GOLD experience



ENGLISH - GREEK WORDLIST



Word	Part of speech	Definition	Example	Greek Translation	Page
grandpa	n	the father of your father or mother	I used to stay at my grandpa's house when my parents were on business trips.	παππούς	6
age	n	the number of years someone has lived or something has existed	Francis is the same age as me. We are both 12 years old.	ηλικία	7
birthday	n	your birthday is a day that is an exact number of years after the day you were born	It's my birthday on Monday. I'll be 20!	γενέθλια	7
date	n	a particular day of the month or year, especially shown by a number	'What's today's date ?' 'It's August the eleventh.'	ημερομηνία	7
date of birth	n	the day and year when someone was born	I was born in summer. My date of birth is 6 July 1997.	ημερομηνία γέννησης	7
email address	n	a name you use for sending and receiving emails	'I can send you the pictures via email. What's your email address?' 'It's janet2903@ymail.com'	διεύθυνση ηλεκτρονικού ταχυδρομείου	7
first name	n	the name or names that come before your family name	Her first name 's Helen, but I don't know her surname.	όνομα	7
language	n	a system of communication by written or spoken words, which is used by the people of a particular country or area	'How many languages do you speak?' 'I speak German and Russian.'	γλώσσα	7
Miss	n	used in front of the family name of a woman who is not married to address her politely, to write to her or to talk about her	Miss Taylor is getting married next month.	δεσποινίς, Μις	7
Ms	n	used before a woman's family name when she does not want to be called 'Mrs' or 'Miss', or when you do not know whether she is married or not	I don't know if Ms Anita Roddick is married or not.	κυρία	7
nationality	n	the state of being legally a citizen of a particular country	'What is his nationality ?' 'He is British because he was born in England.'	εθνικότητα	7
postcode	n	a group of numbers and letters that you write at the end of an address on an envelope, package, etc. The postcode shows the exact area where someone lives and helps the post office deliver the post more quickly	The postcode of the University of Roehampton in London is SW15 5PU.	ταχυδρομικός κώδικας	7
signature	n	your name written in the way you usually write it, for example at the end of a letter or on a cheque, etc., to show that you have written it	Who's the letter from? I can't read the signature .	υπογραφή	7
street name	n	the name of a street, which usually forms part of the address	This street name is Church Road.	όνομα δρόμου	7



Word	Part of speech	Definition	Example	Greek Translation	Page
website address	n	the series of letters and other symbols that is the name of a website	To learn more about healthy eating, please visit our website. The website address is www.eathealthy.com.	διεύθυνση δικτυακού τόπου	7
complete	V	to write the information that is needed on a form	Sixty-five people completed the questionnaire.	συμπληρώνω	8
dictionary	n	a book that gives a list of words in alphabetical order and explains their meanings in the same language or another language	If you don't understand the meaning of a word, look it up in a dictionary .	λεξικό	8
here you are	phr	used when you are giving something to someone	Here you are, a cup of coffee with sugar and milk.	ορίστε	8
in a minute	phr	very soon	Wait here. I'll be back in a minute .	σ'ένα λεπτό	8
look (it) up	phr v	if you look up information in a book, on a computer, etc., you try to find it there	Look the word up in your dictionary.	ψάχνω	8
match	V	to put two people or things together that are similar to or somehow connected with each other	Match the words on the right with the pictures on the left.	ταιριάζω	8
mean	V	to have or represent a particular meaning	The red light means 'Stop'.	σημαίνω	8
of course	phr	used to emphasize that you are saying yes when someone asks your permission to do something	'Can I have a word with you?' 'Yes, of course .'	φυσικά	8
open	V	to move a door, window, etc. so that people, things, air, etc. can pass through or to be moved in this way	Jack opened the window to get some fresh air.	ανοίγω	8
page	n	one side of a piece of paper in a book, newspaper, document, etc., or the sheet of paper itself	Open your books on page 15.	σελίδα	8
pair	n	two people who are standing or doing something together, or who have some type of connection with each other	A pair of dancers appeared on stage to dance waltz together.	ζεύγος, ζευγάρι	8
pencil	n	an instrument that you use for writing or drawing, consisting of a wooden stick with a thin piece of a black or coloured substance in the middle	To make a drawing, you need a pencil and paper.	μολύβι	8
put (your hand) up	phr v	to raise (a hand) to a higher position	I put up my hand and asked to leave the room.	σηκώνω (το χέρι)	8
repeat	V	to say or write something again	Sorry – could you repeat your question? I didn't hear it the first time.	επαναλαμβάνω	8
window	n	a space or an area of glass in the wall of a building or vehicle that lets in light	She looked out of the window to see if it was raining.	παράθυρο	8
work in pairs	phr	to work in groups of two	Students worked in pairs for the role-play exercise.	δουλεύω σε ζευγάρια	8



Word	Part of speech	Definition	Example	Greek Translation	Page
Can you say that again, please?	phr	used to ask someone to repeat what they have just said	I couldn't hear your surname. Can you say that again, please?	Μπορείτε να το επαναλάβετε, παρακαλώ?	9
bag	n	a large bag that you use to carry your clothes, etc., especially when you are travelling	Pack your bag before you go to school.	τσάντα	9
belt	n	a band of leather, cloth, etc. that you wear around your waist to hold up your clothes or for decoration	These trousers are too big for you. Wear a belt to hold them up.	ζώνη	9
bin	n	a container for putting waste in	I put this old bread in the bin .	κάδος σκουπιδιών, σκουπιδοτενεκές	9
bookcase	n	a piece of furniture with shelves to hold books	Could you put this book back in the bookcase , please?	βιβλιοθήκη (το έπιπλο)	9
cap	n	a type of flat hat that has a curved part sticking out at the front, and is often worn as part of a uniform	Take off your cap when you enter the classroom.	μαλακό καπέλο με γείσο	9
clock	n	an instrument that shows what time it is, in a room or outside on a building	What time is it by the kitchen clock ?	ρολόι	9
computer	n	an electronic machine that stores information and uses programs to help you find, organise or change information	You can use my computer to send the email to the teacher.	υπολογιστής	9
cupboard	n	a piece of furniture with doors, and sometimes shelves, used for storing clothes, plates, food, etc.	The medicine cupboard 's in the bathroom.	ντουλάπι	9
cushion	n	a cloth bag filled with soft material that you put on a chair or the floor to make it more comfortable	She sat on a cushion on the floor. There were no free chairs.	μαξιλαράκι	9
double	adj	used to say that a particular letter or number is repeated	The word letter has got a double t.	διπλός	9
jeans	n	trousers made of denim (=a strong, usually blue, cotton cloth)	I bought a new pair of blue jeans in the sales.	τζιν παντελόνι	9
light	n	something such as a lamp that produces light, to help you see	Don't forget to switch off the light when you go out.	φως	9
mobile phone	n	a telephone that you can carry with you and use in any place	My best friend lives far away from me, so we talk on the mobile phone every day.	κινητό τηλέφωνο	9
money	n	money in the form of coins or notes that you can carry around with you	Could you do the shopping today? You'll find some money in my purse.	χρήματα, λεφτά	9
noticeboard	n	a special board on a wall which notices can be added	The test results are shown on the class noticeboard.	πίνακας ανακοινώσεων	9



Word	Part of speech	Definition	Example	Greek Translation	Page
poster	n	a large printed notice, picture or photograph, used to advertise something or as a decoration	Sandra collects old film posters .	αφίσα	9
shelf	n	a long flat narrow board attached to a wall or in a frame or cupboard, used for putting things on	Put the glass back on the top shelf .	ράφι	9
(pair of) shorts/ trainers	n	short trousers ending at or above the knees / a type of strong shoe that you wear for sport or with informal clothes	I must look like the typical tourist with this pair of shorts and the camera.	(ένα) σορτσάκι / (ένα ζευγάρι) αθλητικά παπούτσια	9
socks (pl)	n	a piece of clothing made of soft material that you wear on your foot inside your shoe	Cotton socks are better for your feet.	κάλτσες	9
spell	V	to form a word by writing or naming the letters in order	How do you spell <i>juice</i> ? 'J-U-I-C-E'	συλλαβίζω	9
towel	n	a piece of cloth that you use for drying your skin or for drying things such as dishes	Have you got a clean towel I could use?	πετσέτα	9
T-shirt	n	a soft shirt with short sleeves and no collar	She was wearing jeans and a T-shirt .	κοντομάνικο μπλουζάκι	9
water	n	the clear liquid without colour, smell or taste that falls as rain and that is used for drinking, washing, etc.	I'm thirsty. Could I have some water ?	νερό	9
book	n	a set of printed pages that are held together in a cover so that you can read them	I've just started reading a book by Graham Greene.	βιβλίο	10
chair	n	a piece of furniture for one person to sit on, which has a back, a seat and four legs	She was sitting on a wooden chair .	καρέκλα	10
Mr	n	used before a man's family name to be polite when you are speaking to him, writing to him or talking about him	Mr Smith is the headteacher.	κύριος	10
Mrs	n	used before a married woman's family name to be polite when you are speaking to her, writing to her or talking about her	Mrs Bell and her husband are both teachers at my school.	κυρία	10
put (the light) on	phr v	to make a light or a piece of equipment start working by pressing or turning a button or switch	It was dark in the room. He got up and put on the light.	ανάβω (το φως)	10
turn to	phr v	to look at a particular page in a book, magazine, etc.	Turn to page 655 for more information.	γυρίζω / πηγαίνω (στη σελίδα)	10
wall	n	one of the sides of a room or building	I put some pictures up on the walls in my room.	τοίχος	10
cousin	n	the child of your uncle and/or aunt	Aunt Dorothy and uncle Adam have one child. Her name is Susan and she's my best cousin .	ξάδελφος, -η	audioscript S.1
grandparents (pl)	n	the parents of a mother or a father	Mum moved to Paris when she was 25, but my grandparents still live in Liverpool.	παππούδες	audioscript S.1



Word	Part of speech	Definition	Example	Greek Translation	Page
aunt(y)	n	the sister of your father or mother, or the wife of your father's or mother's brother	Aunt Sue's birthday is on the 5 th April. Her brother, my dad, makes her a birthday cake every year.	θεία	audioscript S.2
brother	n	a boy or man who has the same parents as you	I have two older brothers , James and Tom, and I sometimes play football with them.	αδερφός	audioscript S.2
dad	n	a male parent of a child	My dad often plays card games with me and my sister.	μπαμπάς	audioscript S.2
grandma	n	the mother of a mother or a father	My grandma goes with me and my dad to New York every year.	γιαγιά	audioscript S.2
mum	n	a female parent of a child	Everyone says she looks just like her mum .	μαμά	audioscript S.2
sister	n	a girl or woman who has the same parents as you	I've got two older sisters , Jess and Jennifer.	αδερφή	audioscript S.2
uncle	n	the brother of your mother or father, or the husband of your aunt	When they were younger, my dad and my uncle Timothy argued over toys.	θείος	audioscript S.2
pen	n	an instrument for writing or drawing with ink	Please fill out the form in pen .	στυλό	audioscript S.3
surname	n	the name that you share with your parents or often with your husband if you are a married woman, and which in English comes at the end of your full name	Her first name is Laura and her surname is Brown.	επίθετο, επώνυμο	audioscript S.4
telephone number	n	the number that you use to telephone a person	My telephone number is 44 467 749 037. What's yours?	αριθμός τηλεφώνου	audioscript S.4



Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
I.D.	n	a document that shows your name and date of birth, usually with a photograph	May I see your I.D. , please? Only people over 18 can be here.	ταυτότητα	7
bus pass	n	a special ticket giving cheap or free bus travel	He suggested I get a bus pass so I could get to town.	πάσο / κάρτα λεωφορείου	7
valid	adj	a valid ticket, document, or agreement is legally or officially acceptable	Your ticket is valid for three months.	έγκυρος	7
soft	adj	not hard, firm or stiff, but easy to press	This is the softest sofa I've ever sat on! It's very comfortable.	μαλακός	10
cool	adj	very attractive, fashionable, interesting, etc., in a way that people admire – used in order to show approval	Your sunglasses are so cool ! Can I try them on, please?	φοβερός, τέλειος	audioscript S.1
take a photo	phr	to take a picture using a camera	'Can you take a photo of me and Rachel together?' 'Yes, of course. Say 'cheese!"	βγάζω φωτογραφία	audioscript S.1





Word	Part of speech	Definition	Example	Greek Translation	Page
belong	V	to be a member of a group or organization	I belong to the tennis club and play matches every week.	ανήκω	12
competition	n	an organised event in which people or teams compete against each other	We won a prize in the public speaking competition.	διαγωνισμός	12
earn money	coll.	to receive a particular amount of money for the work that you do	You don't earn much money being a nurse.	κερδίζω / βγάζω χρήματα	12
hobby	n	an activity that you enjoy doing in your free time	Susan's hobbies include reading, cooking and drama.	χόμπυ	12
spend time	coll.	to use time doing a particular thing or pass time in a particular place	I want to spend more time with my family.	περνάω το χρόνο μου	12
art	n	the use of painting, drawing, sculpture, etc. to represent things or express ideas	I don't really like modern art .	τέχνη	13
amazing	adj	very good, especially in an unexpected way	He's an amazing player to watch.	καταπληκτικός	13
animation film	n	a film, that has pictures, clay models, etc. that seem to be really moving	There is a new animation film on at the cinema - a robot dog!	ταινία κινουμένων σχεδίων	13
artist	n	a professional performer, especially a singer, dancer or actor	Many of the artists in the show donated their pictures to charity.	καλλιτέχνης	13
bat	n	a small animal like a mouse with wings that flies around at night	Bats fly in the forest at night.	νυχτερίδα	13
care about sth	coll.	to think that something is important, so that you are interested in it, worried about it, etc.	The only thing he seems to care about is money.	ενδιαφέρομαι, νοιάζομαι	13
career	n	a job or profession that you have been trained for, and which you do for a long period of your life	I want a career in journalism so I write stories for the school newspaper.	καριέρα	13
drawing	n	the art or skill of making pictures, plans, etc. with a pen or pencil	Katherine has enjoyed drawing since she was a child.	ζωγραφική, σχέδιο	13
gamer	n	someone who plays computer games	He's a professional gamer and earns a lot of money for playing computer games.	παίκτης	13
painting	n	the act or skill of making a picture, using paints	I think his style of painting is unusual as he only uses one colour.	ζωγραφική	13
prize	n	something that is given to someone who is successful in a competition, race, game of chance, etc.	In this month's competition you could win a prize of £3,000.	βραβείο	13
ugly	adj	extremely unattractive and unpleasant to look at	My neighbour's new dog is extremely ugly .	άσχημος	13
win	V	to be the best or most successful in a competition, game, election, etc.	Who do you think will win the hockey competition?	κερδίζω	13





