throwing and catching them very quickly	David can juggle with five balls! I can't juggle even with two.	πετάω στον αέρα, κάνω ζογκλερικά	47
knock down	phr v	to hit or push someone so that they fall to the ground	Something hit him from behind and knocked him down.	ρίχνω κάτω	47

UNIT 4

Word	Part of speech	Definition	Example	Greek Translation	Page
opponent	n	someone who you try to defeat in a competition, game, fight or argument	Can he win if his opponent is twice as big as he is?	αντίπαλος	47
player	n	someone who takes part in a game or sport	He is recognised as the world's greatest chess player .	παίκτης	47
race	n	a competition in which people or animals compete to run, drive, etc. fastest and finish first	We're going to watch the annual boat race between Oxford and Cambridge Universities.	αγώνας (δρόμου, ταχύτητας)	47
race	v	to compete against someone or something in a race	She'll be racing against some of the world's top athletes.	τρέχω, παίρνω μέρος σε αγώνες	47
shot	n	an attempt in sport to throw, kick or hit the ball towards the place where you can get a point	Shaw took a shot at the goal from the halfway line, but missed.	απόπειρα, προσπάθεια	47
take part	phr	to be involved in an activity, sport, event, etc. with other people	Nearly 500 teams took part in the competition.	συμμετέχω, παίρνω μέρος σε	47
teammate	n	someone who works in the same team as you	They are great teammates to play with.	συμπαίκτης	47
theme	n	a particular style	The theme for this year's school dance is the 70s.	θέμα	47
trampoline	n	a piece of equipment that you jump up and down on as a sport. It consists of a metal frame with a piece of strong cloth stretched tightly over it.	Children were jumping up and down on a trampoline .	τραμπολίνο	47
wrestling	n	a sport in which two people fight by holding each other and trying to make each other fall to the ground	Did you know sumo wrestling comes from Japan?	πάλη	47
result	n	the final number of points, votes, etc. at the end of a competition, game, or election	What was the result of the England-Italy game? Who won?	αποτέλεσμα	48
tournament	n	a competition in which players compete against each other in a series of games until there is one winner	I feel I can win this tournament .	τουρνουά	48
train	v	to prepare for a sports event or tell someone how to prepare for it, especially by exercising	Brenda spends two hours a day training for the marathon.	προπονούμαι	48
changing room	n	a room where people change their clothes when they play sports, go swimming, etc.	Excuse me, where's the changing room ? I need to put on my swimsuit.	αποδυτήρια	49
coach	n	someone who trains a person or team in a sport	My tennis coach helps me prepare for the competition.	προπονητής	49
collect	v	to receive something because you have won a race, game, etc.	Serena Williams collected her first gold medal in 2012.	παραλαμβάνω	49
goal	n	the action of making the ball go into a goal or the score gained by doing this	It was great that he got that goal so late in the game.	γκολ	49

UNIT 4

Word	Part of speech	Definition	Example	Greek Translation	Page
hit	v	if you hit a ball or other object, you make it move forward quickly by hitting it with a bat, stick, etc.	Hit the ball as hard as you can with this bat.	χτυπώ	49
kick	n	a movement of your foot or leg, usually to hit something with your foot	Brazil scored with the last kick of the match.	κλωτσιά	49
kick	v	to hit something with your foot	Billy was running and kicking a ball around the yard.	κλωτσάω	49
locker	n	a small cupboard with a lock in a school, sports building, office, etc., where you can leave clothes or possessions while you do something	I don't usually take all the books home. I leave them in my locker at school.	ντουλάπι (σε σχολείο, γυμναστήριο κτλ.)	49
lose	v	not to win a game, argument, election, war, etc.	They played so badly they deserved to lose .	χάνω	49
point	n	one of the marks or numbers that shows your score in a game or sport	He is three points behind the leader.	πόντος	49
practise	v	to do an activity, often regularly, in order to improve your skill or to prepare for a test	Today we're going to practise high kicks.	εξασκούμε	49
prize	n	something that is given to someone who is successful in a competition, race, game of chance, etc.	The prize for best photography was won by a young Dutch photographer.	βραβείο	49
score	n	the number of points that each team or player has won in a game or competition	The final score was 2-1 to Leeds.	σκορ	49
score	v	to win a point in a sport, game, competition or test	He has scored 12 goals so far this season.	σκοράρω	49
track	n	a circular course around which runners, cars, etc. race, which often has a specially prepared surface	The track was booked by runners who were practicing for a race next month.	στίβος	49
keep going	v	to continue doing something difficult	Keep going – there's only another mile to run!	συνεχίζω	50
pick	v	to choose something or someone	I don't know which colour to pick . I like both red and green.	διαλέγω	50
professional	n	someone who earns money by doing a job, sport or activity that many other people do just for fun	Susan used to play tennis as a hobby, now she's a professional .	επαγγελματίας	54
catch	v	to get hold of and stop an object such as a ball that is moving through the air	Stephen leapt up and caught the ball in one hand.	πιάνω	55
record	n	the fastest speed, longest distance, highest or lowest level, etc. that has ever been achieved or reached, especially in sport	She holds the world record for the 400 m.	ρεκόρ	55
take place	phr	to happen, especially after being planned or arranged	The next meeting will take place on Thursday.	λαμβάνω χώρα, πραγματοποιούμαι	55

UNIT 4

Word	Part of speech	Definition	Example	Greek Translation	Page
take something seriously	phr	to believe that someone or something is worth your attention or respect	It's only a joke – don't take it seriously!	παίρνω κάτι στα σοβαρά	55
wing	n	the far left or right part of a sports field	He played left wing for Manchester United.	εξτρέμ (ποδοσφαιρικός όρος), πτέρυγα	audioscript 4.1
preparation	n	the process of preparing something or preparing for something	You shouldn't try to run in a long race without preparation . You need to train for it.	προετοιμασία	audioscript 4.4
rest moment	n	time when you can have a short break from an activity you are doing	When you climb a mountain, have some rest moments every few hours.	στιγμή ξεκούρασης / ανάπαυσης	audioscript 4.4

UNIT 5

Word	Part of speech	Definition	Example	Greek Translation	Page
audience	n	a group of people who come to watch and listen to someone speaking or performing in public	If you're nervous about performing, imagine the audience isn't there.	κοινό	57
actor	n	someone who performs in a play or film	If you want to meet famous actors , you should visit Hollywood.	ηθοποιός	58
be in the spotlight	n	to receive a lot of public attention	My sister loves being in the spotlight , but I get really nervous on stage.	είμαι στο φως της δημοσιότητας / διάσημος	58
film	v	to use a camera to record a story or real events so that they can be shown in the cinema or on television	She's in South Africa filming a documentary for the BBC.	κινηματογραφώ, γυρίζω (ταινία)	58
politician	n	someone who works in politics, especially an elected member of the government	The plan is strongly supported by local politicians .	πολιτικός	58
review	v	to write a short article describing and judging a new book, play, film, etc.	Bradman will review the best of the new children's books.	γράφω κριτική	58
rock star	n	a famous and successful musician who plays a type of popular modern music that has a strong loud beat and is played using guitars and drums	My favourite rock star is Freddie Mercury.	ροκ σταρ	58
row	n	a line of seats in a theatre or cinema	We sat in the front row , so we could see the screen clearly.	σειρά καθισμάτων	58
sports star	n	a famous and successful sports player	Sam was a sports star in college. He run, swam and was on the football team!	αστέρας του αθλητισμού	58
record	v	to store music, sound, television programmes, etc. on a disc or tape so that people can listen to them or watch them again	The group has just recorded a new album.	ηχογραφώ, καταγράφω	59
celebrity	n	a famous living person	People were waiting outside for the chance to see some TV celebrities .	διασημότητα	59
due to	phr	because of something	She has been absent from work due to illness.	εξαιτίας	59
end up (with)	phr v	to be in a particular situation, state or place after a series of events, especially when you did not plan it	We were planning to go to the cinema but we ended up watching a movie at home.	καταλήγω	59
have the right to	phr	to be morally, legally or officially allowed to do or have something	People often forget that even celebrities have the right to some privacy for their families.	έχω το δικαίωμα να, δικαιούμαι	59
hurtful	adj	making you feel very upset or offended	What you said to Mary was very hurtful . It made her cry.	οδυνηρός	59
label	n	a record company	Jake has been signed by the biggest record label . His next album will be huge!	(δισκογραφική) εταιρία	59

UNIT 5

Word	Part of speech	Definition	Example	Greek Translation	Page
negative attention	phr	the interest that people show in someone and that is harmful to or not wanted by the person who generates the interest	I wouldn't like to be rich and famous because of all this negative attention I would get from people.	αρνητική προσοχή, αρνητικά σχόλια	59
public	adj	being known to a lot of people	After losing the election, he played no further part in public life.	δημόσιος	59
book	v	to make arrangements to stay in a place, eat in a restaurant, go to a theatre, etc. at a particular time in the future	To get tickets, you have to book in advance.	κάνω κράτηση	60
choir	n	a group of people who sing together for other people to listen to	He joined a church choir at the age of eight because he always loved singing.	χορωδία	60
disappointed	adj	unhappy because something you hoped for did not happen or because someone or something was not as good as you expected	Visitors were disappointed to find the museum closed.	απογοητευμένος	60
festival	n	an occasion when there are performances of many films, plays, pieces of music, etc., usually happening in the same place every year	He's appeared at folk festivals all over Europe.	φεστιβάλ	60
admission	n	the cost of entrance to a concert, sports event, cinema, etc.	What about going to the museum tomorrow? Admission is only \$3.50 on Thursdays.	είσοδος, εισιτήριο	61
clap	v	to hit your hands against each other many times to make a sound that shows your approval, agreement or enjoyment	The audience clapped politely but without much enthusiasm.	χειροκροτώ	61
costume	n	a set of clothes worn by an actor or by someone to make them look like something such as an animal, famous person, etc.	Singers performing Mozart's operas often wear historical costumes .	στολή, κοστούμι	61
documentary	n	a film or a television or radio programme that gives detailed information about a particular subject	I'm watching a documentary about volcanoes.	ντοκιμαντέρ	61
entertain	v	to amuse or interest people in a way that gives them pleasure	She entertained the children with stories, songs and drama.	διασκεδάζω, ψυχαγωγώ	61
exit	n	a door or space through which you can leave a public room, building, etc.	Please leave the building, using the nearest exit .	έξοδος	61
interview	v	to ask someone questions during an interview	She has interviewed celebrities and political leaders on her radio programme for over 25 years.	παίρνω συνέντευξη	61
orchestra	n	a large group of musicians playing many different kinds of instruments and led by a conductor	Can you hear the music? The orchestra is preparing for a concert.	ορχήστρα	61

UNIT 5

Word	Part of speech	Definition	Example	Greek Translation	Page
perform	v	to do something to entertain people, for example by acting a play or playing a piece of music	The band is performing at the Silver Palace tomorrow.	ερμηνεύω, δίνω παράσταση	61
stage	n	the raised area in a theatre which actors or singers stand on when they perform	As a theatre actor, Matt loved being on the stage .	σκηνή	61
venue	n	a place where an organised meeting, concert, etc. takes place	The restaurant is one of the few venues for jazz music in the area.	χώρος, αίθουσα	61
comedy	n	a play, film or television programme that is intended to make people laugh	Can we watch a comedy tonight? I want to watch something really funny.	κωμωδία	64
historical drama	n	a play for the theatre, television, radio, etc., describing or based on events in the past	She starred in a historical drama about Marie Antoinette.	ιστορικό δράμα	64
horror	n	a film in which strange and frightening things happen	I don't watch horrors . I'm too scared.	ταινία τρόμου	64
romance	n	a film or book about the love between two people	I think you'll like this movie. It's a romance about two people from different cities who fall in love with each other.	ρομάντζο, ερωτική ιστορία	64
science fiction	n	stories about events in the future which are affected by imaginary developments in science, for example about travelling in time or to other planets with life on them	Most science-fiction movies take place in space.	επιστημονική φαντασία	64
soap opera	n	a television or radio story about the daily lives and relationships of the same group of people, which is broadcast regularly	My parents love this soap opera because it takes place in the times when they were young.	σαπουνόπερα	64
thriller	n	a book or film that tells an exciting story about murder or crime	Psycho is Hitchcock's greatest psychological thriller .	θρίλερ	64
track	n	one of the songs or pieces of music on an album (=collection of songs or pieces of music)	This is definitely the best track on the album!	κομμάτι	64
track	n	a circular course around which runners, cars, etc. race, which often has a specially prepared surface	The track was booked by runners who were practicing for a race next month.	στίβος	64
atmosphere	n	the feeling that an event or place gives you	The hotel had a lovely relaxed atmosphere . We could get some rest and had a great time.	ατμόσφαιρα	65
(can) afford to	v	to have enough money to buy or pay for something	We can't afford to go on holidays this year.	έχω την οικονομική δυνατότητα	67
be under a lot of stress	phr	to be continuously worried about your work or personal life, and unable to relax	She had been under a lot of stress just before the baby was born.	είμαι πολύ στρεσαρισμένος, έχω πολύ άγχος	67
crowded	adj	too full of people or things	The train was very crowded and we had to stand.	συνωστισμένος, γεμάτος κόσμο	67