OINLL				CAPCITCHE	
Word	Part of speech	Definition	Example	Greek Translation	Page
beach	n	an area of sand or small stones at the edge of the sea or a lake	We went to the beach and swam in the ocean.	παραλία	14
fly a kite	coll.	to make a kite fly in the air	Eric and I are out flying kites in the park.	πετάω χαρταετό	14
go to bed	coll.	to go to sleep	You should go to bed early tonight as you look tired.	πάω για ύπνο	14
kite	n	a toy that you fly in the air on the end of a long string, made of a frame covered in paper or cloth	As soon as a kite touches the ground, it is eliminated from the competition.	χαρταετός	14
practise	V	to do an activity, often regularly, in order to improve your skill or to prepare for a test	Living with a German family gives students the opportunity to practise their speaking skills.	εξασκώ, -ούμαι	14
ballet	n	a type of dancing that tells a story with music but no words, or a performance of this type of dancing	We went to see a ballet in London.	μπαλέτο	15
bake	v	to cook something using dry heat, in an oven	On Sundays, my grandma bakes cakes.	ψήνω	15
baking	n	the activity of making cakes, bread, etc.	I enjoy baking because I can sell the cakes at school for charity.	ζαχαροπλαστική	15
birthday cake	n	a soft sweet food that you get on the day that is an exact number of years after the day you were born	Lucy had twelve candles on her birthday cake .	τούρτα γενεθλίων	15
camp	V	to set up a tent or shelter and stay there for a short time	We'll camp by the river for the night and move on tomorrow.	κατασκηνώνω	15
collect comics	coll.	to get and keep magazines that tells a story using comic strips, because you think they are attractive or interesting	Jake started collecting comics when he was 10, so now he has a huge collection.	συλλέγω περιοδικά κινουμένων σχεδίων	15
draw	V	to produce a picture of something using a pencil, pen, etc.	I've never been able to draw very well.	σχεδιάζω, ζωγραφίζω	15
fish	v	to try to catch fish	Dad really loves to fish .	ψαρεύω	15
go to the cinema	coll.	to leave the place where you are, in order to go to a building in which films are shown	Why don't we go to the cinema tonight? There's a new adventure film on.	πάω στο σινεμά	15
listen to music	coll.	to pay attention to a sound that you can hear	I sat in my room listening to music on my headphones.	ακούω μουσική	15
listen to the radio	coll.	to pay attention to a sound that you can hear in programmes that are broadcast on the radio	She was sitting up in bed, listening to the local radio.	ακούω ραδιόφωνο	15
paint	V	to make a picture, design, etc. using paint	Turner is famous for painting landscapes.	ζωγραφίζω	15
play cards	coll.	to take part or compete in a game of cards (a small piece of thick stiff paper with numbers and signs or pictures on one side)	Men were sitting in the park, playing cards .	παίζω χαρτιά	15





OINII				СХРОПОПО	
Word	Part of speech	Definition	Example	Greek Translation	Page
olay football	coll.	to take part or compete in a game played by two teams of eleven players who try to kick a round ball into the other team's goal	Jim is playing football in the street.	παίζω ποδόσφαιρο	15
play video games	coll.	to take part or compete in a computer game in which you move images on a screen using electronic controls	He spends too much time inside playing video games on his laptop.	παίζω βιντεοπαιχνίδια	15
read	V	to look at written words and understand what they mean	We read stories to our children every evening.	διαβάζω	15
sing	V	to produce a musical sound with your voice	We had a great time singing some of the old songs.	τραγουδάω	15
watch cartoons	coll.	to look at a TV or cinema screen and see a short film that is made by photographing a series of drawings	My children watch cartoons every Saturday.	βλέπω κινούμενα σχέδια	15
cook dinner	coll.	to prepare the main meal of the day, eaten in the middle of the day or the evening	My dad usually cooks dinner for my family.	μαγειρεύω βραδυνό	16
photograph	n	a picture obtained by using a camera and film that is sensitive to light	I prefer black and white photographs to colour photographs.	φωτογραφία	16
brilliant	adj	excellent	The film was absolutely brilliant .	εξαιρετικός, άψογος	17
cool	adj	very attractive, fashionable, interesting, etc. in a way that people admire – used in order to show approval	You look cool in those sunglasses!	καλός, άψογος	17
beginner	n	someone who has just started to do or learn something	Beginners need to ski on easier slopes.	αρχάριος	18
dancing	n	the activity or skill of moving your feet and body in a way that matches the style and speed of music	My sister is really good at dancing .	χορός	18
invitation	n	a written or spoken request to someone, inviting them to go somewhere or do something	Everyone got an invitation to my party on Saturday.	πρόσκληση	19
musical instrument	n	something that you use for playing music, such as a piano or guitar	Can you play a musical instrument ? I play the guitar.	μουσικό όργανο	20
fishing	n	the sport or business of catching fish	Terry's going fishing at Lake Arrowhead next weekend.	ψάρεμα	21
go shopping	coll.	to leave the place where you are in order to buy some things	I am going shopping this afternoon because I need some ingredients for a cake.	πάω για ψώνια	21
reading	n	the activity or skill of understanding written words	My brother's hobby is reading adventure books.	διάβασμα	21
rock	n	a type of popular modern music with a strong loud beat, played using guitars and drums	I listen to rock and hip hop music.	ροκ (μουσική)	21
table tennis	n	an indoor game played on a table by two or four players who hit a small plastic ball to each other across a net	If it's raining in the afternoon, there will be a table tennis tournament.	πινγκ-πονγκ	21





CIVII	ı			02260110110	
Word	Part of speech	Definition	Example	Greek Translation	Page
dance	v	to move your feet and body in a way that matches the style and speed of music	Do you want to dance ?	χορεύω	audioscript 1.1
camera	n	a piece of equipment used to take photographs or make films and television programmes	A group of tourists pointed their cameras at the cathedral.	φωτογραφική μηχανή	audioscript 1.1
go swimming	coll.	to leave the place where you are in order to swim (to move yourself through water using your arms and legs)	We didn't go swimming yesterday because the swimming pool was closed.	πάω για μπάνιο	audioscript
play the piano	coll.	to perform a piece of music on a large musical instrument that has a long row of black and white keys	We all sang while mum played something on the piano .	παίζω πιάνο	audioscript
take photos	coll.	to use a camera to get a picture of something	We took photos on the school trip and uploaded them to the web site.	βγάζω φωτογραφίες	audioscript 1.1
catch	V	to trap an animal or fish by using a trap, net, or hook, or by hunting it	Did you catch any fish when you went to the lake?	πιάνω	audioscript 1.3
tent	n	a shelter consisting of a sheet of cloth supported by poles and ropes, used especially for camping	We set up our tent on some grass near the lake.	σκηνή	audioscript 1.3
café	n	a small restaurant where you can buy drinks and simple meals	We had a lunch at a pavement café in Montmartre.	καφετέρια	audioscript 1.4
money	n	what you earn by working and can use to buy things; it can be in the form of notes and coins or cheques, and can be kept in a bank	Don't spend all your money on the first day of your holiday!	χρήματα	audioscript 1.4
рор	n	modern music that is popular, especially with young people, and usually consists of simple tunes with a strong beat	Do you prefer pop to classical music?	ποπ (μουσική)	audioscript 1.6
club	n	a group of people who meet so that they can do an activity	Our chess club really needs new members.	κλαμπ, ομάδα	audioscript 1.7
beautiful	adj	extremely attractive to look at	It's such a beautiful day, let's go to the beach.	όμορφος	audioscript 1.8
holiday	n	a time of rest from work, school, etc.	This summer we are having a holiday abroad.	διακοπές	audioscript 1.8
camping	n	the holiday activity of living in a tent	In the summer, I'm going camping with some friends because I have a new tent.	κατασκήνωση	audioscript 1.9
singing	n	the activity of producing musical sounds with your voice	He went to the Royal College of Music to study singing.	τραγούδι	audioscript 1.10
watch a film/ TV	coll.	to look at a TV or cinema screen paying attention to what is happening there	I watched the film on TV.	βλέπω ταινία / τηλεόραση	audioscript 1.10





Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
hang out	phr v	to spend a lot of time in a particular place or with particular people	Who does she usually hang out with on weekends?	κάνω παρέα, αράζω	11
be into sth	phr	to like and be interested in something	I'm really into photography and have an expensive camera.	μου αρέσει πολύ	13
library	n	a room or building containing books that can be looked at or borrowed	You can use the library before or after school to read or study.	βιβλιοθήκη (κτίριο)	13
sporty	adj	someone who is sporty likes sport and is good at it	My sister is very sporty - she is in all of the school sports teams.	αθλητικός	16
chat	V	to talk in a friendly informal way, especially about things that are not important	John and I were chatting about football all evening.	συζητώ	audioscript 1.10

Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
join a club	coll.	to become a member of an organisation or group	Yesterday I joined a karate club . I'm very excited to meet everyone in my group and train with them.	γίνομαι μέλος ενός κλαμπ	146
play a board game	coll.	to take part in a board game	I don't let my younger brother play my board game . He is too young to understand the rules of the game.	παίζω επιτραπέζιο παιχνίδι	146
play chess	coll.	to take part in a chess game	I can teach you how to play chess . There are some basic rules about how to move the chess pieces on the chess board that you need to know.	παίζω σκάκι	146
play the keyboard	coll.	to use a musical instrument to produce music	During the winter it's too cold to play with friends outside, so my dad teaches me how to play the keyboard . It is not my favourite musical instrument, but it's still fun.	παίζω πλήκτρα / αρμόνιο	146
read magazines	coll.	to look at words and understand them	My friends don't read magazines . They find all the interesting articles on the internet.	διαβάζω περιοδικά	146
take photographs	coll.	to make a photograph with a camera or mobile phone	When I'm on holiday I always take lots of photographs . Looking at them in the winter helps me to remember all the fun I had!	βγάζω φωτογραφίες	146
write songs	coll.	to produce songs	My friend Steven plays in a rock band. He also writes songs that his band performs!	γράφω τραγούδια	146



Word	Part of speech	Definition	Example	Greek Translation	Page
video diary	n	a record on video of someone's activities during a day, or over a period of time	The group decided to make a video diary of the cycling trip.	ημερολόγιο σε βίντεο	24
put sth on the internet	coll.	to make sth public in a computer system that allows millions of computer users around the world to exchange information	Your article is so interesting. Why don't you put it on the internet , so that everyone can read it?	ανεβάζω κάτι στο διαδίκτυο	24
advice	n	an opinion you give someone about what they should do	I decided to get some advice from a specialist.	συμβουλή	25
download music/apps	coll.	to move music/apps from a computer network to a small computer	Download your favourite music on this site.	κατεβάζω μουσική / εφαρμογές	25
fashion	n	a style of clothes, hair, etc. that is popular at a particular time	Young people are very concerned with fashion .	μόδα	25
media	n	all the organizations, such as television, radio, and newspapers, that provide news and information for the public, or the people who do this work	The scandal was widely reported in the national media.	μέσα ενημέρωσης	25
vlog	n	a website that has videos recorded by a particular person, that include their ideas and opinions	She has a vlog about her life in Thailand.	ιστολόγιο με βίντεο	25
vlogger	n	a person who runs a website that has videos recorded by this person, that include their ideas and opinions	My favourite vlogger gives advice about fashion and make-up.	αυτός που έχει ένα ιστολόγιο με βίντεο	25
webcam	n	a video camera that broadcasts what it is filming on a website	Turn off the webcam if you don't want people to see you.	κάμερα υπολογιστή	25
drink	V	to take liquid into your mouth and swallow	You should drink a lot of water on a hot day.	πίνω	26
eat	V	to put food in your mouth and chew and swallow it	We were hungry, so we stopped and ate our lunch.	τρώω	26
laugh	V	to make sounds with your voice, usually while you are smiling, because you think something is funny	She told a funny joke and everyone laughed .	γελάω	26
run	V	to move very quickly, by moving your legs more quickly than when you walk	Firefighters run 50 km to raise money for a children's charity every year.	τρέχω	26
sleep	V	to rest your mind and body, usually at night when you are lying in bed with your eyes closed	I usually sleep for more than eight hours a night.	κοιμάμαι	26
study	V	to learn about a subject at school, university, etc.	Stephen is studying History at university.	μελετώ, διαβάζω, σπουδάζω	26
swim	V	to move yourself through water using your arms and legs	She swam across the lake.	κολυμπώ	26
text	V	to send someone a written message on a mobile phone	I'll text you the details later.	στέλνω γραπτό μήνυμα	26
арр	n	an application; a piece of computer software that does a particular job	You can download an app that reminds you of things you have to do.	εφαρμογή	27



Word	Part of speech	Definition	Example	Greek Translation	Page
click on a link	coll.	to press a button on a computer mouse to choose a special word or picture in an internet document to move quickly to another part of the same document or to another document	Click on this link to go to the next section of the article.	πατάω / κλικάρω ένα σύνδεσμο	27
go online	coll.	to connect to the internet	I'll go online and see what time the restaurant opens.	συνδέομαι στο διαδίκτυο	27
headphones	n	a piece of equipment that you wear over your ears to listen to the radio, music, etc. without other people hearing it	We gave him new headphones for his birthday, because he loves listening to music.	ακουστικά	27
keyboard	n	a board with buttons marked with letters or numbers that are pressed to put information into a computer or other machine	A few letters stopped working in my keyboard . I have to get a new one.	πληκτρολόγιο	27
laptop	n	a small computer that you can carry with you	We all use laptops so that we can work at home and in the office.	φορητός υπολογιστής, λάπτοπ	27
message a friend	coll.	to send a text message or another electronic message to your friend	I messaged Susie about the homework but she hasn't replied.	στέλνω μήνυμα σ' ένα φίλο	27
mobile phone	n	a telephone that you can carry with you and use in any place	I want to upgrade my mobile phone .	κινητό τηλέφωνο	27
mouse	n	a small object that you move with your hand to give instructions to a computer	Select the printer icon and click the mouse .	ποντίκι (υπολογιστή)	27
printer	n	a machine which is connected to a computer and can make a printed record of computer information	The printer is broken so I can't print my homework.	εκτυπωτής	27
screen	n	the part of a television or computer where the picture or information appears	He has a computer with an 18-inch colour screen .	οθόνη	27
social media	n	ways of sharing information, opinions, images, videos, etc. using the internet, especially social networking sites	Most of young people regularly use social media nowadays.	μέσα κοινωνικής δικτύωσης	27
speakers	n	the part of a radio, sound system, etc. where the sound comes out	I think the speakers are broken. I can't hear anything.	ηχεία	27
stream music/films	coll.	to play music or films on a computer while it is being downloaded from the internet, instead of saving it as a file and then playing it	I usually stream films and watch them on my laptop because it's cheaper than going to the cinema.	μεταδίδω ζωντανά μουσική / ταινίες	27
visit a website	coll.	to look at a website on the internet	Over 1,000 people visit our website every week.	επισκέπτομαι ένα σάιτ / ιστοτόπο	27





Word	Part of speech	Definition	Example	Greek Translation	Page
piano	n	a large musical instrument that has a long row of black and white keys which one can play by sitting in front of it and pressing the keys	He wanted his children to learn the piano .	πιάνο	28
behind	prep	at or towards the back of a thing or person	Annie is hiding behind that tree.	πίσω από	29
between	prep	in or through the space that separates two things, people, or places	I sat down between Sue and Jane.	ανάμεσα (σε δύο)	29
cinema	n	a building in which films are shown	There are four new films on at the cinema this week.	σινεμά, κινηματογράφος	29
in front of	prep	further forward than someone or something	The student in front of me bought the last bottle of cola.	μπροστά από	29
library	n	a room or building containing books that can be looked at or borrowed	I'm going to the library to borrow <i>Hamlet</i> for my English class.	βιβλιοθήκη (κτίριο)	29
museum	n	a building where important cultural, historical or scientific objects are kept and shown to the public	The museum has an extensive collection of old photographs.	μουσείο	29
next to	prep	very close to someone or something, with no other person, building, place, etc. in between	I like sitting next to Gary because he makes me laugh.	δίπλα σε	29
opposite	prep	if one thing or person is opposite another, they are facing each other	The people sitting opposite us looked very familiar.	απέναντι	29
party	n	a social event when a lot of people meet together to enjoy themselves by eating, drinking, dancing, etc.	I am having a party to celebrate the end of term.	πάρτυ	29
restaurant	n	a place where you can buy and eat a meal	I prefer to eat pizza at a restaurant than cook pizza at home.	εστιατόριο	29
the doctor's	n	a place where your doctor works	If you feel unwell in the morning go to the doctor's .	στο γιατρό	29
wedding	n	a marriage ceremony, especially one with a religious service	She's busy planning her daughter's wedding .	γάμος	29
advert	n	an advertisement; a picture, set of words, or a short film, which is intended to persuade people to buy a product or use a service, or that gives information about a job that is available, an event that is going to happen, etc.	She saw an advert for a ski vacation in Vermont.	διαφήμιση	30
get lost	coll.	to not know where you are and to be unable to find a way somewhere	I forgot to bring a map and got lost on the way.	χάνομαι	30
match	n	an organised sports event between two teams or people	It's our last match of the season.	ματς, αγώνας, παιχνίδι	30
messaging app	n	an application downloaded by a user to a mobile device, which allows the user to send messages	I use messaging apps to stay in touch with my friends.	εφαρμογή ανταλλαγής μηνυμάτων	30