UNIT 5

Word	Part of speech	Definition	Example	Greek Translation	Page
laugh at sb	v	to make unkind or funny remarks about someone, because they have done or said something you think is stupid	Don't laugh at him! It's not his fault he doesn't understand!	κοροϊδεύω	67
the last thing I need	phr	used to make a strong negative statement about something	I had a really bad day and the last thing I need today is a fight.	το τελευταίο πράγμα που χρειάζομαι	67
turn your back on	phr	to refuse to help, support or be involved with someone or something	How can you turn your back on your own mother? She's always been so helpful to you, so you should help her now.	γυρίζω την πλάτη μου, αδιαφορώ	67
(pop) concert	n	a performance given by musicians or singers (playing modern music that is popular, especially with young people, and usually consists of simple tunes with a strong beat)	There were 150,000 people at the pop concert in Frankfurt.	(ποπ) συναυλία	68
wind instrument	n	a musical instrument made of wood or metal that you play by blowing, such as a flute or one that air is passed through, such as an organ	We both play a wind instrument . I play a flute, while Ben plays a saxophone.	πνευστό όργανο	audioscript 5.10
coin	n	a piece of metal, usually flat and round, that is used as money	I don't usually carry cash with me but I have some coins in my pocket.	κέρμα, νόμισμα	audioscript 5.12
engine	n	the part of a vehicle that produces power to make it move	He parked outside the bank and kept the engine running as he waited for his wife to come out.	μηχανή	audioscript 5.12
have an argument	phr	to disagree with someone, often angrily	They had an argument about who was responsible for the accident.	διαφωνώ, τσακώνομαι	audioscript 5.6
look forward to	phr	to be excited and pleased about something that is going to happen	I'm really looking forward to our trip to Japan.	ανυπομονώ	audioscript 5.6

UNIT 6

Word	Part of speech	Definition	Example	Greek Translation	Page
earth	n	the substance that plants grow in	I can see footprints in the wet earth . Someone must have walked this way.	γη (το χώμα)	69
planet	n	a very large round object in space that moves around the Sun or another star	Mercury is the smallest of all the planets .	πλανήτης	69
creature	n	anything that is living, such as an animal, fish or insect but not a plant	Blue whales are the largest creatures that have ever lived.	πλάσμα, ον	70
dangerous	adj	able or likely to harm or kill you	It's dangerous to walk alone at night around here.	επικίνδυνος	70
documentary	n	a film or a television or radio programme that gives detailed information about a particular subject	They are making a documentary about volcanoes.	ντοκιμαντέρ	70
explore	v	to travel around an area in order to find out about it	We spent a week exploring the Oregon coast.	εξερευνώ	70
incredible	adj	extremely good, large or great	The view from the top of the mountain was so incredible that I didn't want to go down.	απίστευτος	70
sight	n	something you can see	I didn't know foxes were such a common sight in this part of town.	θέαμα	70
survive	v	to continue to exist	Several buildings in the town have survived from medieval times.	επιβιώνω	70
amazing	adj	very good, especially in an unexpected way	Hong Kong is an absolutely amazing city. I really like it!	καταπληκτικός	71
hatch	v	if a young bird, insect, etc. hatches or if it is hatched, it comes out of its egg	I think the baby birds will hatch from the eggs soon.	εκκολάπτομαι	71
rock	n	a large piece of stone	Jack stood on a rock for a better view.	βράχος	71
sand	n	a substance consisting of very small pieces of rocks and minerals that forms beaches and deserts	Have you been to the beach? You have sand in your shoes.	άμμος	71
shellfish	n	an animal that lives in water, has a shell and can be eaten as food, for example crabs, lobsters, and oysters	Restaurants near the sea usually serve fresh fish and shellfish .	οστρακοειδή	71
divide	v	if something divides or if you divide it, it separates into two or more parts	The book is divided into six sections.	χωρίζω, διαχωρίζω	72
form	v	to start to exist, or make something start to exist, especially as the result of a natural process	The rocks were formed more than 4,000 million years ago.	σχηματίζω	72
high	adj	used about things that are a long way from the bottom to the top or a long way above the ground	This building is so high that you can't see the top floors from the ground!	ψηλός	72
inhabit	v	if animals or people inhabit an area or place, they live there	The woods are inhabited by many wild animals.	κατοικώ	72

UNIT 6

Word	Part of speech	Definition	Example	Greek Translation	Page
record	v	if an instrument records the size, speed, temperature, etc. of something, it measures it and keeps that information	Wind speeds of up to 100 mph have been recorded .	καταγράφω	72
ancient	adj	having existed for a very long time	The Daintree Rainforest in Australia is 180 million years old! It's ancient !	αρχαίος	73
cliff	n	a large area of rock or a mountain with a very steep side, often at the edge of the sea or a river	The most famous cliffs in Britain are the white cliffs of Dover.	γκρεμός	73
cloud	n	a white or grey mass in the sky that forms from very small drops of water	There were no clouds in the sky so it was very sunny.	σύννεφο	73
field	n	an area of land in the country, especially one where crops are grown or animals feed on grass	All around the house were green fields with cows and sheep enjoying the grass.	χωράφι	73
flat	adj	smooth and level, without raised or hollow areas and not sloping or curving	Cambridge is very flat and you can see for miles.	επίπεδος	73
ground	n	the surface of the Earth	The leaves were slowly falling to the ground .	έδαφος	73
horrible	adj	very bad – used, for example, about things you see, taste or smell or about the weather	The weather has been really horrible all week. There has been a lot of rain and strong winds.	απαίσιος	73
huge	adj	extremely large in size, amount or degree	They live in a huge house with five bedrooms and three living rooms!	τεράστιος	73
layer	n	an amount or piece of a material or substance that covers a surface or that is between two other things	The moon was shining through a thin layer of cloud.	στρώση, στρώμα	73
low	adj	at a point that is not far above the ground or near the bottom of something	It's getting late. The sun is low in the sky now.	χαμηλός	73
moon	n	the round object that you can see shining in the sky at night and that moves around the Earth every 28 days	The moon was shining in the night sky.	φεγγάρι, σελήνη	73
narrow	adj	measuring only a small distance from one side to the other, especially in relation to the length	I really like the narrow streets of Italian cities. They are so different from the streets in New York.	στενός	73
path	n	a track that has been made deliberately or made by many people walking over the same ground	Follow the path along the river to the bridge.	μονοπάτι	73
pretty	adj	something that is pretty is pleasant to look at or listen to but is not impressive	What a pretty little garden! I love it!	όμορφος	73
scary	adj	frightening	She didn't like the film. It was too scary for her.	τρομακτικός	73
sky	n	the space above the Earth where clouds and the Sun and stars appear	The sky was blue and the sun was shining.	ουρανός	73

UNIT 6

Word	Part of speech	Definition	Example	Greek Translation	Page
snow	n	soft white pieces of frozen water that fall from the sky in cold weather and cover the ground	Snow was falling heavily as we entered the village.	χιόνι	73
star	n	a large ball of burning gas in space that can be seen at night as a point of light in the sky	I lay on my back and looked up at the shining stars .	αστέρι	73
sunlight	n	natural light that comes from the sun	The garden looked lovely in the evening sunlight .	φως του ήλιου	73
sunshine	n	the light and heat that come from the sun when there is no cloud	She was sitting in the garden, enjoying the spring sunshine .	λιακάδα	73
thunder	n	the loud noise that you hear during a storm, usually after a flash of lightning	There was a huge storm with thunder and lightning last night.	κεραυνός	73
wave	n	a line of raised water that moves across the surface of the sea	At night, I listened to the sound of the waves breaking against the shore.	κύμα	73
weather	n	the temperature and other conditions such as sun, rain and wind	We had good weather all week. There was no rain and lots of sunshine.	καιρός	73
wind	n	moving air, especially when it moves strongly or quickly in a current	Planes were unable to take off because of high winds .	άνεμος	73
plastic	n	a light strong material that is produced by a chemical process and which can be made into different shapes when it is soft	Those flowers aren't real – they're made of plastic .	πλαστικό	74
recycle	v	to put used objects or materials through a special process so that they can be used again	You can recycle paper and glass bottles.	ανακυκλώνω	74
recycling	n	the process of treating used objects or materials so that they can be used again	Recycling is important to help protect our environment.	ανακύκλωση	74
animal species	n	a group of animals whose members are similar and can breed together to produce young animals	You can see many different animal species at the zoo.	είδη ζώων	75
carbon footprint	n	the amount of carbon dioxide that a person or organisation produces by the things they do, used as a way of measuring the amount of harm they do to the environment	There are lots of ways you can reduce your carbon footprint , e.g. drive less and bike more.	αποτύπωμα άνθρακα	75
climate change	n	a permanent change in the Earth's weather conditions	It is true that the temperature of the Earth changed in the past, but most scientists believe that climate change today is happening because of the way people live.	κλιματική αλλαγή	75
energy	n	power that is used to provide heat, operate machines, etc.	The water is heated using energy from the sun.	ενέργεια	75

UNIT 6

Word	Part of speech	Definition	Example	Greek Translation	Page
pollution	n	the process of making air, water, soil, etc. dangerously dirty and not suitable for people to use or the state of being dangerously dirty	Air pollution can cause breathing problems for some people.	μόλυνση	75
rubbish	n	food, paper, etc. that is no longer needed and has been thrown away	I forgot to put the rubbish out this morning.	σκουπίδια	75
transport	n	a system or method for carrying passengers or goods from one place to another	It's easier to get to the college if you have your own transport , e.g. a car or a bike.	μεταφορά, μεταφορικό μέσο	75
waterfall	n	a place where water from a river or stream falls down over a cliff or rock	Niagara Falls is probably the most famous waterfall in the world.	καταρράκτης	76
fog	n	cloudy air near the ground which is difficult to see through	We got lost in the thick fog . We couldn't see anything.	ομίχλη	79
storm	n	a period of very bad weather when there is a lot of rain or snow, strong winds and often lightning	The dog hid under the table during the storm because of the loud wind and lightning.	καταιγίδα	79
tiny	adj	extremely small	The text is so tiny that I can't read it without my glasses.	μικροσκοπικός	79
make up	phr v	to combine together to form something	Sand is made up of very small pieces of rock.	αποτελώ, συνθέτω	audioscript 10.3
lead to	v	to cause something to happen or cause someone to do something	Increasing knowledge about plastic can lead to people using it less and less.	οδηγώ προς	audioscript 6.2
persuade	v	to make someone decide to do something, especially by giving them reasons why they should do it or asking them many times to do it	John was trying to persuade me to stay longer in Paris but I really needed to go.	πείθω	audioscript 6.2

UNIT 7

Word	Part of speech	Definition	Example	Greek Translation	Page
journey	n	an occasion when you travel from one place to another, especially over a long distance	They arrived tired from their long journey	ταξίδι	81
place	n	a space or area, for example a particular point on a surface or in a room, building, town, city, etc.	This is a great place for a holiday.	μέρος	81
travel	n, v	1) the activity of travelling 2) to go from one place to another, or to several places, especially ones that are far away	1) The new job involves a fair amount of travel around Europe. 2) We're planning to travel across America this summer.	1) ταξίδι 2) ταξιδεύω	81
qualified	adj	having suitable knowledge, experience or skills, especially for a particular job	The guides are qualified to lead groups into the mountains.	πιστοποιημένος	82
show sb around	phr	to go around a place with someone when they first arrive there, to show them what is interesting, useful, etc.	When we arrived, Henry was not there but his wife showed us around the house.	δείχνω τα κατατόπια, ξεναγώ	82
tour	n	a short trip through a place to see it	They took a guided tour around the Kennedy Space Centre.	εκδρομή, περιήγηση	82
trip	n	a visit to a place that involves a journey, for pleasure or a particular purpose	Did you enjoy your trip to Disneyland?	ταξίδι	82
board	v	to get on a bus, plane, train, etc. in order to travel somewhere	Passengers in rows 15 to 25 may now board .	επιβιβάζομαι	83
cable car	n	a vehicle that hangs from a moving cable, and is used to take people up and down mountains	If you don't want to climb the mountain, you can use the cable car and ride to the top.	τελεφερίκ	83
entertainment	n	things such as films, television, performances, etc. that are intended to amuse or interest people	The town provides a wide choice of entertainment . You can go to the theatre, a concert, a sports place, a museum or a club.	διασκέδαση, ψυχαγωγία	83
get about	phr v	to go or travel to different places	Even though she's 80 now, she still tries to get about as much as she can. She doesn't like to sit at home all day.	ταξιδεύω	83
guide	n	someone whose job is to take tourists to a place and show them around	You will be taken round the museum by one of the guides .	οδηγός, ξεναγός	83
interactive	adj	an interactive computer program, television system, etc. allows you to communicate directly with it and does things in reaction to your actions	In our interactive museum, children can touch and operate the displays.	διαδραστικός	83
jump off	phr v	to leave a train, bus, etc. quickly or suddenly	We got a text from Lisa asking us to visit her so we jumped off the train at Lime Street station.	κατεβαίνω βιαστικά, πηδάω από	83