Word	Part of speech	Definition	Example	Greek Translation	Page
music app	n	an application downloaded by a user to a mobile device, which allows the user to listen to music	Thanks to music apps you can listen to your favourite songs anywhere.	εφαρμογή μουσικής	30
play against sb	coll.	to take part or compete in a game or sport	Bristol will play against Coventry next week.	παίζω εναντίον / με αντίπαλο	30
snow storm	n	a storm with strong winds and a lot of snow	There was a snow storm so we couldn't ski.	χιονοθύελλα	30
social media app	n	an application downloaded by a user to a mobile device, which allows the user to share information, opinions, images, videos, etc. on social networking sites	How many social media apps do you use?	εφαρμογή μέσου κοινωνικής δικτύωσης	30
translator app	n	an application downloaded by a user to a mobile device, which allows the user to translate texts	If you can't remember a word in Spanish, you can check it in the translator app .	εφαρμογή μετάφρασης	30
weather app	n	an application downloaded by a user to a mobile device, which allows the user to check the weather	I'll check in the weather app if it's going to rain tonight.	εφαρμογή πρόγνωσης του καιρού	30
tablet	n	a computer that you can carry with you which has a touch screen and does not have a separate keyboard	You can download the e-book on your tablet .	τάμπλετ	32
playlist	n	the list of songs that a radio station plays	I make playlists of music to share with friends.	λίστα αναπαραγωγής	33
have free WiFi	coll.	to not have to pay for connecting computers or other electronic machines to a network	Do you have free WiFi in the cafe?	έχω δωρεάν ασύρματη σύνδεση στο διαδίκτυο	33
dangerous	adj	involving a lot of risk, or likely to cause problems	The business is in a dangerous financial position.	επικίνδυνος	33
player	n	someone who takes part in a game or sport	Who is your favourite basketball player ?	παίκτης	33
send an email/a text	coll.	to make a message, text, etc. go somewhere, using a computer	Can you send me an email with all the details?	στέλνω ένα μέιλ / γραπτό μήνυμα	33
exhibition	n	a show of paintings, photographs, or other objects that people can go to see	The museum will have an exhibition of Picasso's work this month.	έκθεση	audioscript 2.5
prize	n	something that is given to someone who is successful in a competition, race, game of chance, etc.	You win a prize if you are first or second in the competition.	βραβείο, έπαθλο	audioscript 2.5
robot	n	a machine that can move and do some of the work of a person, and is usually controlled by a computer	The scientists are making robots that look and sound like humans.	ρομπότ	audioscript 2.5
space	n	the area beyond the Earth where the stars and planets are	Who was the first American in space ?	διάστημα	audioscript 2.5

GOLD A2 experience



UNIT 2

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
dish	n	a type of food that is cooked in a particular way and served as part of a meal	The menu includes a wide selection of vegetarian dishes.	πιάτο	24
film	V	to use a camera to record a story or real events so that they can be shown in the cinema or on television	She's in South Africa filming a documentary for the BBC.	κινηματογραφώ	25
project	n	a part of a school or college course that involves careful study of a particular subject over a period of time	We're doing a school project on pollution and I am researching traffic problems.	πρότζεκτ, εργασία	25
awesome	adj	very good	The view from the Grand Canyon was awesome .	απίθανος	26
celebrity	n	a famous living person	He is celebrity in our town because he once played football for a professional team.	διάσημος, σελέμπριτι	26
chat	V	to talk in a friendly informal way, especially about things that are not important	Mary was chatting to her mother all evening.	κουβεντιάζω	30
direction	n	the way something or someone moves, faces, or is aimed to	Which direction did they go in?	κατεύθυνση	30
laugh at sth	phr	not to seem to care about something that most people would worry about	He always laughs at his mistakes.	γελώ με κτ	31
look for	phr v	to be trying to find a particular kind of thing or person	I was looking for my glasses all morning and found them in my school bag.	ψάχνω	audioscript 2.1
battery	n	an object that provides a supply of electricity for something such as a radio, car, or toy	You need to change the battery in the smoke alarm.	μπαταρία	audioscript 2.4
post	V	to put a message or computer document on the internet so that other people can see it	Mary posted photos from her trip to Peru on social media.	ποστάρω, 'ανεβάζω'	audioscript 2.8

Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
above	prep	in a higher position than something else	My books are on the shelf just above my desk, so I can easily reach them when I'm doing my homework.	πάνω από	146
beside	prep	next to or very close to the side of someone or something	Stand beside me please, I want you to be in the picture with me.	δίπλα σε	146
check online	coll.	to search on the internet to find out whether something is correct or true	When I don't know the answer to a difficult question, I check online first. Everything is on the internet now, so I usually find the answer!	ψάχνω στο διαδίκτυο	146
close to	prep	not far from someone or something	I'm sitting close to my teacher so I can always ask questions when I need to.	κοντά σε	146





01111 2	_				_
Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
create a file	coll.	to collect and store information under a particular name on a computer	I created a file on my computer where I put the words I don't understand so I can check them in the dictionary later.	δημιουργώ ένα αρχείο	146
download software	coll.	to receive information or programs on a computer, especially using the internet	If you have slow internet speed it may take a while to download software , especially something heavy like anti-virus software.	κατεβάζω (από το διαδίκτυο) ένα λογισμικό	146
file	n	information on a computer that you store under a particular name	Janet forgot the name of the file with her essay on the computer.	αρχείο	146
inside	prep	in or into a building or room	It's raining. We have to go inside and wait for the rain to stop.	μέσα	146
open a file	coll.	to make a computer program ready to use	I don't know why, but I can't open the file on my smartphone. I can only open it on the computer!	ανοίγω ένα αρχείο	146
outside	prep	not inside a building	It's too cold to go outside and play in the park! Let's stay at my house.	έξω	146
over	prep	above or higher than something, without touching it	The lamp in our living room is over the dinner table.	πάνω από	146
save a file	coll.	to make a computer keep the work that you have done on it	Always remember to save the file you are working on. If you don't, all your work will disappear.	σώζω ένα αρχείο	146
search the internet	coll.	to attempt to find information using the internet	If you want to quickly find a clothing shop, search the internet . Most shops have their own websites so it's very useful.	ψάχνω στο διαδίκτυο	146
software	n	the sets of programs that tell a computer how to do a particular job	Me and my friends use special software for our homework tasks. The software lets us work on a project at the same time from our computers.	πρόγραμμα υπολογιστή, λογισμικό	146
under	prep	below or at a lower level than something or covered by something	I knew it wasn't safe to swim when I saw a shark under the water.	κάτω από	146
use software	coll.	to do something with the help of the sets of programs that tell a computer how to do a particular job	We can only use software that is already on our school computers. We are not allowed to download any ourselves.	χρησιμοποιώ ένα λογισμικό / πρόγραμμα	146





OINII 3				Схропопо	
Word	Part of speech	Definition	Example	Greek Translation	Page
art	n	the study of drawing or painting taught as a subject in school or university	In art lessons we paint and draw.	καλλιτεχνικά	36
biology	n	the scientific study of living things taught as a subject in school or university	We learn about plants and animals in biology .	βιολογία	36
chemistry	n	the scientific study of the structure of substances and the way that they change or combine with each other taught as a subject in school or university	Chemistry is my favourite science lesson because we do experiments.	χημεία	36
geography	n	the study of the countries, oceans, rivers, mountains, cities, etc. of the world taught as a subject in school or university	He enjoys geography because he likes learning about rivers and mountains.	γεωγραφία	36
history	n	the study of past events taught as a subject in school or university	We are learning about the 1800s in history .	ιστορία	36
maths	n	mathematics; the science of numbers and of shapes, including algebra, geometry, and arithmetic	She got top marks in maths and chemistry.	μαθηματικά	36
P.E.	n	physical education, sport and physical activity taught as a school subject	I don't like P.E. lessons because I am not good at sport.	φυσική αγωγή, γυμναστική	36
physics	n	the science concerned with the study of physical objects and substances, and of natural forces such as light, heat, and movement	Our physics teacher explained how a camera works.	φυσική	36
difficult	adj	hard to do, understand or deal with	Was the exam very difficult ?	δύσκολος	37
English	n	the language used in the United Kingdom, the United States, Australia, and some other countries	She's learning English because she wants to go to university in London.	αγγλικά	37
enjoy	V	to get pleasure from something	Sandra enjoys her job in the city.	διασκεδάζω, ευχαριστιέμαι, μου αρέσει	37
equation	n	a statement in mathematics that shows that two amounts or totals are the same	I spent over an hour trying to work out the equation .	εξίσωση	37
facts (pl)	n	pieces of information that are known to be true	First of all, we need to know the facts of the case.	δεδομένα	37
fun	adj	enjoyable and amusing	Try snowboarding – it's a really fun sport.	διασκεδαστικός	37
hip hop	n	a type of popular dance music with a regular heavy beat and spoken words	Do you listen to hip hop songs?	хіт хот	37
buy	V	to get something by paying money for it	The money will be used to buy equipment for the school.	αγοράζω	38
football pitch	n	a marked out area of ground on which football is played	Wembley is the world-famous football pitch.	γήπεδο ποδοσφαίρου	38





Word	Part of speech	Definition	Example	Greek Translation	Page
forget	V	to not remember facts, information, people or things from the past	I know you told me, but I forgot .	ξεχνώ	38
gym	n	a special building or room that has equipment for doing physical exercise	I try and work out at the local gym once a week.	γυμναστήριο	38
library	n	a room or building containing books that can be looked at or borrowed	I need to go to the library to return some books.	βιβλιοθήκη (κτίριο)	38
speak	V	to be able to talk in a particular language	He learned to speak English and French as a child.	μιλάω	38
stay	V	to live in a place for a short time as a visitor or guest	My grandmother is staying with us this week.	μένω	38
wear	V	to have something such as clothes, shoes or jewellery on your body	He wore glasses for reading.	φοράω	38
adventure	n	an exciting experience in which dangerous or unusual things happen	Willis was a young man looking for adventure .	περιπέτεια	39
bedroom	n	a room for sleeping in	I have a bed, a wardrobe and a desk in my bedroom .	κρεβατοκάμαρα, υπνοδωμάτιο	39
bookshelf	n	a shelf that you keep books on, or a piece of furniture used for holding books	Can you put this book on the bookshelf , please?	ράφι βιβλιοθήκης	39
classroom	n	a room that you have lessons in at a school or college	The teacher entered the classroom and asked students to open their books.	τάξη	39
desk	n	a piece of furniture, usually with drawers in it, that you sit at to write and work	Marie was sitting at her desk doing her homework when I came in.	γραφείο	39
exam	n	a spoken or written test of knowledge, especially an important one	At the end of each level you have to pass an exam .	εξέταση	39
football shirt	n	a shirt worn to play football	They were all wearing England football shirts.	ποδοσφαιρική φανέλα / μπλούζα	39
have/do homework/an exam	coll.	to have work that a student at school is asked to do at home / to take a spoken or written test of knowledge, especially an important one	We have an exam at the end of the year which we have to pass.	έχω διάβασμα / κάνω ασκήσεις/εργασίες στο σπίτι, δίνω εξετάσεις	39
learn a language/ Chinese	coll.	to gain knowledge and skills of a particular language by experience, by studying it, or by being taught	What's the best way to learn a language ?	μαθαίνω μια (ξένη) γλώσσα / Κινέζικα	39
mark	n	a letter or number given by a teacher to show how good a student's work is	You need 80 marks to pass the test.	βαθμός	39





Word	Part of speech	Definition	Example	Greek Translation	Page
note	n	a short piece of writing at the bottom of a page or at the end of a book or document which gives more information about something written in the main part	Additional sources are listed in the notes at the back of the book.	σημείωση	39
notebook	n	a book made of plain paper on which you can write notes	He closed his notebook and left the class.	τετράδιο	39
noticeboard	n	a special board on a wall which notices can be fastened to	The best posters will be put on the school noticeboard.	πίνακας ανακοινώσεων	39
office	n	a building that belongs to a company or an organisation, with rooms where people can work at desks	Have a nice day at the office .	γραφείο	39
pupil	n	someone who is being taught, especially a child	About 20 pupils study music here.	μαθητής	39
ruler	n	a long flat straight piece of plastic, metal, or wood that you use for measuring things or drawing straight lines	Can I borrow your ruler ? I need to measure this line.	χάρακας	39
school uniform	n	a particular type of clothing worn by all students at school	Students in my school don't have to wear school uniforms .	μαθητική στολή	39
timetable	n	a list of the times of classes in a school, college, etc.	Your class timetable is available on the internet.	πρόγραμμα	39
uniform	n	a particular type of clothing worn by all the members of a group or organisation such as students, the police, the army, etc.	My school uniform is a blue skirt and white shirt.	στολή	39
wear a school uniform/a football shirt	coll.	to have a school uniform/a football shirt on your body	We have to wear a school uniform , which includes a tie.	φοράω μαθητική στολή / ποδοσφαιρική φανέλα	39
write on the coard/in your notebook	coll.	to produce words or sentences on a flat wide piece of wood or plastic that you can use to show information/ in a book made of plain paper on which you can write notes	Please write a short summary in your notebooks.	γράφω στον πίνακα / στο τετράδιο	39
French	n	the language used in France, and some other countries	I hope to improve my French when I go to Lyon in the summer.	γαλλικά	40
ootball	n	a game played by two teams of eleven players who try to kick a round ball into the other team's goal	He likes to spend Saturday afternoons watching football.	ποδόσφαιρο	40
modern	adj	made or done using the most recent designs or methods	After the renovation we can say that our school is pretty modern .	μοντέρνος	40
smart	adj	clean, neat, and attractive	John is wearing a smart black suit because he has an interview.	κομψός	40



Word	Part of speech	Definition	Example	Greek Translation	Page
summer holiday	n	a time of rest from work or school that you have in summer	Where are you going for your summer holiday ?	καλοκαιρινές διακοπές	40
break time	n	the time during the school day when classes stop and teachers and students can rest, eat, play, etc.	They get together with their friends at break time .	διάλειμμα, ώρα διαλείμματος	42
chemistry class	n	a lesson during which chemistry is taught	Today in the chemistry class we did some awesome experiments.	μάθημα χημείας	42
home time	n	the end of the school day when the students go home	The class is over. It's home time now.	σχόλασμα	42
oud	adj	making a lot of noise	The music was so loud that I had to shout.	δυνατός (σε ένταση)	42
lunchtime	n	the time in the middle of the day when people usually eat their lunch	Some people prefer to eat their main meal at lunchtime .	μεσημεριανό	42
yoga	n	a system of exercises that help you control your mind and body in order to relax	Yoga is really relaxing. You should try it.	γιόγκα	42
boring	adj	not interesting in any way	Lessons are boring if the teacher talks all the time.	βαρετός	43
coastguard	n	a member of the organisation that helps swimmers and ships that are in danger and helps to prevent illegal activities around the coast	The coastguards ' duties include patrolling paths at the top of high cliffs.	ακτοφυλακή	44
first aid	n	simple medical treatment that is given as soon as possible to someone who is injured or who suddenly becomes ill	Learning first aid at school should be obligatory, as it can be life-saving.	πρώτες βοήθειες	44
DT (design and technology)	n	the practical study of designing and implementing technologies into different areas, such as media, engineering, construction and building services, graphic design, etc.	I enjoy DT lessons because I like planning and making things.	σχεδίαση και τεχνολογία	45
exciting	adj	making you feel happy, interested and eager	I've got some very exciting news for you.	συναρπαστικός	45
get a good mark/bored/ home	coll.	to receive a positive letter or number from the teacher / to be tired and impatient because you do not think something is interesting, or because you have nothing to do / to reach home	I get bored if I'm at home on my own all day.	παίρνω καλό βαθμό / βαριέμαι / φτάνω σπίτι	45
Italian	n	the language used in Italy	I lived in Rome for a year, so I speak good Italian .	ιταλικά	45
rescue	V	to save someone or something from a situation of danger or harm	Local authorities managed to rescue a beached dolphin.	σώζω	45
ride	V	to travel on a bicycle or motorbike	He never learned to ride a bicycle.	καβαλάω, ιππεύω	45
science lab	n	a special room or building in which students can do tests or prepare substances	Our chemistry classes are in the school science lab .	εργαστήριο	45