UNIT 7

Word	Part of speech	Definition	Example	Greek Translation	Page
jump on	phr v	to get on a train, bus, etc. quickly or suddenly	He jumped on a plane and flew out to Chicago for the business conference.	ανεβαίνω βιαστικά, παίρνω το πρώτο (αεροπλάνο, τρένο κτλ.)	83
metro	n	a railway system that runs under the ground below a city	It's usually quicker to go on the metro than by car in big cities.	μετρό	83
pedicab	n	a bicycle with three wheels, with a covered seat at the back for passengers and a separate seat for a driver who pedals, used as a form of taxi	You don't have to walk to see the city. Hire a pedicab and the driver will take you around the city.	τρίκυκλο ποδήλατο	83
refreshments	n	small amounts of food and drink that are provided at a meeting, party, sports event, etc.	Refreshments will be served after the meeting. There will be coffee and sandwiches.	αναψυκτικά	83
Segway	n	a brand name for an electric two-wheeled vehicle. The rider stands on a base between the wheels and holds onto a bar at waist height.	Nowadays some people are choosing another new type of personal transportation: the Segway .	ατομικό ηλεκτροκίνητο δίτροχο (segway)	83
sightsee	v	to visit famous or interesting places as a tourist	I hope we have the time to sightsee when we are in Oslo. I would like to visit the Viking Ship Museum.	επισκέπτομαι αξιοθέατα	83
sign up	phr v	to put your name on a list for something because you want to take part in it	I'm thinking of signing up for a yoga course.	γράφομαι, γίνομαι μέλος	83
stop off	phr v	to make a short visit to a place during a journey, especially to rest or to see someone	We stopped off at the supermarket on the way home.	κάνω μια στάση	83
(the) Underground	n	a railway system under the ground	The London Underground serves 270 stations all over the city.	μετρό	84
flight	n	a journey in a plane or space vehicle or the plane or vehicle that is making the journey	There are only three flights a day to Logan Airport from Heathrow.	πτήση	84
land	v	if a plane lands, it moves safely down onto the ground	Flight 846 landed five minutes ago. Passengers will be getting off the plane soon.	προσγειώνω	84
pole	n	the most northern or most southern point on a planet, especially the Earth	Amundsen's expedition was the first to reach the South Pole .	πόλος	84
sightseeing	n, adj	1) when you visit famous or interesting places, especially as tourists 2) used for visiting sights	1) Why don't we go sightseeing if we are in Rome? I want to see the Colosseum, St. Peter's Basilica and Roman Forum. 2) I took a sightseeing trip on one of the tourist buses, so I could see all the sights in a short time.	1) περιήγηση σε αξιοθέατα 2) περιηγητικός	84
abroad	adv	in or to a foreign country	Our daughter wants to study abroad for a year. She wants to go either to Norway or to Germany.	στο εξωτερικό	85
be delayed	phr	happening at a later time than expected or intended	The flight was badly delayed because of fog.	έχω καθυστέρηση	85

UNIT 7

Word	Part of speech	Definition	Example	Greek Translation	Page
border	n	the official line that separates two countries, states, or areas, or the area close to this line	To cross the border , you will need a valid passport.	σύνορο	85
check in	phr v	if you check in or are checked in at a hotel or airport, you go to the desk and report that you have arrived	You need to check in two hours before the flight.	κάνω check-in, δηλώνω την άφιξή μου (σε αεροδρόμιο, ξενοδοχείο κτλ.)	85
check-in	n	a place where you report your arrival at an airport, hotel, hospital, etc.	Make sure you're at the check-in by 5.30 or you might miss your flight.	χώρος υποδοχής	85
delay	n, v	1) when someone or something has to wait, or the length of the waiting time 2) to make someone or something late, or make something happen more slowly	1) We had to wait for the plane because there was a slight delay . 2) Our meeting was delayed for ten minutes.	1) καθυστέρηση 2) καθυστερώ	85
destination	n	the place that someone or something is going to	Las Vegas is the country's top tourist destination . A lot of tourists visit it every year.	προορισμός	85
foreign	adj	from or relating to a country that is not your own	"Can you speak any foreign languages?" "Yes, I can speak Spanish and German."	ξένος, αλλοδαπός	85
hold	n	the part of a ship or plane where goods are stored for transport	Please put your baggage in the hold . You can't take it with you on board.	αμπάρι	85
location	n	a particular place, especially in relation to other areas, buildings, etc.	The hotel is in a beautiful location near the lake.	τοποθεσία	85
motorway	n	a very wide road for travelling fast over long distances, especially between cities	He was driving on the motorway from Cardiff to London.	αυτοκινητόδρομος	85
passport	n	a small official document that you get from your government, that proves who you are and which you need in order to leave your country and enter other countries	Don't forget to take your passport . You will need it to enter the country.	διαβατήριο	85
reception	n	the desk or office where visitors arriving in a hotel or large organisation go first	I asked the man at reception where my room is.	ρεσεψιόν, χώρος υποδοχής	85
take off	phr v	if an aircraft takes off, it rises into the air from the ground	I felt quite excited as the plane took off from Heathrow Airport.	απογειώνω	85
take-off	n	the time when a plane leaves the ground and begins to fly	Please put your bag under the seat and sit down. The plane is ready for take-off .	απογείωση	85
traffic jam	n	a long line of vehicles on a road that cannot move or can only move very slowly	We were stuck in a traffic jam for two hours.	μποτιλιάρισμα	85
voyage	n	a long trip, especially in a ship or space vehicle	The voyage from England to India used to take six months.	ταξίδι	85

UNIT 7

Word	Part of speech	Definition	Example	Greek Translation	Page
souvenir	n	an object that you buy or keep to remind yourself of a special occasion or a place you have visited	I bought a model of the Eiffel Tower as a souvenir of Paris.	ενθύμιο, σουβενίρ	87
air travel	n	going from one place to another using a plane	Air travel is a quick but quite expensive way of travelling from one place to another.	αεροπορικό ταξίδι	91
flight attendant	n	someone who serves food and drinks to passengers on a plane and looks after their comfort and safety	Kim is a flight attendant for a big US airline.	αεροσυνοδός	91
river boat	n	a large passenger boat that travels up and down a river	Sightseeing river boats can be found in Amsterdam, Paris and other tourist cities where historical monuments are located near water.	ποταμόπλοιο	91
road travel	n	going from one place to another using a car, bus, bicycle, etc.	I prefer road travel to air travel because I'm afraid of flying.	οδικό ταξίδι	91
travel sick	adj	feeling ill and wanting to vomit because of the movement of the vehicle that you are travelling in	If you often get travel sick while travelling by car, you might try taking some pills and avoid looking at the passing trees.	που υποφέρει από ναυτία, που ζαλίζεται	91
overseas	adv	to or in a foreign country that is across the sea	Chris is going to work overseas . He's moving from London to New York.	υπερπόντιος	audioscript 7.5
value	v	to think that someone or something is important	Mr. Yeo valued Jan for her hard work.	εκτιμώ	audioscript 7.5
announcement	n	an important or official statement	Silence, please. Mr Bennett is about to make an announcement .	ανακοίνωση	audioscript 7.8
captain	n	the sailor in charge of a ship or the pilot in charge of an aircraft	The captain and crew welcome you aboard.	καπετάνιος	audioscript 7.8