Word	Part of speech	Definition	Example	Greek Translation	Page
school café	n	a small restaurant at school where you can buy drinks and simple meals	Is there a school café in this building?	σχολική καφετέρια	audioscript 3.1
timetable	n	a list of the times of classes at school, college, etc.	According to the class timetable , English 104 is at 10 a.m. in Royce Hall.	ωρολόγιο πρόγραμμα	audioscript 3.1

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
borrow	V	to use something that belongs to someone else and that you must give back to them later	Can I borrow your pen for a minute?	δανείζομαι	37
study app	n	an application downloaded by a user to a mobile device, which helps the user to study	Do study apps really help you study?	εφαρμογή για μελέτη	37
turn on	phr v	to make a machine or piece of electrical equipment such as a television, engine, light, etc. start operating by pushing a button, turning a key, etc.	Jake turned on his computer and checked his mail.	ανοίγω, ανάβω (μηχάνημα)	37
high heels	n	a type of women's shoes of which the back part is higher than the front part	When she wears high heels , she is taller than most people I know.	ψηλοτάκουνα	38
hairdresser	n	a person who cuts, washes, and arranges people's hair in particular styles	I have a hairdresser 's appointment this afternoon.	κομμωτής, -τρια	38
lie down	phr v	to put yourself in a position in which your body is flat on the floor or on a bed	Just lie down on the bed and rest.	ξαπλώνω	38
girlfriend	n	a girl or woman that you are having a romantic relationship with	Katherine was his first girlfriend .	φιλενάδα, κοπέλα	40
invite	V	to ask someone to come to a party, wedding, meal, etc.	Who should we invite to the party?	προσκαλώ	audioscript 3.1
It's a shame	phr	used when you wish a situation was different, and you feel sad or disappointed	It's a shame that you have to leave so soon.	Τι κρίμα	audioscript 3.1
mad	adj	crazy or very silly	You've agreed to marry him! Are you mad ?	τρελός, παλαβός	audioscript 3.3





OIIII C					
Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
advanced	adj	studying or dealing with a school subject at a difficult level	During my next school year I will study more advanced subjects, such as physics or chemistry.	προχωρημένος	146
peginner	adj	someone who has just started to do or learn something	I'm a complete beginner in German. We just started learning this language at school last month.	αρχάριος	146
classmate	comp. n	a member of the same class in a school, college	It's almost the end of the first term and I still don't know the names of all my classmates .	συμμαθητής, -τρια	146
dictionary	n	a book that gives a list of words in alphabetical order and explains their meanings in the same language, or another language	When I don't know what a word means I search for it in the dictionary and find the meaning there.	λεξικό	146
eraser/ rubber	n	a small piece of rubber that you use to remove pencil or pen marks from paper	My teacher told me to start using a rubber . It's easier to erase a few words and correct them than to re-write the whole homework.	γόμα	146
exam results	comp. n	the mark you get in an examination	I studied very hard and the exam results didn't surprise me – I passed everything!	αποτελέσματα εξετάσεων	146
school rules	comp. n	an official instruction that says how things must be done or what is allowed at a school	There are many school rules and one of them is that we can't bring our phones to the classrooms.	σχολικοί κανόνες	146
science (subjects)	n	knowledge about the world, especially based on examining, testing, and proving facts	I'm really good at science subjects at school. I love biology, geography, maths and physics!	φυσικές επιστήμες	146
staff room	comp. n	a room for teachers in a school	If you are looking for a teacher at your school during a break, you should always go to the staff room . All teachers spend their breaks there.	γραφείο καθηγητών	146
term	n	one of the periods of time that a school or university year is divided into	At the end of each term we have tests, but in the summer term we also have exams right after the tests.	τρίμηνο	146
whiteboard	comp. n	a large board with a white smooth surface that you can write on, used, for example, in rooms where classes are taught	My teacher likes to draw on the whiteboard that we have in our classroom.	πίνακας, ασπροπίνακας	146





Word	Part of speech	Definition	Example	Greek Translation	Page
buy	V	to get something by paying money for it	Where did you buy that dress?	αγοράζω	48
clothes shop	n	a building where you can buy the things that people wear to cover their body or keep warm	My sister always spends hours in clothes shops .	κατάστημα ένδυσης	48
headphones	n	a piece of equipment that you wear over your ears to listen to the radio, music, etc. without other people hearing it	These are really good headphones .	ακουστικά	48
hoodie	n	a loose jacket or top made of soft material, which has a hood	Other popular trends included hoodies and jean shorts.	φούτερ με κουκούλα	48
improve	V	to make something better, or to become better	We offer a free course for students wishing to improve their English.	βελτιώνω	48
music shop	n	a building where you can buy music equipment and instruments	This music shop is my favourite place in the city. I bought my first guitar there.	κατάστημα μουσικών ειδών	48
pens (pl)	n	instruments for writing or drawing with ink	You can use the pens on the desk to sign the form.	στυλό	48
pineapple	n	a large yellow-brown tropical fruit or its sweet juicy yellow flesh	The juice is a mixture of pineapple , apricot and vanilla.	ανανάς	48
scissors	n	a tool for cutting paper, cloth, etc. made of two sharp blades fastened together in the middle, with holes for your finger and thumb	With the scissors , make a cut an inch from one end.	ψαλίδι	48
sports shop	n	a place where you can buy sports equipment and gear	You can buy new fitness shoes at the local sports shop .	κατάστημα αθλητικών ειδών	48
sunglasses	n	dark glasses that you wear to protect your eyes when the sun is very bright	Take the sunglasses if you go to the beach.	γυαλιά ηλίου	48
supermarket	n	a very large shop that sells food, drinks and things that people need regularly in their homes	There are plans to open a new supermarket next year.	σούπερ μάρκετ	48
tennis racket	n	a specially shaped piece of wood or metal that you use for hitting the ball in games such as tennis, that has a circle filled with tight strings at one end	We're playing tennis tonight, but I cannot find my tennis racket.	ρακέτα του τέννις	48
town centre	n	the main business area in the centre of a town	It's across the main square in the town centre .	κέντρο της πόλης	48
watch	n	a small clock that you wear on your wrist or keep in your pocket	My watch has stopped.	ρολόι	48
changing room	n	a room where people change their clothes when they play sports, go swimming, etc.	She asked me where the changing room was.	αποδυτήριο	49
customer	n	someone who buys goods or services from a shop, company, etc.	We've had several letters from satisfied customers .	πελάτης	49





Word	Part of speech	Definition	Example	Greek Translation	Page
drone delivery	n	the act of bringing goods, letters, etc. to a particular person or place by an aircraft that does not have a pilot, but is operated by radio	We used a drone delivery to transport our packages.	παράδοση με drone / μη επανδρωμένο ιπτάμενο όχημα	49
experience	n	something that happens to you or something you do, especially when this has an effect on what you feel or think	Failing an exam was a new experience for me.	εμπειρία	49
go online	coll.	to connect to the internet	I'll just go online and look up her address.	συνδέομαι στο διαδίκτυο	49
goods (pl)	n	things that are produced in order to be sold	You can buy furniture and other household goods in this shop.	προϊόντα	49
pay (for)	V	to give someone money for something you buy or for a service	Dad paid for my driving lessons.	πληρώνω (για)	49
shop assistant	n	someone whose job is to help customers in a shop	I work as a shop assistant at weekends.	πωλητής, -τρια	49
size	n	one of a set of standard measures according to which clothes and other goods are produced and sold	These shoes are one size too big.	μέγεθος	49
smart mirror	n	a mirror with a screen behind it that displays a user's own image on a screen with some added functionalities, e.g. you in different clothes or place	Smart mirrors allow you to modify the appearance of your hairstyle, make-up or accessories.	"έξυπνος" καθρέφτης	49
sticky	adj	weather that is sticky makes you feel uncomfortably hot, wet, and dirty	It was hot and sticky and there was nowhere to sit.	που έχει υγρασία	49
café	n	a small restaurant where you can buy drinks and simple meals	The central square was full of outdoor cafés .	καφετέρια	50
cheap	adj	not at all expensive, or lower in price than you expected	It's the cheapest TV on the market.	φθηνός	50
doll	n	a child's toy that looks like a small person or baby	My daughter's favourite toy is a small wooden doll .	κούκλα	50
expensive	adj	costing a lot of money	Photography is an expensive hobby.	ακριβός	50
leggings (pl)	n	tight trousers for women, which stretch to fit the shape of your body	She was dressed in colourful leggings and a sweatshirt.	κολάν	50
try on	phr v	to put on a piece of clothing to see if it fits you or if it suits you, especially in a shop	Meg was trying on some red sandals.	δοκιμάζω	50
bargain	n	something you buy cheaply or for less than its usual price	There are no bargains in the clothes shops at the moment.	ευκαιρία, προσφορά	51
card	n	a small piece of plastic, especially one that you get from a bank or shop, which you use to pay for goods or to get money	We accept all major credit cards .	κάρτα	51





Word	Part of speech	Definition	Example	Greek Translation	Page
cash	n	money in the form of coins or notes rather than cheques, credit cards, etc.	They don't accept credit cards, so you have to take some cash .	μετρητά	51
cent	n	1/100th of the standard unit of money in some countries. For example, there are 100 cents in one dollar or in one euro: symbol ¢	It'll be 99 cents for this cup of coffee.	λεπτό, σεντ	51
closed	adj	not open, not ready for business or allowing customers, visitors, etc. to enter	The shops here are closed on Sundays.	κλειστός	51
cost	V	to have a particular price	Tickets cost £15.	κοστίζω	51
dollar	n	the standard unit of money in the US, Canada, Australia, and some other countries, divided into 100 cents: symbol \$	You can pay in dollars or euros at the airport.	δολάριο	51
euro	n	a unit of money that can be used in most countries of the European Union: symbol €	Prices are given in pounds and euros .	ευρώ	51
open	adj	ready for business and allowing customers, visitors, etc. to enter	The offices are also open at weekends.	ανοιχτός	51
pence	n	a plural of penny	The artist received 88 pence for the performance.	πένα στερλίνας	51
post office	n	a place where you can buy stamps, send letters and packages, etc.	Customers spent hours queuing at their local post office last Friday.	ταχυδρομείο	51
pounds (pl)	n	the standard unit of money in Britain, which is divided into 100 pence: symbol \pounds	They spent over a thousand pounds .	λίρα	51
price	n	the amount of money you have to pay for something	Supermarkets often offer you two products for the price of one.	τιμή	51
receipt	n	a piece of paper that you are given which shows that you have paid for something	Keep your receipt in case you want to bring it back.	απόδειξη	51
sale	n	a period of time when shops sell their goods at lower prices than usual	Marsdon's department store is having a sale this week.	έκπτωση	51
save	V	to keep money, usually in a bank, so that you can use it later, especially when you gradually add more money over a period of time	He managed to save enough to buy a small house.	αποταμιεύω	51
sell	V	to give something to someone in exchange for money	Tonia's selling her car for £700.	πουλάω	51
shop	V	to go to one or more shops to buy things	She always shops at Tesco.	ψωνίζω	51
spend	V	to use your money to pay for goods or services	Mum never spends any money on herself.	ξοδεύω	51
curtains (pl)	n	a piece of hanging cloth that can be pulled across to cover a window, divide a room, etc.	Shall I open the curtains ?	κουρτίνες	52





Word	Part of speech	Definition	Example	Greek Translation	Page
shopping centre	n	a group of shops together in one area, often in one large building	It is an old market town with a good shopping centre .	εμπορικό κέντρο	52
bridge	n	a structure built over a river, road, etc. that allows people or vehicles to cross from one side to the other	We drove across the bridge .	γέφυρα	53
department store	n	a large shop that is divided into separate departments, each selling a different type of goods	They're building a large department store in the city.	πολυκατάστημα	53
library	n	a room or building containing books that can be looked at or borrowed	Books, CDs, DVDs, and magazines can be borrowed from the library .	βιβλιοθήκη (κτίριο)	53
market	n	a time when people buy and sell goods, food, etc., or the place, usually outside or in a large building, where this happens	I usually buy all my vegetables at the market .	αγορά	53
museum	n	a building where important cultural, historical or scientific objects are kept and shown to the public	The museum has an extensive collection of early photographs.	μουσείο	53
park	n	a large open area with grass and trees, especially in a town, where people can walk, play games, etc.	Let's go for a walk in the park .	πάρκο	53
swimming pool	n	a structure that has been built and filled with water for people to swim in	Do you want to go swimming in the swimming pool ?	πισίνα	53
theatre	n	a building or place with a stage where plays and shows are performed	We had seats in the front row of the theatre .	θέατρο	53
tourist information	n	an office that gives information to tourists in an area	You can find out more about places to visit at the tourist information .	υπηρεσία τουριστικών πληροφοριών	53
traffic lights (pl)	n	a set of red, yellow, and green lights that control traffic	Turn left at the traffic lights .	φανάρια	53
unusual	adj	different from what is usual or normal	It's unusual for Dave to be late.	ασυνήθιστος, παράξενος	54
product	n	something that is grown or made in order to be sold	What products is your website selling?	προϊόν	56
sweatshirt	n	a loose warm piece of clothing which covers the top part of your body and arms and is worn especially for sport or relaxation	She was dressed casually in jeans and a sweatshirt.	φούτερ	57
material	n	cloth used for making clothes, curtains, etc.	Mum bought some pretty dress material .	υλικό	audioscript 4.1
cool	adj	very attractive, fashionable, interesting, etc. in a way that people admire	What a cool watch!	ωραίος, τέλειος, απίθανος	audioscript 4.3





Word	Part of speech	Definition	Example	Greek Translation	Page
take back	phr v	to take something you have bought back to a shop because it is not suitable	If the shirt doesn't fit, take it back .	επιστρέφω	audioscript 4.6
pizza	n	a food made of thin flat round bread, baked with tomato, cheese and sometimes vegetables or meat on top	I ate only one slice of pizza .	πίτσα	audioscript 4.13

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
friendly	adj	behaving towards someone in a way that shows you like them and are ready to talk to them or help them	Why is he suddenly so friendly towards you?	φιλικός	49
get tired	phr	to feel that you want to sleep or rest	Can we stop soon? I'm getting really tired.	κουράζομαι	49
imagine	V	to form a picture or idea in your mind about what something could be like	Imagine that you have just won a million pounds.	φαντάζομαι	49
text	V	to send someone a written message on a mobile phone	Text me as soon as you get your exam results.	στέλνω γραπτό μήνυμα	49
last	V	to continue for a particular length of time	Each lesson lasts an hour.	διαρκώ	audioscript 4.1
wait (for)	V	to stay somewhere or not do something until something else happens, someone arrives, etc.	There is a long queue of people waiting for a bus.	περιμένω (για)	audioscript 4.1
Hang on.	phr	used to ask or tell someone to wait	Hang on! I'll be back in a minute.	Περίμενε / Περιμένετε.	audioscript 4.3
be good with (people)	phr	skilful at (dealing with people)	He's very good with people.	είμαι καλός με (κόσμο)	audioscript 4.6
bright	adj	bright colours are strong and easy to see	I never wear bright colours.	έντονος, ζωηρός (για χρώμα)	audioscript 4.6
gift	n	something that you give someone, for example to thank them or because you like them, especially on a special occasion	The earrings were a gift from my aunt.	δώρο	audioscript 4.6
pocket	n	a type of small bag in or on a coat, trousers, etc. that you can put money, keys, etc. in	The keys are in my trouser pocket .	τσέπη	audioscript 4.6





Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
advert/ advertisement	n	a picture, set of words, or a short film, which is intended to persuade people to buy a product or use a service, or that gives information about a job that is available, an event that is going to happen etc.	Advertisements help my parents with their work. They place adverts on the internet and thanks to that people learn about their business.	διαφήμιση	146
bank	n	a business that keeps and lends money and provides other financial services	I think I'll put the money in the bank . It's too much to keep at home.	τράπεζα	146
bill	n	a written list showing how much you have to pay for services you have received, work that has been done etc.	The bill for our dinner was so high because Dad ordered the most expensive steak on the menu!	λογαριασμός	146
complain	V	to say that you are annoyed, not satisfied, or unhappy about something or someone	I had to complain to the manager because the bread I bought was not fresh.	παραπονιέμαι	146
cost	n	the amount of money that you have to pay in order to buy, do, or produce something	The cost of my new bike was higher than the amount of money I had, but my parents helped me to pay for it.	κόστος	146
manager	n	someone whose job is to manage part or all of a company or other organisation	Josh is a manager at the local shop. He supervises the work of other employees and tells them what to do.	διευθυντής	146
rent	V	to regularly pay money to live in a house or room that belongs to someone else, or to use something that belongs to someone else	When I go to University in another city I will have to rent a room. Right now I don't pay for the room I live in because it's in my parents' house.	νοικιάζω	146
return	V	to take a product back to the shop you bought it from to get your money back, or to get other goods in exchange for it	The laptop I bought wasn't working so I returned it to the shop. They gave me back my money for it.	επιστρέφω	146
serve	V	to help the customers in a shop, especially by bringing them the things that they want	At my shop there are five people who serve the customers. They are very kind and can help you find what you need.	σερβίρω	146
shopper	n	someone who buys things in shops	Just before the holidays there is a higher number of shoppers than usually. Everyone wants to buy something before the shops close.	αγοραστής, καταναλωτής	146
shopping list	n	a list of things you need to buy when you go shopping	I will give you a shopping list so you won't forget what to buy.	λίστα αγορών	146





Word	Part of speech	Definition	Example	Greek Translation	Page
animated film	n	a film or programme that shows pictures, clay models, etc. that seem to be really moving	There is a large selection of animated films produced for children.	ταινία κινουμένων σχεδίων	60
documentary film	n	a film that gives detailed information about a particular subject	They are making a documentary film about volcanoes.	ντοκιμαντέρ	60
family member	n	a person that belongs to a group of people you are related to, including those who are now dead	Our oldest family member is my great-grandfather.	μέλος της οικογένειας	60
romantic film	n	a film which involves a love story	He thinks romatic films are only for girls.	αισθηματική ταινία	60
science fiction (sci-fi) film	n	a film about events in the future which are affected by imaginary developments in science, for example about travelling in time or to other planets with life on them	Have you seen the new sci-fi film yet? I've heard it's great!	ταινία επιστημονικής φαντασίας	60
wet	adj	covered in or full of water or another liquid	His clothes are wet because he didn't have an umbrella.	υγρός	60
action film	n	an action film has a lot of exciting scenes in it, with fights, car chases, etc.	Mel Gibson became famous in action films .	ταινία δράσης	61
actor	n	someone who performs in a play or film	It isn't easy to become a successful professional actor.	ηθοποιός (ο)	61
box	n	a container for putting things in, especially one with four stiff straight sides	I keep old books in a box under my bed.	коиті	61
electricity	n	the power that is carried by wires, cables, etc., and is used to provide light or heat, to make machines work, etc.	We need to find cleaner ways of generating electricity.	ηλεκτρισμός	61
great	adj	very good	It's great to be in the football team. I really enjoy it.	περίφημος, εξαιρετικός	61
ump	V	to let yourself drop from a place that is above the ground	Kangaroos don't walk, they jump .	πηδώ	61
motorbike	n	a small fast two-wheeled vehicle with an engine	Motorbikes have two wheels like bicycles, but they are faster!	μηχανάκι, μηχανή	61
popcorn	n	a kind of corn that swells and bursts open when heated, and is usually eaten warm with salt or sugar as a snack	We always buy popcorn at the cinema.	ποπ κορν	61
reporter	n	someone whose job is to write about news events for a newspaper, or to tell people about them on television or on the radio	He started as a news reporter on Radio 1.	δημοσιογράφος, ρεπόρτερ	61
seat	n	a place where you can sit, especially one in a vehicle or one from which you watch a performance, sports event, etc.	I asked for a seat by the window.	κάθισμα, θέση	61





Word	Part of speech	Definition	Example	Greek Translation	Page
sign	n	a movement, sound, etc. that you make in order to tell someone something	Wait until I give the sign .	σινιάλο	61
sit	V	to be on a chair or seat, or on the ground, with the top half of your body upright and your weight resting on your buttocks	She's the girl who sits next to me at school.	κάθομαι	62
act	n	a short piece of entertainment on television or stage	There are seven acts at the school show: two dancers, four singers and a magician.	πράξη (για θέατρο)	63
art exhibition	n	a show of paintings, sculptures, or other objects that people can go to see	We went to an art exhibition at the National Gallery.	έκθεση τέχνης	63
artist	n	a professional performer, especially a singer, dancer or actor	Many artists from our country performed on the show.	καλλιτέχνης	63
classical concert	n	a performance given by musicians that play the kind of music that is considered to be important and serious and that has a value that continues for a long time	My brother finds classical concerts boring, but I enjoy them a lot.	συναυλία κλασικής μουσικής	63
comedian	n	someone whose job is to tell jokes and make people laugh	The comedian made us all laugh.	κωμικός	63
concert	n	a performance given by musicians or singers	I'm playing in a jazz concert on Saturday night.	συναυλία	63
dancer	n	someone who dances as a profession	I've seen this dancer on TV.	χορευτής, -τρια	63
guitarist	n	someone who plays the guitar	Of all the guitarists I've ever heard, he's my favourite.	κιθαρίστας	63
instrument	n	an object used for producing music, such as a piano or violin	Can you play a musical instrument?	όργανο	63
kind	adj	saying or doing things that show that you care about other people and want to help them or make them happy	Maria is a kind neighbour. She helps people in the area when they have problems.	καλός	63
magician	n	a man in stories who can use magic	The first act in the talent show is the Great Gregorini, a magician .	μάγος, ταχυδακτυλουργός	63
music festival	n	an occasion when there are performances of many pieces of music, usually happening in the same place every year	We go to the Swansea Music Festival every summer.	μουσικό φεστιβάλ	63
musician	n	someone who plays a musical instrument, especially very well or as a job	Ellen is one of our most talented young musicians .	μουσικός	63
open-air theatre	n	a theatre that is outside	They're building an open-air theatre next to the local park.	υπαίθριο θέατρο	63





Word	Part of speech	Definition	Example	Greek Translation	Page
perform	v	to do something to entertain people, for example by acting a play or playing a piece of music	The children perform two plays each school year.	δίνω παράσταση, ερμηνεύω	63
singer	n	someone who sings	Jude dreamed of being a rock singer .	τραγουδιστής, -τρια	63
successful	adj	a successful business, film, product, etc. makes a lot of money	The show's been very successful so far.	επιτυχημένος	63
talent show	n	an event where participants make a performance to show their talents, such as singing, dancing, martial arts, playing an instrument, or other activities	You're so good at drumming! Why don't you show your talent in one of the talent shows ?	σόου ταλέντων	63
discover	V	to find out something that you did not know about before	Did you ever discover who sent you the flowers?	ανακαλύπτω	64
hang out	phr v	to spend a lot of time in a particular place or with particular people	I don't really know who she hangs out with.	κάνω παρέα, αράζω	64
exciting	adj	making you feel excited	I've got some very exciting news for you - you have won a prize!	συναρπαστικός	66
horror film	n	a film in which strange and frightening things happen	I never watch horror films on my own.	ταινία τρόμου	66
scary	adj	frightening	I don't watch horror films because they are scary and they give me bad dreams.	τρομαχτικός	66
true	adj	based on facts and not imagined or invented	The film told the true story of the actor's life.	αληθινός	66
vase	n	a container used to put flowers in or for decoration	What's the name of the flowers in the vase?	βάζο, ανθοδοχείο	66
character	n	a person in a book, play, film, etc.	At drama club, we learn about different characters in the play.	χαρακτήρας	68
virtual reality	n	an environment produced by a computer that looks and seems real to the person experiencing it	Video game makers were the first mainstream users of virtual reality .	εικονική πραγματικότητα	68
actress	n	a woman who performs in a play or film	Julia Roberts is one of the most famous actresses in Hollywood.	ηθοποιός (η)	69
brave	adj	dealing with danger, pain or difficult situations with courage and confidence	It was brave of you to speak in front of all those people.	γενναίος, θαρραλέος	69
comedy film	n	a film that is intended to make people laugh	They were the most successful comedy films of all time.	κωμωδία	69
romantic	adj	of or about love	I enjoy romantic stories because they have happy endings.	ρομαντικός	69
chat	V	to talk in a friendly informal way, especially about things that are not important	I prefer to chat to my friends on social media than face to face.	κουβεντιάζω	audioscript 5.2





Word	Part of speech	Definition	Example	Greek Translation	Page
game console	n	an electronic machine that is used for playing games on a screen	They're bringing out a new game console this Christmas.	κονσόλα παιχνιδιών	audioscript 5.2
play	V	to perform a piece of music on a musical instrument	I play the cello and my brother plays the piano.	παίζω	audioscript 5.2
awesome	adj	very good	Their last concert was really awesome .	απίθανος, τέλειος	audioscript 5.4
boring	adj	not interesting in any way	I don't want some boring job in an office!	βαρετός	audioscript 5.4
excellent	adj	extremely good or of very high quality	The school exam results were excellent - the best in the city!	εξαιρετικός, τέλειος	audioscript 5.4
funny	adj	making you laugh	Our teacher tells us funny stories about when he lived abroad.	αστείος	audioscript 5.4
strange	adj	unusual or surprising, especially in a way that is difficult to explain or understand	Does Harry's behaviour seem strange to you? He is never usually late or rude.	παράξενος, περίεργος	audioscript 5.4
terrible	adj	very bad	The hotel was absolutely terrible .	απαίσιος	audioscript 5.4
rock	adj	related to a type of popular modern music with a strong loud beat, played using guitars and drums	Andrew formed a rock band with some friends when he was at college.	рок	audioscript 5.6

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
teen	adj	relating to teenagers or used by teenagers	It's a teen magazine.	εφηβικός	60
cousin	n	the child of your uncle or aunt	I see my cousins every summer when I stay with my uncle.	ξάδελφος, -η	61
drop	V	to stop holding or carrying something so that it falls	He dropped his briefcase on a chair.	ρίχνω	61
entertainment	n	things such as films, television, performances, etc. that are intended to amuse or interest people	The town provides a wide choice of entertainment .	διασκέδαση	63
leaf (pl leaves)	n	one of the flat green parts of a plant that are joined to its stem or branches	Add a few leaves of fresh basil to the salad.	φύλο	63
alien	n	in stories, a creature from another world	Do you believe there are aliens on other planets?	εξωγήινος	audioscript 5.1



Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
spaceship	n	a vehicle for carrying people through space	The children pretended to fly to distant planets in paper spaceships .	διαστημόπλοιο	audioscript 5.1
upload	1	to move a piece of information or a computer programme from a small computer to a computer network so that other people can see it or use it	It might take a while for this to upload .	ανεβαίνω (στο διαδίκτυο)	audioscript 5.2

Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
(feel / be) sorry	adj	feeling ashamed or unhappy about something bad you have done	Elizabeth is really sorry for breaking the window. She apologised ten times.	λυπάμαι	146
angry	adj	feeling strong emotions which make you want to shout at someone or hurt them because they have behaved in an unfair, cruel, offensive, etc. way, or because you think that a situation is unfair, unacceptable, etc.	I was very angry when I heard my favourite football team did not win. They played much better than the opposite team.	θυμωμένος, νευριασμένος	146
author	n	someone who has written a book	He is the author of the books that we read in our classes.	συγγραφέας	146
go out	phr v	to leave your house, especially in order to enjoy yourself	Every Friday I go out with my friends. We spend time at the park or sometimes we go to the cinema.	βγαίνω έξω	146
opera	n	a musical play in which all of the words are sung	One day I want to go to the opera . It will be interesting to see a play where the actors sing the whole time.	όπερα	146
sad	adj	not happy, especially because something unpleasant has happened	Jack was sad because nobody came to his birthday party.	λυπημένος	146
star	n	someone who has one of the main parts in a film, show, or play	Jessica is a film star . She played in dozens of movies and she is very famous.	σταρ, πρωταγωνιστής, -τρια	146
the news	n	a regular television or radio programme that gives you reports of recent events	I don't like watching the news because it's always about politics, catastrophes and other sad things happening in the world. The news presenters never talk about happy stories!	ειδήσεις, τα νέα	146





Word	Part of speech	Definition	Example	Greek Translation	Page
slow	adj	not moving, being done or happening quickly	He is a slow runner so he was at the back of the race.	αργός	72
coach	n	a bus with comfortable seats used for long journeys	We went to Paris by coach .	πούλμαν	73
camel	n	a large desert animal with a long neck and either one or two humps (=large raised parts) on its back	Camels live in the desert and can store a lot of water.	καμήλα	73
comfortable	adj	making you feel physically relaxed, without any pain or without being too hot, cold, etc.	The bed wasn't comfortable and I slept badly.	άνετος	73
fast	adj	moving or able to move quickly	It's one of the fastest cars in the world.	γρήγορος	73
high-speed	adj	designed to travel or operate very fast	You can get there very quickly taking a high-speed train.	υψηλής ταχύτητας	73
journey	n	an occasion when you travel from one place to another, especially over a long distance	The journey to town takes one hour on the bus.	ταξίδι	73
pillow	n	a cloth bag filled with soft material that you put your head on when you are sleeping	I'll be asleep as soon as my head hits the pillow .	μαξιλάρι	73
ride	V	to sit on an animal, especially a horse, and make it move along	Julia rides her horse four times a week.	ιππεύω, καβαλάω	73
short	adj	measuring a small amount in length or distance	The hotel is only a short walk from the beach.	σύντομος	73
snack	n	a small amount of food that is eaten between main meals or instead of a meal	Drinks and light snacks are served at the bar.	σνακ, μικρό γεύμα	73
take	V	to get on a train, bus, plane, etc. in order to travel on it	Let's take a train to Brussels. It's cheaper than flying.	παίρνω	73
train	n	a set of several carriages that are connected to each other and pulled along a railway line by an engine	When Joe was young he loved playing with toy vehicles like trains and cars.	τραίνο	73
travel	V	to go from one place to another, or to several places, especially ones that are far away	Nick and Lucy travelled by train across Eastern Europe.	ταξιδεύω	73
tuk tuk	n	a motor vehicle with three wheels that is used as a taxi e.g. in Thailand	We travelled in a tuk tuk in India.	είδος τρίκυκλου ταξί	73
wheel	n	one of the round things under a car, bus, bicycle, etc. that turns when it moves	A car has four wheels and a bicyle has two.	ρόδα, τροχός	73
passenger	n	someone who is travelling in a vehicle, plane, boat etc, but is not driving it or working on it	The bus stopped and half of the passengers got off.	επιβάτης	74
plane	n	a vehicle that flies in the air, and has wings and at least one engine	I'll go to the airport at 7pm to catch the plane .	αεροπλάνο	74