UNIT 8

Word	Part of speech	Definition	Example	Greek Translation	Page
3D printing	n	the process of making objects by building up thin layers of a substance, following a digital design	3D printing is changing the way we produce objects, from tools to toys and even body parts.	εκτύπωση τριών διαστάσεων	94
adult	n	a fully-grown person or one who is considered to be legally responsible for their actions	Children cannot enter the museum unless they are accompanied by an adult .	ενήλικας	94
art	n	the skill or activity of drawing or painting	Alex is very good at art . Her drawings and paintings are beautiful!	τέχνη	94
chess	n	a game for two players, who move their playing pieces according to particular rules across a special board to try to trap their opponent's king (=most important piece)	Would you like to learn to play chess ? I can teach you the rules and how each piece can move on the chess board.	σκάκι	94
coding	n	the activity of writing computer programs	Coding makes it possible for us to create computer software, apps and websites.	κωδικοποίηση	94
collecting (action figures/toys/ things)	phr	the activity of getting and keeping objects of the same type, because you think they are attractive or interesting	My younger sister's hobby is collecting action figures . He already has over one hundred characters from films, comic books and video games!	κάνω συλλογή	94
complain	v	to say that you are annoyed, not satisfied or unhappy about something or someone	She often complains about not feeling appreciated at work.	παραπονιέμαι	94
creative	adj	someone who is creative is very good at using their imagination to make things	You're so creative ! I could never make my own clothes.	δημιουργικός	94
documentary	n	a film or a television or radio programme that gives detailed information about a particular subject	They are making a documentary about volcanoes.	ντοκιμαντέρ	94
drama	n	acting – used when talking about it as a subject to study or teach	Helen joined a drama group to learn how to perform in plays.	υποκριτική	94
intelligent	adj	an intelligent person has a high level of mental ability and is good at understanding ideas and thinking clearly	Writer and activist Susan Sontag was once famously described as the most intelligent woman in America.	ευφυής, έξυπνος	94
listening to music	phr	to pay attention to a series of sounds made by instruments or voices	Listening to music makes me feel relaxed. I especially like music from movies.	ακρόαση μουσικής	94
optimistic	adj	believing that good things will happen in the future	I'm optimistic about our chances of winning. We practised a lot and we're really good.	αισιόδοξος	94
passionate	adj	if you are passionate about something, you like it a lot	Bill's always been passionate about football. He started watching football games and playing in a football team when he was a kid.	παθιασμένος	94

UNIT 8

Word	Part of speech	Definition	Example	Greek Translation	Page
patient	adj	able to wait calmly for a long time or to accept difficulties, people's annoying behaviour, etc. without becoming angry	I'm sure she'll write soon. Just try to be patient .	υπομονετικός	94
photography	n	the art, profession or method of producing photographs or the scenes in films	He did fashion photography for a famous magazine.	φωτογραφία	94
self-controlled	adj	able to behave calmly and sensibly even when you feel very excited, angry, etc.	He's always seemed very self-controlled , so I was very surprised when he suddenly started shouting at Mark.	που έχει αυτοέλεγχο, πειθαρχημένος	94
self-confident	adj	sure that you can do things well, that people like you, etc.	Despite her disability, Philippa is very self-confident .	που έχει αυτοπεποίθηση	94
sociable	adj	someone who is sociable is friendly and enjoys being with other people	Rob's very sociable – he likes meetings and parties.	κοινωνικός	94
writing short stories	phr	producing short descriptions of how something happened, that is intended to entertain people and may be true or imaginary	He started writing short stories only last year but he has already published two collections of his short stories.	συγγραφή σύντομων ιστοριών	94
ability	n	the state of being able to do something	A manager must have the ability to communicate well.	ικανότητα	95
attitude	n	the opinions and feelings that you usually have about something, especially when this is shown in your behaviour	The people have a very positive attitude to life. They don't worry too much and enjoy little things.	στάση, προσέγγιση	95
behaviour	n	the things that a person or animal does	It is important to reward good behaviour .	συμπεριφορά	95
continuously	adv	in a way that continues without stopping	You can't work continuously for ten hours without a break!	συνεχώς, αδιάκοπα	95
convinced	adj	feeling certain that something is true	I was convinced that we were doing the right thing.	πεπεισμένος	95
decrease	v	to become less or go down to a lower level or to make something do this	Crime decreased by 30%. This neighbourhood is now much safer.	μειώνω	95
demand	v	to ask for something very firmly, especially because you think you have a right to do this	He has always demand ed the highest standards of behaviour from his children.	απαιτώ	95
development	n	the process of gradually becoming bigger, better, stronger or more advanced	Vitamins are necessary for a child's growth and development .	ανάπτυξη	95
earn	v	if your actions or qualities earn you something, they make you deserve to have it	That performance earned her an Oscar as Best Actress.	αποφέρω	95
end up	phr v	to be in a particular situation, state or place after a series of events, especially when you did not plan it	He came round for a coffee and we ended up having a meal together.	καταλήγω	95

UNIT 8

Word	Part of speech	Definition	Example	Greek Translation	Page
improve	v	to make something better or to become better	Her German is improving . She now speaks much better than last month.	βελτιώνω	95
increase	v	if you increase something or if it increases, it becomes bigger in amount, number, or degree	Regular exercise and a good diet increase your chances of living a long, healthy life.	αυξάνω	95
patience	n	the ability to continue waiting or doing something for a long time without becoming angry or anxious	I don't have the patience to be a teacher.	υπομονή	95
progress	n	change which is thought to lead to a better society, because of developments in science or fairer methods of social organisation	Progress in technology has changed people's lives in many ways.	πρόοδος	95
reward	n	something that you get because you have done something good or helpful or have worked hard	The school has a system of rewards and punishments to encourage good behaviour.	επιβράβευση	95
charger	n	a piece of equipment used to put electricity into a battery	Can I borrow your phone charger ? My battery's very low.	φορτιστής	96
drop sb	v	to take someone by car to a place and leave them there, especially on your way to another place	She dropped Johnny at the school on her way to work.	αφήνω κπ (με το αυτοκίνητό μου)	96
battery	n	an object that provides a supply of electricity for something such as a radio, car, or toy	He could see the battery was low on his laptop and that he would need to charge it soon.	μπαταρία	97
be into sth	phr	to like and be interested in something	I'm really into folk music and I often go to folk festivals.	μου αρέσει κτ	97
be mad about sth	phr	to like something very much	She likes going to zoos because she's mad about animals .	τρελαίνομαι για κτ	97
chill out (with sb/at a place)	phr	to relax completely instead of feeling angry, tired or nervous	Paul spent the afternoon chilling out in front of the TV.	χαλαρώνω (με κπ / σε ένα μέρος)	97
cooking	n	the activity of preparing food so that it is ready to eat, usually by heating it	My mum does all the cooking , but my dad always washes the dishes.	μαγείρεμα	97
glue	n	a sticky substance used for joining things together	Join the two pieces together using strong glue .	κόλα	97
hang out (with sb)	phr	to spend a lot of time in a particular place or with particular people	They enjoyed hanging out with each other when they were kids.	κάνω παρέα (με κπ)	97
ingredient	n	one of the foods that you use to make a particular food or dish	Mix the ingredients together in a bowl. Then just add the sauce and the salad is ready.	συστατικό	97
join in (sth)	phr	to take part in something that a group of people are doing or that someone else does	In the evening there was a barbecue, with the whole village joining in the fun.	συμμετέχω σε κτ	97
keeping fit	n	staying strong and healthy by exercising regularly	For Gerald, keeping fit means swimming and jogging twice a week.	διατήρησης της καλής φυσικής κατάστασης	97