GOLD A2 experience

UNIT 6

Word	Part of speech	Definition	Example	Greek Translation	Page
airport	n	a place where planes take off and land, with buildings for passengers to wait in	The plane landed at Heathrow Airport .	αεροδρόμιο	75
bike	n	a bicycle	I usually go to work by bike .	ποδήλατο	75
bus stop	n	a place at the side of a road, marked with a sign, where buses stop for passengers	I waited at the bus stop for twenty minutes before the bus came.	στάση λεωφορείου	75
car park	n	a place with spaces for people to park their cars, either outside or in a building	There was no space in the car park , so I parked on the street.	χώρος στάθμευσης αυτοκινήτων	75
catch	V	to get on a train, plane, etc. in order to travel on it, or to be in time to get on a train, plane, etc. before it leaves	I have to hurry – I have a bus to catch .	προλαβαίνω, προφταίνω	75
drive	V	to make a car, truck, bus, etc. move along	I drive my children to school in my new car.	οδηγώ, πηγαίνω κπ με το αυτοκίνητο	75
ferry	n	a boat that carries people or goods across a river or a narrow area of water	The only way to get to the island is by ferry .	φέρι μποτ	75
fly	V	to travel by plane	She's flying back to Krakow tomorrow.	πετάω	75
get	٧	to arrive somewhere	We got to Paris in the evening.	φτάνω	75
go	V	to travel or move to a place that is away from where you are or where you live	Where are you going ?	πηγαίνω	75
go by car/ train/bus	coll.	to travel or move using a car, train or bus	He usually goes by bus to school with his friends.	πηγαίνω με το αυτοκίνητο / τραίνο / λεωφορείο	75
go on foot	coll.	to walk somewhere	It's easier to go on foot because the path is very narrow.	περπατάω, πάω με τα πόδια	75
helicopter	n	a type of aircraft with large metal blades on top which turn around very quickly to make it fly	There was a police helicopter waiting for us.	ελικόπτερο	75
motorbike	n	a small, two-wheeled vehicle with an engine	My parents don't want me to have a motorobike because they think they are more dangerous than cars.	μηχανάκι, μηχανή	75
platform	n	the raised place beside a railway track where you get on and off a train in a station	The Edinburgh train will depart from platform six.	πλατφόρμα	75
port	n	a place where ships can be loaded and unloaded	The ferry is about to leave port .	λιμάνι	75
sail	V	to travel on or across an area of water in a boat or ship	We're taking two months off to sail the Caribbean.	ταξιδεύω με πλοίο	75
ship	n	a large boat used for carrying people or goods across the sea	These supplies came by ship .	πλοίο	75





Word	Part of speech	Definition	Example	Greek Translation	Page
tram	n	a vehicle for passengers, which travels along metal tracks in the street	Take a tram across the city and you will see all the famous buildings.	τραμ	75
underground	n	a railway system under the ground	I like travelling across the city by underground because it is fast and there's no traffic.	μετρό, υπόγειος σιδηρόδρομος	75
end	V	to let someone borrow money or something that belongs to you for a short time	Can you lend me £10 until tomorrow?	δανείζω	76
meet	V	to go to a place where someone will be at a particular time, according to an arrangement, so that you can talk or do something together	Why don't we meet for lunch on Friday?	συναντώ, συναντιέμαι	76
camp	V	to set up a tent or a shelter and stay there for a short time	We'll camp by the river for the night, and move on tomorrow.	κατασκηνώνω	77
drive to the beach	coll.	to travel in a car to an area of sand or small stones at the edge of the sea or a lake	Should we drive to the beach or take the bus?	πηγαίνω με το αυτοκίνητο στην παραλία	77
go on a boat trip	coll.	to leave the place where you are in order to go for a trip that you take in a boat (a vehicle that travels across water)	My parents are going on a boat trip next summer.	ταξιδεύω με πλοίο	77
go on a sleepover	coll.	to be at a party for children in which they stay the night at someone's house	Julia won't play tennis with us tonight. She's going on a sleepover.	πηγαίνω σε ένα πιτζάμα πάρτυ	77
go swimming	coll.	to leave the place where you are, in order to swim (to move yourself through water using your arms and legs)	We didn't go swimming yesterday because it was raining.	πάω για μπάνιο	77
learn a language	coll.	to gain a skill of understanding and speaking another system of communication used by people in a different country, by experience, by studying it, or by being taught	What's the best way to learn a language ?	μαθαίνω μια γλώσσα	77
ride a bike	coll.	to travel on a bicycle	He has never learnt to ride a bike .	κάνω ποδήλατο	77
watch a film	coll.	to look at a TV or a cinema screen for a period of time, paying attention to what is happening there	Most parents don't know what films their kids watch .	βλέπω μια ταινία	77
flight	n	a journey in a plane or space vehicle, or the plane or vehicle that is making the journey	I have booked a flight to Madrid. I fly on 25th August.	πτήση	78
cave	n	a large natural hole in the side of a cliff or hill, or under the ground	The caves on the beach were dark and we told the children not to go inside.	σπηλιά	80
scuba diving	coll.	the sport of swimming under water while breathing through a tube that is connected to a container of air on your back	Her favourite watersport is scuba diving .	κατάδυση	80





Word	Part of speech	Definition	Example	Greek Translation	Page
submarine	n	a ship, especially a military one, that can stay under water	Submarines are ships that travel under the water.	υποβρύχιο	80
bus/train/ coach ticket	n	a printed piece of paper which shows that you have paid to travel on a bus/train/coach	Everyone will need a coach ticket for the trip.	εισιτήριο λεωφορείου/ τραίνου/πούλμαν	81
catch/get/ take the train/bus	coll.	to get on a train or bus in order to travel on it, or to be in time to get on a train or bus before it leaves	She took a train to Newcastle.	προλαβαίνω / παίρνω το τραίνο / το λεωφορείο	81
coach/train station	n	a place where trains or coaches regularly stop so that passengers can get on and off, goods can be loaded, etc.	I want to get off at the next train station .	σταθμός πούλμαν / σιδηροδρομικός σταθμός	81
get around	coll.	to go or travel to different places	The fastest way to get around London is by underground.	μετακινούμαι	81
railway	n	a system of tracks along which trains run, or a system of trains	My dad works for a railway company in Oslo.	σιδηρόδρομος	audioscript 6.5
trip	n	a visit to a place that involves a journey, for pleasure or a particular purpose	Did you enjoy your trip to Berlin?	ταξίδι	audioscript 6.5
go shopping	coll.	to leave the place where you are, in order to buy some things	How often do you go shopping ?	πηγαίνω για ψώνια	audioscript 6.7

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
get away	phr v	to take a holiday away from the place you normally live	We're hoping to get away to Scotland for a few days.	ξεφεύγω, δραπετεύω	73
in one go	phr	an attempt to do more than one thing at once	Ruby blew out all her candles in one go .	με την πρώτη	73
noise	n	a sound, especially one that is loud, unpleasant, or frightening	Don't make a noise when you go upstairs because the baby is asleep.	θόρυβος	73
bag	n	a large bag that you use to carry your clothes, etc. when you are travelling	Just throw your bags in the back of the car.	τσάντα	audioscript 6.4
get wet	phr	to be covered in or full of water	Take an umbrella or you 'll get wet .	βρέχομαι	audioscript 6.4
give sb a hug	coll.	to put your arms around someone and hold them tightly to show love or friendship	My mum gave me a big hug when I returned from the camping trip.	αγκαλιάζω	audioscript 6.4
broken	adj	not working properly	The school printer is broken so I can't print my project.	χαλασμένος	audioscript 6.5





Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
suitcase		a large case with a handle, used for carrying clothes and possessions when you travel	My possessions were a suitcase full of clothes and books.	βαλίτσα	audioscript 6.5
seasick		feeling ill when you travel in a boat because of the movement of the boat in the water	I don't like travelling by ship because I get seasick .	που έχει ναυτία	audioscript 6.8

Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
ambulance	n	a special vehicle that is used to take people who are ill or injured to hospital	During the football match I hurt my ankle very badly. My coach called an ambulance which brought me to the hospital.	ασθενοφόρο	146
delay	V	to make someone or something late	The heavy fog will delay all flights out of London. No planes will be able to take off before the fog disappears.	καθυστερώ	146
explore	V	to travel around an area in order to find out about it	I travelled to Costa Rica last year. I explored the capital, San José, together with my best friend.	εξερευνώ	146
miss	V	to be too late for something	I missed my train in the morning because I didn't get up on time.	χάνω	146
park	V	to put a car or other vehicle in a particular place for a period of time	It's very difficult to park the car in the town centre, especially if there is a football match or a concert.	παρκάρω	146
repair	V	to fix something that is damaged, broken, split, or not working properly	My dad's car broke today so he spent the whole afternoon trying to repair it.	επιδιορθώνω, φτιάχνω	146
return	V	to go or come back to a place where you were before	The holiday was amazing! But after a week we had to return home.	επιστρέφω, γυρίζω	146
scooter	n	a child's vehicle with two small wheels, an upright handle, and a narrow board that you stand on with one foot, while the other foot pushes against the ground	I like going to school on my scooter . It's faster than walking but I can still go on the pavement.	σκούτερ, μοτοποδήλατο	146
stop	V	to not walk, move, or travel anymore, or to make someone or something do this	You have to stop before crossing the street and make sure it's safe to cross it first.	σταματάω	146
taxi	n	a car and driver that you pay to take you somewhere	I missed the last bus to school so I had to call a taxi . I had to pay over ten pounds for the drive!	ταξί	146





Word	Part of speech	Definition	Example	Greek Translation	Page
exercise	n	physical activities that you do in order to stay healthy and become stronger	To be fit and healthy, try to do some regular exercise.	άσκηση, γυμναστική	83
football	n	a game played by two teams of 11 players who try to kick a round ball into the other team's goal	My dad took me to watch my first football match.	ποδόσφαιρο	84
mountain- biking	n	the sport of riding bicycles off-road, often over rough terrain, using specially designed mountain bikes	I think mountain biking is more exciting than road biking.	ορεινή ποδηλασία	84
refereeing	n	the act of making sure that the rules of a sport such as football, basketball, or boxing, are followed	Fair refereeing is important in any sport.	διαιτησία	84
sports journalism	n	the job or activity of writing sports news reports for newspapers, magazines, television or radio	He is thinking about a career in sports journalism .	αθλητική δημοσιογραφία	84
swimming	n	the sport of moving yourself through water using your arms and legs	If you want to stay fit, swimming is a great exercise.	κολύμβηση	84
ball	n	a round object that is thrown, kicked or hit in a game or sport	Suzy threw the ball to Matthew.	μπάλα	85
coach	n	someone who trains a person or team in a sport	My brother wants to be a tennis coach .	προπονητής	85
coaching	n	a process in which you teach a person or team the skills they need for a sport	He is running a coaching session with one of England's leading boxers right now.	προπόνηση	85
fast	adv	moving quickly	Slow down – you're driving too fast .	γρήγορα	85
hit	V	to make an object move forward quickly with a bat, stick, etc.	Hit the ball as hard as you can.	χτυπώ	85
lose	V	to not win a game, argument, election, war, etc.	They will lose the title if they play so badly in the Championship next week.	χάνω	85
well	adv	in a successful or satisfactory way	The festival was very well organised.	καλά	85
basketball	n	a game played by two teams of five players who try to get points by throwing a ball into a high net at each end of the court	He spends all his free time with his basketball team.	μπάσκετ	86
famous	adj	known about by many people in many places	Many famous people have stayed in our hotel.	διάσημος	86
hold	V	to have something in your hand, hands, or arms	Eva often holds her baby in her arms.	κρατώ	86
journalist	n	someone who writes news reports for newspapers, magazines, television or radio	She worked as a journalist in the New York Times.	δημοσιογράφος	86
surfing	n	the activity or sport of riding over the waves on a special board	When we were in Hawaii, we went surfing every day.	σέρφινγκ	86





Word	Part of speech	Definition	Example	Greek Translation	Page
tennis	n	a game for two people or two pairs of people who use rackets to hit a small soft ball backwards and forwards over a net	Let's go to the court to play a game of tennis .	τένις	86
answer	n	something you say when you reply to a question that someone has asked you	Every time I ask him about it, I get a different answer.	απάντηση	87
badminton	n	a game that is similar to tennis but played with a shuttlecock (=small feathered object) instead of a ball	I prefer badminton to tennis. And you?	μπάντμιντον	87
cycling	n	the activity of riding a bicycle	We promote recreational cycling in the countryside.	ποδηλασία	87
diving	n	the sport of swimming under water with use of special equipment to help you breathe	We went diving on the coral reef.	κατάδυση	87
equipment	n	the tools, machines, etc. that you need to do a particular job or activity	A compass is essential equipment when hiking.	εξοπλισμός	87
free	adj	something that is free does not cost you any money	All students are offered free accommodation.	δωρεάν	87
goggles	n	a pair of glasses made of glass or plastic with a rubber or plastic edge that fit against your skin and protect your eyes	Swimming goggles give you clear vision and maximum comfort.	προστατευτικά γυαλιά	87
gymnastics	n	a sport involving physical exercises and movements that need skill, strength, and control, and that are often performed in competitions	We don't do gymnastics at school, but there are gymnastics classes in the local sports centre.	ενόργανη γυμναστική	87
helmet	n	a strong hard hat that soldiers, motorcycle riders, the police, etc. wear to protect their heads	Do you know why astronauts wear helmets ?	κράνος	87
hockey	n	a game played on a pitch by two teams of 11 players, with sticks and a ball	When you play hockey , don't let the ball touch your foot!	χόκει	87
udo	n	a Japanese sport or method of defence, in which you try to throw your opponent onto the ground	He joined an athletic club in which there were a large number of activities ranging from yoga to judo .	τζούντο	87
net	n	the thing that players must hit the ball over in games such as tennis	Just throw the ball over a net .	δίχτυ	87
practice	n	when you do a particular thing, often regularly, in order to improve your skill at it	It takes hours of practice to learn to play the guitar.	προπόνηση, εξάσκηση	87
racket	n	a specially shaped piece of wood or metal that you use for hitting the ball in games such as tennis, that has a circle filled with tight strings at one end	Bring your squash racket , as there are excellent courts for hire.	ρακέτα	87





Word	Part of speech	Definition	Example	Greek Translation	Page
running	n	the activity or sport of running	Did you go running this morning?	τρέξιμο	87
skiing	n	the sport of moving down hills, across land in the snow, or on water wearing skis	We're going to go skiing in Colorado this winter.	σκι	87
swap	V	to give something to someone and get something in return	The girls chatted and swapped clothes with each other.	ανταλλάζω	87
wetsuit	n	a tight piece of clothing, usually made of rubber, worn by people who are swimming, surfing, etc. in the sea	Sarah put on a wetsuit and went surfing.	στολή κατάδυσης	87
swimming cap	n	a tight-fitting rubber hat that you wear when you are swimming to keep your hair dry	I never wear a swimming cap . I think it's uncomfortable.	σκουφάκι κολύμβησης	88
swimsuit	n	a piece of clothing worn for swimming	The girl in a blue swimsuit is my daughter.	μαγιό	88
whistle	n	a small object that produces a high whistling sound when you blow into it	The referee blew his whistle to stop the game.	σφυρίχτρα	88
borrow	V	to use something that belongs to someone else and that you must give back to them later	Can I borrow your pen for a minute?	δανείζομαι	89
tidy up	phr v	to make a place look clean and organised	I usually tidy up my room on Saturday.	τακτοποιώ	89
badly	adv	in an unsatisfactory or unsuccessful way	The novel was translated badly into English.	άσχημα	90
condition	n	an illness or health problem that affects you permanently or for a very long time	He has a heart condition , so he has to be very careful when he does sports.	πάθηση	90
discover	V	to notice or try something for the first time and start to enjoy it	They help people discover their hidden talents.	ανακαλύπτω	90
easily	adv	without problems or difficulties	They won quite easily .	εύκολα	90
quietly	adv	without making much noise	'I'm sorry,' she said quietly .	ήσυχα	90
slowly	adv	at a slow speed	'That's true,' Joe said slowly .	αργά	90
wheelchair	n	a chair with wheels, used by people who cannot walk	He'll be in a wheelchair for the rest of his life.	αναπηρικό καροτσάκι / αμαξίδιο	90
wheelchair basketball	n	basketball played by people with different physical disabilities, such as birth defects and paralysis due to accident or amputations.	For people who are unable to walk, wheelchair basketball offers a great opportunity to stay fit, develop new skills and meet new friends.	μπάσκετ με αμαξίδιο	90
freestyler	n	a person who specializes or competes in a freestyle sports event	Every freestyler's performance in the modern dance competition was amazing.	αυτός που διαγωνίζεται με ελεύθερο πρόγραμμα	92
tricks (pl)	n	a clever and effective way of doing something	It's easy to teach your dog a new trick if you practise it a lot.	κόλπα	92