UNIT 8

Word	Part of speech	Definition	Example	Greek Translation	Page
making jewellery/ models	phr	producing or creating small things that you wear for decoration, such as rings or necklaces / a small copy of a building, vehicle, machine, etc., especially one that can be put together from separate parts	Making models may help children learn about design and construction.	κατασκευή κοσμημάτων / μοντέλων	97
online gaming	phr	the activity of playing computer games on the internet	Online gaming is now one of the most popular activities among young people.	συμμετοχή σε διαδικτυακά παιχνίδια	97
paintbrush	n	a brush for spreading paint on a surface	You need a paintbrush if you want to paint the walls.	βούρτσα, πινέλο	97
practising a musical instrument	phr	learning how to play an object used for producing music, such as a piano or violin	If you want to be a good musician, practising a musical instrument every day is a must.	μαθαίνω να παίζω ένα μουσικό όργανο	97
recipe	n	a set of instructions for cooking a particular type of food	I'm not a great cook, but I can follow a recipe pretty well.	συνταγή	97
taking photos	phr	using a camera to obtain a picture of something	I like taking photos of other people.	λήψη φωτογραφιών	97
zoom lens	n	a camera lens that can change from a distant to a close view	This new camera has a 115mm zoom lens .	τηλεφακός	97
amazed	adj	very surprised	I'm amazed you've never heard of the Rolling Stones. They're such a popular band!	κατάπληκτος	100
amused	adj	if you are amused by something, you think it is funny and you smile or laugh	The man looked a little amused when he heard the news. I think he thought it was funny.	που βρίσκει κτ διασκεδαστικό	100
famously	adv	in a way that is famous	Her cooking is famously awful. Everyone in the family knows she can't cook.	κοινώς, ευρέως γνωστός	100
helpful	adj	providing useful help in making a situation better or easier	Thank you for your advice; it's been very helpful .	χρήσιμος, εξυπηρετικός	100
publicly	adv	in a way that is intended for anyone to know, see or hear	The matter was never discussed publicly .	δημόσια	100
weird	adj	very strange and unusual and difficult to understand or explain	That's weird – I thought I left my keys on the table but they're not there.	παράξενος, περίεργος	100
case	n	a special box used as a container for holding or protecting something	Jim put his violin back in its case .	θήκη	audioscript 8.6
rehearsal	n	a time when all the people in a play, concert, etc. practise before a public performance	We're having our first rehearsal of 'Hamlet' tonight.	πρόβα	audioscript 8.1
sponsor	n	a person or company that supports someone by paying for their training, education, living costs, etc.	Our team's sponsors are generally local companies.	χορηγός	audioscript 8.6

UNIT 9

Word	Part of speech	Definition	Example	Greek Translation	Page
then	adv	used to say what happens next or what you do next	Mix the flour and butter, then add the eggs.	έπειτα, στη συνέχεια	106
set goals	phr	decide what you or someone else should try to achieve	If you want to learn a new skill, set yourself smaller goals to learn gradually.	θέτω στόχους	106
survey	n	a set of questions that you ask a large number of people in order to find out about their opinions or behaviour	A survey found that 37 percent of students were born outside the country.	έρευνα	106
board game	n	an indoor game played on a specially designed board made of thick card or wood	Chess and checkers are some of the most popular board games .	επιτραπέζιο παιχνίδι	107
bucket list	n	a list of things that you want to do before you die	Swimming with dolphins is one of the things on my bucket list . Another is meeting a famous person!	λίστα με τα πράγματα που θέλω να κάνω στη ζωή μου	107
classic	adj	recognised as being important, serious, and with qualities that last for a long time	'Moby Dick' is a classic American novel.	κλασικός	107
finally	adv	used when you are introducing the last of a series of things	And finally , I'd like to thank my teachers for all their help.	τελικά	107
first	adv	used to say that the fact or reason that you are going to mention is the first one and will be followed by others	First , I would like to thank everyone who has come to the meeting.	πρώτα	107
loads of	adv	a lot of something	Don't worry, there's loads of time. We don't need to hurry.	πολύ	107
next	adv	happening or coming immediately after another one	OK, I mixed the ingredients. What should I do next ?	μετά (από αυτό)	107
original	adj	existing or happening first, before other people or things	The original plan was to fly out to New York, but we decided to go to Rome instead.	αρχικός	107
proud	adj	feeling pleased about something that you have done or something that you own or about someone or something you are involved with or related to	Great job! You should be proud of yourself.	υπερήφανος	107
put together	phr v	to prepare or produce something by collecting pieces of information, ideas, etc.	The band are currently putting a new album together .	συναρμολογώ, συνθέτω	107
remind (someone of)	v	to make someone remember someone that they know or something that happened in the past	That song always reminds me of our first date.	υπενθυμίζω, θυμίζω	107
exciting	adj	making you feel excited	"Julia and Paul are getting married!" "Oh, how exciting !"	συναρπαστικός	108
exhausting	adj	making you feel extremely tired	It's been a long and exhausting journey. I really need to get some sleep now.	εξουθενωτικός, κουραστικός	108
go for	phr v	to choose or prefer something or someone	"What would you like to eat?" "I'll go for the soup."	διαλέγω	108