Word	Part of speech	Definition	Example	Greek Translation	Page
beach volleyball	n	a game which is played on the beach and in which two teams use their hands to hit a ball over a high net	Who wants to play beach volleyball ?	μπιτς βόλλεϊ	93
do gymnastics/ judo/sport	coll.	to perform a sport of gymnastics/judo	Do you do gymnastics?	κάνω ενόργανη γυμναστική / τζούντο / ένα άθλημα	93
go cycling/ running/ skiing	coll.	to leave the place where you are in order to cycle/run/ski	She goes running every morning.	πάω για ποδηλασία / τρέξιμο / σκι	93
golf	n	a game in which the players hit a small white ball into holes in the ground with a set of golf clubs, using as few hits as possible	He plays golf on Sundays.	γκολφ	93
horse-riding	n	the activity of riding horses	Do you want to go horse-riding on Saturday?	ιππασία	93
medal	n	a flat piece of metal, usually shaped like a coin, that is given to someone who has won a competition or who has done something brave	She won a gold medal at the last Olympics.	μετάλλιο	93
play badminton/ basketball/ hockey	coll.	to take part or compete in a game of badminton/ basketball/hockey	John went to play hockey with Jack and Paul.	παίζω μπάντμιντον / μπάσκετ / χόκεϊ	93
referee	n	someone who makes sure that the rules of a sport such as football, basketball, or boxing, are followed	One of the players was sent off for arguing with the referee.	διαιτητής	93
sailing	n	the sport or activity of travelling in or directing a small boat with sails	Bill has invited us to go sailing this weekend.	ιστιοπλοΐα	93
skateboarding	n	the activity of riding a skateboard	Skateboarding is now popular among teenagers.	το να κάνεις σκέιτμπορντ	93
table tennis	n	an indoor game played on a table by two or four players who hit a small plastic ball to each other across a net	I think table tennis is more exciting than golf.	πινγκ πονγκ	93
leisure centre	n	a place where people can do many different sports activities, exercise classes, etc.	In the new local leisure centre , everyone can find something for themselves.	κέντρο αναψυχής	audioscrip ¹ 7.1
competition	n	an organised event in which people or teams compete against each other	You must be over 16 to enter the competition .	διαγωνισμός	audioscrip ¹ 7.3
board	n	a surfboard (a long piece of plastic, wood, etc. that you stand on when you go surfing) or sailboard (a flat board with a sail, that you stand on in the sport of wind-surfing)	I want to go surfing, but I can't find my board .	σανίδα	audioscrip ^a 7.4
match	n	an organised sports event between two teams or people	They're preparing for a big match tomorrow.	ματς, αγώνας	audioscrip



Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
make money	coll.	to earn or get money	His one aim in life was to make money .	κάνω / βγάζω λεφτά	84
primary	adj	relating to the education of children between 5 and 11 years old	My mum is a primary teacher.	του δημοτικού	84
track	n	a circular course around which runners, cars, etc. race, which often has a specially prepared surface	To run a mile, you have to run four circuits of the track .	στίβος	84
improve	V	to make something better, or to become better	Let's hope the weather improves before Saturday.	βελτιώνω, -ομαι	85
properly	adv	correctly, or in a way that is considered right	Parents should teach their children to behave properly in public.	σωστά	85
comfortable	adj	making you feel physically relaxed, without any pain or without being too hot, cold, etc.	Take some comfortable clothes for the trip.	άνετος, βολικός	92
cricket	n	a game between two teams of 11 players in which players try to get points by hitting a ball and running between two sets of three sticks	Cricket is a very popular sport in England, in which the players usually wear white uniforms.	κρίκετ	audioscript 7.1
goal	n	the area between two posts where the ball must go in order to score in games such as football or hockey	He managed to keep the ball out of the goal .	τέρμα	audioscript 7.1
be a laugh	phr	to have fun and enjoy oneself when doing something	We all went to the beach last night – it was a really good laugh .	έχω πλάκα	audioscript 7.3

Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
baseball	n	an outdoor game between two teams of nine players, in which players try to get points by hitting a ball and running around four bases	Do you have your bat and the ball? Let's go play baseball!	μπέιζμπολ	146
bat	n	a long wooden stick with a special shape that is used in some sports and games	I decided to buy a new baseball bat because my old one broke.	ρόπαλο	146
boots	n	a type of shoes that cover your whole foot and the lower part of your leg	Please clean your football boots . They are very dirty because you were running in the mud.	μποτάκια (για άθλημα)	146
kit	n	a set of clothes and equipment that you use for a particular purpose such as playing a sport	You can't play football in your everyday clothes. You have to bring your kit .	εξοπλισμός	146
rugby	n	an outdoor game played by two teams with an oval (=egg-shaped) ball that you kick or carry	My old classmate became a professional rugby player. He is very big and strong so he was perfect for that sport.	ράγκμπι	146



Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
volleyball	1	a game in which two teams use their hands to hit a ball over a high net	Volleyball is usually played by two teams of six players, who hit the ball over a high net.	βόλλεϊ	146
windsurfing		the sport of sailing across water by standing on a surfboard and holding on to a large sail attached to the surfboard	There is a storm coming so I won't go windsurfing today. The waves are just too high.	ιστιοσανίδα	146





UNIT	Part of				
Word	speech	Definition	Example	Greek Translation	Page
interesting	adj	if something is interesting, you give it your attention because it seems unusual or exciting or provides information that you did not know about	I didn't finish the book because it wasn't interesting.	ενδιαφέρων	95
outdoors	adv	outside, not in a building	I want a job outdoors in the fresh air, not in an office or a shop.	εξωτερικά, έξω	95
Africa	n	a continent (=one of the seven main areas of land on the Earth) that is south of the Mediterranean Sea, and west of Asia and the Indian Ocean	I had a great time on my trip to Africa .	Αφρική	96
Antarctica	n	a continent (=one of the seven main areas of land) which is the most southern area of land on the Earth and is mostly covered with ice	In Antarctica , winter temperatures drop very low.	Ανταρκτική	96
Asia	n	the world's largest continent (=one of the seven main areas of land), which includes the countries of the Middle East and the countries between the Ural Mountains and the Pacific Ocean, such as India, China, Japan, and part of Russia	Many people in Japan and other parts of Asia drink three to five cups of green tea a day.	Ασία	96
Australia	n	a large island between the Indian Ocean and the southern Pacific Ocean, which is both a country and a continent (=one of the seven main areas of land on the Earth); it is also a part of the Pacific Rim.	The kangaroo is the national animal of Australia .	Αυστραλία	96
cold	adj	when there is cold weather, the temperature of the air is very low	The day was terribly cold .	κρύος	96
Europe	n	the continent (=one of the seven main areas of land on the Earth) that is north of the Mediterranean and goes as far east as the Ural Mountains in Russia	My dream is to visit all capitals in Europe . I'm going to Paris next week!	Ευρώπη	96
North America	n	the third largest continent (=one of the seven main areas of land on the Earth) in the world, consisting of Canada and the United States of America, as well as Mexico, Central America, Greenland, and other smaller islands	Denali in Alaska is North America 's highest point.	Βόρεια Αμερική	96
outdoor	adj	existing, happening, or used outside, not inside a building	The programme of outdoor activities includes skiing, climbing and hiking.	εξωτερικός	96
South America	n	the fourth-largest continent (=one of the seven main areas of land on the Earth) in the world, between the Atlantic and Pacific Oceans, which goes from the southern coast of the Caribbean Sea (in the north) to Tierra del Fuego (in the south)	Many tropical fruits come from South America .	Νότια Αμερική	96





Word	Part of speech	Definition	Example	Greek Translation	Page
bear	n	a large strong animal with thick fur, that eats flesh, fruit, and insects	Please do not feed the bears in the zoo.	αρκούδα	97
oelow zero	phr	lower than the temperature at which water freezes	In winter, temperatures drop to 40 degrees below zero .	υπό το μηδέν	97
oggy	adj	if the weather is foggy, there is fog	Nobody likes driving in foggy conditions.	ομιχλώδης	97
gloo	n	a house made from blocks of hard snow or ice	Children built a small igloo in the garden.	ιγκλού	97
monkey	n	a small brown animal with a long tail, which uses its hands to climb trees and lives in hot countries	Monkeys are wild animals which adapt badly to a caged life.	μαϊμού	97
nature	n	everything in the physical world that is not controlled by humans, such as wild plants and animals, earth and rocks, and the weather	I enjoy spending time in nature even when the weather is bad.	φύση	97
temperature	n	a measure of how hot or cold a place or thing is	The temperature of the water was just right for swimming.	θερμοκρασία	97
errible	adj	very bad	The hotel was absolutely terrible .	απαίσιος	97
varm	adj	slightly hot, especially in a pleasant way	It's nice and warm today so you don't need a coat.	ζεστός	97
canoeing	n	the sport of travelling in a canoe	Have you tried canoeing ?	κανό	98
elephant	n	a very large grey animal with four legs, two tusks (=long curved teeth) and a trunk (=long nose) that it can use to pick things up	Elephants are famous for having a very good memory.	ελέφαντας	98
fly	n	a small flying insect with two wings	There were flies buzzing all around us.	μύγα	98
ceberg	n	a very large mass of ice floating in the sea, most of which is under the surface of the water	These big pieces of ice are called icebergs .	παγόβουνο	98
sky diving	n	the sport of jumping from a plane and falling through the sky before opening a parachute	Sky diving is not an activity for people afraid of heights.	ελεύθερη πτώση με αλεξίπτωτο	98
coast	n	the area where the land meets the sea	We drove along the Pacific coast to Seattle.	ακτή	99
ooiling hot	adj	very hot	It was a boiling hot morning.	πολύ ζεστός / θερμός	99
cloud	n	a white or grey mass in the sky that forms from very small drops of water	There were some clouds in the sky but it didn't rain.	σύννεφο	99
cool	adj	low in temperature, but not cold, often in a way that feels pleasant	The evening air was cool .	δροσερός	99
dry	adj	having very little rain or moisture	The weather was hot and dry .	ξηρός	99
fog	n	cloudy air near the ground which is difficult to see through	We got lost in the thick fog .	ομίχλη	99





Word	Part of speech	Definition	Example	Greek Translation	Page
freezing cold	adj	extremely cold	We were freezing cold in the tent last night.	πολύ κρύος	99
hill	n	an area of land that is higher than the land around it, like a mountain but smaller	Their house is on a hill overlooking the sea.	λόφος	99
hot	adj	something that is hot has a high temperature – used about weather, places, food, drink or objects	It's so hot in here. Can I open the window?	ζεστός	99
ice	n	water that has frozen into a solid state	The city spent \$7 million to remove snow and ice from the roads.	πάγος	99
island	n	a piece of land completely surrounded by water	There are over a thousand tiny islands in the seas around Greece.	νησί	99
rain	n, v	water that falls in small drops from clouds in the sky (about drops of water) to fall from clouds in the sky	There will be heavy rain in most parts of the country. It rained solidly every single day.	1. βροχή 2. βρέχω	99
snow	n, v	soft white pieces of frozen water that fall from the sky in cold weather and cover the ground (about soft white pieces of frozen water) to fall from the sky	Snow was falling heavily as we entered the village. It started snowing around five.	1. χιόνι 2. χιονίζω	99
storm	n	a period of very bad weather when there is a lot of rain or snow, strong winds, and often lightning	It's very dangerous to be in the woods during a storm .	θύελλα	99
sun	n	the heat and light that come from the Sun	We sat in the sun , eating ice cream.	ήλιος	99
sunny	adj	the weather when the Sun is shining	When we arrived in Hong Kong, it was warm and sunny.	ηλιόλουστος	99
wet	adj	rainy	It's very wet outside.	υγρός, βροχερός	99
wind	n	moving air, especially when it moves strongly or quickly in a current	Planes were unable to take off because of high winds.	αέρας	99
beach barbecue	n	a meal or party during which food is cooked on a metal frame over a fire and eaten on the beach	We had a beach barbecue last summer.	μπάρμπεκιου στην παραλία	102
water slide	n	a slide that goes down into a swimming pool, usually with water running down it	They have a huge swimming pool with six different water slides.	νεροτσουλήθρα	102
bison	n	an animal like a large cow, with hair on its head and shoulders	Today there are over 100 bison in the park.	βίσωνας	104
honey	n	a sweet sticky substance produced by bees, used as food	I never take my tea with sugar. I prefer honey .	μέλι	104





Word	Part of speech	Definition	Example	Greek Translation	Page
rewild	V	to protect an environment and return it to its natural state, for example by bringing back wild animals that used to live there	They're planning to rewild the Scottish Highlands.	αποκαθιστώ το φυσικό περιβάλλον	104
vulture	n	a large bird that eats dead animals	Vultures are large birds that live in deserts and eat dead animals.	όρνεο	104
bee	n	a black and yellow flying insect that makes honey and can sting you	Bees produce honey.	μέλισσα	105
bird	n	a creature with wings and feathers that can usually fly; many birds sing and build nests, and female birds lay eggs	Our organisation aims to protect wild birds .	πουλί	105
icy	adj	covered in ice	The pavements were icy and slippery.	παγωμένος	105
indoor	adj	used or happening inside a building	The hotel has an indoor swimming pool, so we can swim when the weather is bad.	εσωτερικός	105
indoors	adv	into or inside a building	It's starting to rain. Let's go indoors .	εσωτερικά, μέσα	105
mouse	n	a small furry animal with a pointed nose and a long tail that lives in people's houses or in fields	A little mouse ran across the kitchen floor.	ποντίκι	105
rollercoaster	n	a track with very steep slopes and curves, which people ride on in small carriages at fairs and amusement parks	The amusement park had a rollercoaster ride that was very high and very fast.	τρενάκι του λούνα παρκ	105
windy	adj	the weather when there is a lot of wind	It's windy so we can fly your new kite.	που έχει πολύ αέρα	105
desert	n	a large area of land where it is always very dry, there are few plants, and there is a lot of sand or rocks	The Sahara Desert is the largest hot desert in the world.	έρημος	audioscript 8.1
dolphin	n	a very intelligent sea animal like a fish with a long grey pointed nose	Whales and dolphins look like fish, but they're really mammals!	δελφίνι	audioscript 8.1
forest	n	a large area of land that is covered with trees	Much of Scandinavia is covered in dense forest .	δάσος	audiosctipt 8.1
lake	n	a large area of water surrounded by land	You can go for a boat trip on the lake .	λίμνη	audiosctipt 8.1
mountain	n	a very high hill	The Matterhorn is one of the biggest mountains in Europe.	βουνό	audiosctipt 8.1
ocean	n	one of the very large areas of sea on the Earth's surface	More than 70% of the Earth is ocean .	ωκεανός	audioscript 8.1
rainforest	n	a tropical forest with tall trees that are very close together, growing in an area where it rains a lot	We talked about the destruction of the rainforest at the geography class.	τροπικό δάσος	audioscript 8.1





Word	Part of speech	Definition	Example	Greek Translation	Page
river	n	a natural and continuous flow of water in a long line across a country into the sea	I saw the river Nile when I was in Egypt.	ποτάμι	audiosctipt 8.1
sea	n	a large area of salty water that is mostly enclosed by land	We went swimming in the sea while Kate sat on the sand.	θάλασσα	audioscript 8.1
cloudy	adj	dark because of clouds	Tomorrow, it will be cloudy and cool.	συννεφιασμένος	audioscript 8.3
snake	n	an animal with a long thin body and no legs, that often has a poisonous bite	I saw a long green snake in the garden.	φίδι	audioscript 8.4
tiger	n	a large wild animal that has yellow and black lines on its body and is a member of the cat family	There are many tigers living in the jungle.	τίγρης	audioscript 8.4
pool	n	a hole or container that has been specially made and filled with water so that people can swim or play in it	They have a nice pool in their garden.	πισίνα	audioscript 8.6

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
celebrate	V	to show that an event or occasion is important by doing something special or enjoyable	It's my dad's birthday and we're going out for a meal to celebrate .	γιορτάζω	97
experience	n	something that happens to you or something you do, especially when this has an effect on what you feel or think	This was my first experience of living abroad.	εμπειρία	97
steal	V	to take something that belongs to someone else	The police will arrest you if you steal from the shop.	κλέβω	97
aunt	n	the sister of your father or mother, or the wife of your father's or mother's brother	I don't see my aunt very often, because she lives far away from me.	θεία	audioscript 8.4
enormous	adj	very big in size or amount	Their house is enormous . They have 10 bedrooms!	τεράστιος	audioscript 8.4
awful	adj	very bad or unpleasant	The last six months have been awful for her.	απαίσιος	audioscript 8.6
dangerous	adj	able or likely to harm or kill you	It's dangerous to walk in this neighbourhood at night.	επικίνδυνος	audioscript 8.6
mad	adj	crazy or very silly	He can't possibly get that finished in time. He must be mad !	τρελός, παλαβός	audioscript 8.6
scared	adj	frightened of something, or nervous about something	I've been scared of dogs since I was a child.	φοβισμένος	audioscript 8.6





Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
autumn	n	the season between summer and winter, when leaves change colour and the weather becomes cooler	Autumn is the time of year when trees look especially beautiful, with so many colours!	φθινόπωρο	146
field	n	an area of land in the country, especially one where crops are grown or animals feed on grass	Around the village, there were large fields with corn and other crops.	χωράφι	146
forest	n	a large area of land that is covered with trees	I enjoy walking in the forest . There are so many trees there, and you can see some wild animals.	δάσος	146
grass	n	a very common plant with thin leaves that covers the ground in fields and gardens and is often eaten by animals	It was so hot last month that the grass changed its colour from green to yellow.	γρασίδι	146
insect	n	a small creature such as a fly or ant, that has six legs, and sometimes wings	Insects are very often attracted to food so you shouldn't leave any by the window.	έντομο	146
lion	n	a large animal of the cat family that lives in Africa and parts of southern Asia	A lion , sometimes called a king of the jungle, is a beautiful but dangerous animal.	λιοντάρι	146
moon	n	the round object in the sky that you see at night	Without the moon it would be completely dark at night.	φεγγάρι	146
plant	n	a living thing that has leaves and roots and grows in earth, especially one that is smaller than a tree	Could you please water the plants in my garden when I'm away?	φυτό	146
rabbit	n	a small animal with long ears and soft fur, that lives in a hole in the ground	Look! A small grey animal is running through the field. It's a rabbit !	λαγός	146
rock	n	a large piece of stone lying on the ground	You can stand on this rock for a better view over the sea. But be careful not to fall!	βράχος	146
spring	n	the season between winter and summer when leaves and flowers appear	Everything comes back to life during the spring .	άνοιξη	146
star	n	a large ball of burning gas in space that can be seen at night as a point of light in the sky	There aren't many clouds today so we will be able to see the stars in the sky tonight!	αστέρι	146
summer	n	the time of the year when the sun is hottest and the days are longest, between spring and autumn	The summer is the only time of year when you can enjoy swimming in the warm sea.	καλοκαίρι	146
winter	n	the season after autumn and before spring, when the weather is coldest	I try to stay home as much as possible during the winter. It is too cold to go outside sometimes.	χειμώνας	146
wood	n	the hard material that trees are made of; used for making furniture or burning on fires	My desk is made of wood .	ξύλο	146





Word	Part of speech	Definition	Example	Greek Translation	Page
cooking video	n	a short film that is made to show how to prepare a particular type of food	If you don't know how to make a pizza base, watch an online cooking video .	βίντεο μαγειρικής	108
healthy	adj	good for your body and mind	It is important to have a healthy diet.	υγιεινός	108
mushroom	n	one of several kinds of fungus with stems and round tops, some of which can be eaten	My grandma makes the best mushroom soup.	μανιτάρι	108
olives (pl)	n	small, bitter, egg-shaped black or green fruits, used as food and for making oil	Add some olives into the salad.	ελιές	108
onion	n	a round white vegetable with a brown, red or white skin and many layers; they have strong taste and smell	Fry the onion for 5 minutes.	κρεμμύδι	108
pizza base	n	dough (a mixture of flour and water) used as a base for a pizza	Add the tomatoes, cheese and mushrooms onto the pizza base .	ζύμη πίτσας	108
spoon	n	an object with a small bowl-shaped part and a long handle that you use for eating, cooking or serving food	People usually eat a soup with a spoon .	κουτάλι	108
tomato	n	a round soft red fruit eaten raw or cooked for sauce, soup, etc.	Pasta with tomato sauce is easy to prepare.	ντομάτα	108
cupcake	n	a small round cake	This strawberry cupcake is delicious!	κάπκεϊκ	109
chef	n	a skilled cook, especially the main cook in a hotel or restaurant	Marco's ambition is to become a chef in one of the big hotels.	σεφ	109
clip	n	a short part of a film or television programme that is shown by itself, especially as an advertisement	These are clips from the new James Bond film.	κλιπ, βιντεάκι	109
dish	n	a flat container with low sides, for serving food from or cooking food in	Did you hear that? I think somebody's just broken some dishes .	πιάτο	109
bake	v	to cook something using dry heat, in an oven	Bake the cake at 250 degrees for 20 minutes.	ψήνω	110
barbecue	V	to cook food on a metal frame over a fire outdoors	We usually barbecue fish with herbs.	ψήνω (στα κάρβουνα)	110
cake	n	a soft sweet food made by baking a mixture of flour, butter, sugar and eggs	Let's make a cake for his birthday.	τούρτα, κέικ	110
chocolate	n	a sweet brown food that you can eat as a sweet or use in cooking to give foods such as cakes a special sweet taste	I prefer milk chocolate to dark chocolate.	σοκολάτα	110
meal	n	an occasion when you eat food, for example breakfast or dinner, or the food that you eat on that occasion	How about going out for a meal tonight?	γεύμα	110
picnic	n	taking food and eating it outdoors, especially in the country	What a nice weather! We could go on a picnic today.	πικνίκ	110





Word	Part of speech	Definition	Example	Greek Translation	Page
biscuit	n	a small thin dry cake that is usually sweet and made for one person to eat	Can you buy a packet of chocolate biscuits for me?	μπισκότο	111
baked	adj	cooked by dry heat in an oven	They always put baked beans on toasts.	ψητός	111
barbecued	adj	cooked on a metal frame over a fire outdoors	Usually, sausages are barbecued , not fried.	ψητός (στα κάρβουνα)	111
boil	V	to cook something in boiling water	Boil the rice for 15 minutes.	βράζω	111
ooiled	adj	cooked in boiling water	Would you like a boiled or fried egg?	βραστός	111
ourger	n	a flat round piece of finely cut beef, which is cooked and eaten, or one of these served in a bread bun	There are many types of burgers on the menu.	μπέργκερ, μπιφτέκι	111
cereal	n	a breakfast food made from grain and usually eaten with milk	I always have a bowl of cereal for breakfast.	δημητριακά	111
chips	n	a long thin piece of potato cooked in oil	Many English restaurants serve fish and chips .	τηγανητές πατάτες	111
cooking/ language course	n	a series of lessons in preparing food/a foreign language	She decided to go to a language course at the age of 60!	μάθημα μαγειρικής / ξένης γλώσσας	111
do/get exercise	coll.	to do physical activities in order to stay healthy and become stronger	My doctor said I really need to get more exercise .	κάνω γυμναστική	111
eat fresh fruit/fried food/green vegetables	coll.	to eat fruit that has recently been picked / food that has been cooked in hot oil / vegetables such as broccoli, lettuce, spinach, etc.	It's easy to eat a lot of fresh fruit and green vegetables in the summer.	τρώω φρέσκα φρούτα / τηγανητό φαγητό / πράσινα λαχανικά	111
find time to relax	coll.	to succeed in getting enough time to rest or do something that is enjoyable, especially after you have been working	You need to find time to relax after you have been working so hard.	βρίσκω χρόνο να χαλαρώσω	111
fried	adj	cooked in hot oil	For dinner, you can choose between fried chicken and meatballs.	τηγανισμένος	111
fry	V	to cook something in hot fat or oil, or to be cooked in hot fat or oil	Fry the potatoes for about 20 minutes.	τηγανίζω	111
go for a walk	coll.	to leave the place where you are, in order to make a journey by walking, especially for exercise or enjoyment	My parents often go for a walk after dinner.	πάω βόλτα	111
grill	V	to cook something by putting it on a flat metal frame with bars across it, above or below strong direct heat	Grill the bacon until crisp.	ψήνω (σε ψησταριά)	111
grilled	adj	cooked by being put close to a strong heat coming from above	Grilled food is healthier than fried food.	ψητός (σε ψησταριά)	111





Word	Part of speech	Definition	Example	Greek Translation	Page
have a good breakfast	coll.	to eat a delicious meal in the morning	At home, I always have a good breakfast .	τρώω καλό πρωινό	111
omelette	n	eggs mixed together and cooked in hot fat, sometimes with other foods added	To make an omelette you must first beat the eggs.	ομελέτα	111
pasta	n	an Italian food made from flour, eggs and water, and cut into various shapes, usually eaten with a sauce	I eat a lot of pasta – usually with spinach or tomato sauce.	μακαρόνια, ζυμαρικά	111
roast	v, adj	to cook something, such as meat, in an oven or over a fire cooked in an oven (used about meat and potatoes)	Are you going to roast the chicken? I'll have roast potatoes with a salad.	1) ψήνω (στο φούρνο) 2) ψητός (στο φούρνο)	111
salad	n	a mixture of raw vegetables, especially lettuce, cucumber and tomato	Would you like some salad with your pasta?	σαλάτα	111
sandwich	n	two pieces of bread with cheese, meat, cooked egg, etc. between them	I often eat a ham sandwich during my lunch break.	σάντουιτς	111
snack	n	a small amount of food that is eaten between main meals or instead of a meal	Light snacks were served on Johnny's birthday party.	σνακ, μικρό γεύμα	111
soup	n	cooked liquid food, often containing small pieces of meat, fish or vegetables	A rich creamy potato soup starts the meal.	σούπα	111
cooking competition	n	an organised event in which people prepare food and compete against each other	I think you should take part in a cooking competition . You cook very well!	διαγωνισμός μαγειρικής	114
medicine	n	a substance used for treating illness, especially a liquid you drink	Did you remember to take your medicine yesterday?	φάρμακο	114
feel sick	coll.	to feel as if one is going to vomit	Tony was feeling sick so he left earlier.	έχω ναυτία	115
steak	n	good quality beef, or a large thick piece of any good quality red meat	Eat your last piece of steak and help me with the dishes.	μπριζόλα	115
astronaut	n	someone who travels and works in a spacecraft	Jean wants to be an astronaut in the future.	αστροναύτης	116
cheese	n	a solid food made from milk, which is usually yellow or white in colour, and can be soft or hard	Sue cut six thin slices of cheese .	τυρί	117
cooking series	n	a set of television or radio programmes that have the same characters or deal with the same type of subject, e.g. cooking, and are usually broadcast every week or several times a week	The most popular cooking series in my country is "MasterChef."	σειρά μαγειρικής	117
dessert	n	sweet food served after the main part of a meal	What are we having for dessert ?	επιδόρπιο	117
fan	n	someone who likes a particular sport or performing art very much, or who admires a famous person	He's a big fan of Juventus and goes to most matches.	φαν, θαυμαστής	117





Word	Part of speech	Definition	Example	Greek Translation	Page
have a cold/ headache/ temperature	coll.	to have a common illness that makes it difficult to breathe through your nose and often makes your throat hurt / a pain in your head / a body temperature that is higher than normal, especially because you are sick	Susan has a bad cold . She won't join us today.	έχω κρύωμα / πονοκέφαλο / πυρετό	117
have stomach ache/ toothache	coll.	to have a pain in your stomach or near your stomach / a pain in a tooth	Dad had terrible toothache all last night.	έχω πονόκοιλο / πόνο στο δόντι	117
instructions	n	a statement telling someone what they must do	You should follow the instructions on the packet.	οδηγίες	117
knife	n	a metal blade fixed into a handle, used for cutting or as a weapon	You need a sharp knife to cut this watermelon.	μαχαίρι	117
fish	n	the flesh of a fish used as food	Alice doesn't eat red meat, but she loves fish .	ψάρι	audioscript 9.3
get fresh air	coll.	to get air from outside, especially clean air	Let's open the windows and get some fresh air in here!	παίρνω καθαρό αέρα, αλλάζω τον αέρα μου	audioscript 9.6

Extra vocabulary	Part of speech	Definition	Example	Greek Translation	Page
size	n	how big or small something is	The Jensens' house is about the same size as ours.	μέγεθος	108
rice	n	a food that consists of small white or brown grains that you boil in water until they become soft enough to eat	You can serve it with either rice or pasta.	ρύζι	109
tiny	adj	extremely small	I own a tiny apartment in London.	μικροσκοπικός	109
mix	V	if you mix two or more substances or if they mix, they combine to become a single substance, and they cannot be easily separated	First mix the butter and sugar together, then add the milk.	ανακατεύω	audioscript 9.1
balloon	n	an object made of brightly coloured thin rubber, that is filled with air and used as a toy or decoration for parties	Can you help me with these balloons ?	μπαλόνι	audioscript 9.4
invite	V	to ask someone to come to a party, wedding, meal, etc.	Who should we invite to the party?	προσκαλώ	audioscript 9.4
noisy	adj	someone or something that is noisy makes a lot of noise	The kids have been really noisy today.	θορυβώδης	audioscript 9.6
close friends	n	close friends like or love each other very much	Fiona and I have always been close friends .	στενοί / κοντινοί φίλοι	audioscript 9.11





Extend vocabulary	Part of speech	Definition	Example	Greek Translation	Page
break my arm	phr	to damage a bone (here: bone in your arm) in your body by making it crack or split	I fell from my bike today and broke my arm . I had to go to the doctor and I won't be able to ride a bike for a while.	σπάω το χέρι μου	146
burn my hand	phr	an injury or mark caused by fire or heat (here: to the hand)	I touched a hot frying pan and I burned my hand .	καίω το χέρι μου	146
butter	n	a solid yellow food made from milk or cream that you spread on bread or use in cooking	I always use butter in my sandwiches. Butter keeps everything together!	βούτυρο	146
candy	n	a sweet food made from sugar or chocolate	I bought some candies for you. I hope they are not too sweet for you.	γλυκό	146
chilli	n	a small thin red or green pepper with a very strong hot taste	I usually order pizza with chilli . It has that great hot taste.	τσίλι	146
cream	n	a thick yellow-white liquid that rises to the top of milk	My favourite dessert in the summer is strawberries with cream and a little bit of sugar.	κρέμα	146
curry	n	a type of food from India, consisting of meat or vegetables in a spicy sauce	Curry is one of the traditional foods in India.	κάρι	146
cut my finger	phr	an injury that you get when something sharp cuts your skin (here: skin on your finger)	My brother was not careful with the knife and he cut his finger.	κόβω το δάχτυλό μου	146
garlic	n	a plant like a small onion, used in cooking to give a strong taste	You have to brush your teeth after eating a dish with a lot of garlic ! Otherwise you have garlic breath.	σκόρδο	146
grapes	n	a small round green or red fruit that you can eat. Grapes are used to make wine	I like all kinds of grapes , but I prefer green grapes to purple grapes. And I love grape juice!	σταφύλια	146
honey	n	a sweet sticky substance produced by bees, used as food	Use honey instead of sugar if you want your tea to be sweet. Honey is much healthier than sugar.	μέλι	146
hurt my foot	phr	to cause someone to feel pain, or to damage part of your body (here: foot) so that it feels painful	I hurt my foot when I was walking on the grass yesterday. I stepped on a piece of glass.	χτυπάω το πόδι μου	146
sausage	n	meat and spices that are put inside a skin shaped like a tube	Sausages , fried eggs and toast are all part of a traditional English breakfast.	λουκάνικο	146
toast	n	bread that has been heated so that it is brown on both sides and no longer soft	Jack always has toast with butter for breakfast. He likes to put the toast in his coffee for a second before the eats it.	φρυγανισμένο ψωμί	146
yoghurt	n	a thick liquid food that tastes slightly sour and is made from milk, or an amount of this food	In the morning, I like to have cereal with yoghurt for breakfast. I don't like cereal with milk that much though.	γιαούρτι	146