UNIT 9

Word	Part of speech	Definition	Example	Greek Translation	Page
put up a tent	phr	to build or make a shelter consisting of a sheet of cloth supported by poles and ropes, used especially for camping	When we arrived, we took off our backpacks and started looking for a place to put up our tent .	στήνω σκηνή	108
work out	phr v	to think carefully about how you are going to do something and plan a good way of doing it	We need to work out how we're going to get there.	βρίσκω (λύση)	108
amazed	adj	very surprised	We were amazed at how quickly the kids learned the song.	έκπληκτος	109
annoyed	adj	slightly angry	Are you annoyed with me just because I'm a bit late?	ενοχλημένος	109
anxious	adj	worried about something	I'm quite anxious about my exams. What if I fail?	αγχωμένος, νευρικός	109
calm	adj	relaxed and quiet, not angry, nervous or upset	Please, everyone, try to keep calm ! There is no reason to get upset.	ήρεμος	109
confident	adj	sure that you have the ability to do things well or deal with situations successfully	I feel much more confident about myself and my abilities these days.	με αυτοπεποίθηση, σίγουρος	109
depressed	adj	very unhappy	I was depressed at the thought of all the hard work ahead.	στεναχωρημένος, μελαγχολικός	109
depressing	adj	making you feel very sad	It's such a depressing town – it's full of ugly, old buildings and dirty streets.	θλιβερός, καταθλιπτικός	109
disappointed	adj	unhappy because something you hoped for did not happen or because someone or something was not as good as you expected	I was disappointed that we played so well yet still lost.	απογοητευμένος	109
disappointing	adj	not as good as you hoped or expected	His exam results were very disappointing . I thought he would do better.	απογοητευτικός	109
embarrassed	adj	feeling uncomfortable or nervous and worrying about what people think of you, for example because you have made a silly mistake or because you have to talk or sing in public	Lori gets embarrassed if we ask her to sing.	αμήχανος	109
excited	adj	happy, interested or hopeful because something good has happened or will happen	Maria's starting to get pretty excited about the wedding.	ενθουσιασμένος	109
frightened	adj	feeling afraid	The children were frightened of being left alone in the house.	φοβισμένος, τρομαγμένος	109
guilty	adj	feeling very ashamed and sad because you know that you have done something wrong	I feel really guilty about forgetting her birthday again.	ένοχος	109
jealous	adj	feeling unhappy because someone has something that you wish you had	Why are you so jealous of his success?	ζηλιάρης	109

UNIT 9

Word	Part of speech	Definition	Example	Greek Translation	Page
miserable	adj	extremely unhappy, for example because you feel lonely, cold or badly treated	Why do you make yourself miserable by agreeing to so much work? It's making you unhappy!	στενοχωρημένος, θλιμμένος	109
nervous	adj	worried or frightened about something and unable to relax	She was so nervous about her exams that she couldn't sleep.	αγχωμένος, νευρικός	109
relaxed	adj	feeling calm, comfortable and not worried or annoyed	Gail was lying in the sun looking very relaxed and happy.	χαλαρός, ήρεμος	109
unhappy	adj	feeling worried or annoyed because you do not like what is happening in a particular situation	Dennis is unhappy about having to work on a Saturday.	δυστυχισμένος	109
upset	adj	unhappy and worried because something unpleasant or disappointing has happened	Debbie was upset that her best friend didn't spend more time with her.	νευριασμένος	109
worried	adj	unhappy because you keep thinking about a problem or about something bad that might happen	I was worried we wouldn't have enough money to go on holiday this year.	ανήσυχος	109
worrying	adj	something that is worrying makes you feel anxious or worried	The possibility that I might lose my job is very worrying .	ανησυχητικός	109
bored	adj	tired and impatient because you do not think something is interesting or because you have nothing to do	I get bored if I'm at home on my own all day.	βαριεστημένος	110
hang out (with)	phr v	to spend a lot of time in a particular place or with particular people	They enjoyed hanging out with each other when they were kids.	κάνω παρέα με, αράζω	110
satisfied	adj	feeling that something is as good as it should be or that something has happened in the way that you want	I'm not satisfied with the way he cut my hair. I don't really like my new haircut.	ικανοποιημένος	110
take part in	phr v	to be involved in an activity, sport, event, etc. with other people	She wanted to take part in the game but she was too ill.	συμμετέχω	110
frightening	adj	making you feel afraid or nervous	Going into hospital can be very frightening for a child.	τρομακτικός	112
later	adv	after the time you are talking about or after the present time	I'm going out for a bit – I'll see you later .	αργότερα	112
after that	phr	after something happens; next; then	We had lunch at a restaurant. After that we went for a walk in the park.	μετά, έπειτα	113
eventually	adv	after a long time or after a lot of things have happened	For months, Lois couldn't decide what to do. Eventually , she moved to London and got a job.	τελικά, στο τέλος	113
suddenly	adv	quickly and unexpectedly	I suddenly realised that there was someone following me.	ξαφνικά	113
amazing	adj	very good, especially in an unexpected way	He's an amazing player to watch.	καταπληκτικός	115

UNIT 9

Word	Part of speech	Definition	Example	Greek Translation	Page
annoying	adj	making you feel slightly angry	It's annoying that we didn't know about this before.	ενοχλητικός	115
boring	adj	not interesting in any way	The job is dull and boring . I need to change it.	βαρετός	115
deal with	phr v	to take the necessary action, especially in order to solve a problem	Don't worry, I'll deal with this. You don't have to do anything.	ασχολούμαι	115
embarrassing	adj	making you feel ashamed, nervous or uncomfortable	She asked a lot of embarrassing questions and nobody wanted to give the answers.	ντροπιαστικός, εξευτελιστικός	115
look forward to	phr v	to be excited and pleased about something that is going to happen	I'm really looking forward to our trip to Japan. I've never been to Asia!	ανυπομονώ	115
relaxing	adj	making you feel relaxed	We had a relaxing evening at home, preparing food and watching TV.	χαλαρωτικός	115
satisfying	adj	making you feel pleased and happy, especially because you have got what you wanted	It can be very satisfying to work in the garden if you like working outside.	ικανοποιητικός	115
compass	n	an instrument that shows directions and has a needle that always points north	You'd better take a map and a compass when you go to the mountains.	πυξίδα	audioscript 9.1
crowded	adj	too full of people or things	The train was very crowded and we had to stand.	συνωστισμένος, γεμάτος κόσμο	audioscript 9.3
That's a shame.	phr	used when you wish a situation was different, and you feel sad or disappointed	We missed her wedding. That's a shame!	Τι κρίμα.	audioscript 9.3
calm down	v	to make someone quiet after they have been angry, excited or upset	Calm down and tell me what happened.	ηρεμώ, χαλαρώνω	audioscript 9.3
challenge	v	to test the skills or abilities of someone or something	I decided to challenge myself and run a marathon.	προκαλώ	audioscript 9.7
upload	v	if information, a computer program, etc. uploads or if you upload it, you move it from a small computer to a computer network so that other people can see it or use it	You shouldn't upload personal information such as your address or credit card number.	ανεβάζω (στο διαδίκτυο)	audioscript 9.7